



When was the last time your child in foster care had a Well Check-Up?

What Happens at a Well Check-Up?

At correct ages, your child will receive the following:

- Developmental Screen including emotional health
- Vaccinations (shots) for young children and teens → new ones are available
- Health History
- Physical Exam
- Height and Weight
- Dental Check
- Vision and Hearing check
- Nutrition Review
- Lab Tests as needed
- Guidance
- Follow-up/Referral if Needed

How do Well Check-Ups help?

- Doctors can check for more things when your child is well.
- Regular Well Check-Ups help the doctor better understand your child's needs.
- Shots that protect your child are given when your child is well.
- Early treatment may keep possible health problems from getting worse.

Did you know Well Check-Ups are not just for babies?

Children in foster care should have a Well Check-Up at the following ages:

Age	How Often
0 - 6 months	Every month
6 months - 24 months	Every 3 months
2 years - 21 years and times of major change (for example, change in foster home or when going back to live with family)	Every 6 months

Schedule a Well Check-Up Appointment Today!