9th Annual

Cuyahoga County Conference on Social Welfare

Integrating Micro & Macro Practice: The impact on advocating for social justice

March 8, 2019

Case Western Reserve University, Tinkham Veale University Center

Follow us on Twitter @CCCOSW and use #MicroMacro
Welcome from the University and Sponsor: Grover Gilmore, PhD, Dean of Jack, Joseph and Morton Mandel School of Applied Social Sciences, Case Western Reserve University

Greetings: Cathleen Lewandowski, PhD, Director and Professor at Cleveland State University, School of Social Work

Introduction of Keynote: John Yankey, PhD, Leonard W. Mayo Professor Emeritus of Family and Child Welfare

Keynote — Social Justice Warriors: Unleashing the Combined Power of Case and Cause!!

Presented by Darlyne Bailey, PhD, LISW, Professor and Dean Emeritus of Graduate School of Social Work and Social Research and Special Assistant to the President for Community Partnerships, Bryn Mawr College
1. Integrating Micro & Macro Practice: Focus on youth (two-part workshop)

Micro/Macro Mash-Up: How on-the-ground work combines with community practice in Cuyahoga County’s efforts to end and prevent youth and young adult homelessness

Presented by Christie Sozio, Associate Director of A Place 4 Me at YWCA Greater Cleveland

Youth, ages 18 to 24, deserve a place to call home. A Place 4 Me uses a collective impact model and a racial and ethnic equity lens to improve outcomes for transition age youth. This session will explore how A Place 4 Me uses authentic youth engagement and direct interactions with young people to drive systems change. Participants will learn about Cuyahoga County’s efforts to reduce youth homelessness and ways these strategies can be applied to racial inequities in their own fields.

Youth Engagement and Advocacy Principles and Practices

Presented by Angela Cecys, Student at Jack, Joseph, and Morton Mandel School of Applied Social Sciences of Case Western Reserve University

The presenter created a youth engagement guidebook detailing ways to engage youth as participants of opportunity and support and not merely as clients. The workshop will address where and how youth are engaged at the community level.

2. Leadership in the Human Services Environment: Change, challenge and opportunity

Presented by Richard R. Karges, LISW-S, ACSW, CEO at Leadership Management Associates; Ray Gonzalez, LISW-S, ACSW; and Julie Konrad, AYT

Leading from the front as role models, change agents, and advocates is a core belief of human service professionals. We gain leadership responsibilities by the nature and scope of our training and ability to function as decision-makers and advocates. Learn how to promote the importance and value of human service and social service professionals taking on leadership roles.

3. Integrating Micro & Macro Practice: Focus on lead safety (two-part workshop)

The Burden of Lead Exposure on Cleveland's Children

Presented by Rob Fischer, Associate Professor at Case Western Reserve University

Childhood lead exposure is a major social justice issue. Lead exposure is prevalent in Cuyahoga County and the threat is greatest to our most vulnerable neighbors. Overcoming the problem calls for efforts on both micro and macro practice levels. The presenter will share new research on lead exposure in our community and discuss implications and strategies to address lead risk.

Lead Safe Housing on the Ballot in Cleveland

Presented by Spencer Wells, Cleveland Lead Safe Network and Yvonka M. Hall, Executive Director at Northeast Ohio Black Health Coalition

Lead poisoning is an example of environmental injustice based on the prevalence of low income and minority children among the cohort of lead poisoned Clevelanders. Lead safe housing is the only prevention intervention for childhood lead poisoning. Cleveland Lead Safe Network and the Lead Safe Housing Initiative are advocating for social justice around the issue of lead safe housing.
4. Suicide Prevention and Human Rights: Mental health as social justice
Presented by Chloe Dean, Business Development Representative at Highland Springs Hospital

The stigma associated with mental health and suicide is a social justice and human rights issue. Join this workshop for discussion about mental health and suicide through the lens of equal rights and public health. The presenter will share the history of mental health policy along with recent and current trends. Participants will generate strategies for advocacy as both clinicians and citizens.

5. Community Case Management in Garden Valley and Central Neighborhoods
Presented by Joann Hall, Austreea Everson, and Bridgette Smith-Jackson

Rainbow Terrace Lifelong Learning Center uses a community case management model designed to empower residents and garner their support through advocacy and collaboration. The presenters will highlight the applicable aspects of the model to low-income housing complexes.

6. First Year Cleveland: Using collective impact to reduce infant mortality and racial disparities in Cuyahoga County
Presented by Katrice D. Cain, Racial Disparities Program Director at First Year Cleveland; Tracy Carter, Vice-President, Government Relations of The MetroHealth System; Sabrina Roberts, Administrator of Health Policy & Program for Cuyahoga County Department of Health & Human Services

First Year Cleveland is leading a new data-driven framework to align priorities and coordinate systems to change the rate of infant deaths. The workshop will focus on reduction of racial disparities, addressing extreme prematurity, and eliminating sleep related deaths. Infant mortality data will be shared, along with an initiative for families who have experienced pregnancy and infant loss.

Presented by Dana M. Prince, Assistant Professor at Case Western Reserve University

Innovative work is taking place at the Cuyahoga County Division of Children and Family Services. We are transforming child welfare experiences for LGBTQ2S youth in foster care. Workshop participants will learn what affirmative practice in child welfare for LGBTQ youth looks like. These practices and policies promote safety, permanency, and well-being. The presenter will outline micro practices, such as direct service interventions and macro level practices, such as agency-level culture change and policies.

8. Straight from the Source: Positioning individuals with ASD as their own best experts
Presented by Beth Thompson, Program Director at Milestones Autism Resources

Clients are experts on their own lives. Reviewed will be a unique method to shift the power of professionals and return it to clients. By positioning clients as experts, they are able to advocate for themselves and the issues that impact them. Presented will be a solution-focused approach to teach self-advocacy skills to people with Autism Spectrum Disorder.
9. Beyond Trauma-Informed Care with At-Risk Youth: Healing individual & collective trauma
Presented by Lynn Williams, Psychologist at Ohio Department of Youth Services

Many layers of trauma impact at-risk youth. Promoting trauma healing on individual and collective levels promotes social justice. We will examine individual trauma needs for young people and the ways systemic patterns of marginalization, racism, poverty, and other forms of oppression impact them collectively. This workshop will share engaging and collaborative approaches being used to facilitate healing in our community and detention homes such as juvenile justice jeopardy, storytelling, drumming, and yoga. Participants will engage in experiential activities and learn engaging tips, tools, and interventions to facilitate healing in at-risk youth.

10. Integrating Micro & Macro Practice: Focus on veterans (two-part workshop)
Social Workers’ Role in Preventing Opioid Overdose: Opportunities and barriers
Presented by Cailen Haggard and Jason Myers, clinical social workers at Department of Veterans Affairs

Opioid overdose and death is an epidemic across Ohio. Social workers can effect change with populations at risk for overdose. Using visual aids, interactive discussion and case examples, this session will help social workers identify opportunities to reach people at risk of death from opioid overdose. Through a Harm Reduction model, local programs and legislation impact the social worker role in the fight against overdose deaths. Participants will learn how the social work scope of practice addresses education and distribution of the opioid overdose antidote, Naloxone.

Veterans Crisis Intervention and Awareness Training
Presented by Lieutenant Kathleen Schindler and Rebecca Lindesmith, Suicide Prevention Coordinator, at Northeast Ohio VA Healthcare System

A unique partnership between social workers and police officers is providing care for veterans in crisis. Participants will learn how this collaboration is connecting veterans with resources; identify differences in service eras and how these differences impact behavior; and learn how to identify a veteran in crisis and steps to deescalate the situation. The presentation includes video examples and facilitated discussion with time for Q&A. Participants will receive Veterans Crisis Line materials, too.
11. Integrating Micro & Macro Practice: Improving outcomes from early intervention to employment seeking (two-part workshop)

*Empowering Early Childhood Caregivers*

Presented by Celeste Bajorek, Administrator at Cuyahoga County Board of Developmental Disabilities

Empowered caregivers take the lead for better early childhood outcomes. Presenters will share strategies to collaborate with caregivers, highlighting an assessment to help them choose priorities. Participants will learn ways to help caregivers create interventions in their natural environments – the places families learn, work, and play.

*Collaborative Solutions: Bridging the gap between the micro and macro considerations*

Presented by Jared Daly, Coordinator of Business Relations at Cuyahoga County Board of Developmental Disabilities

Helping individuals with disabilities gain employment is challenging. National employment rates for people with disabilities are lower than in previous decades. Recent legislation has mandated regional collaboration. Presenters will share reasons effective partnership is difficult and highlight ways Employment Collaborative of Cuyahoga County strategies to increase teamwork have improved outcomes for job-seekers with disabilities.

12. Patients to Advocates: A civic engagement, leadership development fellowship

Presented by Ashley Underwood, Project Coordinator for Patients to Advocates, NARAL Pro-Choice Ohio

The presenter will discuss the Patients to Advocates program and outcomes, a fellowship sponsored by NARAL Pro-Choice Ohio Foundation, New Voices for Reproductive Justice, Ohio Religious Coalition for Reproductive Choice, and Preterm. A facilitated discussion will explore ways participants can involve their organization’s clients in advocacy using methods accessible to the client population.

*From Generation to Generation: How to support older adults in Greater Cleveland*

Moderated by William Tarter, Jr., Associate of Public Policy & External Affairs at The Center for Community Solutions with panelists Rob Hilton, President and CEO at McGregor Foundation; Liza Weitzman, LISW, Manager of Business Development at Benjamin Rose Institute; and Semanthie Brooks, retired, Senior Public Policy Advocate

This workshop will examine the second largest generation in the country - the Baby Boomers - and their impact on senior services. Additionally, attendees will hear about public policy programs aimed at supporting seniors.

**We hope you enjoyed the morning workshops!**

**Lunch will be served in the Ballroom at 12 p.m.**

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2018 NASW Ohio Chapter, Region 3 Award Winners

- BSW Student of the Year: Nicole Picozzi, Cleveland State University
- MSW Student of the Year: Samantha Kissig, Youngstown State University
- Emerging Leader of the Year: Maria Roehrkasse, Kinnect
- Public Elected Official of the Year: Judge Michael Ryan
- Social Worker of the Year: Season Miller, Signature Health
- Agency of the Year: Community of Hope—Cleveland Open Table Initiative
- Lifetime Achievement Award: Andrea Porter, Case Western Reserve University

1:00—2:00 Keynote

How the State Budget Affects All of Us and How We Can Have an Impact

Presented by Larry Bresler, MSSA, JD,
Executive Director of Northern Ohioans for Budget Legislation Equality (NOBLE)

Gail Long, NOBLE
Zach Schiller, Policy Matters Ohio
Brittany Madison, NOBLE organizer
Diana King, NOBLE
Quo Vadis Ellison, NOBLE
Diane Howard, NOBLE
Zach Moats, NOBLE Intern, Mandel School
13. Integrating Micro & Macro Practice: Focus on self-care (two-part workshop)  
*Earth & Soul: Integrative self-care*  
Presented by Valerie Radu, Owner/Principal at Knowledge Sharing Collective

Tensions in social work practice can cause vicarious trauma. Reflective self-care builds resistance. Come experience the power of storytelling in Blues music and learn how simple, nature-based self-care practices heal.

**Macro Social Workers Also Need Self-Care**  
Presented by David Crampton, Associate Professor at Case Western Reserve University

Dr. Crampton had a stroke soon after completing a stressful macro-level project. While he can't say the project caused his stroke, he offers a cautionary tale. In his stroke recovery, he benefits from Tai Chi and other mindfulness practices. He will share these methods and invites all social workers, micro and macro, to try them.

14. Using Dialectical Behavioral Therapy Skills to Support Micro and Macro Client Change  
Presented by Samantha Mishne, LISW-S, LICDC-CS and Marielle Galizio, Student at Jack, Joseph, and Morton Mandel School of Applied Social Sciences of Case Western Reserve University

Dialectical Behavioral Therapy (DBT) skills of mindfulness, distress tolerance, emotion regulation, interpersonal effectiveness, and walking the middle path skills can promote micro change within clients who can then use the skills in the community at large. The presenter will share DBT skills and clinical examples using DBT at micro and macro levels.

15. Civil Justice Social Work: Inter-disciplinary, Inter-agency collaboration in Cleveland Municipal Housing Court  
Presented by Casey Albitz, Social Service Supervisor, Cleveland Municipal Court: Housing Division

Cleveland Housing Court is a problem-solving court. It combines traditional case resolution with a commitment to advocacy. This cooperation between government and social service providers is difficult and worthwhile. Participants will explore the history of the Cleveland Housing Court and examine the development of innovative programming that holistically helps Cleveland residents.

16. Integrating Micro & Macro Practice: Focus on HIV (two-part workshop)  
*HIV The New Normal: What social workers should know*  
Presented by Naimah O’Neal, Medical Social Worker at Circle Health Services

The HIV landscape has changed. Come to review current science, anti-stigma efforts, and HIV disclosure rules. Presenters will discuss current issues impacting people with HIV and review comprehensive services, including tools to empower those living with HIV.
17. Advocating for Clients’ Fair Housing Rights
Presented by Darlene English, Director of Education and Outreach at Fair Housing Center for Rights & Research

Workshop participants will learn about protective fair housing laws and strategies to advocate for reasonable accommodations and modifications and empowering tenants to exercise fair housing rights. Shared will be new guidance about methods to advocate for clients with criminal backgrounds.

18. Birthing Beautiful Communities: Integrating micro and macro practice to improve racial equity for birth outcomes
Presented by Christin Farmer, CEO at Birthing Beautiful Communities and Cyleste Collins, Assistant Professor at Cleveland State University

African American infants in Cleveland are twice as likely as Caucasian infants to die before their first birthday. Birthing Beautiful Communities is addressing this disparity with efforts toward equity. We employ women from underserved, African American communities. They provide social support and services to pregnant women and their families before, during, and after the baby’s birth. We will share evidence that supports the way we achieve our goals.

19. Evolving Partnerships: Mental Health Advisory Committee & Cleveland Division of Police
Presented by Carole Ballard, Director of Training and Education at Cuyahoga County Alcohol, Drug Addiction and Mental Health Services Board

Police officers are frequently first responders during mental health crises. The interdisciplinary Mental Health Response Advisory Committee works with the Cleveland Division of Police to improve coordination of services. Discussed will be the increased collaboration and improved care that has resulted in policy changes.

20. Practical Advocacy Strategies at the Intersection of Mental Illness & Low-Income Housing
Presented by Dani Lachina, MSSA, LSW, Staff Social Worker at Legal Aid Society of Cleveland

There is a correlation between mental illness and housing-related problems. This workshop will review best practices in landlord engagement, client coaching skills for a housing search, the application process for reasonable accommodations, requesting and participating in informal hearings for application denials, as well as making Ohio Civil Rights Complaints. Participants will gain knowledge, skills, and confidence to advocate for clients at micro and macro levels.
21. The Portage Project: Expanding continuum of care for a substance using population through community organizing
Presented by Sara Roberts, Chief Program Officer at Hope Village Recovery Center

The Project explores the intersection of micro and macro practice in community organizing models to create a continuum of care for people with substance use disorders. The partnership creates innovative solutions with no financial support.

22. Roadblocks to Health: Race and poverty
Presented by Amanda Woodrum, Senior Researcher at Policy Matters Ohio, Panelists Megan Hatch and Sarah Lowry

The panel presentation will share research demonstrating a health divide among Ohioans and differences in health outcomes based on race. Participants will discuss methods to build a stakeholder coalition to promote a new public health agenda.

23. An Interactive Session Exploring Black-White Racial Disparities in Cleveland: Using data to inform and inspire social change
Presented by Kate Warren, Research Associate and Will Tarter, Jr., Public Policy and External Affairs Associate at The Center for Community Solutions

Wide racial disparities and structural racism in Greater Cleveland impact black residents throughout their lives. Through guided interactive discussion, workshop participants will generate solutions to this pressing social issue. Attendees will brainstorm solutions and formulate plans for their workplaces and communities.

24. Linking Social Services and Health Care: Micro and macro approaches in Cuyahoga County and nationally
Presented by Ben Miladin, Director of Mental Health at United Way of Greater Cleveland

The landscape of health care and social service spending and variance in outcomes among countries will be presented. Current overemphasis on health care activities and a parallel lack of emphasis on meeting people’s health-related social service needs will be highlighted. The presenter will discuss local and national micro and macro partnerships, including the Clinic to Community Linkage project led by Better Health Partnership and the Accountable Health Community, organized by United Way of Greater Cleveland, designed to realign social services and health care.
Cuyahoga County Conference on Social Welfare
2019 Annual Conference Committee and Volunteers

**Voluntary Leadership**

Lori Longs Painter
Michael Dover
Joann Hall
Larissa Malcolm
Victoria Marion
Dorothy Martindale
Kathleen Stoll
William Tarter, Jr.

**Interns**

Elaine Jackson, Mandel School
Taiwannika Walker, Mandel School

**Volunteers & Moderators**

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_Special thanks to:_

The workshop presenters
Members of the NASW Student Club at Cleveland State University
Mandel School Student Volunteers
Workshop Moderators
NASW Ohio Membership Associate Dorothy Martindale
AIDS Healthcare Foundation  
Applewood Centers & Bellefaire JCB  
Beech Brook  
Benjamin Rose Institute on Aging  
Case Western Reserve University Research Center  
Case Western Reserve University Mandel School  
Cambridge Behavioral Hospital  
Cuyahoga County Division of Senior and Adult Services  
Cuyahoga County Division of Children & Family Services  
Gateway Retirement Community  
Highland Springs Hospital  
National Alliance on Mental Illness (NAMI)  
OhioGuidestone  
The University of Akron School of Social Work  
Western Reserve Area Agency on Aging

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