



National Wellness Conference 2018

BNWELLTHY

Mapping & Navigating Your Personal  
Vision

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**WELLTHY:**  
/'WELTHĒ/

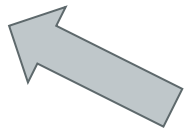
*Adjective.*  
*BNC Wellness term.*

Having an abundance of awareness, resourcefulness, and personal responsibility in regards to quality of life and overall well-being.

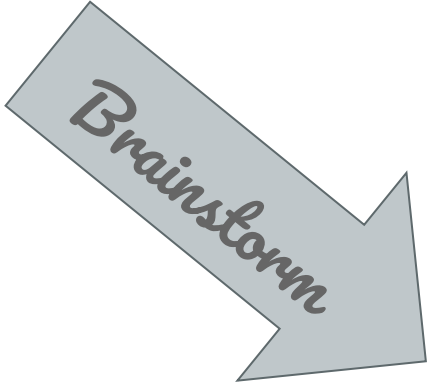


dream

Outline, list, sketch, etc  
1- 3 *dreams*



*Creative space*



# mission

Who, what , when, where, why?

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**STRENGTH**

**weakness**

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VISION









*The process is not going to be  
effortless but it can be seamless*

*Brooke N. Collins, Founder & Chief Consultant,  
BNC Wellness*



# Contact

**Brooke N. Collins**

Brooke.Nichole.Collins@gmail.com

Connect at

[www.brookencollins.com](http://www.brookencollins.com)

<https://www.linkedin.com/in/bncwellness/>



Instagram @bnwellthy



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