



NWI online certificate course now available!

Financial Wellness Facilitator Certificate Course

Powered by the Foundation for Financial Wellness

The National Wellness Institute (NWI), in collaboration with the Foundation for Financial Wellness (FFW), is offering a new 7-credit facilitator certificate course that looks at financial wellness through the lens of NWI's Six Dimensions of Wellness model. Offering evidence-informed tools and training, the course aligns with the NWI Wellness Promotion Competency Model.

Certificate course participants will gain the knowledge and skills to lead a 55-minute Financial Wellness Lunch and Learn. The slide deck, handouts, and other tools provided in the training can be used in their own presentations to enhance the financial wellness of the populations they serve.

Who should attend?

- Wellness coaches and coordinators
- Worksite wellness & EAP professionals
- Health educators
- Human resource & employee benefits professionals
- Wellness brokers
- Motivational speakers
- Teachers/Instructors
- C-suite leaders
- Anyone wishing to offer training in financial wellness

Technical Requirements

Participants must have a reliable internet connection. A free download of Zoom software is required for participation in the live webinars. Audio may be accessed via phone or via computer microphone and speakers (webcam optional).



Registration Rates

\$545 for NWI members

\$675 for non-members

Continuing Education Credit (CEC)

Participants earn 7 CECs upon completion of course and successful completion of the final quiz. Please see reverse side for details on the organizations that have pre-approved The Financial Wellness Facilitator Certificate Course for CECs.

Register online at

NationalWellness.org/FinancialWellness

This course is offered through an NWI Education Partnership



**National
Wellness
Institute**



Foundation for
FINANCIAL WELLNESS



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Course Overview

Individuals who complete the Financial Wellness Facilitator course will earn a certificate as a Financial Wellness Facilitator. Certificate holders can facilitate a high-impact motivational financial wellness educational experience at employer worksites or community centers.

The inaugural Financial Wellness Facilitator Certificate course includes the following elements, which should be completed in this order (select your course dates during registration):

- 1) October 9, 2018 or October 23, 2018; 12 p.m. - 2 p.m. CDT: "The Case for Financial Wellness" live webinar via Zoom (+ online quiz)
- 2) Self-paced interactive eLearning course: "The 5 Essentials for Wellness" (3 hours)
- 3) November 1, 2018 or November 13, 2018; 12 p.m. - 2 p.m. CST: "Financial Wellness Lunch and Learn" Facilitator Training
- 4) Online Certificate Quiz

Facilitator Certificate course registration includes the PowerPoint slide deck, facilitator notes, handouts, and additional tools to aid in presenting the lunch and learn. After November 15, 2018, the Facilitator Certificate course will be available as an on-demand interactive eLearning course only.

Objectives

Certificate course participants — as well as the individuals they train — will be able to:

- Connect their experience around their personal financial wellness to the National Wellness Institute's (NWI's) Six Dimensions of Wellness Model, and the Multicultural Wellness Wheel.
- Identify thoughts that prevent individual financial wellness and evaluate methods to create a plan to change those thought barriers.
- Identify strategies to prepare and stick to a budget and eliminate debt.
- Create a plan to develop an emergency cash reserve of 3-6 months.
- Understand how an approach to investing can be aligned with their life vision, values, and goals.
- Examine and mitigate the biggest financial risks most individuals face.
- Identify how to reduce taxes now and in retirement.
- Discuss essential tools that help to build a life and legacy that aligns with their most important values.
- Recognize the Foundation for Financial Wellness (including its educators, facilitators and counselors) as a non-solicitous, financial wellness organization.

Continuing Education Credit (CEC) for Financial Wellness Trainings

Participants can earn 7 CECs toward certifications they currently hold.* A CEC certificate will be e-mailed to individuals who select their desired CEC certificate(s) when completing the post-training evaluation form. The Financial Wellness Facilitator Certificate course is pre-approved by the following organizations:

APPROVED:

ACSM: The American College of Sports Medicine's Professional Education Committee certifies that "National Wellness Institute, Inc." meets the criteria for official ACSM Approved Provider status from (December 2015– December 2018). Providership # 661228

NCHCE (CHES®/MCHES®): National Wellness Institute is designated a provider of Category I continuing education contact hours (CECH) in

health education by the National Commission for Health Education Credentialing, Inc. The Financial Wellness Facilitator Certificate course is designated for Certified Health Education Specialists (CHES) and Master Certified Health Education Specialists (MCHES) to receive 7 Category I (advanced) continuing education contact hours.

NWI (CWP): Continuing education credits for NWI's Financial Wellness Facilitator Certificate course have been approved by the National Wellness Institute for NWI Certified Wellness Practitioners (CWP).

SHRM: National Wellness Institute is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CPSM or SHRM-SCPSM. The Financial Wellness Facilitator Certificate course is valid for 7 PDCs for

the SHRM-CPSM or SHRM-SCPSM. For more information about certification or recertification, please visit shrmcertification.org

HRCI: The use of this seal confirms that this activity has met HR Certification Institute's® (HRCI®) criteria for recertification credit pre-approval



General Attendance Continuing Education Certificate: National Wellness Institute-verified contact hours for continuing education credit/certificate of participation.

*Participants who have earned 2 credits for completion of NWI's "The Case for Financial Wellness" course prior to registering for the Financial Wellness Facilitator Certificate course earn 2 fewer CECs for completion of the Facilitator Certificate, as credits cannot be awarded twice for the same training.