

Medication Management and
Integrative Treatments for
SUD and Behavioral Addictions
with Co-occurring Mental Health
Disorders

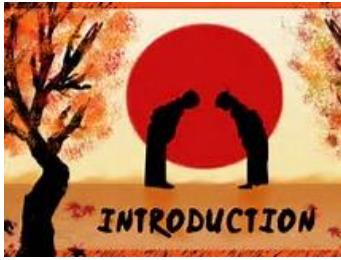
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Objectives

- Define Pharmacotherapy
- Identify different types of psychotropic medications
- Define Medication Assisted Therapy (MAT)
- Define Behavioral Addictions and identify 2 common behavioral addictions

Objectives

- Define Integrative/Alternative/complementary treatments
- Define SUD and identify 2 substances commonly used
- Define and identify 2 Co-occurring Disorders



How Are You?

First Name
What's your goal today in attending the class?
What's your role in your organization?

MIRECC TEAM



Pre-test

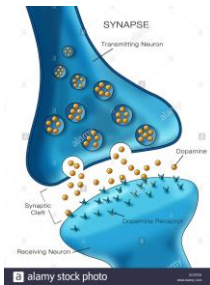
- Trazadone is an antidepressant mostly used to help with anxiety and sleep. T F
- Risperdal is an antipsychotic used for patients with paranoia and psychosis T F
- Seizure is a contraindication for Wellbutrin
- Buspar can be used to counteract sexual dysfunction as a result of SSRI's side-effects
- Campral is used to treat alcoholism

How are we going to approach?

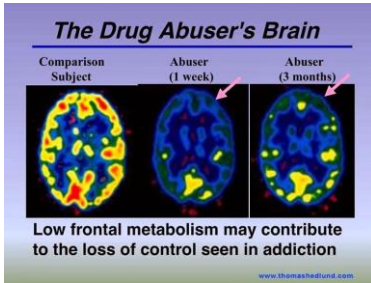
- Define the addiction(either behavior or substance)
- DSM-5 Criteria
- Signs and Symptoms
- Evidence-Based (EB)Treatments
- Co-occurring disorder
- Case Study/ your own case study
- Groups of 2-3-discuss and present to class

The Brain

- Neuron
- Neurotransmitters
- Synapse



Drugs and the Brain



Gambling Addiction

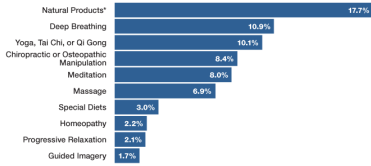


What are the Treatments ?

- Therapy-1:1, group therapy
- Medication Assisted Treatment
- Medications therapy
- Environmental reengineering
- Social/family/Peer support
- Hospitalizations
- CAM

Complementary vs alternative vs Integrative Treatments

10 most common complementary health approaches among adults—2012



*Other approaches often than vitamins and minerals. Source: Agency for Healthcare Research and Quality, Rockville, MD. Based on the use of complementary health approaches by U.S. adults aged 18 and older. © 2013. National Health Statistics Reports, No. 733 (http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3811000/).

Co-occurring Disorders

- Anxiety
- Depression

Psychopharmacology

- AD-SSRI's, NE's/Serotonin, Tricyclics
- AA-antihistamines, benzos
- Hypnotics/sedatives/sleep aids
- Antipsychotics
- Psychostimulants

- All of these are also called psychotropics

Medication Assisted Therapy(MAT)

Use of pharmacological medications, in combination with counseling and **behavioral therapies**, to provide a 'whole patient' approach to the treatment of substance use disorders.

- [MAT Overview / SAMHSA-HRSA](#)
- integration.samhsa.gov/clinical-practice/mat/mat-overview

Behavioral Addictions

- Gambling
- Eating
- Shopping
- Internet/Media(FB,Twitter,instagram etc.)
- Pornography
- Compulsive sexual behavior

Not Included in DSM 5

- Compulsive buying (oniomania)/shopping
- Compulsive sex /Hypersexual
- Kleptomania/stealing

What is Gambling Addiction

- What is gambling? Gambling disorder?
- DSM-5 Criteria
- What are the s/s of gambling addictions
- What are the risk factors
- What are the co-occurring disorders
- What are the EB treatments

We cannot do it alone!



Eating Disorders

- Define Eating Disorders
- Define Bulimia, Anorexia Nervosa, Binge Eating Disorder
- DSM-5 Criteria
- Signs and Symptoms
- Risks Factors/Causes
- Co-occurring disorders
- EB treatments

Substance Use Disorders(SUD)

- ETOH
- Cocaine
- MJA
- Opioids

- “To improve is to change; to be perfect is to change often.”
Winston Churchill
