National Wellness Institute's
2018 HEALTH & WELLNESS OBSERVANCES CALENDAR

JANUARY 2018

Cervical Health Awareness Month
National Cervical Cancer Coalition
www.nccc-online.org

National Birth Defects Prevention Month
March of Dimes Birth Defects Foundation
www.marchofdimes.com
or
Center for Disease Control & Prevention
www.cdc.gov

National Blood Donor Month
American Association of Blood Banks
www.aabb.org
or
American Red Cross
www.redcross.org

National Glaucoma Awareness Month
Glaucoma Research Foundation
www.glaucoma.org

January 15 (Martin Luther King Day)
King Day of Service
Corporation for National and Community Service
www.mlkday.gov

January 21 – 27
National Certified Nurse Anesthetists Week
American Association of Nurse Anesthetists
www.aana.com
AMD/Low Vision Awareness Month
Prevent Blindness America
www.preventblindness.org

American Heart Month
Contact your local chapter of the American Heart Association
or
AHA National Center
www.americanheart.org
www.cdc.gov

National Cancer Prevention Month
American Institute for Cancer Research
www.aicr.org
American Cancer Society
www.cancer.org

National Children's Dental Health Month
American Dental Association
www.ada.org

National Condom Month
American Sexual Health Association
www.ashasexualhealth.org

Wise Health Consumer Month
American Institute for Preventive Medicine
www.healthylife.com

February 7 (First Wednesday in February)
National Girls & Women in Sports Day
Women's Sports Foundation
www.womenssportsfoundation.org/en/home/advocate/ngwsd

February 2
National Wear Red Day
The Heart Truth—a National Awareness Campaign for Women About Heart Disease
National Heart, Lung, and Blood Institute Health Information Center
www.hearttruth.gov
or
Women Heart
www.womenheart.org
or
Go Red For Women Cause Initiatives
American Heart Association National Center
www.goredforwomen.org

February 11 – 17
National Cardiac Rehabilitation Week
AACVPR Office
www.aacvpr.org

February 11 – 17
Random Acts of Kindness Week
Random Acts of Kindness Foundation
www.randomactsofkindness.org

February 22 (Same date each year)
World Thinking Day
World Association of Girl Guides and Girl Scouts
www.worldthinkingday.org
American Red Cross Month
American Red Cross, National Headquarters or contact your local chapter
www.redcross.org

Brain Injury Awareness Month
Brain Injury Association of America
www.biausa.org

Hemophilia Month
National Hemophilia Foundation
www.hemophilia.org

National Colorectal Awareness Month
Cancer Research and Prevention Foundation
www.preventcancer.org/colorectal

National Developmental Disabilities Awareness Month
The Arc of the United States
www.thearc.org

National Eye Donor Month
EBAA, Eye Bank Association of America
www.restorevision.org

National Kidney Month
National Kidney Foundation
www.kidney.org

National Nutrition Month
Academy of Nutrition and Dietetics
www.eatright.org

National Problem Gambling Awareness Month
The National Council on Problem Gambling, Inc.
www.ncpgambling.org

National Professional Social Work Month
National Association of Social Workers
www.socialworkers.org

Save Your Vision Month
American Optometric Association
www.aoa.org

Workplace Eye Health and Safety Month
Prevent Blindness America
www.preventblindness.org

National Athletic Training Month
National Athletic Training Association
www.nata.org

March 1 – 6
Aplastic Anemia and MDS Week
Aplastic Anemia and MDS Internl, Inc.
www.aamds.org

March 2 – 9 (week before daylight savings time)
National Sleep Awareness Week
National Sleep Foundation
www.sleepfoundation.org

March 5 – 9
National School Breakfast Week
School Nutrition Association
www.schoolnutrition.org

March 11 – 17
National Pulmonary Rehabilitation Week
American Association of Cardiovascular and Pulmonary Rehabilitation
www.aacvpr.org

March 14
Kick Butts Day
Campaign for Tobacco-Free Kids
www.kickbuttsday.org

March 18 – 24 (third week in March)
National Poison Prevention Week
Poison Prevention Council
www.poisonprevention.org

March 20 (same date each year)
National Native HIV/AIDS Awareness Day
www.hiv.gov/events/awareness-days

March 22 (same date each year)
World Water Day
UN Water
www.unwater.org

March 27 (fourth Tuesday in March)
American Diabetes Alert Day
American Diabetes Association
www.diabetes.org
National Alcohol Awareness Month
SAMSHA's National Clearinghouse for Alcohol & Drug Information
www.ncadd.org

National Autism Awareness Month
Autism Society
www.autism-society.org

National Cancer Control Month
Contact your local chapter or American Cancer Society
www.cancer.org

National Child Abuse Prevention Month
Prevent Child Abuse America
www.preventchildabuse.org
or
Child Welfare Information Gateway
Children's Bureau/ACYF
www.childwelfare.gov/topics/preventing/preventionmonth

Counseling Awareness Month
American Counseling Association (ACA)
www.counseling.org

National Donate Life Month
HRSA Information Center
www.organdonor.gov

Stress Awareness Month
American Counseling Association (ACA)
www.counseling.org

National Humor Month
Association for Applied and Therapeutic Humor
www.aath.org

National Minority Health & Health Disparities Month
Office of Minority Health Resource Center
www.minorityhealth.hhs.gov

National Occupational Therapy Month
The American Occupational Therapy Association
www.aota.org

Sexual Assault Awareness Month
National Sexual Violence Resource Center
www.nsvrc.org

Women's Eye Health and Safety Month
Prevent Blindness America
www.preventblindness.org

Testicular Cancer Awareness Month
www.testicularcancerawarenessmonth.com

March 19 – 23
National Youth Violence Prevention Week
National Association of SAVE
www.nationalsave.org

April 2 – 8
National Public Health Week
American Public Health Association
www.nphw.org

April 4 (first Wednesday of April)
National Day of Hope
Childhelp
www.childhelp.org

April 6 – 8 (first weekend in April)
Alcohol-Free Weekend
National Council on Alcoholism and Drug Dependence, Inc.
www.ncadd.org

April 7
National Alcohol Screening Day
Screening for Mental Health, Inc.
www.mentalhealthscreening.org
April 7 (same date each year)
**World Health Day**
World Health Organization
www.who.org

April 8 – 14
**National Library Week**
American Library Association
www.ala.org

April 14 (same date annually)
**International Moment of Laughter Day**
Izzy Gesell, Wide Angle Humor
www.izzyg.com

April 15 – 21 (third week of April)
**National Volunteer Week**
The Points of Light and Hands on Network
www.PointsofLight.org

April 16 (same date annually)
**National Healthcare Decisions Day**
www.nhdd.org

April 20 – 22
**Global Youth Service Day**
Youth Service America
www.gysd.org

April 22 (same date annually)
**Earth Day**
Earth Day Network
www.earthday.net

April 22 – 28
**National Environmental Education Week (eeweek)**
National Environmental Education Foundation
www.eeweek.org

April 23 – 29
**Medical Fitness Week**
Medical Fitness Association
www.medicalfitness.org

April 26 (fourth Thursday April)
**Take Your Daughters and Sons to Work Day**
Daughters And Sons To Work® Day
www.daughtersandsonstowork.org

April 21 – 27
**National Infant Immunization Week**
CDC, National Immunization Program
www.cdc.gov/vaccines/events/niiw/index.html
<table>
<thead>
<tr>
<th>Month</th>
<th>Organization</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asthma and Allergy Awareness Month</td>
<td>Allergy and Asthma Foundation of America</td>
<td><a href="http://www.aafa.org">www.aafa.org</a></td>
</tr>
<tr>
<td>Better Sleep Month</td>
<td>The Better Sleep Council</td>
<td><a href="http://www.bettersleep.org">www.bettersleep.org</a></td>
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<tr>
<td>Building Safety Month</td>
<td>International Code Council</td>
<td><a href="http://www.iccsafe.org">www.iccsafe.org</a></td>
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<tr>
<td>Correct Posture Month</td>
<td>American Chiropractic Association Communications Department</td>
<td><a href="http://www.acatoday.org">www.acatoday.org</a></td>
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<tr>
<td>Healthy Vision Month</td>
<td>National Eye Institute</td>
<td><a href="http://www.nei.nih.gov/hvm">www.nei.nih.gov/hvm</a></td>
</tr>
<tr>
<td>Hepatitis Awareness Month</td>
<td>American Liver Foundation</td>
<td><a href="http://www.liverfoundation.org">www.liverfoundation.org</a></td>
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<td>Huntington’s Disease Awareness Month</td>
<td>Huntington’s Disease Society of America</td>
<td><a href="http://www.hdsa.org">www.hdsa.org</a></td>
</tr>
<tr>
<td>Lupus Awareness Month</td>
<td>Lupus Foundation of America, Inc.</td>
<td><a href="http://www.lupus.org">www.lupus.org</a></td>
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<tr>
<td>National Arthritis Month</td>
<td>Arthritis Foundation</td>
<td><a href="http://www.arthritis.org">www.arthritis.org</a></td>
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<tr>
<td>National Bike Month</td>
<td>League of American Bicyclists</td>
<td><a href="http://www.bikeleague.org">www.bikeleague.org</a></td>
</tr>
<tr>
<td>National High Blood Pressure Education Month</td>
<td>NHLBI Information Center</td>
<td><a href="http://www.nhlbi.nih.gov">www.nhlbi.nih.gov</a></td>
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<tr>
<td>National Melanoma/Skin Cancer Awareness Month</td>
<td>American Academy of Dermatology</td>
<td><a href="http://www.aad.org">www.aad.org</a> or <a href="http://www.skincancer.org">www.skincancer.org</a></td>
</tr>
<tr>
<td>National Mental Health Month</td>
<td>National Mental Health Association</td>
<td><a href="http://www.nmha.org">www.nmha.org</a></td>
</tr>
<tr>
<td>National Osteoporosis Month</td>
<td>National Osteoporosis Foundation</td>
<td><a href="http://www.nof.org">www.nof.org</a></td>
</tr>
<tr>
<td>National Physical Fitness and Sports Month</td>
<td>President’s Council on Fitness, Sports, and Nutrition</td>
<td><a href="http://www.fitness.gov">www.fitness.gov</a></td>
</tr>
<tr>
<td>National Stroke Awareness Month</td>
<td>National Stroke Association</td>
<td><a href="http://www.stroke.org">www.stroke.org</a></td>
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<tr>
<td>National Teen Pregnancy Prevention Month</td>
<td>Advocates for Youth</td>
<td><a href="http://www.advocatesforyouth.org">www.advocatesforyouth.org</a></td>
</tr>
<tr>
<td>Older Americans Month</td>
<td>U.S. Dept. of Health and Human Services Administration for Community Living</td>
<td><a href="http://www.acl.gov">www.acl.gov</a></td>
</tr>
<tr>
<td>National Physical Education and Sports Week</td>
<td>National Association for Sport and Physical Education</td>
<td><a href="http://www.shapeamerica.org">www.shapeamerica.org</a></td>
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</tbody>
</table>

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NationalWellness.org
(MAY, CONTINUED)

May 2 (first Wednesday in May)
**Project Aces Day**
(All Children Exercise Simultaneously)
Youth Fitness Coalition, Inc.
www.projectaces.com

May 6 – 12 (same dates each year)
**National Nurses Week**
American Nurses Association
www.nursingworld.org

May 6 – 12 (first full week in May)
**Be Kind to Animals Week**
Canadian Federation of Humane Societies
www.cfhs.ca
American Humane Association
www.americanhumane.org

May 6 – 12 (first full week in May)
**North American Occupational Safety and Health Week (NAOSH)**
American Society of Safety Engineers
www.asse.org/naosh

May 8 (same date annually)
**World Red Cross/Red Crescent Day**
American Red Cross
www.redcross.org

May 7 – 13
(week of Florence Nightingale’s birthday, May 12)
**National Hospital and Healthcare Week**
American Hospital Association
www.aha.org

May 21 – 27
**National Volunteer Week – Australia**
Volunteering Australia
www.volunteeringaustralia.org

May 9 (Wednesday during National Nurses Week)
**School Nurse Day**
www.nasn.org

May 13
**World Fair Trade Day**
World Fair Trade Association (WFTO)
www.wfto.com

May 13 – 19 (Mother’s Day week)
**National Nursing Home Week**
American Health Care Association
www.nnhw.org

May 13 – 19 (Mother’s Day week)
**Women’s Health Week**
Office on Women’s Health
Department of Health and Human Services
www.cdc.gov/women/

May 14 – 18
**Bike to Work Week**
(Bike to Work Day: May 18)
League of American Bicyclists
www.bikeleague.org

May 20
**World Autoimmune Arthritis Day**
The International Foundation for Autoimmune Arthritis
www.WorldAutoimmuneArthritisDay.org

May 30 (last Wednesday in May)
**National Senior Health & Fitness Day**
www.fitnessday.com
June & July
**Fireworks Safety Months**
National Council on Fireworks Safety
[www.fireworksafety.com](http://www.fireworksafety.com)

*Cataract Awareness Month*
Prevent Blindness America
[www.preventblindness.org](http://www.preventblindness.org)

**National Great Outdoors Month**
American Recreation Coalition
[www.greatoutdoorsmonth.org](http://www.greatoutdoorsmonth.org)

**National Safety Month**
National Safety Council
[www.nsc.org](http://www.nsc.org)

**National Scleroderma Awareness Month**
United Scleroderma Foundation, Inc.
[www.scleroderma.org](http://www.scleroderma.org)

**Men’s Health Month**
[www.menshealthmonth.org](http://www.menshealthmonth.org)

**Migraine and Headache Awareness Month**
National Headache Foundation
[www.headaches.org](http://www.headaches.org)

June 2 (first Saturday in June)
**National Trails Day**
American Hiking Society
[www.americanhiking.org](http://www.americanhiking.org)

June 3 (first Sunday in June)
**National Cancer Survivors Day**
National Cancer Survivors Day Foundation
[www.ncsdf.org](http://www.ncsdf.org)

June 5 (same date annually)
**World Environment Day**
United Nations Environment Programme (UNEP)
[www.unep.org/wed](http://www.unep.org/wed)

June 10 (second Sunday in June)
**National Children’s Day**
[www.nationalchildrensday.us](http://www.nationalchildrensday.us)

June 11 – 17 (ending with Father’s Day)
**Men’s Health Week**
Men’s Health Network
[www.menshealthweek.org](http://www.menshealthweek.org)

June 14 (same date annually)
**World Blood Donor Day**
[www.who.int/world-blood-donor-day](http://www.who.int/world-blood-donor-day)

June 18 – 20
**43rd Annual National Wellness Conference**
National Wellness Institute, Inc.
St. Paul, MN
[www.nationalwellness.org/Conference](http://www.nationalwellness.org/Conference)

June 27 (same date annually)
**National HIV Testing Day**
AIDS.gov
[www.aids.gov](http://www.aids.gov)
June & July
**Fireworks Safety Months**  
National Council on Fireworks Safety  
[www.fireworkssafety.org](http://www.fireworkssafety.org)

**National Park and Recreation Month**  
National Recreation and Park Association  
[www.nrpa.org](http://www.nrpa.org)

**UV Safety Month**  
American Academy of Ophthalmology  
[www.aao.org](http://www.aao.org)

July 15 – 21  
**Every Body Deserves a Massage Week**  
Associated Bodywork & Massage Professionals  
[www.abmp.com](http://www.abmp.com)

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**Children’s Eye Health and Safety Month**  
American Academy of Ophthalmology  
[www.aao.org](http://www.aao.org)

**Medic Alert Awareness Month**  
[www.medicalert.org](http://www.medicalert.org)

**National Breastfeeding Month**  
United States Breastfeeding Committee  
[www.usbreastfeeding.org/](http://www.usbreastfeeding.org/)

**National Immunization Awareness Month**  
Center for Disease Control & Prevention  
[www.cdc.gov/vaccines](http://www.cdc.gov/vaccines)

**August 1 – 7 (same dates annually)**  
**World Breastfeeding Week**  
La Leche League International  
[www.llli.org](http://www.llli.org)

**August 7**  
**National Night Out**  
National Association of Town Watch  
[www.natw.org/about](http://www.natw.org/about)

**August 6 – 12 (second week in August)**  
**National Health Center Week**  
National Association of Community Health Centers, Inc.  
[www.healthcenterweek.org/home-2018](http://www.healthcenterweek.org/home-2018)

**August 9**  
**International Day of the World’s Indigenous People**  
United Nations  
[www.unesco.org](http://www.unesco.org)
Alzheimer’s Association Memory Walk
(Fall weekend)
Dates vary depending location. Contact your local Alzheimer’s Association or visit www.alz.org

Baby Safety Awareness Month
Juvenile Product Manufacturers Association www.jpma.org

BioDiversity Month

Blood Cancer Awareness Month
Leukemia and Lymphoma Society of America www.lls.org

Childhood Cancer Awareness Month
CureSearch for Children’s Cancer www.curesearch.org

Fruit & Veggies More Matters Month
Fruits & Veggies More Matters www.fruitsandveggiesmorematter.org

Healthy Aging™ Month
Healthy Aging Campaign Educational Television Network, Inc. www.healthyaging.net

National Cholesterol Education Awareness Month
National Heart, Lung, & Blood Institute www.cdc.gov/cholesterol/cholesterol_education_month.htm

National Food Safety Education Month
National Restaurant Association Education Foundation www.foodsafetymonth.com

National Ovarian Cancer Awareness Month
National Ovarian Cancer Coalition, Inc. www.ovariancancerawareness.org

National Menopause Awareness Month
North American Menopause Society www.menopause.org

National Preparedness Month

National Sickle Cell Disease Awareness Month
Sickle Cell Disease Association of America, Inc. www.sicklecelldisease.org

National Yoga Month
Yoga Health Foundation www.yogamonth.org

Prostate Health Month
and Prostate Cancer Awareness Month
Prostate Cancer Foundation www.pcf.org

Sports and Home Eye Safety Month
Prevent Blindness America www.preventblindness.org
(SEPTEMBER, CONTINUED)

**Whole Grains Month**  
The Whole Grains Council  

**September 1 – 7** (same date annually)  
**National Childhood Injury Prevention Week**  
The American Academy of Pediatrics  
[www.healthychildren.org](http://www.healthychildren.org)  
Safe Kids Worldwide  
[www.safekids.org](http://www.safekids.org)

**September 9 – 15** (week of Sept. 10)  
**Suicide Prevention Week**  
The American Association of Suicidology  
[www.suicidology.org](http://www.suicidology.org)

**September 11**  
**National Day of Service and Remembrance**  
[911day.org](http://911day.org)

**September 9 – 15**  
**National Assisted Living Week**  
The National Center for Assisted Living  
[www.nalw.org](http://www.nalw.org)

**September 16 – 22** (third week in September)  
**National Rehabilitation Week**  
The National Rehabilitation Awareness Foundation  
[www.nraf-rehabnet.org/](http://www.nraf-rehabnet.org/)

**September 16 – 22** (third week in September)  
**National Farm Safety and Health Week**  
The National Educational Center for Agricultural Safety  
[www.necasag.org](http://www.necasag.org)  
**September 19** (third Wednesday)  
**Backpack Awareness Day**  
The American Occupational Therapy Association  
[www.aota.org](http://www.aota.org)

**September 21** (same date annually)  
**International Day of Peace**  
The United Nations  

**September 23 – 29** (last week in September)  
**Active Aging Week**  
The International Council on Active Aging  
[www.icaa.cc](http://www.icaa.cc)

**September 26** (last Wednesday)  
**National Women's Health & Fitness Day**  
The Health Information Resource Center  
[www.fitnessday.com/women](http://www.fitnessday.com/women)

**September 29** (last Saturday)  
**Family Health and Fitness Day USA**  
The Health Information Resource Center  
[www.fitnessday.com/family](http://www.fitnessday.com/family)

**September 29** (last Saturday)  
**National Public Lands Day**  
The National Public Lands Day  
[www.publiclandsday.org](http://www.publiclandsday.org)
OCTOBER 2018

Alzheimer’s Association Memory Walk
(Fall Weekend)
Dates vary depending location. Contact your local Alzheimer’s Association or visit www.alz.org

American Heart Walk
Dates vary depending your location.
American Heart Association
www.heartwalk.org

Auto Battery Safety Month
Prevent Blindness America
www.preventblindness.org

Eat Together, Eat Better Month
Washington State University
http://nutrition.wsu.edu/ETEB/

Children's Health Month
Office of Children's Health Protection
U.S. Environmental Protection Agency
www.epa.gov/children/childrens-health-month

Domestic Violence Awareness Month
National Resource Center for Domestic Violence
www.nrcdv.org

Health Literacy Month
Health Literacy Consulting
www.healthliteracymonth.org

Healthy Babies Month
March of Dimes/Birth Defects Foundation
www.marchofdimes.com

Healthy Lung Month
American Lung Association
www.lungusa.org

National Breast Cancer Awareness Month
National Breast Cancer Foundation
www.nationalbreastcancer.org

National Bullying Prevention Month
PACER’s National Bullying Prevention Center
www.pacer.org/bullying/

National Chiropractic Month
American Chiropractic Association
www.acatoday.org

National Crime Prevention Month
National Crime Prevention Council
www.ncpc.org

National Dental Hygiene Month
American Dental Hygienists Association
www.adha.org/ndhm

National Depression and Mental Health Screening Month
Screening for Mental Health, Inc.
www.mentalhealthscreening.org

National Disability Employment Awareness Month
U.S. Dept. of Labor
www.dol.gov/odep

National Family Sexuality Education Month
Planned Parenthood Federation of America
www.plannedparenthood.org/

National Liver Awareness Month
American Liver Foundation
www.liverfoundation.org

National Physical Therapy Month
American Physical Therapy Association
www.apta.org

National Spina Bifida Awareness Month
Spina Bifida Association of America
www.spinabifidaassociation.org

National Sudden Infant Death Syndrome (SIDS) Awareness Month
SIDS Alliance
www.sidsalliance.org

National UNICEF Month: Trick-or-Treat for UNICEF.
National Office of the US Fund for UNICEF
www.unicefusa.org

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NationalWellness.org
National Work and Family Month
Alliance for Work–Life Progress
www.awlp.org

Talk About Your Medicines Month
National Council on Patient Information and Education
www.talkaboutrx.org

Vegetarian Awareness Month
North American Vegetarian Society
www.worldvegetarianday.org

October 1 (annually same date)
International Day of Older Persons
www.un.org/en/events/olderpersonsday

October 1 – 7 (first full week in October)
National Mental Illness Awareness Week
NAMI – National Alliance on Mental Illness
www.nami.org/miaw

October 1 (first Monday in October)
Child Health Day
U.S. Dept. of Health and Human Services
mchb.hrsa.gov

October 1 (first Monday in October)
World Habitat Day
UN Habitat www.unhabitat.org/

October 7 – 13 (week including October 9 – Chicago Fire)
National Fire Prevention Week
National Fire Protection Association
www.nfpa.org

October 10 (always October 10)
World Mental Health Day
World Federation for Mental Health
www.wfmh.global

October 10 (same date annually)
Put the Brakes on Fatalities Day
www.asce.org/transportation-and-development-engineering/put-the-brakes-on-fatalities-day/

October 8 – 12 (second full week)
National School Lunch Week
School Nutrition Association
www.schoolnutrition.org

October 8 – 12 (week of Columbus Day)
National Consultant Pharmacy Week
American Society of Consultant Pharmacists
www.ascp.com

October 14 – 20 (third full week in October)
International Infection Prevention Week
Association for Professionals in Infection Control and Epidemiology, Inc.
www.apic.org

October 14 – 20 (third week in October)
National Health Education Week
Society for Public Health Education
www.sophe.org/NHEW.cfm

October 14 – 20 (third week in October)
National Healthcare Quality Week
National Association for Healthcare Quality
www.nahq.org

October 17 (same date annually)
International Day for the Eradication of Poverty
United Nations
www.un.org/en/events/povertyday

October 20 (same date annually)
World Osteoporosis Day
International Osteoporosis Foundation
www.worldosteoporosisday.org

October 22 (same date annually)
Food Day
Center for Science in the Public Interest
www.foodday.org

October 27 (fourth Saturday in October)
Make a Difference Day
www.makeadifferenceday.com

October 21 – 27 (last full week October)
National Respiratory Care Week
American Association for Respiratory Care
www.aarc.org

October 23 – 31 (same dates annually)
National Red Ribbon Celebration/
National Plant the Promise Week
National Family Partnership at
www.nfp.org

October 29 (same date annually)
World Stroke Day
American Stroke Association
www.strokeassociation.org
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Organization</th>
<th>Website</th>
</tr>
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<tbody>
<tr>
<td>November 5</td>
<td>Color the World Orange for CRPS/RSD Awareness</td>
<td></td>
<td><a href="http://www.colortheworldorange.org">www.colortheworldorange.org</a></td>
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<td>November 12</td>
<td>World Pneumonia Day</td>
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<td><a href="http://www.stoppneumonia.org">www.stoppneumonia.org</a></td>
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<td>November 12 – 18</td>
<td>(week before Thanksgiving)</td>
<td>World Diabetic Day</td>
<td>American Cancer Society</td>
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<tr>
<td>November 14</td>
<td>(same date annually)</td>
<td>World Diabetes Day</td>
<td>International Diabetes Federation</td>
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<tr>
<td>November 15</td>
<td>(same date annually)</td>
<td>National Philanthropy Day</td>
<td>Association of Fundraising Professionals</td>
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<td>November 15</td>
<td>America Recycles Day</td>
<td>America Recycles Day</td>
<td>National Recycling Coalition, Inc.</td>
</tr>
<tr>
<td>November 15</td>
<td>(third Thursday)</td>
<td>Great American Smokeout</td>
<td>American Cancer Society</td>
</tr>
<tr>
<td>November 17</td>
<td>(Saturday before U. S. Thanksgiving)</td>
<td>International Survivors of Suicide Day</td>
<td>American Foundation for Suicide Prevention (AFSP)</td>
</tr>
<tr>
<td>November 22</td>
<td>(always Thanksgiving Day)</td>
<td>National Family Health History Day</td>
<td>U.S. Dept. of Health and Human Services</td>
</tr>
<tr>
<td>November 22 – January 1</td>
<td>(U.S. Thanksgiving - New Year’s Day)</td>
<td>Tie One On For Safety Campaign</td>
<td>Mothers Against Drunk Driving (MADD)</td>
</tr>
</tbody>
</table>
### December 2018

<table>
<thead>
<tr>
<th>Event</th>
<th>Date(s)</th>
<th>Organization/Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>International AIDS Awareness Month</td>
<td>December 1 (same date annually)</td>
<td>International HIV/AIDS Alliance <a href="http://www.aidsalliance.org">www.aidsalliance.org</a></td>
</tr>
<tr>
<td>Safe Toys and Gifts Month</td>
<td>December 2 – 8</td>
<td>Prevent Blindness America <a href="http://www.preventblindness.org">www.preventblindness.org</a></td>
</tr>
<tr>
<td>World AIDS Day</td>
<td>December 1 (same date annually)</td>
<td>AIDS.gov <a href="http://www.aids.gov">www.aids.gov</a></td>
</tr>
<tr>
<td>National Hand Washing Awareness Week</td>
<td>December 2 – 8</td>
<td>Henry the Hand Foundation <a href="http://www.henrythehand.com">www.henrythehand.com</a></td>
</tr>
<tr>
<td>December 5 (same date annually)</td>
<td></td>
<td>International Volunteer Day <a href="http://www.unv.org">www.unv.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.worldvolunteerweb.org">www.worldvolunteerweb.org</a></td>
</tr>
<tr>
<td>December 10 (same date annually)</td>
<td></td>
<td>Human Rights Day <a href="http://www.ohchr.org">www.ohchr.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.worldvolunteerweb.org">www.worldvolunteerweb.org</a></td>
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