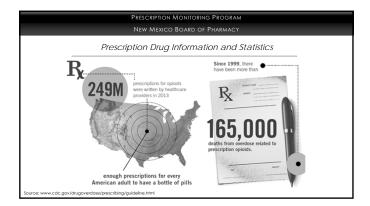
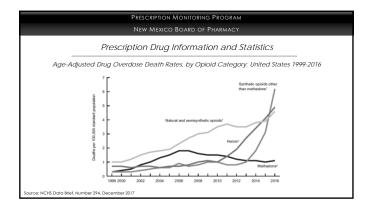
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New Mexico Board of Pharmacy	
Prescription Monitoring Program (PMP)	
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New Mexico Nurse Practitioner Council	
April 26, 2018	
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New Mexico Board of Pharmacy	
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Prescription Monitoring Program (PMP)	
Peter Ryba, PharmD Maria Gonzales	
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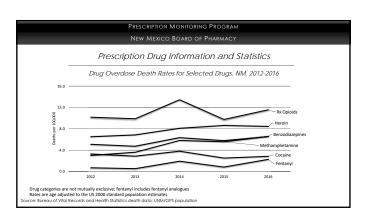
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Prescription Drug Information and Statistics The National Epidemic • The United States is in the midst of an epidemic of prescription opicid overdose deaths, which killed more than 63,600 people in 2016 alone.



Prescription Drug Information and Statistics The State of New Mexico compared to the United States average • In 2014, New Mexico had the second highest drug overdose death rate (27.3 deaths per 100,000 age-adjusted population). • In 2015, New Mexico ranked #8 (25.3 deaths per 100,000 age-adjusted population). • In 2016, New Mexico ranked #12 (25.2 deaths per 100,000 age-adjusted population).

Prescription Monitoring Program
New Mexico Board of Pharmacy
Although New Mexico has been progressing, NM is still
statistically higher compared to the United States drug overdose death rate average (19.8 deaths per 100,000).
U.S. rate in 18-per 90.000 standard population. Statistically five area vol. 2. Socializably five area vol. 2. Socializably five area vol. 3. rate Socializably five area vol. 5. rate Socializ





PR	ESCRIPTION MO	DNITORING	Program		
N	EW MEXICO BO	DARD OF P	HARMACY		
Prescriptio	on Drug Int	formatic	on and Sta	tistics	
Top Presci	ription Drugs in	Overdose	e Death, NM, .	2016	
	oxycodone		_	_	
More than half of the	alprazolam fentanyl			•	
drug overdose deaths in	hydrocodone				
NM involve a prescription	methadone diazepam		_		
drug. Some of the	clonazepam				
medications listed are	morphine lorazepam				
<u>not</u> opioids.	tramadol				
	zolpidem				
		Deaths may inv	50 Iverdose death olve more than one lice of the Medical I	drug	

PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY

What is the PMP?

The New Mexico Prescription Monitoring Program is a web-based electronic database that aids in the reporting of dispensed controlled substance prescriptions.

PRESCRIPTION MONITORING PROGRAM

NEW MEXICO BOARD OF PHARMACY

What is the PMP?

Mission

To provide practitioners, pharmacists, and other authorized users the ability to review a patient's controlled substance prescription history and assist in the prevention of diversion, abuse, misuse, and drug overdose deaths associated with controlled substance prescriptions.

Registrants include: Healthcare Professionals Delegates Up to four (4) delegates per practitioner/pharmacist A delegate can have an unlimited number of practitioners/pharmacists Law Enforcement Regulatory Board Agents

PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY PMP Registration Process 1. Create an account at https://newmexico.pmpaware.net/login. 2. Verify your email by clicking on the link in the auto-generated email you received when you created an account. 3. Upload or email a copy of your driver's license, state issued photo ID, or a passport. No other forms of identification will be accepted (for example work badges, Social Security Cards). 4. Complete the required training at http://nmpmp.org/Training.aspx.

Medicaid Compliance Officers

Prescription Monito New Mexico Board	
PMP Registratio	on Process
How Delegates Register	r for PMP AWARXE
Available Delegate User Roles	
Prescriber Delegate - Unlicensed	Delegate
 Prescriber Delegate – Licensed 	_
 Pharmacist Delegate – Licensed 	I am a delegate for the following people * Email
Enter their supervisor's email address.	supervisor@email.com(Add
The supervisor must already have a	
registered account with the PMP	
AWARXE.	

New Mexico Board of	PHARMACY
PMP Registration of the PMP Re	
A delegate may add and remove a supervising physician at any time. The delegate must enter their supervisor's email address and click add. If the delegate needs to remove a supervisor, click the "x" button next to the supervisor, then click "Save Changes."	Supervisors I am a delegate for the following people* Ental declarane@direct.com Excited Supervisors Event declarate@direct.com Same Changes

PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY PMP Regulatory Facts DENTISTRY (DENTISTS, DENTAL HYGIENISTS, ETC.) 16.5.57 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES MEDICINE AND SURGERY PRACTITIONERS 16.10.14 - NMAC MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES MIDWIVES 16.11.2 NMAC - CERTIFIED NURSE MIDWIVES NURSING AND HEALTH CARE RELATED PROVIDERS 16.12.9 NMAC - MANAGEMENT OF CHRONIC PAIN WITH CONTROLLED SUBSTANCES

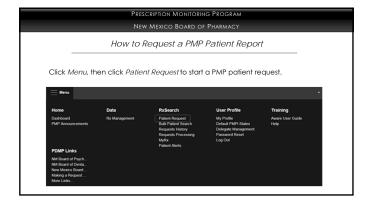
Prescription Monitoring Program
New Mexico Board of Pharmacy
PMP Regulatory Facts
OPTOMETRIC PRACTITIONERS 16.16.15 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES
OSTEOPATHIC MEDICINE AND SURGERY PRACTITIONERS 16.17.5 NMAC - PRESCRIBING AND DISTRIBUTION OF CONTROLLED SUBSTANCES
PHARMACISTS 16.19.4 NMAC - PHARMACIST 16.19.20 NMAC - CONTROLLED SUBSTANCES
16.19.29 NMAC - CONTROLLED SUBSTANCE PRESCRIPTION MONITORING PROGRAM
PODIATRISTS 16.21.9 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES

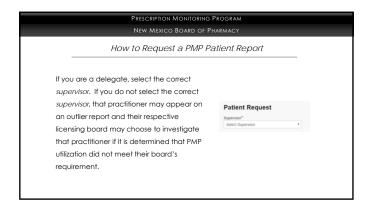
Prescription Moni	ORING PROGRAM
NEW MEXICO BOAR	
PMP Regula	ntory Facts
16.12.9.9 PRESCRIPTION MONITORING PROGRAM (PMP) REQUIREMENTS: The intent of the New Mexico box	d of nursing in requiring participation in the PMP is to assist advanced practice nurses in balancing th
A. Any advanced practice with the need to implee named and segal accessors recoving these pharmaceuclass. A. Any advanced practice nurse who holds a federal drug enforcement administration becomes a consistency of the properties.	registration and a New Mexico controlled substance registration shall register with the board of phan
An advanced practice murse may authorize delegate(s) to access the prescription mental repairing. An advanced practice enurse may authorize delegate(s) to access the prescription mental repairing mental repairing mental repairing mental repairing mental repairing mental repairing medical record. C. Before an advanced practice nurse prescribes or dispenses for the first time, a cont	sponsible for reviewing the prescription monitoring report and documenting the receipt and review olled substance in Schedule II, III, IV or V to a patient for a period greater than four days, or if there is
the patient's medical record. Before an advanced practice murse prescribes or dispenses for the first time, a cord prescribing the controlled substance for 30 days or more, the practitioner that inviews a perscription monitoring report adjacent states. The practitioner shall occurrent the receiver and review of such reports in the patient's medical record process of the process of the patient's medical record process of the practitioner shall occurrent the review of an interior moder of once every three participations shall document the review of these reports in the patient's medical record. Verificial proteins catecom shall be described in the patient's medical record.	or the patient for the preceding 12 months. When available, the practitioner shall review similar rep months during the continuous use of a controlled substance in schedule II, III, IV or V for each patient constitued as preventing an advanced practice number from reviewing precipition monitoring reports
E. An advanced practice nurse does not have to obtain and review a prescription mor (1) for a period of four days or less; or	toring report before prescribing, or dering, or dispensing a controlled substance in schedule II, III, IV o
(2) to a patient in a nursing facility; or (3) to a patient in hoppice care. F. Upon review of a prescription monitoring report for a patient, the advanced practi	anurse shall identify and be aware of a patient currently:
B a place in a numering facility or	
(5) receiving opicids totaling more than 90 morphine milligram equi- (6) exhibiting potential for abuse or misuse of opicids and other conf when insurance is available, receiving opicids from multiple pharmacies.	Jants per day; olied substances, such as over-utilization, requests to fill early, requests for specific opioids, requests
Upon recognizing any of the above constitutes described in paragraph t, the practit prevent, mitigate, or recolve any potential problems or risks that may result in opioid missue, abuse, or overdose. The training for naloxone, consultation with or referral to a pain management specialist, or offering or arranging treatment resolve the orderntial problems or risks.	ner, using professional judgement based on prevaining standards of practice, shall take action as app 2 steps may involve counseling the patient on known risks and nealistic benefits of opioid therapy, pri for opioid or substance use disorder. The practitioner shall document actions taken to prevent, mitig
resolve the potential processors or risks. Practitioners licensed to practice in an opicid treatment program, as defined in 7.3 treatment program and every three months thereafter while prescribing, ordering, administering, or dispensing opicid shall document the receipt and review of a report in the patient's medical record. 195.12-93 NMAC-N, 11/20/2012, 4/912/2017.	 NMAC, shall review a prescription monitoring report upon a patient's initial enrollment into the op reatment medications in schedule II, III, IV or V for the purpose of treating opioid use disorder. The
Prescription Moni	FORING PROGRAM
New Mexico Boar	
PMP Regula	
All U	
 Only authorized account holde 	
Sharing login information is a vice	lation of both federal and
state regulations.	AD mations con arts on babalf of
 Although delegates can pull PN a practitioner, the practitioner i 	
review the PMP patient report.	Unitridiety responsible to
The practitioner shall documen	the review of the PMP patient
report as required per their licer	
Prescription Moni	ORING PROGRAM
New Mexico Boar	
PMP Regula	
	<u> </u>
Advanced Practice	
For the initial controlled substan	
a gap in prescribing any control	
more, obtain and review the NI previous 12 months and from a	
For a renewal or continuous use	
obtain and review a NM PMP p	
adjacent states if applicable) n	, ,
months.	
Document your review!	

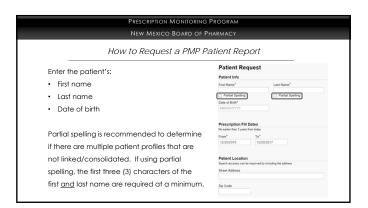
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY PMP Regulatory Facts Advanced Practice Nurse Practitioners APRNs do not have to consult the PMP report before prescribing, ordering, or dispensing a controlled substance II-V: If the dispensed quantity is for a period of 4 days or less, or To a patient in a nursing facility, or To a patient in hospice care.

PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY How to Request a PMP Patient Report Access the PMP website at https://newmexico.pmpaware.net Log In Email Finance Create an Account Small Plance Create an Account



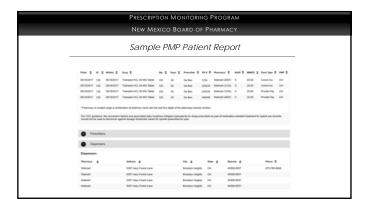




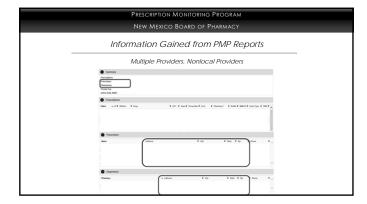


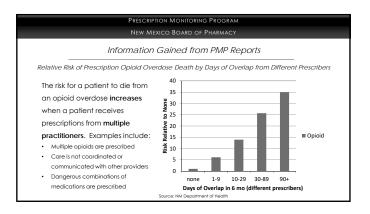
Prescription I	Monitoring Program
New Mexico	BOARD OF PHARMACY
How to Request	a PMP Patient Report
If multiple states are being requested, you will need to search by a patient's full first name and full last name.	PMP Interconnect Search Tassesh in their dates as set any sortines date for gaster information, which the sides you wish to include in your search. A Directors. C Districts Districts Districts Occupant Search C Districts Districts Districts M Districts Districts Districts M Districts Districts Districts M Districts Districts M Districts Districts M Dis
Keep in mind any additional profiles that were provided during a partial name search. You may have to search multiple times if the patient has multiple profiles.	Disson Creation Disson the second Disson Creation Disson the second Disso

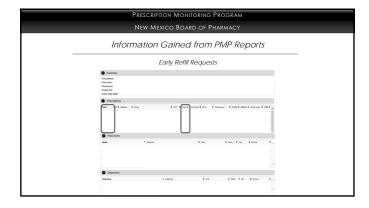




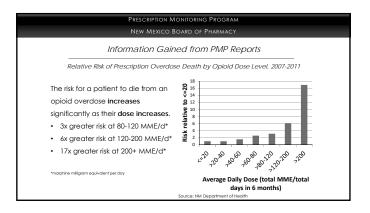
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Information Gained from PMP Reports - Multiple providers and/or pharmacies - Prescriptions obtained from nonlocal providers and/or pharmacies - High doses of opioids - Opioids in combination with other sedating substances (e.g. benzodiazepines) - Early refill requests - Cash payments when insurance is available



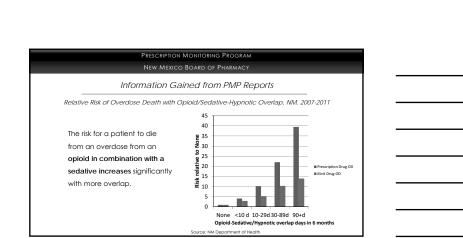




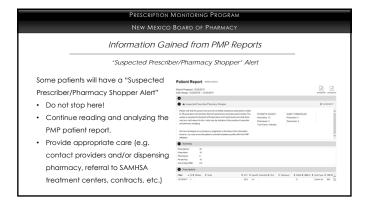




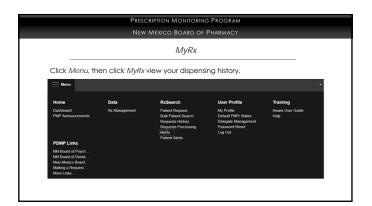
	PRESCRIPTION MC	NITORING P	ROGRAM		
	NEW MEXICO BC	ARD OF PH	ARMACY		
Inforn	nation Gaine	ed from F	PMP Repo	orts	
Opio	oid Combination	s with Othe	r Substances	3	
Summary Prescripture Prescriptu					
Prescriptoris Filted = 0.0 mmm of 5	and the same of th	E Procedor B (but B) Proc	may* - 8 (sette 8 (MKCO 8 Pyre)	ton 8 mars A	
 Prescribes 					
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	Prescription Monitoring Program
	NEW MEXICO BOARD OF PHARMACY
_	MyRx
	MyRx gives users that have a DEA number associated with their account the ability to run a self-report to see what prescriptions have been filled under their prescribing credentials. This is a tool for prescribers to help identify potential fraudulent use of their name and DEA number, which could help curb forgeries and diversion. If a prescription is listed in error, the prescriber should contact the dispensing pharmacy first to determine if the prescription was processed correctly. Any confirmed fraudulent activity shall be reported to the NM Board of Pharmacy.



	MyRx	
Enter a date range, then click Search.	topics Required topics relating	
If you have multiple DEA numbers, these will need to be added to your PMP account. Otherwise, you will <u>not</u> get a full report.	Penangipian Malan film to the control of the contro	*initi pas fingulari fr

PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Reports Available - Quarterly Reports to Licensing Boards - Prescriber Feedback Report

Reports Available
Quarterly Reports to Licensing Boards
Data elements included on the Quarterly Report
Total number of patients
Total number of opioid patients
 Total opioid Morphine Milligram Equivalents (MME) filled
Total number of benzodiazepine (BZD) patients
 Total BZD Diazepam Milligram Equivalents (DME) filled
 Percent of opioid patients with ≥90 MME/day
 Percent of opioid patients with ≥90 days of opioids in 6 months

Prescription Monitoring Program
New Mexico Board of Pharmacy
Reports Available
Quarterly Reports to Licensing Boards
Data elements included on the Quarterly Report
Percent of BZD patients with prescriptions ≥30 DME/day Description of BZD patients with >300 days of BZD in (greaths).
 Percent of BZD patients with ≥90 days of BZDs in 6 months Percent of opioid patients with concurrent BZDs ≥30 days
Controlled substance prescriptions per prescribing day, 3 months
Prescription Monitoring Program
New Mexico Board of Pharmacy
Reports Available
Quarterly Reports to Licensing Boards
Data elements included on the Quarterly Report Percent of estimated required reports requested
 PMP reports required under Board rules (estimated)
PMP reports required under Board rules (estimated) PMP reports requested on patients
PMP reports requested on patients
 PMP reports requested on patients Percent of patients with a total of 5 or more practitioners or
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Percent of patients with a total of 5 or more practitioners or pharmacies in 6 months Prescription Monitoring Program Prescription Monitoring Program
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Percent of patients with a total of 5 or more practitioners or pharmacies in 6 months Prescription Monitoring Program Prescription Monitoring Program
Percent of patients with a total of 5 or more practitioners or pharmacies in 6 months Prescription Monitoring Program New Mexico Board of Pragmacy
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Reports Available Prescriber Feedback Report (PFR)
Percent of patients with a total of 5 or more practitioners or pharmacies in 6 months Prescription Monitoring Program New Mexico Board of Pharmacy Reports Available
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Reports Available Prescriber Feedback Report (PFR) Reports reflect top 1% of prescribers with 20 or more patients receiving controlled substances within 6 month period Individual practitioners receive their own PFR
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Reports Available Prescriber Feedback Report (PFR) Reports reflect top 1% of prescribers with 20 or more patients receiving controlled substances within 6 month period Individual practifioners receive their own PFR MDs (63%)
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Reports Available Prescriber Feedback Report (PFR) Reports reflect top 1% of prescribers with 20 or more patients receiving controlled substances within 6 month period Individual practitioners receive their own PFR Mith Mos (63%) Nurse practitioners or other advanced practice nurses (23%)
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Reports Available Prescriber Feedback Report (PFR) Reports reflect top 1% of prescribers with 20 or more patients receiving controlled substances within 6 month period Individual practitioners or other advanced practice nurses (23%) Osteopathic physicians or physician assistants (5%)
PRESCRIPTION MONITORING PROGRAM NEW MEXICO BOARD OF PHARMACY Reports Available Prescriber Feedback Report (PFR) Reports reflect top 1% of prescribers with 20 or more patients receiving controlled substances within 6 month period Individual practitioners receive their own PFR Mith Mos (63%) Nurse practitioners or other advanced practice nurses (23%)

PRESCRIPTION MONITORING PROGRAI

NEW MEXICO BOARD OF PHARMACY

Reports Available

Prescriber Feedback Report (PFR)

Data elements included on PFR

- High opioid doses
- Long term opioid patients
- High benzodiazepine (BZD) doses
- Long term BZD patients
- High volume of opioids and BZDs
- High volume prescribing
- Concurrent therapy
- Multiple provider episodes
- No PMP use

PRESCRIPTION MONITORING PROCRAM NEW MEXICO BOARD OF PHARMACY We think Provided from Management and process of the process of

	NEW MEXICO BOARD OF PHARMACY
	PMP Accomplishments
√1	7% decrease in patients receiving dangerous combinations o opioids and benzodiazepine together
√2	19% decrease in patients receiving controlled substances from multiple providers
$\sqrt{3}$	17% increase in PMP checks for chronic pain patients
√ 8	12% increase in PMP checks for new pain patients
Source:	New Mexico Board of Pharmacy Prescription Monitoring Program Data

		RESCRIPTION MONITORI NEW MEXICO BOARD O	
		Useful Lin	ks
MM	Board of Pharmacy	http://www.rld.state	e.nm.us/boards/Pharmacy.aspx
		http://www.nmpmp	
	AWARXE		pmpaware.net/login
			
Supp	port		
	Technical Customer S	ervice (24/7/365)	1-844-366-4767
	Local Non-Technical	(M-F 8a-5p)	505-222-9847
	NM BOP PMP Support		nm.pmp@state.nm.us
		RESCRIPTION MONITORI	ng Program
		New Mexico Board o	F PHARMACY
		Question:	s?
		- Cacallon.	