

## **Job Description for Part Time Eating Disorder Therapist in New York City**

BALANCE eating disorder treatment center™ is New York City's leading eating disorder treatment center. We are committed to our client's recovery, with our goal being to not only reduce eating disorder symptoms, but to support our clients in moving towards a more harmonious relationship with food and their bodies.

We are searching for someone who is passionate about eating disorder treatment, intervention and prevention, excels as a clinical therapist, and is eager to join a fabulous team and grow with a fast paced, growing company.

We are seeking a Part Time Psychotherapist to work in our Day, Weeknight, and Saturday programs.

### **Responsibilities:**

- Lead psychotherapy groups including CBT/DBT, body image, and family groups
- Lead therapeutic meals, including pre-meal and post-meal processing groups
- Individual Case Management and Coordination
- Attend all rounds, staff meetings, and group supervision
- Complete all required clinical notes
- Conduct intake assessments as needed
- Represent BALANCE at marketing events as needed
- Team coverage
- Clinical Administrative Support
- Research assistance with ED questionnaires administered to clients
- Additional responsibilities as requested

### **Who You Are:**

- Passionate about eating disorders treatment, intervention and prevention
- Our ideal candidate has a PhD, PsyD, LCSW, or LMHC and has a minimum of two (2) years working in the field of eating disorders
- Dynamic, flexible, team player, who takes initiative
- Eager to grow with an expanding company

### **Why Work With BALANCE:**

- Competitive compensation package
- Small, boutique intimate treatment center - providing not only the best standards of care for our clients, but continuously trying to exceed those standards
- Optimal group sizes of 8-10 clients, ensures true connection with all clients
- Limited case management loads (8-10 clients per week)
- Wonderful, energetic hardworking team who support each other and take care of each other
- Supervision with our Clinical Supervisor Erin Laughran PsyD CEDS-S
- Support / supervision towards your CEDS certification
- Onsite therapy dog (Miley)
- One of the best Eating Disorder Treatment Centers to work at in NYC!

### **How To Apply:**

Please email your resume and cover letter to both:

Clinical Director Cassandra Lenza ([cassandral@balancedtx.com](mailto:cassandral@balancedtx.com))

Founder and CEO, Melainie Rogers ([mrogers@balancedtx.com](mailto:mrogers@balancedtx.com))

For more information about BALANCE please refer to our website: [www.balancedtx.com](http://www.balancedtx.com)

Address: 112 West 27<sup>th</sup> Street, 7<sup>th</sup> Floor, NY NY 10001 (between 6<sup>th</sup> and 7<sup>th</sup> Ave) T: 212-645-6903

