

New Mexico Board of Pharmacy Prescription Monitoring Program (PMP)

New Mexico Nurse Practitioner Council
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New Mexico Board of Pharmacy Prescription Monitoring Program (PMP)

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PRESCRIPTION MONITORING PROGRAM
NEW MEXICO BOARD OF PHARMACY

Agenda


- Prescription Drug Information and Statistics
- What is the PMP?
- PMP Registration Process
- PMP Regulatory Facts
- How to Request a PMP Patient Report
- Information Gained from PMP Reports
- MyRx
- Reports Available
- Useful Links

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Prescription Drug Information and Statistics

The National Epidemic

- The United States is in the midst of an epidemic of prescription opioid overdose deaths, which killed more than 63,600 people in 2016 alone.




Sales of prescription opioids in the U.S. nearly **QUADRUPLLED** from 1999 to 2014.

but the amount of pain Americans reported remained **UNCHANGED**

Source: NCHS Data Brief, Number 294, December 2017 www.cdc.gov/drugoverdose/prescribing/guideline.html

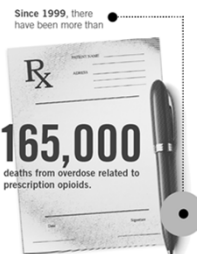
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Prescription Drug Information and Statistics



249M prescriptions for opioids were written by healthcare providers in 2013.

enough prescriptions for every American adult to have a bottle of pills



Since 1999, there have been more than **165,000** deaths from overdose related to prescription opioids.

Source: www.cdc.gov/drugoverdose/prescribing/guideline.html

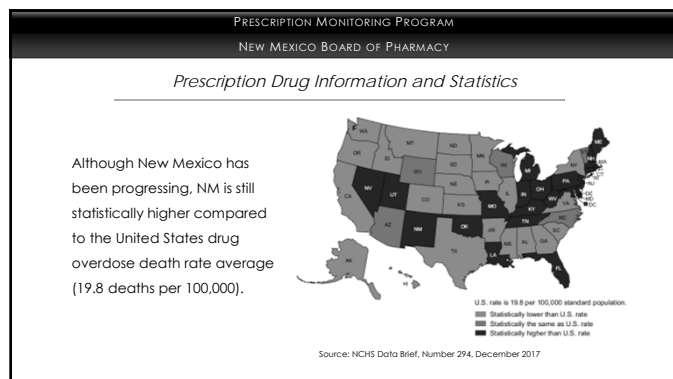
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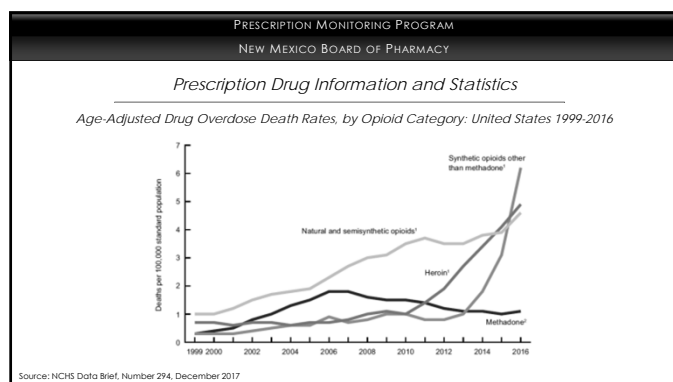
Prescription Drug Information and Statistics

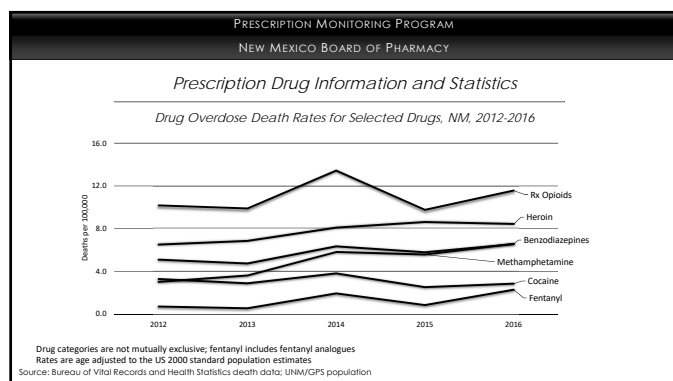
The State of New Mexico compared to the United States average

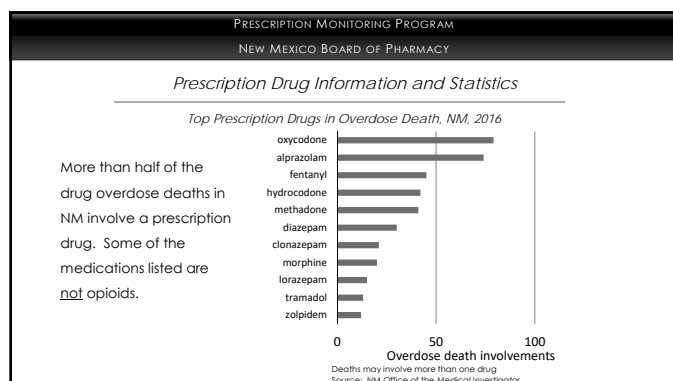
- In 2014, New Mexico had the **second** highest drug overdose death rate (27.3 deaths per 100,000 age-adjusted population).
- In 2015, New Mexico ranked **#8** (25.3 deaths per 100,000 age-adjusted population).
- In 2016, New Mexico ranked **#12** (25.2 deaths per 100,000 age-adjusted population).

Source: www.cdc.gov/drugoverdose/prescribing/guideline.html









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What is the PMP?

The New Mexico Prescription Monitoring Program is a web-based electronic database that aids in the reporting of dispensed controlled substance prescriptions.

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What is the PMP?

Mission

To provide practitioners, pharmacists, and other authorized users the ability to review a patient's controlled substance prescription history and assist in the prevention of diversion, abuse, misuse, and drug overdose deaths associated with controlled substance prescriptions.

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PMP Registration Process

Registrants include:

- Healthcare Professionals
- Delegates
 - Up to four (4) delegates per practitioner/pharmacist
 - A delegate can have an unlimited number of practitioners/pharmacists
- Law Enforcement
- Regulatory Board Agents
- Medicaid Compliance Officers

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PMP Registration Process

- Create an account at <https://newmexico.pmpaware.net/login>.
- Verify your email by clicking on the link in the auto-generated email you received when you created an account.
- Upload or email a copy of your driver's license, state issued photo ID, or a passport. No other forms of identification will be accepted (for example work badges, Social Security Cards).
- Complete the required training at <http://nmpmp.org/Training.aspx>.

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PMP Registration Process

How Delegates Register for PMP AWARe

- Available Delegate User Roles
 - Prescriber Delegate – Unlicensed
 - Prescriber Delegate – Licensed
 - Pharmacist Delegate – Licensed
- Enter their supervisor's email address.

The supervisor must already have a registered account with the PMP AWARe.

Delegate

I am a delegate for the following people. *

Email

supervisor@email.com

Add

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PMP Registration Process

How Delegates Add/Remove Supervising Physicians After Registering

A delegate may add and remove a supervising physician at any time.

- The delegate must enter their supervisor's email address and click add.
- If the delegate needs to remove a supervisor, click the "x" button next to the supervisor, then click "Save Changes."

Supervisors

I am a delegate for the following people... *

Email

doctorname@clinic.com

X

Add

Selected Supervisors

Email

doctorjordan@clinic.com

Save Changes

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PMP Regulatory Facts

DENTISTRY (DENTISTS, DENTAL HYGIENISTS, ETC.)
16.5.57 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES

MEDICINE AND SURGERY PRACTITIONERS
16.10.14 - NMAC MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES

MIDWIVES
16.11.2 NMAC - CERTIFIED NURSE MIDWIVES

NURSING AND HEALTH CARE RELATED PROVIDERS
16.12.9 NMAC - MANAGEMENT OF CHRONIC PAIN WITH CONTROLLED SUBSTANCES

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PMP Regulatory Facts

OPTOMETRIC PRACTITIONERS
16.16.15 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES

OSTEOPATHIC MEDICINE AND SURGERY PRACTITIONERS
16.17.5 NMAC - PRESCRIBING AND DISTRIBUTION OF CONTROLLED SUBSTANCES

PHARMACISTS
16.19.4 NMAC - PHARMACIST
16.19.20 NMAC - CONTROLLED SUBSTANCES
16.19.29 NMAC - CONTROLLED SUBSTANCE PRESCRIPTION MONITORING PROGRAM

PODIATRISTS
16.21.9 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES

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PMP Regulatory Facts

Advanced Practice Nurse Practitioners

APRNs do not have to consult the PMP report before prescribing, ordering, or dispensing a controlled substance II-V:

- If the dispensed quantity is for a period of 4 days or less, or
- To a patient in a nursing facility, or
- To a patient in hospice care.

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How to Request a PMP Patient Report

Access the PMP website at
<https://newmexico.pmpaware.net>

Log In

Email

Password

Reset Password

Log In

Create an Account

Need Help?

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How to Request a PMP Patient Report

Once logged in, *My Dashboard* is your home page:

- Recent Requests – This lists the most recent PMP patient requests your and your assigned delegates (if applicable) queried.
- Delegates – This lists your delegates if you are a supervising practitioner (if applicable).

My Dashboard

Recent Requests

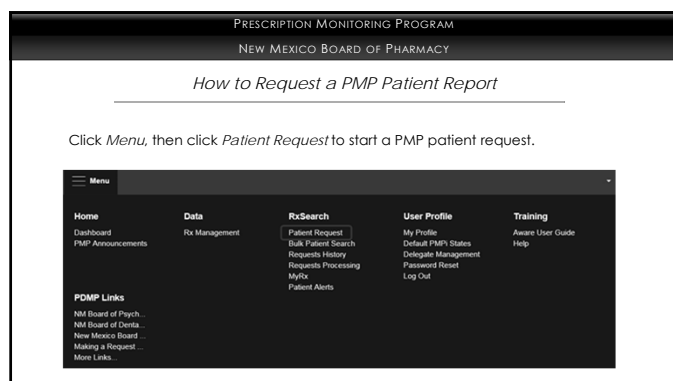
Request Name	DOB	State	Request Date	Request
John Doe	01/01/1980	NM	01/01/2017 12:00PM	Test Name
John Doe	01/01/1980	NM	01/01/2017 12:00PM	Test Name
John Doe	01/01/1980	NM	01/01/2017 12:00PM	Test Name
John Doe	01/01/1980	NM	01/01/2017 12:00PM	Test Name
John Doe	01/01/1980	NM	01/01/2017 12:00PM	Test Name

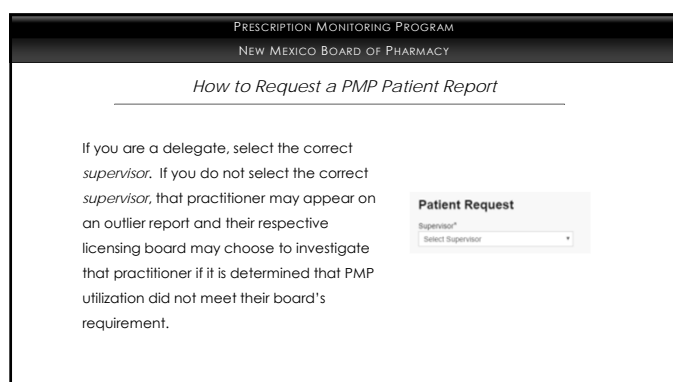
View Request History

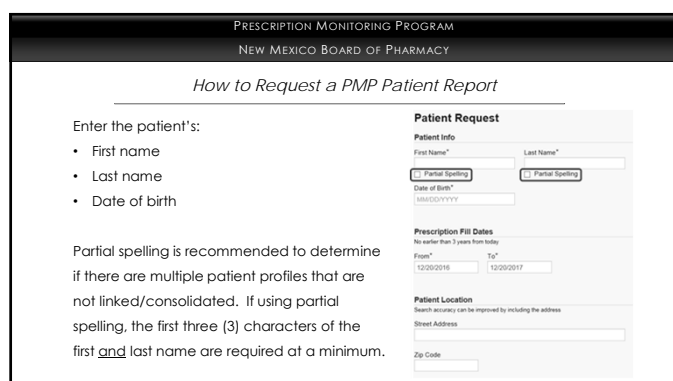
Delegates

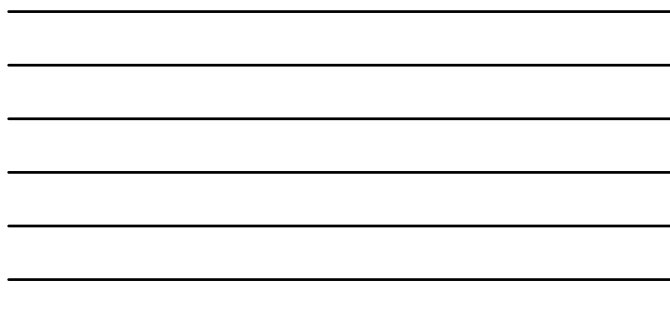
Delegate Name	DOB	Request Date
John Doe	01/01/1980	01/01/2017 12:00PM
John Doe	01/01/1980	01/01/2017 12:00PM
John Doe	01/01/1980	01/01/2017 12:00PM
John Doe	01/01/1980	01/01/2017 12:00PM

8









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Information Gained from PMP Reports

Opioid Combinations with Other Substances

The screenshot shows the PMP report interface. At the top, there's a header with 'PREScription MONITORING PROGRAM' and 'NEW MEXICO BOARD OF PHARMACY'. Below that, the title 'Information Gained from PMP Reports' is followed by a subtitle 'Opioid Combinations with Other Substances'. The main content area shows a search bar with 'Patient' and 'City' fields. Below the search bar, there's a list of prescriptions with columns for 'Prescription', 'Date', 'City', 'State', 'Zip', and 'Phone'. A red box highlights the 'Prescription' column.

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Information Gained from PMP Reports

Relative Risk of Overdose Death with Opioid/Sedative-Hypnotic Overlap, NM, 2007-2011

The risk for a patient to die from an overdose from an **opioid in combination with a sedative increases significantly** with more overlap.

The bar chart shows the relative risk of overdose death with opioid/sedative-hypnotic overlap in NM, 2007-2011. The y-axis is 'Risk relative to None' ranging from 0 to 45. The x-axis is 'Opioid-Sedative/Hypnotic overlap days in 6 months' with categories: None, <10 d, 10-29d, 30-89d, 90+d. The legend indicates two series: 'Prescription Drug OD' (dark grey) and 'Illicit Drug OD' (light grey).

Opioid-Sedative/Hypnotic overlap days in 6 months	Prescription Drug OD	Illicit Drug OD
None	1	1
<10 d	2	2
10-29d	10	5
30-89d	22	10
90+d	40	15

Source: NM Department of Health

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Information Gained from PMP Reports

Cash Payments when Insurance is Available

The screenshot shows the PMP report interface. At the top, there's a header with 'PREScription MONITORING PROGRAM' and 'NEW MEXICO BOARD OF PHARMACY'. Below that, the title 'Information Gained from PMP Reports' is followed by a subtitle 'Cash Payments when Insurance is Available'. The main content area shows a search bar with 'Patient' and 'City' fields. Below the search bar, there's a list of prescriptions with columns for 'Prescription', 'Date', 'City', 'State', 'Zip', and 'Phone'. A red box highlights the 'Prescription' column.

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Information Gained from PMP Reports

"Suspected Prescriber/Pharmacy Shopper" Alert

Some patients will have a "Suspected Prescriber/Pharmacy Shopper Alert"

- Do not stop here!
- Continue reading and analyzing the PMP patient report.
- Provide appropriate care (e.g. contact providers and/or dispensing pharmacy, referral to SAMHSA treatment centers, contracts, etc.)



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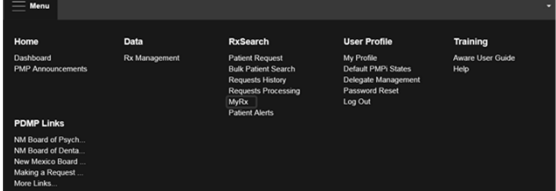
MyRx

- MyRx gives users that have a DEA number associated with their account the ability to run a self-report to see what prescriptions have been filled under their prescribing credentials.
- This is a tool for prescribers to help identify potential fraudulent use of their name and DEA number, which could help curb forgeries and diversion.
- If a prescription is listed in error, the prescriber should contact the dispensing pharmacy first to determine if the prescription was processed correctly. Any confirmed fraudulent activity shall be reported to the NM Board of Pharmacy.

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MyRx

Click *Menu*, then click *MyRx* view your dispensing history.



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<p align="center"><i>Reports Available</i></p> <hr/> <p align="center"><i>Quarterly Reports to Licensing Boards</i></p> <p>Data elements included on the Quarterly Report</p> <ul style="list-style-type: none"> • Percent of BZD patients with prescriptions ≥ 30 DME/day • Percent of BZD patients with ≥ 90 days of BZDs in 6 months • Percent of opioid patients with concurrent BZDs ≥ 30 days • Controlled substance prescriptions per prescribing day, 3 months

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<p align="center"><i>Reports Available</i></p> <hr/> <p align="center"><i>Quarterly Reports to Licensing Boards</i></p> <p>Data elements included on the Quarterly Report</p> <ul style="list-style-type: none"> • Percent of estimated required reports requested • PMP reports required under Board rules (estimated) • PMP reports requested on patients • Percent of patients with a total of 5 or more practitioners or pharmacies in 6 months

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<p align="center"><i>Reports Available</i></p> <hr/> <p align="center"><i>Prescriber Feedback Report (PFR)</i></p> <p>• Reports reflect top 1% of prescribers with 20 or more patients receiving controlled substances within 6 month period</p> <p>• Individual practitioners receive their own PFR</p> <ul style="list-style-type: none"> • MDs (63%) • Nurse practitioners or other advanced practice nurses (23%) • Osteopathic physicians or physician assistants (5%) • Dentists (5%) • Podiatrists, psychologists, pharmacist clinicians, or nurse midwives (all <2%)

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PMP Accomplishments

- ✓ 17% decrease in patients receiving dangerous combinations of opioids and benzodiazepine together
- ✓ 29% decrease in patients receiving controlled substances from multiple providers
- ✓ 37% increase in PMP checks for chronic pain patients
- ✓ 82% increase in PMP checks for new pain patients

Source: New Mexico Board of Pharmacy Prescription Monitoring Program Data

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Useful Links

NM Board of Pharmacy

<http://www.rld.state.nm.us/boards/Pharmacy.aspx>

PMP Registration and FAQs

<http://www.nmpmp.org/>

PMP AWARE

<https://newmexico.pmpaware.net/login>

Support

Technical Customer Service (24/7/365)

1-844-366-4767

Local Non-Technical (M-F 8a-5p)

505-222-9847

NM BOP PMP Support

nm.pmp@state.nm.us

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Questions?

18