



D1 - Wednesday, June 1st Morning Workshops

A Covert Threat: Problem Gambling Among US Veterans
CASAC ELIGIBLE

Current Mental Health Implications and the Latinx Community

Managed Care: The Real New Normal

Racism Hurts: Helping Parents Heal Children's Invisible Wound

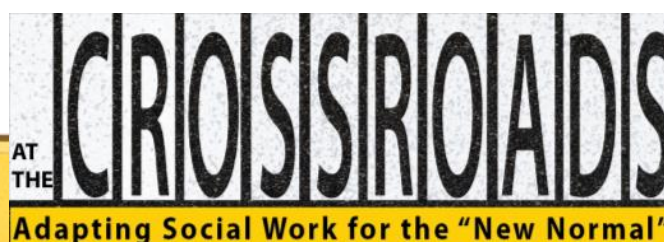
Reaching the Harbor During a Storm

Resist and Reimagine: Creating Home for Asian Americans

The Hidden Impact of Anti-Black Racism on Black Women

Transformational Leadership Now and Beyond

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A Covert Threat: Problem Gambling Among US Veterans

Problem gambling affects veterans at twice the rate when compared to their civilian counterparts. With increased accessibility to gambling opportunities through the legalization of sports betting, mobile lottery platforms, and casino expansion, veterans must be aware of their increased risk and the services available to help them.

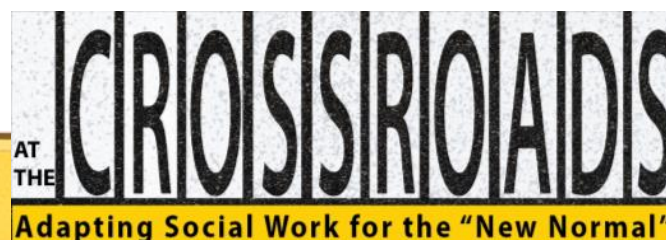
Gambling disorder is a hidden addiction due to its lack of clear, tell-tale signs like those that would show up on a drug screen. Veterans often gamble to cope with trauma-related conditions such as post-traumatic stress, traumatic brain injury, and military sexual trauma. Other addictions, like alcohol-use and opioid-use disorder, are often co-occurring when veterans are at risk for problem gambling behavior.

This training will offer an overview of the necessary steps to ensure that problem gambling is at the forefront of new legislation and advocacy measures for veterans. To ensure participants have the tools required to address problem gambling behavior among the veteran population, the presenters will provide education and statistics to help participants draft their own solutions for addressing problem gambling in their capacity.

Jonathan Crandall, CASAC, CRPA, BSW is the Veteran Outreach Coordinator for the New York Council on Problem Gambling. Jonathan served eight years in the United States Marine Corps. His passion lies with building upon existing veteran service platforms to increase awareness of the risk gambling has on the veteran community.

Jonathan believes in the grass-roots level to build capacity and enhance relationships to bring increased attention to gaps in services such as those for veterans negatively impacted by problem gambling behavior.

Ashley Owen, LMSW is a licensed social worker with a history of clinical practice and a current focus in administrative leadership, training delivery and community organizing. Her areas of content expertise include addictions, suicide prevention & trauma. She is currently a Team Leader for the New York City Problem Gambling Resource Center and has previously worked for the National Suicide Prevention Lifeline and New York University.



2 HOURS CASAC



Current Mental Health and the Latinx Community

The Latinx community has been disproportionately impacted by the COVID-19 pandemic, specifically in their inadequate access to quality healthcare and COVID vaccines, housing and food insecurities, wage disparities, economic depression, and higher rates of unemployment. There is a need to raise awareness around the racial injustices suffered by the Latinx community due to the political landscape across America and how immigrant communities specifically were targeted.

This presentation will review the mental health implications of COVID-19 on the Latinx community, such as the high rates of PTSD, anxiety, depression, suicide, and substance abuse being experienced by individuals. Further, the impact that the rise in deaths due to COVID-19, as well as the experiences of separation from family members by children being placed in the child welfare system has had on the mental health and well-being of Latinx individuals will be discussed. We will explore how the disproportionately higher death rates in the Latinx community have economically devastated families and deeply impacted their abilities to care for minor children who have lost one or both parents.

The presentation will continue to highlight how the mass migration and resignation of 2021 have impacted the mental health field in Latinx communities. As vacancies for bilingual providers across all NYC social services organizations were disproportionately impacted by the pandemic, we will explore how the Latinx community, experiencing specific barriers to the vaccine, resulted in many Spanish-speaking providers not being able to resume servicing the Latinx community.

Lastly, the presentation will discuss how healthcare disparities and inequities resulted in Latinos currently comprising 26.6% of COVID-19 cases in the United States despite being 18% of the U.S. population. Latinx communities experience significant barriers to navigating the healthcare system, which resulted in receiving many necessary services via telehealth only. Unfortunately, many Latinx individuals also did not have access to the technology and owning electronic devices, nor have the knowledge of how to use video conferencing apps and electronic systems. There were also significant barriers to Latinx youth and college students navigating remote learning due to inadequate access to computers, tablets, and high-speed WiFi in their homes.

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Current Mental Health and the Latinx Community (cont'd)

Madeline Maldonado, LCSW-R has over 20 years of experience in program administration, clinical supervision, professional trainings, and psychotherapy. She specializes in autism evaluations for children and adolescents. Madeline is the President & Owner of Madeline Maldonado, LCSW Consulting P.C. and is an adjunct professor and field advisor at Fordham University's MSW Program.

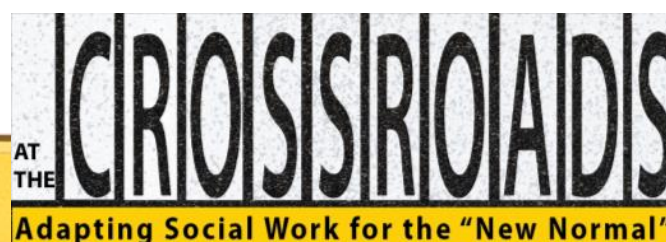
Madeline has dedicated her career to seeking to improve systems and organizations that work with, and service people. Madeline has a Master's Degree from New York University Silver School of Social Work and a Bachelor's Degree in Psychology from Hunter College of CUNY.

A Licensed Clinical Social Worker in the state of New York, **Yurika Hernandez, LCSW** is the CEO & founder of Psychotherapy & Consultation Services LCSW- PLLC. Yurika has over 13 years of extensive training and experience in the areas of mental health, cultural competency, working with immigrant families, substance abuse disorders, and providing clinical supervision.

Yurika earned a Bachelor of Science and a graduate degree (MSW) from NYU, Silver School of Social Work, Post-Master's Certificate Program in Psychoanalytic psychotherapy from Manhattan Institute for Psychoanalysis, and Certified Middle management from the National Council for Behavioral Health and Executive Leadership for Non-profit Organization at NYU.

Erica Sandoval, LCSW is the Founder and CEO of Latinx in Social Work Inc and author of Latinx in Social Work. As a passionate, licensed clinical therapist and consultant, she is dedicated to promoting diversity, equity, and inclusion. She is committed to amplifying the voices and businesses of incredible Latinx social work leaders. She partners with organizations, universities, nonprofits, health care facilities, medical, and corporate professionals to provide access to resources to advance teams and help students thrive.

Erica holds a post master's degree in clinical adolescent psychology and a master's in social work from NYU, Silver School of Social Work.



Managed Care: The Real New Normal

Long before March 2020 and the onset of the COVID-19 pandemic, the world of children services was already embracing a new normal as it transitioned to Medicaid Managed Care. This workshop will examine how UnitedHealthcare Community & State Plan Managed Care Organization prepared for a behavioral health transition, altered practices for the inclusion, collected data on this population's utilization and in-patient length of stays, adapted to COVID-19 and executive order changes, discovered populations at risk, adopted culturally sensitive initiatives and embraced benefit expansions and Medicaid carve-ins to best service over 230,000 youth in New York State. This is the real new normal.



Marleen Litt, LCSW is the Director of Children's Services in the New York Community & State plan at UnitedHealthcare. She joined UnitedHealthcare after 12 years at a JCCA, a NYC children and family provider agency where she oversaw the transition of waiver services and peer support services into Managed Care Children's Health Homes and Children & Family Treatment & Support Services (CFTSS) and Home & Community Based Services (HCBS). Prior to that, Marleen worked in hospital in-patient and outpatient settings at Beth Israel and Weill Cornell. She attended Yeshiva University and attended Ackerman Institute for the Family.



Ariel Rios, LCSW is a Licensed Clinical Social Worker and current Clinical Program Manager at UnitedHealthcare. Previously she worked as a therapist in a School Based Mental Health Clinic in Albany, NY and as a Family Team Conference Facilitator at a VFCA in the Bronx. She has been interested in issues of diversity and inclusion, dating back to her Undergraduate Studies at Smith College, where she majored in American Studies with a concentration in Race and Ethnicity. She is interested in using data analysis and trending to shape programs and impact clinical outcomes for those at high risk of hospitalization.



Ilana Adler, LMSW has over 20-years of experience helping people living with mental health and substance use conditions. Ms. Adler worked in direct service, specializing in housing and employment services for homeless and forensic populations. In 2016 she moved over to the managed care side of service delivery where she acts as the Government Liaison for New York for UnitedHealthcare Community and State government programs, which includes Medicaid for adults and children, and special populations including HARP and children in foster care. Ms. Adler has dedicated her career to helping some of the most vulnerable New Yorkers.

Racism Hurts: Helping Parents Heal Children's Invisible Wound

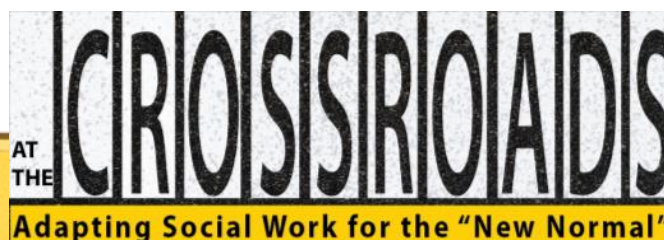
Exposure to racism is a common experience among Black and Indigineous children of color. Whether experienced directly or vicariously, the continuous exposure to racism results in racialized trauma, which gravely impacts a child's mental health and overall well-being; this can leave parents and caregivers wondering what they can do to heal these invisible wounds, and looking to social workers to support them in this process.

As a clinician's power, privilege, and positionality play a crucial role in their perspective and understanding of a client's experience, this webinar will begin with an exploration of how clinicians can make the essential shift from striving for cultural competence to practicing cultural humility. We will then dive deeply into the social and emotional impact of anti-Black structural racism and socialization on children, and participants will learn how they can empower parents and caregivers to make intentional choices to counter these messages.

This workshop highlights the crucial role that parents and caregivers play in effectively addressing the racialized trauma that children experience, and focuses on how social workers can support parents and caregivers in identifying the signs of racialized trauma and equip them with practical skills, age-appropriate language, and mindfulness techniques they need to effectively support their children in managing its effects

Michelle Felder, LCSW, MA is a play therapist, parenting counselor, and the Founder and CEO of Parenting Pathfinders, an online counseling service for parents and caregivers that offers workshops, insight, tools, and strategies to support them along the journey of raising children.


Michelle is the Director of Elementary School Social Work at Community Roots Charter School and an Adjunct Lecturer at the Silver School of Social Work at New York University. Michelle received her Masters in Social Work from NYU and Masters in Child Development from Sarah Lawrence College; she specializes in child development and conscious parenting.




Reaching the Harbor During a Storm

This workshop provides an overview of the unique challenges and opportunities faced by Reentry Social Workers in jail settings to provide specialized behavioral healthcare services in the context of a global pandemic and mass decarceration efforts. We will discuss how Correctional Health Services (CHS) Social Workers adapted to rise above these challenges through multiple waves of COVID-19 in an urban jail to provide comprehensive reentry support to incarcerated persons in a rapidly changing landscape. Some examples of areas to be discussed are:

- Engaging with incarcerated patients in a safe and effective manner
- Understanding and utilizing community resources in a rapidly evolving environment
- Ensuring access to appropriate care, and protecting a person's right to timely court information and discharge planning services



Bill Collins, LCSW is currently the Director of Social Work Re-Entry at NYC Health and Hospitals– Correctional Health Services. He is responsible for all aspects of delivering comprehensive mental health discharge planning services to men and women incarcerated in the NYC Department of Corrections. Mr. Collins has over 20 years of experience in the field of forensic and clinical social work, working in inpatient and outpatient settings. He has worked at Bellevue Psychiatric ER (CPEP) and Bellevue Prison Ward, Kirby Forensic Psychiatric Center, and Central New York Psychiatric Center – Corrections-Based Operations.



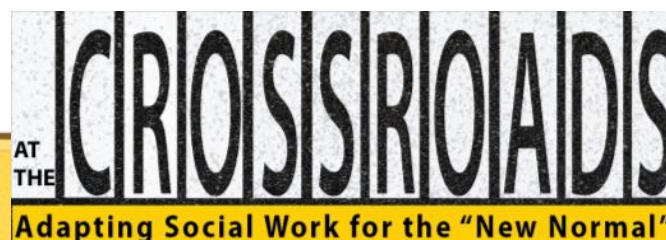
Andrea Mazziotti, LCSW is currently the Clinical Coordinator for NYC Health + Hospitals, Correctional Health Services at Rikers Island and is responsible for the oversight of clinical work and coordination with State and City agencies to ensure clinically appropriate reentry services. Andrea previously served as the first Social Work Supervisor for Patients with Developmental Disabilities at NYC H+H CHS.

Andrea has been a social worker with the NYC H+H Correctional Health Social Work Reentry Department since 2016. Before CHS, Andrea provided outpatient substance treatment working with clients mandated through parole and probation at the Seafield Addiction Treatment Center.

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Reaching the Harbor During a Storm (cont'd)

Charmaine Brown, LMSW is currently the Deputy Director of Social Work Re-Entry at NYC Health + Hospitals, Correctional Health Services at Rikers Island. She is responsible for the management, coordination, and recruitment of a 70-person multi-disciplinary team who oversees the appropriate discharge of mentally ill patients to the community from all of the NYC jails. Charmaine has worked with the incarcerated patient population for the past 14 years and has over 20 years of experience working in the human services field. Before CHS, Charmaine worked with people living with HIV/AIDs and their families.



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Resist and Reimagine: Creating Home for Asian Americans

As the pandemic disrupted people's relationships and connections to important aspects of living, Asian Americans experienced distress related to safety and complexities around the concept of "home" in a society that became even more threatening. Anti-Asian rhetoric and xenophobia, once again scapegoated Asians as threats to society, resulting in psychological and even physical threats to Asians. Shifts in society occurred as anti-oppressive movements grew for many targeted communities in the US, and the anti-racist movement grew for Asian American communities. Additionally, with increased reports of anti-Asian violence and growing movements to stop Asian hate, calls for funding to support necessary social service and mental health programs increased. Notably, current and past stories of struggles perpetuated by racism (such as issues of language access and housing insecurity) against Asians in America were increasingly shared, highlighting community strengths but also the issues seen now and throughout history.


As we struggle with what has been happening in the past year, people continue to suppress and repress in the face of oppression. People may be resisting the dangers of racism but may also be resisting efforts to undo racism. Social workers and similar professionals are not outside of this phenomenon. Social workers need to reflect on their contributions to social justice in order to fulfill their duty and to re-imagine what collective liberation looks like.

How then, do we define racism when social workers and leaders advocate for community wellness for the Asian American community? Oftentimes, this definition is narrow and negatively impacts service delivery for the Asian American community. This narrow definition of racism also limits the means for solidarity and commitment as it ignores the role that trauma plays in substance use, suicide, violence, and loss.


A healthy society necessitates that all community groups are supported by systems and live in structures that meet their needs. How can social workers expand social work and move beyond the code of ethics, resist the indoctrination of racism, create structures that truly honor the many cultures that are part of our community, and re-envision a society where structures are designed to provide safety, belonging, and warmth for all?

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Resist and Reimagine: Creating Home for Asian Americans (cont'd)



Yuna Youn (she/her/hers), LCSW is a lifelong New Yorker, a daughter of Korean immigrants, and the Assistant Clinic Director at Korean Community Services of Metropolitan New York, an Article 31 clinic dedicated to linguistically and culturally sensitive care. Her work with people of color is greatly inspired by years of working with the incarcerated, which gives her a unique perspective on systemic issues as well as the therapeutic interactions in their context. Her work is informed and inspired by the many ways individuals in oppressive systems and in her private practice demonstrate their resilience.



Daniel Tanh, LCSW is originally from Philadelphia and currently resides in Brooklyn. He works in community mental health with a specialty in first-episode psychosis and also in non-agency settings partnering with others to provide therapy and build community with an anti-oppressive lens. Drawing from his identity as an English- and Teochew-speaking Asian American son of refugee parents who escaped the Khmer Rouge, his mental health support strategies hone in on the ways that societal ideologies, community institutions, interpersonal interactions, and internalized beliefs can prevent or promote individual and community prosperity and health.



Rayna Wang (she/her/hers), LMSW identifies as a first generation Chinese-American immigrant and has extensive experience providing therapy and care coordination for individuals and families with immigrant backgrounds in schools and outpatient mental health settings. Rayna also spent one year training abroad in Shanghai, providing psychotherapy to individuals at an inpatient psychiatric hospital. Rayna serves as a Co-Chair of the New York Coalition for Asian American Mental Health (NYCAAMH) Professional Development Group and engages in conversations with colleagues to apply anti-oppressive, anti-racist frameworks in clinical and community settings. She hopes to incorporate her clinical background and cross-cultural work experiences into future research that advances mental health care at the program and community levels.

The Hidden Impact of Anti-Black Racism on Black Women

In 2020, the murders of George Floyd and Ahmad Aubrey that made national headlines were painful reminders of the ongoing disregard for Black lives, and in these cases, Black men. The effects of racism are so far reaching that in April 2021, the CDC declared racism a public health emergency (Centers for Disease Control and Prevention, 2021). Though anti-Black racism has far reaching implications on all Black populations, the 2020 murder of Breonna Taylor, a young Black woman, was a disturbing reminder of the lack of value placed on Black women and a reminder that the experiences of Black women have not been consistently recognized in ways that acknowledge the magnitude of experiencing both racial and gender oppression.

Additionally, over the last 18 months there has been an increase in the number of Black women seeking therapy services, specifically seeking Black therapists. Many stressors experienced are those related to racial identity and the ongoing trauma of anti-Black racism, exacerbated by the COVID-19 pandemic and the increased visibility of socioeconomic conditions that practitioners continue to see as leading presenting concerns. Given this direct evidence of the heightened mental health implications of COVID-19 and anti-Black racism, it is imperative that social workers understand the psychological consequences of anti-Black racism. Within all of this, one of the related areas Black women clients continue to be at risk for is that of internalized racial oppression, which has detrimental effects on all areas of functioning, especially mental health. Addressing internalized racial oppression is an area of racial justice that is currently neglected by many mental and behavioral health disciplines, including social work. Though this is often not discussed and is misunderstood, as social workers, we remain responsible for understanding and intervening on the effects of all facets of oppression. Despite this responsibility, there is little research that examines how internalized racial oppression is understood by mental health practitioners who might otherwise be in the best position to recognize and address these effects in their clients.

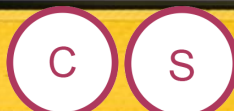
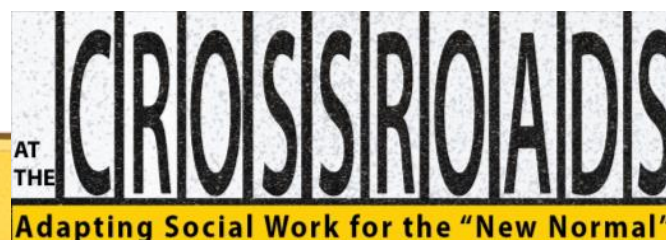
This workshop will share select findings from a qualitative study which explores how Black women psychotherapists understand internalized racial oppression. These findings are discussed through constructs and ideas about colorism and double consciousness for an intersectional analysis, and psychodynamic object relations theory concepts for a psychological analysis to understand the impact on mental health functioning.

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The Hidden Impact of Anti-Black Racism on Black Women (cont'd)

As the social work landscape is rapidly changing to better meet the needs of marginalized and oppressed groups, social workers must be better prepared and understand how addressing anti-Black racism is necessary on all levels of social work practice. This workshop, which directly centers this experience, invites participants to consider psychological implications of when anti-Black racism is internalized and how Black women, in particular, are affected.

Dr. LaTasha Smith, LCSW is an Assistant Professor of Social Work at Fairfield University in Fairfield, Connecticut. As a practitioner-scholar, LaTasha has a passion for teaching clinical social work with interests in clinical practice, research methods, field education, and clinical supervision. LaTasha believes that her teaching and research is deeply informed by her clinical practice, and prioritizes a clinical, socio-cultural, and anti-racism perspective in her teaching. Dr. Smith's most recent research integrates psychodynamic and sociopolitical theories to better understand the impact of internalized racism on one's mental health and functioning.



Transformational Leadership Now and Beyond

Supervisors, leaders, and directors of organizations/agencies have been tested through the COVID-19 pandemic with experiences of shared trauma and disruption to the psychological and physical wellbeing of the organization's life, its leaders and supervisees/employees.

This workshop will examine the challenges and opportunities of transformational leadership during the COVID-19 pandemic for social workers. The workshop will also examine organizational culture and systems using the framework of Maslow's Hierarchy Needs to create healthy holding environments for organizations not only to survive but thrive. Attendees will explore the use of identity and self in transformational leadership when leading organizations through the pandemic and beyond.



Marina Badillo-Diaz, DSW, LCSW completed her Doctorate in Social Work at New York University's Silver School of Social Work in 2021. She is a clinical social work consultant for schools and for a group practice. She is also a professor at Hunter College and City Tech. Her interests and specialties include school social work supervision, school organization structure and leadership, school social work ethics, social-emotional learning & programming, and anti-oppressive practices.

