Session Description:

Funding agencies are recognizing the importance of mentoring at the graduate and postdoctoral training levels. How can you best prepare yourself to help your institution meet training requirements?

Facilitator:

Ed Krug, PhD, Associate Professor and Associate Dean for Postdoctoral Affairs, Medical University of South Carolina

Relevant NPA Resources:

PDO Toolkit: The Postdoctoral Office Toolkit has been developed with generous support from the Burroughs Wellcome Fund. Access to the toolkit is a member benefit of the NPA. PDO Toolkit content includes resources for starting an office, postdoc appointment issues and postdoc services and career development. Find this and more at: [http://www.nationalpostdoc.org/pdo-toolkit](http://www.nationalpostdoc.org/pdo-toolkit).

Relevant chapters include:
- Developing a Postdoctoral Mentoring Plan (General Information)
- For Postdoctoral Scholars: How to Be Proactive in Your Mentoring Relationships
- NSF Mentoring Requirement
- Mentoring Resources

Other Resources:

myIDP: An Individual Development Plan (IDP) is a resource for postdoctoral training, professional development and transition into a desired career path. An IDP helps to explore career possibilities, identify opportunities, and set goals to follow various career paths. myIDP is an online version of an IDP made available from [ScienceCareers.org](http://www.sciencetoday.org) and [AAAS](http://www.aaas.org). Access myIDP at: [http://myidp.sciencecareers.org/](http://myidp.sciencecareers.org/).