

# NHPCA CONFERENCE 2020

REGISTRATION GUIDE

**MARCH 17-18**  
LINCOLN, NEBRASKA  
EMBASSY SUITES  
[nehospice.org](http://nehospice.org)



nebraska hospice &  
palliative care association

*Living a Good Life...at the End of Life*

# YOU'RE INVITED

Join the Nebraska Hospice and Palliative Care Association for the largest member-gathering of hospice and palliative care professionals in Nebraska — the 2020 “Living a Good Life...at the End of Life” Annual Conference, March 17 and 18, in Lincoln!

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#inspiringQOLmoments



@NeHospice



@NebHospice



@NebraskaHealth

# LIVING A GOOD LIFE... AT THE END OF LIFE

If you appreciate learning, sharing ideas, connecting with fellow Nebraskans, and having fun, you're in the right place. The 2020 NHPCA "Living a Good Life...at the End of Life" Annual Conference is shaping up to be one of the best yet.

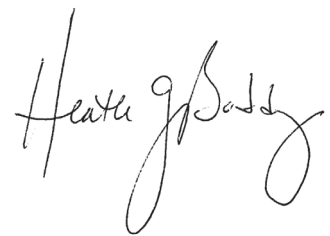
During your time in Lincoln, you can expect high-caliber speakers who come from across the country to speak on clinical, social, spiritual, and other topics. The conference will also feature an awards luncheon, trade show, raffle, and silent auction. A special highlight this year is the opportunity to purchase discounted tickets to an evening performance of traditional Irish music and step dancing at the Lied Center for Performing Arts – a perfect way to put you in the St. Patrick's Day spirit!

My hope is for you to reconnect with old friends, meet new friends, collect new ideas and resources, and recharge your batteries. Your dedication to those in your care is commendable. Thank you for the care you provide to Nebraskans every day!

Please know how grateful the NHPCA team and board of directors are to serve you. We look forward to seeing you in Lincoln soon!



Heath Boddy  
President and CEO  
Nebraska Hospice and  
Palliative Care Association



## 2020 NHPCA PLANNING COMMITTEE

Nicole Beck  
CHI Health at Home, Omaha

Bob Bleicher, MD  
HoriSun Hospice, Lincoln

Tina Coffey  
AseraCare Hospice, Lincoln

Heather Elton  
Hospice of Columbus Community  
Hospital, Columbus

Gary George  
Hospice House – The Josie Harper  
Residence, Omaha

Christina Harvey  
AseraCare Hospice, Grand Island

Susan Kufeldt  
ruralMED Home Care  
Resources, Seward

Rhonda Lange  
CHI Health at Home, Lincoln

Marilee Malcom  
ruralMED Home Care  
Resources, Holdrege

Beth Nelsen  
Eastmont Towers/The Monarch,  
Lincoln

Mary Oliver  
St. Joseph Villa Homecare and  
Hospice, Omaha

Lisa Pham  
Hospice Community Care of  
Nebraska, Lincoln

Diane Randolph  
Omaha

Krishelle Steele  
CHI Health at Home, Lincoln

Lisa Weber  
Hospice of Columbus Community  
Hospital, Columbus

Renee Paulin, MSN, RN, CWOCA  
Nurse Planner, UNMC, Omaha

Heidi Keeler, PhD, RN  
Director of Continuing Nursing  
Education, UNMC, Omaha

# CONFERENCE INFORMATION

## NEBRASKA HOSPICE AND PALLIATIVE CARE ASSOCIATION (NHPCA)

**Mission:** A statewide partnership to improve the quality of life for all Nebraskans who have chronic conditions or are near the end of life and to support the various communities who care for them.



nebraska hospice &  
palliative care association

advocate. educate. support.

**Vision:** No Nebraskan lives in pain or dies badly. Nebraskans with chronic or end-of-life conditions, regardless of age, live their last months to their fullest, with their wishes expressed and respected, their pain and suffering alleviated, their fears and questions heard and addressed, their relational, spiritual, cultural, and financial needs met, and with their loved ones around them and supported up to and following their death.

NHPCA is managed by the Nebraska Health Care Association and is a member charity of Combined Health Agencies Drive (CHAD) of Nebraska.

## NHPCA "LIVING A GOOD LIFE...AT THE END OF LIFE" ANNUAL CONFERENCE

**Conference Purpose:** The goal of this conference is to improve end-of-life care and conditions across the state of Nebraska by providing education for Nebraskans working in hospice and palliative care.

**Conference Audience:** This is a premier regional conference for everyone caring for patients and families with chronic illness or at the end of life. Attendees include physicians, nurses, therapists, social workers, administrators, and counselors.

**Certificate of Attendance:** At the beginning of each day, registrants must pick up their name badge as proof of program participation. For those who wish to receive an official certificate of completion, additional instructions for program evaluation and certificate request forms will be provided upon daily check in.

**ADA Requests:** If you need auxiliary aids or services identified in the Americans with Disabilities Act, please attach a description of requested accommodations to your registration form or call NHPCA at 402-477-0204.

**Photos:** NHPCA takes photographs during its events for use in Association media releases, newsletters, and other promotional materials, whether in print, electronic or other media, including the NHPCA website and online social networking sites. By participating in this conference and other NHPCA events, you grant NHPCA the right to use your name and photograph for such purposes.

**Daily Evaluations:** SurveyMonkey will be utilized for completing NHPCA Conference evaluations. A link to the evaluations will be emailed to registrants following the conference.

## CONTINUING EDUCATION CREDIT

Registrants can choose from multiple topics within a variety of educational sessions to acquire a maximum of 12.5 continuing education credit/contact hours. Participants must attend all available educational offerings over the two days to receive full credit. Certificates will be emailed out following completion of the evaluation.

**Nurses:** The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. The University of Nebraska Medical Center College of Nursing Continuing Nursing Education has been awarded Accreditation with Distinction, the highest recognition awarded by the American Nurses Credentialing Center's Accreditation Program. This distinction is valid through 2020. Course ID: 20CE037

This activity is provided for up to 12.5 contact hours under ANCC criteria.



University of Nebraska  
Medical Center

CONTINUING NURSING EDUCATION

**Dietary Staff:** Please see staff on site for more information on dietary credit.

**Administrators:** Administrators can submit program agenda and certificate of completion to the Nebraska Department of Health and Human Services to apply for administrator credit.

**Others:** Programs holding ANCC provided contact hours are peer reviewed and acceptable as continuing professional education for most professional requirements.

## CONFERENCE LOGISTICS

**Lodging:** Attendees are responsible for their own hotel reservations. A room block has been set aside for exhibitors and attendees at Embassy Suites. Call the Embassy Suites at 402-474-1111 to make your reservation. Request the Nebraska Hospice and Palliative Care Association. The group code is HPC. For online reservations, go to <https://bit.ly/2Q8ryDE>. Please make reservations before Feb. 23, 2020, to guarantee NHPCA room rates.

**Directions:** Take downtown exit onto I-180 south. Proceed to P Street, turn left, and go one block. Hotel is located on the corner of 10th and P streets.

**Parking:** City parking garages are located on the east and west sides of Embassy Suites for a daily parking charge of \$11.25. Hotel valet parking is available for \$19 per day. Meter parking is also available.

## LOCATION

Embassy Suites by Hilton  
1040 P Street  
Lincoln, NE 68508  
Phone 402-474-1111  
[embassysuiteslincoln.com](http://embassysuiteslincoln.com)



## HANDOUTS — ONLINE ONLY

**Registered attendees can download conference education session handouts online.**

Available session handouts will be emailed to registrants 10 days prior to the conference. Be sure to provide your email address on the registration form.

**Printed handouts will not be distributed on site.** Prior to the conference, print handouts for the sessions you plan to attend.

## POST AND WIN

### #inspiringQOLmoments

A prize will be given to the user who posts the most photos tagged #inspiringQOLmoments on Twitter, Facebook, or Instagram each day of the conference.

Prizes will be given at the last session of each day, Tuesday and Wednesday. Must be present to win!

**Facebook**  
[@NeHospice](https://www.facebook.com/NeHospice)

**Twitter**  
[@NebHospice](https://twitter.com/NebHospice)

**Instagram**  
[@NebraskaHealth](https://www.instagram.com/NebraskaHealth)

**register online at [nehospice.org/page/2020conference](https://nehospice.org/page/2020conference)**

## REGISTRATION INFORMATION

**Full Conference Registration:** Includes both days of education (March 17 and 18, 2020), breaks, Tuesday lunch, Wednesday awards luncheon, admission to the trade show, and annual membership meeting.

**Daily Registration:** Registration on a per-day basis for Tuesday, March 17, or Wednesday, March 18, 2020. Daily registration includes all education sessions, lunch, and breaks. Tuesday registration includes the annual membership meeting and admission to the trade show. Wednesday registration includes the awards luncheon.

**Awards Luncheon Tickets:** The awards luncheon is included with full and Wednesday conference registrations. Non-conference attendees and Tuesday daily registrants planning to attend the awards luncheon must purchase a ticket.

2020 NHPCA members receive discounted member pricing on conference registration. For information on becoming a member, call 402-477-0204.

*NHPCA substitution and cancellation policies can be found on page 16.*



# CONFERENCE HIGHLIGHTS

## FEATURED SPEAKERS

Choose from a variety of concurrent education sessions to acquire a maximum of **12.5** continuing education credit hours. Three keynote presentations have been scheduled.



### **REGULATORY REVIEW AND UPDATES | TUESDAY, MARCH 17**

Melissa Ring, MSN, RN, National Hospice and Palliative Care Organization

Melissa "Missy" Ring, MSN, RN, is the Director of Regulatory and Compliance at the National Hospice and Palliative Care Organization. With more than 15 years of hospice palliative care experience, Missy has worked in hospital, community-based, national, and integrated health systems in both profit and nonprofit organizations. Missy brings vast experience in nursing, regulatory and compliance, quality and standards, operations, administration, and patient safety to her work at NHPCO. She has a Master of Science in Nursing – Leadership from Jefferson College of Health Sciences, and a Bachelor of Arts – Concentration on Business Administration from Mary Baldwin College.



### **THE SCIENCE OF SANITY: THRIVING, CHALLENGE, AND CHANGE IN TODAY'S BUSY HEALTH CARE WORLD | TUESDAY, MARCH 17**

Amy Dee, RN, Amy Dee, Inc.

Amy Dee is recognized by audiences across the country as a master storyteller and brilliant comedian. She combines her background in standup comedy and theatre with her RN degree and experience as a successful business owner to deliver hilarious stories and valuable content on the brain and behavior. Her message and music rise above the boundaries of gender, age, and occupation. Amy's hilarious stories coupled with her phenomenal content propels audiences to live, act, and work better. Her authentic spirit and down to earth approach have made her one of the most sought-after speakers throughout the United States. She is truly one of the best speakers in the country at combining message and humor.



### **SONGS FOR THE HEART: MUSIC THERAPY FOR PATIENTS AND CAREGIVERS | WEDNESDAY, MARCH 18**

Jessica Sturgeon, MT-BC, Treasure Coast Hospice, Seasons Hospice

Jessica Sturgeon is a Board-Certified Music Therapist employed with Treasure Health in South Florida and Seasons Hospice in Connecticut. Jessica completed her undergraduate coursework with the University of Evansville, graduating in 2013 with her Bachelor's degrees in Music Education and Music Therapy. She then completed her Hospice and Palliative Care Music Therapy training and subsequent certification in 2017. Since 2015, Jessica has been the pediatric music therapist for the Little Treasures pediatric palliative and hospice care programs. In addition, Jessica acts as a bereavement and music therapy support for Seasons Hospice nationally. Through music therapy, Jessica engages patients in sensory stimulation interventions, songwriting, lyric analysis, improvisation, distraction, legacy projects, and other music therapy interventions to assist in symptom management, emotional expression and regulation, and family bonding.

**education session descriptions  
begin on page 8**

### TRADE SHOW | TUESDAY, MARCH 17

Registered conference attendees are invited to the trade show, open 7:00 a.m. to 4:30 p.m. on Tuesday, March 17. The trade show offers a great opportunity to visit with exhibitors and become better acquainted with their products, services, and equipment! Sign up at participating booths to win a variety of prizes donated by exhibitors.

Visit [nehospice.org/event/2020tradeshow](https://nehospice.org/event/2020tradeshow) if your business is interested in reserving a booth.



### AWARDS LUNCHEON | WEDNESDAY, MARCH 18

NHPCA will honor recipients of the State Impact Award, the Shining Star Award, and the Spirit of Hospice Award. Conference scholarship recipients and outstanding hospice volunteers will be recognized as well. The luncheon will include a special guest appearance by Senator Mark Kolterman of Legislative District 24.

The awards luncheon is included with full and Wednesday conference registrations. Additional tickets can be purchased. More information can be found on page 16.



### ST. PATRICK'S DAY SPECIAL EVENT FOR ATTENDEES

#### MICHAEL LONDRA AND THE CELTIC FIRE

Lied Center for Performing Arts, Main Stage  
301 N 12th Street, Lincoln

Irish singing sensation Michael Londra and his dazzling cast of *Riverdance* and *Lord of the Dance* alumni perform a lively evening of traditional Irish music and step dancing. Backed by an ensemble of Ireland's finest musicians, Michael Londra and the Celtic Fire promise an electric St. Patrick's Day celebration straight from the heart of the Emerald Isle.

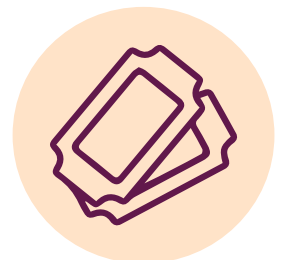
NHPCA has secured a group of discounted tickets available for sale to attendees. Contact [Marketing@nehca.org](mailto:Marketing@nehca.org) for more information or to purchase.



### NHPCA ANNUAL RAFFLE AND SILENT AUCTION

During the conference, participate in the NHPCA Annual Raffle and Silent Auction. Winners can take home a variety of items and packages. Proceeds support scholarships for hospice and palliative care professionals in Nebraska.

To donate, complete the NHPCA raffle and silent auction contribution form at [nehospice.org/page/2020raffle](https://nehospice.org/page/2020raffle).



## SCHEDULE AT A GLANCE

### TUESDAY, MARCH 17, 2020

TIME	FUNCTION	TRACK
7:00 AM - 4:30 PM	TRADE SHOW	
7:00 AM - 5:00 PM	REGISTRATION	
7:00 AM - 5:00 PM	NHPCA RAFFLE AND SILENT AUCTION	
8:00 - 9:00 AM	<b>A1:</b> Connie Knorr, BSN, RN – <i>Conversation Triggers for Bipolar Episodes</i>	Clinical
	<b>A2:</b> Amanda Matthew – <i>Final Hours</i>	Clinical Social/Spiritual
	<b>A3:</b> Nina Redl – <i>End of Life Care for People of No Faith</i>	Social/Spiritual
	<b>A4:</b> Jacob Dahlke – <i>Values, Morals, and Ethics at the End of Life</i>	Social/Spiritual
9:00 - 9:15 AM	BREAK	
9:15 - 10:15 AM	<b>B1:</b> Katy Bagniewski – <i>Telling a Values-Based Story: Communication and Marketing Tips for Hospice and Palliative Care in the Digital Age</i>	Other
	<b>B2:</b> Michelle Huber, PharmD, BCGP – <i>Palliative Sedation: Relieve Suffering and Do No Harm</i>	Clinical Social/Spiritual
	<b>B3:</b> Meghann Weaver, MD, MPH, FAAP; Nicole Walker – <i>Beyond Fairy Tale Endings: A Role for Children's Storybooks as Legacy Tools to Help Children and Adults Prepare for and Process Death</i>	Clinical Social/Spiritual
	<b>B4:</b> Ashlee Fish – <i>How to Be Your Best Advocate</i>	Other
10:15 - 10:45 AM	BREAK	
10:45 - 11:15 AM	Heath Boddy – <i>Welcome, Membership Meeting</i>	
11:15 AM - 12:15 PM	Melissa Ring, MSN, RN – <i>KEYNOTE: Regulatory Review and Updates</i>	
12:15 - 1:15 PM	LUNCH	
1:15 - 2:15 PM	<b>C1:</b> Lily Chang, PharmD, BCPS, CDE; Rebecca Wester, MD; Robyn Colan, RN – <i>Pour Me Another Beers List: Deprescribing in Hospice and Palliative Care</i>	Clinical
	<b>C2:</b> Amanda Mathew – <i>Fall Prevention and Management</i>	Clinical
	<b>C3:</b> Todd Sauer, MD – <i>Navigating Through End of Life Possibilities</i>	Social/Spiritual
	<b>C4:</b> Melissa Ring, MSN, RN – <i>Primary Care First and Serious Illness Population Models</i>	Other
2:15 - 2:45 PM	BREAK	
2:45 - 3:45 PM	<b>D1:</b> Melinda Burnett, MD – <i>Palliative Care in Parkinson's Disease</i>	Clinical
	<b>D2:</b> Brenda Vander Tuig, APRN; Rebecca Wester, MD – <i>Yelling and Biting and Tears, Oh My! Practical Approaches to Behaviors in Dementia</i>	Clinical
	<b>D3:</b> Pam Dinneen, LMHP, FT; Carly Woythaler-Runestad, MHA – <i>The Forgotten Mourners: Supporting Children in Grief</i>	Social/Spiritual
	<b>D4:</b> Melissa Ring, MSN, RN – <i>OIG and Program Integrity</i>	Other
3:45 - 4:00 PM	BREAK	
4:00 - 5:00 PM	Amy Dee, RN – <i>KEYNOTE: The Science of Sanity: Thriving, Challenge, and Change in Today's Busy Health Care World</i>	
5:00 PM	ADJOURN	
7:30 - 9:30 PM	MICHAEL LONDRA AND THE CELTIC FIRE AT THE LIED CENTER – <i>Separate Ticket Required</i>	



# SCHEDULE AT A GLANCE

## WEDNESDAY, MARCH 18, 2020

TIME	FUNCTION	TRACK
7:00 AM - 4:00 PM	REGISTRATION	
7:00 AM - 2:15 PM	NHPCA RAFFLE AND SILENT AUCTION	
8:00 - 9:00 AM	<b>E1:</b> Ally Dering-Anderson, BA, PharmD, RP, FAPhA – <i>What Does Cannabidiol Do?</i>	Clinical
	<b>E2:</b> Lauren Kreuzberg – <i>A Qualitative Analysis of the Barriers Faced by Nursing Assistants and Medication Aides in the Care of Dysphagia Patients</i>	Clinical
	<b>E3:</b> Erin Putney, MSN – <i>Emotional Intelligence (EQ) Applied to Death and Cares: Managing the Room and Yourself</i>	Social/Spiritual
	<b>E4:</b> Amy McCae – <i>Mindfulness for Compassion Fatigue</i>	Other
9:00 - 9:15 AM	BREAK	
9:15 - 10:15 AM	<b>F1:</b> Deborah Conley, MSN, APRN-CNS; Laurie O'Byrne, BSN, MSHCA – <i>Becoming an Age-Friendly Health System</i>	Clinical
	<b>F2:</b> Bob Bleicher, MD – <i>Management of the Patient with End-Stage Pulmonary Disease</i>	Clinical
	<b>F3:</b> Jessica Sturgeon, MT-BC – <i>Bringing Music Therapy to the IDG Table: Development, Implementation, and Use</i>	Clinical Social/Spiritual
	<b>F4:</b> Julie Masters, PhD – <i>The State of End-of-Life Planning: Suggestions for Next Steps</i>	Other
10:15 - 10:30 AM	BREAK	
10:30 - 11:30 AM	<b>G1:</b> Ally Dering-Anderson, BA, PharmD, RP, FAPhA – <i>Insomnia at the End of Life and In Those Caring for Patients at the End of Life</i>	Clinical
	<b>G2:</b> Joan Junkin, RN, MSN – <i>Lower Extremity Wound Challenges and Solutions</i>	Clinical
	<b>G3:</b> Martin Thurber – <i>Total Pain: A Review of Spiritual and Emotional Pain</i>	Social/Spiritual
	<b>G4:</b> Joe Chavis – <i>Signs and Symptoms of Alcohol and/or Drug Abuse in the Workplace</i>	Other
11:30 AM - 1:00 PM	AWARDS LUNCHEON	
1:00 - 2:00 PM	<b>H1:</b> Abbie Widger, JD – <i>Advance Directives, Power of Attorney, Estate Planning</i>	Social/Spiritual
	<b>H2:</b> Joan Junkin, RN, MSN – <i>Troubleshooting for Ostomies</i>	Clinical
	<b>H3:</b> Daniel Wik, MD – <i>Prescription Cannabinoids</i>	Clinical
	<b>H4:</b> Geri Hepp, MA, CSW; Shari Lagemann, BSW – <i>Providing Psychosocial and Spiritual Support at the End of Life</i>	Social/Spiritual
2:00 - 2:15 PM	BREAK	
2:15 - 3:15 PM	<b>I1:</b> Dan Morrow, PharmD – <i>Delirium, Depression, and Anxiety at the End of Life</i>	Clinical
	<b>I2:</b> Cameo Rogers, CTRS, CDP, CDCM, CADDCT, CDSGF – <i>Supportive Communication Strategies for Individuals with Dementia</i>	Clinical
	<b>I3:</b> Ally Dering-Anderson BA, PharmD, RP, FAPhA – <i>Restrictions and Allowances for Opiate and Pain Prescribing and Dispensing</i>	Clinical
	<b>I4:</b> Stephanie Feltus, MS, RDN, LMNT, LD – <i>Eating Healthy On the Go</i>	Other
3:15 - 3:30 PM	BREAK; NHPCA RAFFLE AND SILENT AUCTION WINNERS ANNOUNCED	
3:30 - 4:30 PM	Jessica Sturgeon, MT-BC – <i>KEYNOTE: Songs for the Heart: Music Therapy for Patients and Caregivers</i>	
4:30 PM	ADJOURN	

# TUESDAY | MARCH 17 | SCHEDULE DETAILS

7:00 AM - 4:30 PM

## TRADE SHOW

7:15 AM - 5:00 PM

## REGISTRATION

7:15 AM - 5:00 PM

## NHPCA RAFFLE AND SILENT AUCTION

8:00 AM - 9:00 AM

## CONCURRENT SESSIONS

C

### A1: Conversation Triggers for Bipolar Episodes

Connie Knorr, BSN, RN, Director of Professional Development, Nebraska Health Care Association, Lincoln, Nebraska

A total of 2.3 million Americans are diagnosed with bipolar disorder. Therapeutic and thoughtful communication can prevent or elevate negative outcomes with patients, family members, or team members with a mental illness. This session explores definitions, ineffective and effective methods of communication, mental health stigma, and treatments for bipolar disorder.

C

S/S

### A2: Final Hours

Amanda Matthew, Hospice Clinical Manager, Visiting Nurse Association, Omaha, Nebraska

This session is part of the ELNEC (End of Life Nurse Education Consortium) course of study. This module focuses on care at the actual time of death, emphasizing the preparation necessary to ensure the best care at this critical event in the trajectory of illness.

S/S

### A3: End of Life Care for People of No Faith (Atheist, Agnostic, Secular, Humanist)

Nina Redl, Chaplain, Bryan Medical Center East, Lincoln, Nebraska

This presentation will look at how to approach people with no faith background during their end of life experience. People of no religion have different but not completely dissimilar needs at the end of life in comparison to people of faith. We will explore spirituality as a process and concept that is not identical to religion (but has religion as one element) and thus applies to all human beings on a transpersonal, transcendent, and interpersonal level (even without the concept of a deity). We will approach end-of-life interactions that contain elements such as meaning making, legacy making, forgiveness, reconciliation, and life review as they pertain to people of no faith.

S/S

### A4: Values, Morals, and Ethics at the End of Life

Jacob Dahlke, Director, Office of Healthcare Ethics, Nebraska Medicine, Omaha, Nebraska

This session is a discussion-based presentation on the distinction and intersection of values, morals, and ethics as they exist within health care settings, and specifically at the end of life.

9:00 AM - 9:15 AM

## BREAK

9:15 AM - 10:15 AM

## CONCURRENT SESSIONS

O

### B1: Telling a Values-Based Story: Communication and Marketing Tips for Hospice and Palliative Care in the Digital Age

Katy Bagniewski, Membership and Marketing Coordinator, Nebraska Health Care Association, Lincoln, Nebraska

With the introduction of the digital age and a generational shift in values, storytelling is gaining traction as a values-based approach to marketing for businesses and organizations. This session will focus on leveraging storytelling as a hospice and/or palliative care provider to increase engagement, brand recognition, and admissions. Attendees will explore how to develop and promote an effective story; maximize social media, digital marketing, and e-communications; create a values-based storytelling strategy; and leverage NHPCA resources, such as the Hospice Lets Me Be campaign.

C

S/S

### B2: Palliative Sedation: Relieve Suffering and Do No Harm

Michelle Huber, PharmD, BCGP, Clinical Pharmacist, Hospice of Siouxland, Sioux City, Iowa

Health care providers have a responsibility to do no harm and to relieve suffering. This is true with any aspect of medical treatment and holds true in palliative and hospice care. What are the options to manage those patients who are refractory to all other treatments? This session will discuss the facts and myths associated with palliative sedation and available treatment options in the most difficult of cases.

## SHARE YOUR STORY

NHPCA is seeking individuals interested in sharing their hospice or palliative care experience as part of Combined Health Agencies Drive (CHAD) workplace giving campaigns in your community's businesses. These stories inspire Nebraskans in the workplace to give to CHAD, thereby benefitting NHPCA and Nebraska's hospice and palliative care profession.

Contact [Marketing@nehca.org](mailto:Marketing@nehca.org) for more information.

## EDUCATION TRACKS:

C Clinical

S/S Social/Spiritual

O Other

**C S/S**

## **B3: Beyond Fairy Tale Endings: A Role for Children's Storybooks as Legacy Tools to Help Children and Adults Prepare for and Process Death**

Meaghann Weaver, MD, MPH, FAAP, Chief, Division of Pediatric Palliative Care, Children's Hospital and Medical Center, Omaha, Nebraska

Nicole Walker, Lead Child Life Specialist, Children's Hospital and Medical Center, Omaha, Nebraska

Children's storybooks have the potential to facilitate communication for children living with a serious illness and for children coping with the death of a loved one. Bibliotherapy stands as a meaningful, gentle, and yet under-utilized communication tool to facilitate open, safe dialogue. Storybooks will be introduced in a practical, tangible format to review how to help children to address physical changes; communicate their fears, worries, hopes; and safe ways to say good-bye while reassuring they will be remembered. Together, the group will translate children's storybook content into facilitated communication in a reflective, interactive process using real-life case examples. Through the calming images and shared wisdom of storybooks, attendees will be exposed to companionate protagonists who brave uncertainty, who face loneliness and loss, and who garner perspective during progression through a full spectrum of feelings.

**O**

## **B4: How to Be Your Best Advocate**

Ashlee Fish, Advocacy Coordinator, Nebraska Health Care Association, Lincoln, Nebraska

During this session attendees will learn about the ins and outs of the Nebraska Legislature, why advocating for hospice and palliative care is so important, and how to get involved.

**10:15 AM - 10:45 AM**

## **BREAK**

**10:45 AM - 12:15 PM**

## **WELCOME, MEMBERSHIP MEETING, KEYNOTE**

### **Welcome and Membership Meeting**

Heath Boddy, BA, NHA, President and CEO, Nebraska Health Care Association, Lincoln, Nebraska

### **Regulatory Review and Updates**

Melissa Ring, MSN, RN, Director, Regulatory and Compliance, National Hospice and Palliative Care Organization, Alexandria, Virginia

This session will review the past year's and most recent regulatory updates, including CMS rationale. We will discuss requirements and the impact on hospice.

**12:15 PM - 1:15 PM**

## **LUNCH**

**1:15 PM - 2:15 PM**

## **CONCURRENT SESSIONS**

**C**

### **C1: Pour Me Another Beers List: Deprescribing in Hospice and Palliative Care**

Lily Chang, PharmD, BCPS, CDE, College of Pharmacy, University of Nebraska Medical Center, Omaha, Nebraska

Rebecca Wester, MD, College of Medicine, University of Nebraska Medical Center, Omaha, Nebraska

Robyn Colan, RN, Case Manager, Endless Journey Hospice, Omaha, Nebraska

Polypharmacy is common in the geriatric population and the Beers List is used as an effective tool to identify red flags that might require monitoring or intervention relating to prescription medications. This presentation will equip front-line hospice team members with the knowledge and confidence to discuss with clients and family discontinuation of medications used for the management of chronic diseases. The discussion will address safe deprescribing practices, including alternative medication options as appropriate for hospice and palliative care clients.

**C**

### **C2: Fall Prevention and Management**

Amanda Matthew, Hospice Clinical Manager, Visiting Nurse Association, Omaha, Nebraska

In this session we will review patients at a high risk of falls and cause for falls. We will address mitigation of risk. We will discuss the need for collaboration among the interdisciplinary team. We will review the interventions available to promote safety in patients at the end of life while preserving independence and dignity.

**S/S**

### **C3: Navigating Through End of Life Possibilities**

Todd Sauer, MD, Hospice Medical Director, Visiting Nurse Association of the Midlands, Omaha, Nebraska

After attending this session, participants will understand the challenges of effective communication, especially difficult news. We will introduce and review an effective, structured model for breaking bad news. This session is geared to all members of the care team. This presentation will improve communication in all areas of your work and life.

**O**

### **C4: Primary Care First (PCF) and Serious Illness Population (SIP) Models**

Melissa Ring, MSN, RN, Director, Regulatory and Compliance, National Hospice and Palliative Care Organization, Alexandria, Virginia

This presentation will provide participants an overview of PCF and SIP. Information will include: definitions of both models, practice participation requirements and patient eligibility, examples of payments for the models, NHPCO involvement and support, and actions for hospices.

*(schedule details continued on next page)*

## TUESDAY | MARCH 17 | SCHEDULE DETAILS

2:15 PM - 2:45 PM

### BREAK

2:45 PM - 3:45 PM

### CONCURRENT SESSIONS

C

#### D1: Palliative Care in Parkinson's Disease

Melinda Burnett, MD, Assistant Professor, Creighton University School of Medicine, Neurologist, CHI Immanuel Neurological Institute, Omaha, Nebraska

This session will cover the issues influencing palliative care decisions in those with degenerative neurological disease. Attendees will learn how to decide if patients with Parkinson's are candidates for palliative care. Palliative treatments for those with Parkinson's Disease will also be covered.

C

#### D2: Yelling and Biting and Tears, Oh My! Practical Approaches to Behaviors in Dementia

Brenda Vander Tuig, APRN, Wellness Specialist, HOMAHA Senior Care, LLC, Omaha, Nebraska

Rebecca Wester, MD, College of Medicine, University of Nebraska Medical Center, Omaha, Nebraska

Ninety percent of individuals with dementia have behaviors that impact the ability to provide cares and meet their needs. Comfort medications are effective during the dying process but what can be done when behaviors limit the ability to provide necessary personal care or treatments? This presentation will differentiate normal behaviors of dementia from behaviors caused by other conditions. Symptom-based interventions will be discussed. Haldol is rarely the answer and the regulatory considerations of comfort medications and antipsychotic use in Skilled Nursing Facilities will be discussed.

S/S

#### D3: The Forgotten Mourners: Supporting Children in Grief

Pam Dinneen, LMHP, FT, Clinical Operations Director, Mourning Hope Grief Center, Lincoln, Nebraska

Carly Woythaler-Runestad, MHA, Executive Director, Mourning Hope Grief Center, Lincoln, Nebraska

Families frequently attempt to protect children from the harsh realities of death. Caregivers, oftentimes overwhelmed with their own role and personal grief, may not have the energy to involve their children in this process. No matter the circumstances, children often become the "forgotten mourners," excluded from what can be a truly healing experience. This workshop will offer tips and suggestions on how to create a safe, nurturing environment where children can be included in the dying process, assist them in understanding death at their own developmental level, and discover ways to help children make memories with their loved one.

O

#### D4: OIG and Program Integrity

Melissa Ring, MSN, RN, Director, Regulatory and Compliance, National Hospice and Palliative Care Organization, Alexandria, Virginia

In 2019, the OIG issued reports related to quality and patient harm in hospice. The reports cited common survey deficiencies, complaints, characteristics of poor performers, and made recommendations to CMS. Participants will learn about the contents of these reports. They will also learn how to assess their agency's risk, and determine areas for improvement.

3:45 PM - 4:00 PM

### BREAK

4:00 PM - 5:00 PM

### KEYNOTE

#### The Science of Sanity: Thriving, Challenge, and Change in Today's Busy Health Care World

Amy Dee, RN, Motivational Humorist Speaker, Amy Dee, Inc., Saint Cloud, Minnesota

Motivational speaker, Amy Dee, turns advanced behavioral science into practical "retrain your brain" techniques for keeping negative thoughts from creating crazy-toxic emotions and situations at home and at work. From interacting with difficult patients and coworkers to coping with the epidemic overload of paperwork, processes and long for using humor to reveal our profound power to stay sane by making small, personal choices each day that wind up changing... everything! She will also discuss the compassion fatigue many health care workers experience and how to take responsibility for us to see our actions clearly so we can change the progress toward our goals.

5:00 PM

### ADJOURN

7:30 PM - 9:30 PM

#### SPECIAL DISCOUNTED EVENT FOR ATTENDEES!

##### Michael Londra and the Celtic Fire

Lied Center for Performing Arts, Main Stage  
301 N 12th Street, Lincoln, Nebraska, 68508

Irish singing sensation Michael Londra and his dazzling cast of *Riverdance* and *Lord of the Dance* alums perform a lively evening of traditional Irish music and step dancing. Backed by an ensemble of Ireland's finest musicians, Michael Londra and the Celtic Fire promise an electric St. Patrick's Day celebration straight from the heart of the Emerald Isle.

NHPCA has secured a group of discounted tickets available for sale to attendees. Contact [Marketing@nehca.org](mailto:Marketing@nehca.org) for more information or to purchase.

EDUCATION TRACKS:

C Clinical

S/S Social/Spiritual

O Other

**7:00 AM - 4:00 PM**

## REGISTRATION

**7:00 AM - 2:15 PM**

## NHPCA RAFFLE AND SILENT AUCTION

**8:00 AM - 9:00 AM**

## CONCURRENT SESSIONS



### E1: What Does Cannabidiol (CBD) Do?

Ally Dering-Anderson, BA, PharmD, RP, FAPhA, University of Nebraska College of Pharmacy, Omaha, Nebraska

Patients and families are worried about the opiate crisis and they are searching for alternatives. Recent press about CBD makes it seem a panacea for many of the conditions seen in hospice settings. Does it really help? What exactly does it do? This program will focus on the pharmacology and the therapeutic evidence for this cannabinoid. It will also address those claims with no evidence and a variety of legal statements from Nebraska's Attorney General and the FDA.



### E2: A Qualitative Analysis of the Barriers Faced by Nursing Assistants and Medication Aides in the Care of Dysphagia Patients

Lauren Kreuzberg, Honors Program Senior, University of Nebraska-Lincoln, Lincoln, Nebraska

As the number of older adults in our country continues to rise, it is imperative to work to enhance and maintain the dignity and life satisfaction of dysphagia patients. Without strong support from aides, dysphagia patients are much more likely to suffer from dehydration and malnutrition. This session presents findings from a qualitative study of the experiences of aides and the challenges they face with feeding persons with dysphagia along with suggestions for improving their training and experience.



### E3: Emotional Intelligence (EQ) Applied to Death and Cares: Managing the Room and Yourself

Erin Putney, MSN, Instructor, Nursing Faculty, Southeast Community College, Lincoln, Nebraska

There is a leader in everyone, from leaders of companies to leaders in the room. In this session, the participant will explore the leadership model of emotional intelligence to strengthen their ability to manage and adapt to the environment. Frequently in EOL, the environment is emotionally tense creating challenges for those working in it. EQ helps find ways to manage and empower while strengthening relationships.



### E4: Mindfulness for Compassion Fatigue

Amy McCae, Certified Life Coach, Mindfulness Meditation Teacher, CEO, Creative Wellness, Omaha, Nebraska

Recharge and refocus through mindfulness-based practices. Participants will gain an understanding of what mindfulness is, the neuroscience and physiology, experience and learn practices that can easily be used anytime and anywhere to support well-being.

**9:00 AM - 9:15 AM**

## BREAK

**9:15 AM - 10:15 AM**

## CONCURRENT SESSIONS



### F1: Becoming an Age-Friendly Health System

Deborah Conley, MSN, APRN-CNS, Service Executive, Geriatrics, Nebraska Methodist Hospital, Omaha, Nebraska

Laurie O'Byrne, BSN, MSHCA, Administrator, Population Health and Patient Experience, Methodist Physicians Clinic, Omaha, Nebraska

The United States population is aging. Health systems are not prepared for this complexity, and older adults suffer a disproportionate amount of harm while in the care of the health system. To address these challenges, in 2017, The John A. Hartford Foundation and the Institute for Healthcare Improvement and partners asset a bold vision to build a social movement so that all care with older adults is Age-Friendly. Age-Friendly care follows an essential set of evidence-based practices (4Ms); causes no harm; and aligns with what matters to the older adults and their caregivers. This is especially important when discussing advance care planning and end-of-life decisions. The presentation will provide how Methodist Health System is becoming Age-Friendly and how other organizations can join the movement.



### F2: Management of the Patient with End-Stage Pulmonary Disease

Bob Bleicher, MD, Medical Director, HoriSun Hospice, Lincoln, Nebraska

This session will give an overview of the many types of lung disease symptoms of the pulmonary patient treatment modalities available to the hospice team. Social and economic costs of chronic lung disease will also be covered.

*(schedule details continued on next page)*



## CONCURRENT SESSIONS, CONTINUED

### C S/S

#### F3: Bringing Music Therapy to the IDG Table: Development, Implementation, and Use

Jessica Sturgeon, MT-BC, Pediatric Music Therapist, Treasure Coast Hospice, and Hospice and Palliative Care Music Therapist, Seasons Hospice, Fort Pierce, Florida

The use of music therapy in hospice and palliative care continues to grow nationally; however, many organizations continue to have questions on the use of music therapy as part of the interdisciplinary group. As an evidence-based field, music therapy has the ability to address physical, emotional, cognitive, social, and spiritual goals while also providing financial and marketing benefits to existing hospice and palliative care programs. This presentation will provide education about music therapy and music therapy interventions, description on potential benefits of the inclusion of music therapy, and in-depth case examples on the use of music therapy with adults and pediatrics at end of life from referral to discharge.

### O

#### F4: The State of End-of-Life Planning: Suggestions for Next Steps

Julie Masters, PhD, Professor and Chair, Terry Haney Chair of Gerontology, University of Nebraska Omaha, Omaha, Nebraska

The purpose of this session is to provide an update on end-of-life planning research and how a new direction may be in order to encourage people to engage in this important decision making process. Data from the Nebraska Hospice and Palliative Care Association surveys will be included. Suggestions for next steps will be offered as part of this presentation.

10:15 AM - 10:30 AM

## BREAK

10:30 AM - 11:30 AM

## CONCURRENT SESSIONS

### C

#### G1: Insomnia at the End of Life and In Those Caring for Patients at the End of Life

Ally Dering-Anderson, BA, PharmD, RP, FAPhA, University of Nebraska College of Pharmacy, Omaha, Nebraska

There are several ways to deal with insomnia – pharmaceutical and non-pharmaceutical. This program will focus on the causes of insomnia and reasonable pharmacologic therapies for all patients. Those at the end of life are often treated differently than those who are not at that stage. The reasons for this variation will be addressed.

### C

#### G2: Lower Extremity Wound Challenges and Solutions

Joan Junkin, RN, MSN, Wound Educator and Consultant, The Healing Touch, Inc., Lincoln, Nebraska

Impaired circulation and bone deformities make lower extremity wounds difficult to heal. Add the fact that recommended interventions are often rejected and you have a challenge. We will cover evaluation and treatment of arterial, pressure related, edema related, and neuropathic wounds of the lower leg, ankle, and foot including products old and new that help us with healing.

### S/S

#### G3: Total Pain: A Review of Spiritual and Emotional Pain

Martin Thurber, Spiritual Care Coordinator, Chaplain, Tabitha Health Care, Lincoln, Nebraska

This session will be a review of Dame Cicely Saunders concept of Total Pain including physical pain, spiritual pain, and emotional pain. We will also discuss Moral Injury and Soul Injury in Veterans.

### O

#### G4: Signs and Symptoms of Alcohol and/or Drug Abuse in the Workplace

Joe Chavis, Director, Driving and Behavior Programs, National Safety Council, Lincoln, Nebraska

This presentation will explore how abusing alcohol and/or drugs by employees negatively impacts the safety, health, and well-being of the workplace and workforce. The signs and symptoms of abuse and how to help a co-worker who abuses substances will also be explored.

11:30 AM - 1:00 PM

## AWARDS LUNCHEON

Special Guest, Senator Mark Kolterman, District 24, Seward, Nebraska

NHPCA will honor the Shining Star Award recipient, the Spirit of Hospice Award recipient, and outstanding hospice volunteers at the 2020 awards luncheon.

Nominations for the Shining Star Award and the Spirit of Hospice Award close **Feb. 14, 2020**.

Volunteer Coordinators will be contacted with information on recognizing exemplary hospice volunteers.

Details can be found at [nehospice.org/page/2020awards](https://nehospice.org/page/2020awards). Contact [Marketing@nehca.org](mailto:Marketing@nehca.org) for more information.

1:00 PM - 2:00 PM

## CONCURRENT SESSIONS

**S/S**

### H1: Advance Directives, Power of Attorney, Estate Planning

Abbie Widger, JD, Attorney, Johnson Flodman Guenzel & Widger Law Firm, Lincoln, Nebraska

Session description coming soon.

**C**

### H2: Troubleshooting for Ostomies

Joan Junkin, RN, MSN, Wound Educator and Consultant, The Healing Touch, Inc., Lincoln, Nebraska

It's all about keeping a seal when assisting a client with an ostomy or a wound with high exudate or a fistula. An intact seal makes all the difference in skin health, quality of life, and the number of night-time phone calls for help. Knowing how to troubleshoot and which product to use will improve your practice and your client's well-being.

**C**

### H3: Prescription Cannabinoids

Daniel Wik, MD, CEO, MYPAINDOC, PC, Norfolk, Nebraska

This session will cover the hottest molecule in pain management. The three legal forms of prescription cannabinoids in Nebraska will be covered.

**S/S**

### H4: Providing Psychosocial and Spiritual Support at the End of Life

Geri Hepp, MA, CSW, Social Worker, AseraCare Hospice, Lincoln, Nebraska

Shari Lagemann, BSW, Chaplain, AseraCare Hospice, Lincoln, Nebraska

This session will explain the challenges that many hospice patients, their families, and caregivers face as they prepare for the end of life. Geri Hepp and Shari Lagemann will highlight the psychosocial and spiritual needs of special populations (veterans, adults with intellectual disabilities, previously incarcerated individuals, and individuals with little or no support systems). Participants will understand how psychosocial and spiritual support benefit hospice patients, their families, and caregivers and assists them in preparing for the end of life.

2:00 PM - 2:15 PM

## BREAK

2:15 PM - 3:15 PM

## CONCURRENT SESSIONS

**C**

### I1: Delirium, Depression, and Anxiety at End of Life

Dan Morrow, PharmD, Clinical Manager, Enclara Pharmacia, Philadelphia, Pennsylvania

Delirium, depression, and anxiety are three of the most common clinical conditions in palliative care settings for which psychiatrists have unique expertise. Despite early recognition that psychological issues affect the well-being of palliative care patients, early models of hospice care did not include psychiatrists. Palliative care psychiatry is an emerging field from which other clinicians could learn and emulate. This presentation will provide the tools for comparing and contrasting delirium, depression, and anxiety presentations as well as the approach to palliative care for each of these conditions as recommended by palliative care psychiatry experts.

**C**

### I2: Supportive Communication Strategies for Individuals with Dementia

Cameo Rogers, CTRS, CDP, CDCM, CADDCT, CDSGF, Corporate Life Enrichment Manager, Immanuel Communities, Omaha, Nebraska

Serving individuals with dementia requires a different set of skills for communication and engagement. There is a specific set of strategies that are evidence-based to promote greater levels of understanding, independence, and connection. Non-verbal skills like gestures, facial expressions, and body language, when paired with proper vocal techniques, evidence-based interventions like music, photos, or props, and purpose-driven activities create a more supportive and peaceful environment for caregivers and those receiving care. This session will provide practical tips, hands-on learning, and relatable stories for takeaways that can be implemented right away.

**C**

### I3: Restrictions and Allowances for Opiate and Pain Prescribing and Dispensing

Ally Dering-Anderson, BA, PharmD, RP, FAPhA, University of Nebraska College of Pharmacy, Omaha, Nebraska

The United States' opiate crisis has caused a variety of new laws and regulations concerning the dispensing and prescribing of pain therapies. Do any of these cause concern in hospice? Are there allowances for this population? How can front-line caregivers help patients and families negotiate these new rules? This program will focus on practical methods to treat patients and meet the regulations too.

(schedule details continued on next page)



## 14: Eating Healthy on the Go

Stephanie Feltus, MS, RDN, LMNT, LD, EZ Nutrition Consulting, PC, Long-Term Care Consultant, Columbus, Nebraska

Health care providers on the go often struggle with self-care, especially eating healthy. In this session, you will learn how to make healthy food choices when you are short on time and have a hectic lifestyle. The key is to plan ahead and be prepared.

**3:15 PM - 3:30 PM**

## BREAK

## NHPCA RAFFLE AND SILENT AUCTION WINNERS ANNOUNCED

**3:30 PM - 4:30 PM**

## KEYNOTE

### Songs for the Heart: Music Therapy for Patients and Caregivers

Jessica Sturgeon, MT-BC, Pediatric Music Therapist, Treasure Coast Hospice, and Hospice and Palliative Care Music Therapist, Seasons Hospice, Fort Pierce, Florida

Compassion fatigue and burn-out are two phrases utilized frequently as warnings for caregivers and interdisciplinary group members in hospice and palliative care. How do you prevent these and yet maintain the often high expectations and caseload required in this field? How can we be better at practicing what we preach? Music therapy, an evidence-based field, is a growing modality in our field that has the potential to reflect and re-energize patients and caregivers (including you!). This keynote will explore how music therapy techniques can support both physical, emotional, and spiritual health during periods of high stress, anxiety, and burn-out.

**4:30 PM**

## ADJOURN

## SCHOLARSHIPS AVAILABLE

### APPLICATIONS DUE FEB. 14

The Nebraska Hospice and Palliative Care Association is accepting applications for scholarships to attend the NHPCA "Living a Good Life...at the End of Life" Annual Conference, March. 17-18, 2020, in Lincoln.

NHPCA will award seven one-day scholarships for qualified individuals in the following disciplines:

- **Nursing** (two scholarships)
- **Chaplain** (one scholarship)
- **Social Work** (one scholarship)
- **Volunteer Coordinator** (one scholarship)
- **Bereavement Coordinator** (one scholarship)
- **Hospice Aide** (one scholarship)

Completed applications and recommendation forms must be submitted to NHPCA by **Feb. 14, 2020**.

Scholarship recipients will be notified via email and will be recognized at the NHPCA Awards Luncheon on Wednesday, March 18, 2020.

NHPCA conference scholarships are funded by the Galen Miller Memorial Education Fund, which was established by NHPCA in memory of Galen Miller, late executive vice president of the National Hospice and Palliative Care Organization. The scholarship fund honors Dr. Miller's passion for hospice and end-of-life care by providing scholarships to hospice and palliative care professionals in Nebraska.

Details can be found at [nehospice.org/page/2020awards](http://nehospice.org/page/2020awards).

Contact [Marketing@nehca.org](mailto:Marketing@nehca.org) for more information.

**register online at [nehospice.org/page/2020conference](http://nehospice.org/page/2020conference)**

## SPONSORSHIPS AVAILABLE!

Multiple sponsorship opportunities allow your business to support the 2020 NHPCA Annual Conference and put your products and services directly before hospice and palliative care members from across the state.

Contact [Marketing@nehca.org](mailto:Marketing@nehca.org) for more information.

## STAY CONNECTED WITH NHPCA

Follow NHPCA on Facebook, Twitter, and Instagram for updates on the 2020 Annual Conference, as well as the latest news on hospice and palliative care in Nebraska and throughout the United States.

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**Instagram**  
[@NebraskaHealth](https://www.instagram.com/NebraskaHealth)

## LIVING A GOOD LIFE...AT THE END OF LIFE | NHPCA ANNUAL CONFERENCE | MARCH 17-18, 2020

Name \_\_\_\_\_  
 Title \_\_\_\_\_ Credentials \_\_\_\_\_  
 Organization \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Fax \_\_\_\_\_  
 Email \_\_\_\_\_ All Nurses: Nursing License # \_\_\_\_\_

By participating in this activity, you grant NHPCA the right to release your contact information to the sponsors/commercial interest organizations. If you do not wish to have your name, mailing address, and email address released, please check the box below.

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If you require special accommodations, please attach a written description of your needs.  
 If you have special dietary restrictions or requests, notify us at least five days prior to the event.

### 1. Select which continuing education you require:

☐ Nursing ☐ Nursing Home Administrator ☐ Social Work/LMHP

### 2. Circle the appropriate registration fee:

	Member on/before March 3	Member after March 3	*Non-Member on/before March 3	*Non-Member after March 3
Full Conference Registration Both Days: March 17-18	\$290	\$340	\$580	\$630
Daily Registration: Tuesday, March 17	\$175	\$200	\$350	\$375
Daily Registration: Wednesday, March 18	\$175	\$200	\$350	\$375
Awards Luncheon Only: Wednesday, March 18	\$50	\$50	\$50	\$50

### NHPCA PAYMENT INFORMATION:

**Membership Status:** ☐ **Member** (NNFA, NALA, or NHPCA) ☐ **Non-Member**

**Billing Information:** ☒ **Credit Card** ☐ **Check Enclosed** ☐ **Cash**

Cardholder's Name (PRINT) \_\_\_\_\_  
 Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVC# \_\_\_\_\_  
 Cardholder's Billing Address, City, State, Zip \_\_\_\_\_  
 \_\_\_\_\_  
 Cardholder's Email \_\_\_\_\_  
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 Signature \_\_\_\_\_  
 Your signature on the line above will authorize this transaction. ↑

### TOTAL REGISTRATION FEES:

Registration Fee..... \$ \_\_\_\_\_

Awards Banquet Tickets:  
 # \_\_\_\_\_ x \$50 = .. \$ \_\_\_\_\_

Total Payment..... \$ \_\_\_\_\_

Send completed form  
 and payment to:  
 NHPCA, 1200 Libra Dr Ste 100  
 Lincoln NE 68512

**or register online at**  
**nehospice.org**

**Full Conference Registration:** Includes both days of education (March 17 and 18, 2020), breaks, Tuesday lunch, Wednesday awards luncheon, admission to the trade show, and annual membership meeting.

**Daily Registration:** Registration on a per-day basis for Tuesday, March 17, or Wednesday, March 18, 2020. Daily registration includes all education sessions, lunch, and breaks. Tuesday registration includes the annual membership meeting and admission to the trade show. Wednesday registration includes the awards luncheon.

**Awards Luncheon Tickets:** The awards luncheon is included with full and Wednesday conference registrations. Non-conference attendees and Tuesday daily registrants planning to attend the awards luncheon must purchase a ticket.

For information on becoming a member, call 402-477-0204.

Additional registration information and the cancellation policy are provided on the back side of this form.

# REGISTRATION INFORMATION

**SUBSTITUTIONS:** Individuals registered for one day may send a substitute for the day for which they are registered. A one-day registration cannot be split among multiple individuals. Substitutions are not accepted once the user has checked in. Multi-day registrations are for a single person and cannot be shared or split. Substitutions are not accepted on multi-day registrations once the user has checked in.

**CANCELLATION POLICY:** Cancellations received by the NHPCA office on or before March 10 are eligible for a registration fee credit or refund minus a \$15 per registrant per day service charge. Cancellations must have been phoned, faxed, or postmarked on or before March 10. There will be no refunds after March 10, except for the following reasons:

1. A full refund will be granted for a registrant in the case of a death in the registrant's immediate family. Immediate family is defined and limited to mother, father, spouse, brother, sister, or child. A written request for a refund explaining the reason is required before a refund is granted.
2. If attendance at an education event is interrupted by a survey or inspection, a registration refund can be issued for the unused portion of the event. If you are unable to attend an event because of a survey or inspection, a full refund can be issued. Written requests for refunds due to survey/inspection and written proof of the survey/inspection are required within 30 days of the event's start date.

## 2020 NHPCA AWARDS | NOMINATIONS DUE FEB. 14

The Nebraska Hospice and Palliative Care Association is accepting nominations for the 2020 NHPCA Awards.

### Shining Star Award

The Shining Star Award recognizes an individual, group, or organization that has illustrated outstanding leadership in the promotion of end-of-life services, raised awareness on end-of-life issues, developed a new program, or developed or completed outstanding work in an end-of-life coalition.

### Spirit of Hospice Award

The Spirit of Hospice Award recognizes true commitment and outstanding dedication to the hospice philosophy of care. Nominees should have promoted quality hospice care over the last year. They should display openness to the needs of all they have cared for, reverencing the dignity of diversity.

### Outstanding Hospice Volunteer Recognition

The volunteer recognition program honors exemplary volunteers from Nebraska's hospice programs.

Nominations for the Shining Star Award and the Spirit of Hospice Award close **Feb. 14, 2020**. Volunteer Coordinators will be contacted with information on recognizing exemplary hospice volunteers.

Award recipients will be notified via email and will be recognized at the NHPCA Awards Luncheon on Wednesday, March 18, 2020.

Details can be found at [nehospice.org/page/2020awards](https://nehospice.org/page/2020awards).

Contact [Marketing@nehca.org](mailto:Marketing@nehca.org) for more information.



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# CONFERENCE 2020

**MARCH 17-18 | LINCOLN**

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