What is COVID-19?
COVID-19, caused by the SARS-CoV-2 virus, is a respiratory illness that can cause flu-like symptoms or more severe illness requiring medical attention.

What is the respiratory system?
Your respiratory system includes your lungs, airways, and breathing muscles. Its main job is to get oxygen into your blood and get carbon dioxide out of your body.

What are the risk factors for serious illness from COVID-19?
Risk factors for serious illness from COVID-19 include:
- Being older than 50 years
- Having a medical condition such as diabetes, heart disease, or chronic lung disease
- Getting too little sleep
- Having a low body mass index (BMI)
- Having substance use problems
- Not being vaccinated

What are the symptoms of COVID-19?
The most common symptoms of COVID-19 include:
- Cough
- Fever
- Difficulty breathing
- Headache
- Loss of appetite

What to do if you feel sick?
If you have COVID-19 symptoms, stay home and seek care.

Risk of Death
The risk of death from COVID-19 increases with age. The death rate is highest among those older than 80 years.

Symptoms and severity
COVID-19 symptoms can range from mild to severe. Mild symptoms include:
- Cough
- Fever
- Fatigue

Serious symptoms include:
- Difficulty breathing or chest pain
- Sore throat
- New loss of taste or smell

Risk factors for severe illness
Risk factors for severe illness from COVID-19 include:
- Being older than 65 years
- Having a medical condition such as diabetes, heart disease, or chronic lung disease
- Getting too little sleep
- Having a low body mass index (BMI)
- Having substance use problems
- Not being vaccinated

What to do if you test positive?
If you test positive for COVID-19, you should:
- Stay home
- Get tested for COVID-19 as soon as possible
- Get vaccinated

What is Coronavirus disease (COVID-19)
Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus. It is a respiratory illness that can cause flu-like symptoms or more severe illness requiring medical attention.

How do you get COVID-19?
You can get COVID-19 by coming into close contact with someone who has COVID-19.

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- Headache
- Loss of appetite

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