Sept. 21:

12 – 1:30 Welcome and Opening Keynote:
Despite All Odds: How to Be Mentally Tough and Persist through Adversity

Sharrica Miller, PhD RN
Nationally known mentor, advocate, instructor, presenter

Today’s healthcare professionals are dealing with higher-than-normal stress levels after coming off the heels of a two-year pandemic. Those in leadership roles face the additional strain of working with an increasingly diverse student and patient population. Part informative, part inspirational, this engaging talk will provide concrete strategies for how to remain mentally tough and persist through adversity.

1:35 – 2:30 Employees: How we get them

Jo Ann Preston, M.S.
Workforce and Organizational Development Sr. Mgr., Rural WI Health Cooperative

It’s clear: the workforce is changing. While we can’t know how it will all turn out, it’s important for leaders to seize this unique moment to become more adept at seeing the world from another’s perspective. This session will explore what people are re-evaluating, and what you can offer through building trust, empathy and communication skills to increase the chances that you are what they are looking for now.

2:30 – 2:45 Break

2:45 – 3:10 Roundtable discussions:
Q: What are your biggest leadership/management challenges?

3:15 – 4:10 How to expand your AHEC’s reach, influence, and effectiveness

Rita Osborn – Southern Utah AHEC
Susan Stewart – AHEC West (MA)
Erica Young – Metropolitan Indianapolis Central Indiana AHEC

4:15 – 5 Breakout sessions (TBA):
Sept. 22:

12 – 1  
Day 2 Keynote:  
**Staying connected our communities and to the AHEC mission**  
Benjamin Anderson, MBA  
*Vice President of Rural Health and Hospitals for Colorado Hospital Association*

1:05 – 2  
**Best practices for training CHWs**  
Denise Smith, MBA, CHW, PN  
*Executive Director, National Association of Community Health Workers*

2 – 2:15  
Break

2:15 – 2:45  
**Roundtable discussions:**  
Q: What are your CHW plans, challenges, successes?

2:50 – 3:45  
**Concurrent sessions**  
1. Board Relations Panel Discussion

2. Employees: *How we KEEP them*  
Jo Anne Preston  
*Workforce and Organizational Development Sr. Mgr., Rural WI Health Cooperative*  
When it comes to employee retention, this is no time to skimp. This session will offer practical tips that improve your chances for keeping the people you want to keep by improving onboarding, recognition, coaching and fostering a motivating work environment.

3:50 – 4:30  
Breakouts (TBA)

4:35 – 4:40  
**AHEC Board Member of the Year presentation, AHEC Alumni/Advocate membership launch**

4:45 – 5  
**Closing comments:** Benjamin Anderson, MBA