

2019 WINTER CONFERENCE

FEBRUARY 28TH - MARCH 1ST | HILTON SANTA FE HISTORIC PLAZA

HOTEL RESERVATION DEADLINE
FEBRUARY 11TH, 2019

8 - 945 **Quality Awards & State of Health Care** *Invited: Governor Michelle Lujan Grisham; Lt. Governor Howie Morales; Representative Debbie Armstrong; Representative Rebecca Dow; Legislative Finance Director David Abbey; HSD Cabinet Secretary David Scarse (All speakers are subject to change)*

KEYNOTE There is new leadership in New Mexico. Come learn about the new vision for Long Term Care from state leadership including our new Governor, our new Cabinet Secretary of Human Services, Legislative Finance staff as well as State Representatives and Senators. HealthInsight will also be presenting their Quality Awards.

Michelle Lujan Grisham is the 32nd governor of New Mexico. She previously represented NM's 1st congressional district in the United States House of Representatives from 2013 to 2018. On November 6, 2018 she became the first Democratic woman elected as governor of New Mexico, as well as the first Democratic Latina elected state chief executive in the history of the United States. Lujan Grisham previously served as Secretary of Health of New Mexico (2004–2007) and Bernalillo County Commissioner (2010–2012). She was elected to the U.S. House of Representatives in the 2012 election. In 2016, Lujan Grisham was selected as the Chair of the Congressional Hispanic Caucus. **Deborah Armstrong, JD**, was first elected in 2012 to the NM House of Representatives, representing District 17 in Albuquerque. She is the current Chair of the House Health and Human Services Committee and the Interim Bicameral Health and Human Services Committee. She is also the Executive Director of the NM Medical Insurance Pool, the State's high-risk insurance pool, having served in that capacity for ten years through a contract with her consulting company, Delta Consulting Group. Prior to starting her business, she served as Cabinet Secretary of the NM Aging & Long Term Services Department. Deborah has more than 40 years experience in health care in the areas of rehabilitation, home health, hospice, long-term care, community health centers, aging and health insurance. Ms. Armstrong is a former physical therapist and attorney, with a Bachelor's Degree from the University of Michigan in 1975 and a Juris Doctorate from the University of NM in 2001. **Howie Morales** an American politician and member of the Democratic Party who currently serves as the 30th lieutenant governor of NM, since January 1, 2019. He previously served as a member of the NM Senate, representing the 28th District which includes Catron, Grant, and Socorro counties from 2008 to 2019. **Rebecca Dow** is the co-owner of Dow Technology. Rebecca has served on various commissions, councils & task forces for Governors (including Business Friendly Task Force, CYFD and HHS transition teams), and currently serves on the Early Learning Advisory Council. In her experience she: was a featured speaker for the Assoc. of Christian Schools Internatl.; presented & testified at both state and national levels for the Natl. Association for the Education of Young Children as well as the Natl. Child Care Association; was actively involved in the legislation working to to draft and pass multiple bills / memorials impacting D-38; is the recipient of the 2008 Governor's Award for Outstanding NM Woman and a Leadership Award from the Natl. Childcare Association. She holds an Associate's Degree in Early Childhood from Tulsa Community College and a bachelors in Business Management from Oral Roberts University. **David Abbey** - The Legislative Finance Committee (LFC) was first established as a fiscal and management arm of the New Mexico Legislature in 1957. Since its inception the committee's role in the state budget process has grown as the complexity and size of the budget has increased. The committee makes budgetary recommendations to the whole legislature for the funding of state government, higher education and public schools. The committee also prepares legislation addressing financial and management issues of state government. **David Scarse, MD** is Secretary of Human Services Department, one of the state's largest agencies with more than 2,000 employees. HSD administers the state's Medicaid program and programs for New Mexicans with mental illness and addiction issues. Scarse is a professor at the University of New Mexico School of Medicine and the section chief of geriatrics at the UNM Health Sciences Center.

945 - 10

NETWORKING BREAK

10 - 1130 **Reducing your Hospital Readmissions: This is not a Solo Sport! (or...Denial is not a river in Egypt!)**

OPEN TO ALL *Panel Discussion; Moderated by HealthInsight*

Value Based Purchasing is here to stay! Starting October 1, 2018, all skilled nursing facilities received a payment adjustment to their Medicare Part A claims ranging from a 2 percent cut to potentially a 1.5 percent increase based on rehospitalization rates in prior years. Did you know that approximately 61% of New Mexico's nursing homes received a cut? Value based purchasing is coming to New Mexico and home health agencies are next. We have some work to do this year! Join this interactive workshop with your nursing facility, home health, and hospice colleagues to learn tangible strategies high performers used to keep their readmission rates low, community collaborations that led to successful transitions, and explore the role that everyone in your organization can play in improving your performance. Because home health agencies are next in line to implement value based purchasing, the time to learn from each other is now! Come with your questions and challenges, leave with great ideas.

Panel of colleagues from skilled nursing facilities, home health agencies, and hospices across the state.

OR

10 - 1130 **Advocacy Training** *Elizabeth Armijo; Joie Glenn*

OPEN TO ALL Attendees of this Advocacy Training will get all the information that they need for a successful legislative visit with their elected official. The session will provide an overview of the legislative process; describe how to communicate with legislators; and how to craft an effective message. Our lobbyist Joie Glenn will also ensure that attendees know who their legislators are and the best approach for key elected officials. This will be an excellent primer for anyone with reservations about advocacy to prepare for the Roundhouse Rally.

Elizabeth Armijo is an independent contractor specializing in project management, marketing, and public relations. She is also a principal agent with ORG Agents, LLC. and provides creative consultation to a wide variety of diverse businesses for large and small initiatives. Her career has been rooted in promoting health and wellness through education and resources and eliminating barriers to accessing health services. Currently her other board affiliations include the NAACP Albuquerque Branch, the Albuquerque Public School Board, and Southwest Learning Centers. **Joie Glenn** spent 25 years as the Executive Director of the New Mexico Association for Home and Hospice Care (NMAHHC), Ms. Glenn retired/stepped down and assumed the contract lobbyist role for Advocacy for Home and Hospice Services of New Mexico. She continues to work in that capacity as well as serving on several local, regional and national boards, commissions and task forces.

1145 - 130

ROUNDHOUSE LUNCH & RALLY

OPEN TO ALL *Invited: Senator Nancy Rodriguez, Senator Jerry Ortiz y Pino, Representative Liz Thompson, Representative Rudy Martinez (All speakers are subject to change)*

This is a critical legislative session and we need your voice to help support our legislative agenda to increase Medicaid reimbursement rates. Lunch will be served at the Roundhouse Rotunda. Vans will transport you from the hotel to the Roundhouse. During lunch hear from champions of our industry and get inspired to meet with your elected officials to make your voice heard!

130 - 3 **PDGM & Payment Models in Home Health: What's Next** *Nick Seabrook*

HOMECARE This session will focus on Medicare's home health payment reform. The session will share specific data results from analysis of estimated financial and operational impacts of the next version of HHGM and specific strategies on how providers can prepare for such changes.

Nick Seabrook is a Managing Director and cofounder of BlackTree Healthcare Consulting, which provides revenue cycle, outsourcing, and clinical consulting services to the healthcare industry. With more than 16 years of experience, Nick specializes in taking a consultative approach towards improving the daily operations of agencies throughout the country. More recently, Nick has become a frequent contributor to industry forums, where he speaks at state association events, as well as national conferences

OR

130 - 3 **Surviving a Survey** Benito Garcia, Jessica Madeler, Tim Dodson

HOSPICE Your receptionist is sitting at her computer enjoying her morning coffee, when suddenly a well-dressed woman walks through the door, with her rolling cart and notebook in hand. The woman hands her a business card stating that she is from the state office here to do your survey. A look of panic comes across the young receptionist's face. She leads the surveyor into the administrative conference room and offers the surveyor a drink. She politely closes the door a little and runs into your office... in a high pitch whispering scream, she says "the surveyor is here!" What happens next? Come to this session to learn about the most common hospice citations and come prepared with questions for your surveyors.

Benito Garcia is a former Army Chemical Operations Specialist E-5 (Sgt). Worked with nuclear, biological and chemical warfare, identifying potential catastrophic threats, and provided decontamination of equipment and personnel. Served 2 oversea tours in Iraq. Worked as a healthcare professional with Developmentally Delayed patients as a Quality Assurance and Training Coordinator. Also, worked in criminal justice settings as a Misdemeanor offense Probation Officer specializing in DWI and Domestic Violence Compliance. Also worked with Juvenile Justice Services with the State of NM working with minors in state custody. Currently, Program Operations Program Manager for Non Long Term Care. **Jessica Madler** is the Health Services manager for the Program Operations Bureau. She has been in the position for about 2 months, prior to that she was the Review/Enforcement and Training Supervisor. Initially she began with the Department of Health as a Long Term Care Surveyor and she loves working with the facilities in New Mexico. She has been with the state of New Mexico for 14 years working in Department of Health and CYFD. Jessica has a Bachelor's in Sociology. **Eugene "Tim" Dodson** is a Registered Nurse with the Department of Health, Division of Health Improvement (DHI). He has been in the medical field for over 10 years, and holds an associate's degree in Nursing, a bachelor's degree in business and a master's degree in nursing. His professional experience is in critical care and sub-acute care. Tim currently has personal experience as a family living care provider for his family member, as well as personal experience in caring for a terminally ill parent. He believes it is an honor and privilege to be with NMAHHC at the conference.

OR

130 - 3 **Professionalism in Caregiving** Pecola Chase

WAIVER In this session learn from NMAHHC member Pecola Chase about Professionalism in Caregiving. Pecola will review the Direct Care Worker Principles of Caregiving curriculum. Participants will learn strategies to provide interactive training geared to the adult learner on professional caregiver standards, ethical principles in caregiving, therapeutic communication, and conflict resolution. Adult learner-centered methods are designed to address diverse learning styles and build on the life experience that trainees bring to the classroom. Participants will learn a mix of dynamic, interactive activities, including hands-on demonstrations that simulate real-world situations that they can bring back to their agencies to train their staff.

Pecola Chase has served as the Health Education Specialist at ZHON Healthcare in Gallup New Mexico where she has worked for 11 years. ZHON serves some of New Mexico's most vulnerable clients. Pecola has years of experience training direct caregivers including, 9 years as a certified trainer in the Direct Care Worker Principles of Caregiving curriculum. This year Pecola joined the NMAHHC board.

3 - 330 NETWORKING BREAK

330 - 5 **Creating Compliant Goals and Interventions for Better Patient Outcomes** Jill Dyer

HOMECARE Home health and hospice Conditions for Participation (CoPs) require agencies to develop patient-specific goals and interventions in care plans. But identifying goals that are right for the patient, their family, and the agency remains a challenge. Clinicians need to know how to properly assess, write, and evaluate goals and interventions to achieve meaningful outcomes for patients. Jill will share nursing best practices to ensure clinicians can write patient-centered, relevant goals and inventions that create measurable outcomes and success for your agency. Attend to learn about: Identifying appropriate goals using patient assessments; Guidance for aligning specific interventions to larger goals; How to effectively document progress towards goals and outcomes.

Jill Dyer is a Home Health Care Consultant with experience in Clinical Quality Assurance, Regulatory Compliance, Coding Compliance, and Webinar Development and Presentations. She is an accomplished nurse with 30+ years of experience including: Home Health Administrator & Director of Nursing; hospital staff nurse, cardiac rehabilitation nurse, nurse /teacher, and Nurse Consultant for home health. She also led a management team from a startup company to one of the largest independently owned and operated Therapy Based Home Health Care companies in Houston with an annual revenue of over \$7 million. The agency was named to Home Care Elite 2009, 2010 and 2011. As a consultant Jill has provided webinars and on-site education/evaluation on subjects from OASIS, ICD-10, Compliance, Back office efficiency, and the new Home Health Conditions of Participation. She holds certifications in Home Health Coding and OASIS.

OR

330 - 5 **De-Mystifying the Government Audit Process: Learn What to Expect and How to Stay Prepared** Meg Pekarske

HOSPICE Working with hospices throughout the country, Meg Pekarske has been intimately involved with all types of government audits and has been on the frontline in responding to the latest government contractor trends. Attendees will learn straightforward strategies for getting prepared for audits in the changing regulatory landscape. These strategies will also improve internal competencies and efficiencies and promote the provision of quality hospice and palliative care. You will be empowered with the knowledge needed to "keep calm and carry on" during an audit.

As chair of Reinhart's Hospice and Palliative Care Practice Group, Meg leads a team of seven who are devoted to serving the ever-changing legal needs of the hospice industry. Working with hospices across the country as well as national and state hospice associations, Meg and her team are intimately familiar with the operational challenges of hospices and have the experience to address the full spectrum of legal issues facing the industry, from routine regulatory compliance issues, internal investigations, repayments, to all types of government audits. In the past year, she and her team have successfully defended countless audits and winning over \$80 million dollars for hospices. Meg was recently honored as a 2016 "Woman in the Law" by the Wisconsin Law Journal. This annual award honors outstanding achievement by the top Wisconsin women in the practice of law. She has also been selected as a Super Lawyer and Best Lawyer in America.

OR

330 - 5 **Centennial Care 2.0 Updates from the Field** Representatives from Blue Cross Blue Shield, Presbyterian Health Plan, and Western Sky

WAIVER After months of preparation on January 1, 2019 Centennial Care 2.0 became a reality. Come hear from the three Managed Care Organizations as they each walk through where they are today in the transition and what you can expect throughout the rest of the year. Each MCO will have 30 minutes to present which will include time for questions and answers.

FRIDAY, MARCH 1ST, 2019

8 - 930 CONTINENTAL BREAKFAST & COMMITTEE MEETINGS

NMAHHC Committee's consist of three primary groups: Home Care, Hospice and Waiver. The NMAHHC Committee Meetings address Federal, State, and clinical regulatory compliance. We discuss important updates regarding compliance and provide valuable information to membership. Another purpose of the Committee's is to address education and training. Committee members provide the ideas/topics for future NMAHHC conferences. Thirdly, the Committee Meetings provide members with the opportunity to network with their peers and discuss issues/concerns/successes and best practices. The Committee Meetings also provide the framework for the development of future Board Members. **We would like to extend an invitation to all members to join our NMAHHC Committee Meetings.**

930 - 12 ASSOCIATION MEETING



- IN PARTNERSHIP WITH THE NEW MEXICO HEALTH CARE ASSOCIATION -

ACCOMMODATIONS:

The New Mexico Association for Home & Hospice Care Winter Conference will be held at the Hilton Santa Fe Historic Plaza, 100 Sandoval St, Santa Fe, NM 87501. A special overnight room rate of \$109⁰⁰ has been arranged for conference attendees. Please call Hilton Santa Fe Historic Plaza, at 505-988-2811 or online at www.bit.ly/2019WC-Hotel ❄️ **no later than February 11th, 2019** ❄️ to receive this special rate. Identify yourself as being with the New Mexico Health Care Association / NM Association for Home & Hospice Care.

GOING GREEN:

NMAHHC is migrating to an online app (desktop version available) for conference materials, information, and agenda for the 2019 Winter Conference, **please be sure to provide a direct email to each attendee for instructions and communications.** Handouts will be available to registrants only via an e-mail that will include a link to the handouts.

FOR FURTHER INFORMATION:

Contact The New Mexico Association for Home & Hospice Care, Albuquerque, NM 505-565-5777. Meggin Lorino, Executive Director at meggin@nmahc.org; Sarah Baca at sarah@deltaconsultingnm.net; or Lydia Gosling, Administrative Assistant, at admin@nmahc.org.

CONTINUING EDUCATION CREDITS:

This activity has been submitted to New Mexico Nurses Association CNE Accredited Approver Unit for approval to award contact hours. NMNA CNE AAU is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Criteria for successful completion: Registration for activity, sign-in, attend entire day, and submit evaluation form.

REGISTRATION:

To register, fill out the form below and return with your check made payable to: NMAHHC, 2424 Louisiana Blvd., NE - Suite 220, Albuquerque, NM 87110, \$25.00 Administrative Fee on all refunds.

NO REFUNDS after February 26th, 2018 and NO REFUNDS for NO-SHOWS.

2019 NMAHHC WINTER CONFERENCE

REGISTRATION FORM

FEBRUARY 28TH - MARCH 1ST

Register online at nmahc.org to pay with a Visa or MasterCard, or register online and send payment with a copy of your online registration form, or return this completed form with your check made payable to: NMAHHC, 2424 Louisiana Blvd., Ste 220, Albuquerque, NM 87110

Company: _____ Phone Number: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Email Address of Contact Person: _____

Names of Attendee(s)	Which Track? (Hospice / Homecare / Waiver)	DIRECT Email of EACH ATTENDEE Handouts / Communication / App Instructions	CNE Credits?
			<input type="checkbox"/>
			<input type="checkbox"/>
			<input type="checkbox"/>

NMAHHC Member - \$199

Non-Member - \$299

Number of Registrants: _____ (Please attach a copy of this form for a list of additional names if needed)

Registration Amount: \$ _____ x _____ (Number of Registrants) = _____ (Total Amount Enclosed)

Will you attend the Association Meeting and Committee Meetings on Friday?

(Only for Current NMAHHC Members)

Yes

No