LAW & CULTURE
PORTUGAL

Lisbon | Porto: May 18-23, 2020
Lisbon | Porto | Douro Valley: May 23-25, 2020

Organized by CLE Abroad™ CST 2060914-40
ITINERARY

This trip will require quite a bit of high-intensity walking on uneven cobblestone streets along with stairs where an elevator is not always available. Participants must be able to walk unassisted.

**DAY 1**

**MONDAY, MAY 18**

**Lisbon (L)**

Participants arrive to Lisbon International Airport (LIS). On arrival, proceed to the hotel for early check-in or Bag Drop.

**Afternoon**

Check into 5 Star Hotel Avenida Palace Lisbon (or equivalent). R. 1º de Dezembro 123, 1200-359 Lisboa, Portugal

Tele: (+351) 21 321 8100

1:00 pm Welcome lunch at Solar dos Presuntos restaurant.

2:30 pm Depart for our first walking tour of Bica, central Baixa and the nearby Barrio Alto neighborhoods.

4:00 pm **INTRODUCTION TO PORTUGUESE LEGAL AND POLITICAL SYSTEMS**

Presentation by Dr. Guilherme Machado Dray, Portuguese attorney and Professor of Law at the University of Lisbon. In his presentation, Dr. Gray will incorporate participation from some of his top law students to provide an overview of Portuguese legal and political systems and basic principles of Portuguese civil and commercial law and procedure. Historical aspects of Portugal’s Roman-German civil law tradition, relevant legal trends, as well the relationship of Portuguese and European Union law, will be discussed. In 2017, Professor Dray served as a visiting Professor at Georgetown University in Washington, DC teaching a seminar on ‘Equality, Welfare State & Democracy’ from a comparative US and European Social Model perspective.

5:30 pm We enjoy an **Introduction to the Wines of Portugal**, an interactive wine tasting course at the nearby Garrafeira Imperial wine store.

Remainder of evening free to rest and get acclimated to local time.

**DAY 2**

**TUESDAY, MAY 19**

**Lisbon & Belém (B,L,D)**

Complimentary breakfast is served daily at the hotel.

9:00 am Visit to the Constitutional Court in Barrio Alto or the Portuguese Bar Association (Ordem dos Advogados). Presentation on Legal Aid and Access to Justice in Portugal. The Portuguese Bar Association maintains an impressive legal aid program working with nearly 12,000 attorneys providing services to more than 200,000 cases annually, with a budget of almost 40 million Euros funded by the Portuguese Ministry of Justice.

10:30 am Lisbon city tour. Please be sure to wear comfortable walking shoes!
Our first visit is the hilltop fortress, **St. George's Castle**, to enjoy stellar views of the city and time to stroll in the beautiful gardens.

Continuing downtown we visit picturesque **Bica** and central **Baixa** districts. Baixa and Chiado are newer parts of the city built after the 1755 earthquake that devastated Lisbon. Here we learn about the city’s rebuilding plan that changed the shape of the new Lisbon city center. Free time to circle the majestic **Praça do Comércio** before departing for **Belém**.

**12:30 pm**  
**Group lunch in Belém.**

Belém, a **UNESCO world heritage site**, located on the shore of the **Tagus River** at the entrance to the Port of Lisbon. About 4 miles west of the Lisbon city center, many of Portugal’s most famous landmarks are located in this area.

After lunch, we first visit the **Jerónimos Monastery**, dating back to the early 1500s and secularized by state decree in 1833. Besides one the best examples of Portuguese Late Gothic Manuelean architecture, the Monastery is the home to the tomb of the infamous explorer, **Vasco de Gama**.

Time permitting, we see the **Belém Tower**, a small fortress island on the banks of the river and part of Lisbon’s Old World defense system.

Also on the Belém riverfront we see the massive sculpture **Monument to the Discoveries**, depicting **Henry the Navigator** at the helm of a large galleon commemorating the significance of maritime exploration in Portuguese history.

**3:30 pm**  
**Remainder of the afternoon / evening free.**

In Belém, some may choose to independently visit the old-world **Carriage Museum** or the famous **Pastéis de Belém** to savor the traditional Portuguese egg tart pastry.

Returning to Lisbon, some may choose to visit Lisbon’s renowned **Time Out Market** - a food lover’s haven - and/or the **LX Factory** - a hub for Portugal’s design, marketing and creative start-up communities.

Others may choose to visit the **Museu Nacional do Azulejo (National Tile Museum)**. Located in a former Convent founded by Queen Leonor in 1509, this heritage Museum is dedicated to the decorative ceramic tiles or **azulejos** of Portugal from the 16th century to modern times.

**8:00 pm**  
**Private dinner at the Fado Association in the historic Alfama neighborhood. Fado is a distinctly Portuguese musical genre characterized by emotional, passionate and sometimes mournful tunes and lyrics. We enjoy an endless supply of Petiscos (Portuguese Tapas) in an intimate setting accompanied by our very own private Fado demonstration. In 2011, Fado was recognized on the UNESCO Cultural Heritage List.**
**DAY 3**  
**WEDNESDAY, MAY 20**

*Lisbon and Sintra (B,L)*

8:30 am  
We depart for the majestic resort town of Sintra, a longtime royal sanctuary and summer home for Lisbon’s elite. Sintra’s mountains, forested terrain, proximity to the ocean and unique Moorish and Manueline style palaces define Sintra’s breathtaking and one-of-a-kind landscape.

9:00 am  
En route to Sintra, we first visit the Queluz Palace. Often overlooked given its relatively small size, this 18th-century palace is one of the last great Late Baroque buildings designed in Europe, commonly referred to as the Portuguese Versailles. Wide corridors, impressive interiors and far less tourists make this palace an enjoyable first visit.

We continue to the unmatched Pena Palace grounds and gardens. This 19th-century Romanticist castle proudly stands alone as a National Monument and UNESCO World Heritage Site. Pena Palace’s eclectic mix of architectural styles include Neo-Gothic, Neo-Manueline, Neo-Islamic and Neo-Renaissance, which all contribute to its whimsical and fairy-tale like appearance. After time to explore the Pena Park, we continue to Sintra’s village center.

11:15 am  
Free time to explore the center of town before lunch.

12:30 pm  
Group lunch in Old Town Sintra.

2:30 pm  
After lunch we visit Cabo de la Roca, Continental Europe’s westernmost point. After taking in the stellar views and dramatic sea cliffs from this picturesque overlook, we return to Lisbon.

5:00 pm  
Return to hotel. *Dinner on your own. Suitable recommendations will be provided.*

**DAY 4**  
**THURSDAY, MAY 21**

*Lisbon, Óbidos, Coimbra, Porto (B,L)*

8:30 am  
Hotel check-out, board bus for day trip through Central and Northern Portugal.

9:00 am  
**CRIMINAL JUSTICE AND COMBATING DOMESTIC VIOLENCE IN PORTUGAL**  
Before leaving Lisbon, we visit the Portuguese Association for Victim Support (Associação Portuguesa de Apoio à Vítima or “APAV”). During our visit to APAV, will meet with President João Lázaro and colleagues to learn about the Portuguese criminal justice system and the mission of this important organization. Topics will include domestic violence, human trafficking, and the role victims in the Portuguese justice system aided by the work of APAV.

11:00 am  
Depart North for our journey towards Porto.

Our first stop is Óbidos, one of Portugal’s best preserved medieval towns. We enjoy 45-60 minutes of free time to stroll the cobblestoned streets, shop at the local boutiques, taste the local Ginja – a traditional Portuguese liqueur infusion of sour cherries and spices. No visit would be complete without seeing the fascinating Óbidos Castle. Legend has it that in...
the year 1148, Dom Afonso Henriques and his troops disguised themselves as cherry trees to capture this Castle from the Moors. Henriques became Portugal’s founding father and first King.

Group lunch before departing towards Coimbra.

1:00 pm Depart for Coimbra, one of Portugal’s oldest cities and its former capital during the Middle Ages.

2:30 pm Arrive in Coimbra. We enjoy lunch at a local restaurant before visiting the University of Coimbra.

4:30 pm THE STUDY OF LAW AND HIGHER EDUCATION IN PORTUGAL
We tour the historic University campus and Faculty of Law with Professor João Leal Amado to learn about Legal Education in Portugal. In existence for over 180 years, the Law School is one of Portugal’s most prestigious.

6:00 pm Depart for Porto, Portugal’s second largest city.

7:30 pm Arrive Porto, check into the 5 Star Hotel Infante Sagres (or equivalent).

Dinner on your own. Suitable recommendations will be provided.

DAY 5 FRIDAY, MAY 22
Porto (B,L,D)

Complimentary breakfast is served daily at the hotel.

Morning City tour of Porto. (Please remember to wear comfortable shoes!) Located along the Douro river, Porto was originally an outpost of the Roman Empire and is today one of the oldest cities in Europe. Not so coincidentally, one of Portugal’s famous exports, port wine, is named after the city. In 1703, the Methuen Treaty established trade between Portugal and England and the production of port wine gradually fell into the hands of British firms. Even today, the vast majority of port cellars carry their original English names.

READING BETWEEN THE WINES:
An overview of wine laws and regulation in Portugal
Presentation by local practitioners / representatives of the Instituto dos Vinhos do Douro and Porto (IVDP). In this briefing, we will learn some of the technical terms about wine and understand the most important regulations for winemakers and exporters in Portugal. Producers are governed by the IVDP, with specific requirements concerning geographic denomination, aging terms, and labeling codes for varietal vs. blends. Topics of intellectual property, consumer protection, export/import, and local real estate law will also be discussed.

Time permitting, we enjoy a visit to the Palacio da Bolsa, Porto’s old Stock Exchange Palace and Courthouse. Featuring a mixture of architectural styles, the construction of this building began in 1842 and took nearly 70 years to complete. We tour the complex and see the fully restored Commercial Courtroom.

1:00 pm Lunch at DOP by star chef Rui Paula.

After lunch, we cross the river to the city of Vila Nova de Gaia (or simply ‘Gaia’ for short), to visit some of the area’s historic port lodges.

Remainder of afternoon free. Some may decide to stay in Gaia for port tastings.

Evening Porto Farewell Dinner at Taylor’s, with lovely views of the river and Porto skyline.
DAY 6
SUNDAY, MAY 24

Departure Day (B) or Extension to Douro Valley / Wine Tour (B,L,D)

If returning to the USA today, optional morning activities depending on departure time.

For those continuing to the Douro Valley:

Morning Our first stop is in the town of Régua to visit the Quinta do Vallado winery to enjoy a guided tour of the vinyard, wine tasting, and delightful lunch.

2:30 pm After lunch, we continue to the family-run Quinta de Marrocos for another tour and tasting.

Afternoon Check into Hotel Rural Casa dos Viscondes Várzea (or equivalent Quinta).
Rua Várzea de Abrunhais, Lamego, Portugal
Tele: (+351) 96 760 6385

On arrival, we enjoy a welcome tasting of the winery’s house wine.

7:30 pm At our hotel, enjoy a cooking class of traditional Portuguese dishes, followed by Group Dinner.

DAY 7
SUNDAY, MAY 24

Douro Valley (B,L,D)

Breakfast is served daily at our Quinta.

9:30 am Depart for our Douro Valley Tour traveling towards Pinhão, enjoying one of the world’s most scenic drives along the Douro River.

10:30 am Brief tour of Pinhão before boarding a traditional Rabelo style boat for our private river cruise.

1:00 pm Lunch at DOC by Chef Rui Paula along the Douro riverfront.

In the afternoon, return to our Quinta for R&R.

7:30 pm Farewell dinner at our Quinta. A plethora of finely prepared Portuguese dishes will satisfy every appetite.

DAY 8
MONDAY, MAY 25

Departure Day (B)

Morning transfer to Porto for departures.

Please note: This is a Model “Working” Itinerary. All programs are customized with input from lead organization. There may be some changes, additions and/or subtractions to the Final Itinerary. All venues are subject to final confirmations. Be assured that any changes made will be done to enhance the total program, and to promote a smooth operation of the tour.

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TRIP COST

6 DAYS AND 5 NIGHTS
LISBON AND PORTO - Hotel Avenida Palace Lisbon & Hotel Infante Sagres in Porto.

DOUBLE, PER PERSON: $3,420
SINGLE OCCUPANCY: $4,080
CONFERENCE PRICE: $1,885*

* Without accommodations. Participants are free to make personal hotel or B&B arrangements in Lisbon/Porto. Inclusive of all programming, CLE activities, group meals, tours, professional meetings, and transfer (Lisbon>Porto).

3 DAY AND 2 NIGHT EXTENSION
THE DOURO VALLEY - Hotel Rural Casa dos Vicondes Varzea. Fully hosted inclusive of Accommodations, All Meals, Winery Tours, Tastings and Private River Cruise.

DOUBLE, PER PERSON: +$850
SINGLE OCCUPANCY: +$980

CUSTOM PROGRAM INCLUDES
- Itinerary design and coordination
- 5 or 7 nights’ accommodations as indicated (3 nights in Lisbon, 2 nights in Porto, optional 2 nights in Douro Valley)
- Air-conditioned ground transportation throughout trip equipped with water
- Full time CLEA tour escort and specialized local tour guides
- Daily breakfast and meals as listed in itinerary (including tips)

EXCLUDES
- Airfare to/from Portugal (participants should arrive in Lisbon LIS and depart from Porto OPO)
- Airline baggage fees
- Gratuities for guide and driver
- Meals other than listed on itinerary
- Individualized hotel expenses (mini bar, room service, laundry fees, etc)
- Trip cancellation insurance

REGISTRATION
Online Registration: www.cle-abroad.com/trip/nsba

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