



## Interview with Renee Moorefield: Curiosity, Leaning In, and Leading to Unleash Human Potential

**R**enee Moorefield, PhD, is CEO of Wisdom Works, dedicated to building thriving leaders worldwide. For the past 25 years, she's coached thousands of senior and emerging executives— from Fortune 500 to entrepreneurs—to unleash human potential for better performance and positive global impact. Renee chairs the Global Wellness Institute Wellness at Work initiative, authors the blog Wellbeing + Strategy, plus contributes to articles in media such as Experience Life, Coaching World, and Thrive Global. Her 2004 book Driven by Wellth combines the drive for wealth with wellbeing to cultivate healthier organizations and a well world. She has just launching a new leadership assessment platform, Be Well Lead Well® Pulse, which helps leaders examine how well they make thriving a game-changer for their teams and organizations, including their selves.

### Links:

[Wisdom Works Website](#)

[BeWellLeadWell Website](#)

[Renee Moorefield on LinkedIn](#)

[Renee Moorefield on Twitter](#)

[Wisdom Works Group on Facebook](#)

[Global Wellness Institute Wellness at Work Initiative](#)

[Wellbeing + Strategy Blog](#)



**EPISODE #28**

**Renee Moorefield, PhD, MCC, E-RYT**

[Experience Life Website](#)

[Forbes Article: 5 Powerful Shifts That Help Leaders Liberate Human Energy](#)

[Thrive Global Website](#)

[Article: Our CEO Renee Moorefield Discusses How Good Health is Trending](#)

[Face of Wellbeing Leadership Blog Series](#)

[Art & Science of Health Promotion Conference Session by Renee Moorefield: 100 Wellbeing Leaders That Are Transforming the World \(Making Us All Happier, Healthier & More Productive\)](#)

[Time to Get Serious about Gender Equity? YES, says Mim Senft, Executive Director, Global Women for Wellbeing](#)

[Workplace Wellbeing Essentials: Mari Ryan Interviews Renee Moorefield](#)

[Book: Driven by Wellth: The 7 Essentials for Healthy, Sustainable Results in 21st Century Business & Leadership](#)

[skuid blog: Becoming a better leader means making yourself a priority](#)

[Global Wellness Institute's Wellness & Govt initiative](#)

[Wellness & Government Initiative Interview - Imperial Beach, USA \(full interview\)](#)

[Wellness & Government Initiative Interview - Dr. Jan Emmanuel De Neve, Associate Professor of Economics and Strategy, Saïd Business School & Fellow, Harris Manchester College, University of Oxford](#)

[Wellness & Government Initiative Interview - Alejandro Ortiz Carbajal, Wellness Leader of major strategies in San Miguel de Allende, Mexico](#)