

Discussing Gender Identity



What you need to know about new policies
and limits to confidentiality for minors

HOUSE BILL 68

Went into effect
08/06/2024

**Applies to mental health
services provided by a
licensed professional.**

Requires parental consent (at least 1) for the “diagnosis and treatment of a gender related condition”. This explicitly includes **gender dysphoria**.

But because the bill is otherwise very vague, the interpretation of a “gender related condition” is to be determined by each individual provider. Depending on how they interpret the bill and how they want to approach the law, some providers may seek parental consent to talk about gender identity at all.

HOUSE BILL 8

Went into effect
04/08/2025; Schools had to
create a policy by 7/1/2025

**Applies to the school
setting and interactions
with any school personnel.**

Each school district is responsible for creating their own policy, but the law states that school officials would be required to notify students’ parents of “any request...to identify with a gender that does not align with [their] biological sex”.

- Ask your school about their specific policy now that the bill has gone into effect.

QUESTIONS YOU CAN ASK

**Consider asking these
before engaging in mental
health services or making
disclosures to school
personnel.**

- “What kinds of things will you be required to tell my parents about?”
- “Can I ask you hypothetical questions about gender issues?”
- “Can I ask you about issues my friend is having with gender identity?”

RESOURCES

**NATIONAL SUICIDE
PREVENTION LIFELINE:
800-273-8255**

TransOhio’s “Trans Care Connect Warm Line”- free and confidential peer support services

- **866-708-6446**

Trans Lifeline- direct emotional and financial support to trans people in crisis

- **877-565-8860; Press “2” for Spanish**

Trevor Project Lifeline- Suicide prevention and crisis intervention for LGBTQ young people

- **866-488-7386 or text “START” to 678-678**