



Riding the Wave

Maintaining Excellence in a Changing
Healthcare Environment

NEW MEXICO
NURSE PRACTITIONER COUNCIL
Caring for New Mexico

Annual Conference

April 10-12, 2014



800 Rio Grand Blvd.
Albuquerque, NM 87104
(505) 843-6300

Hotel Reservations

Hotel Albuquerque has set aside a block of rooms for conference attendees starting Wednesday, 4/ 9/ 2014 and continuing through Saturday, 4/12/ 2014. The conference room rate is \$109 plus tax per night (single or double occupancy). Contact the hotel directly by calling (505) 843-6300 – refer to **Block Code 14042014NM**. Please book your room early! For more information go to www.NMNPC.org.

Personal Comfort

Room temperatures in meeting facilities may vary. Please wear layers for your comfort. There will be **NO SMOKING** allowed at any time during the conference or associated activities.

Handouts

Handouts will be available for download from our website as speakers make them available prior to the conference. If you want hard copies, please download and print prior to the conference. AANP will provide handouts for Dr. Davis' Group Lecture Series presentation on hypertension.

This program will receive supplemental support in the form of educational grants or exhibit fees from Garrett Medical, Gilead Sciences, Matrix Medical Network, Merrill Lynch Wealth Management, and MinuteClinic. A complete listing of other commercial support was not available at the time of publication. NMNPC will give all supporters appropriate acknowledgement as we get more information and at the time of the educational activity.

Program Objectives

- Identify current issues and therapies in health care.
- Discuss current pharmacotherapy of tuberculosis, anti-coagulation, and diabetes.
- Describe current antibiotic recommendations, immunization schedules, and adverse effects of pharmacologic therapies and herbal preparations.
- Describe current legislative and policy issues affecting provision of health care.

Registration

To register, go to www.NMNPC.org and click on the Registration Open link on the home page. Non-members may join at the time of registration to get the member registration rate. If you have any questions, call Rachel Bevan at (505) 948-4115 or send email to contact@NMNPC.org.

Speaker Disclosures

All speakers must disclose any conflicts of interest and/or intent to discuss off-label use of any commercial products and will announce any such disclosures prior to the relevant presentation.

CE Accreditation

The continuing education program is intended for nurse practitioners, clinical nurse specialists, and other registered nurses. NMNPC will submit this program to the American Association of Nurse Practitioners for approval. We are requesting contact hours in pharmacology; the total number of CE and pharmacology hours approved will be available at the conference.

Thursday, April 10

- 7:00-8:00 am
Registration/Breakfast/Welcome
- 8:00 – 9:30 am
Keynote: If Healthcare is About Well-Being Why Am I So Stressed Out?
Jerry Bridge
- 9:30 – 10:30 am
The Art of Coaching in Primary Care
Maureen Ryan, DNP
- 10:30 am – 11:00 am
Break/ Exhibits
- 11:30 – 12:30 am
Contemporary Management of Hypertension: Applying the Latest Evidence (AANP Group Lecture)
Leslie L. Davis, PhD, RN, ANP-BC
- 12:30 am – 1:30 pm
*Lunch (Merrill Lynch Wealth Management) Financial Planning for NPs**
Matthew Mossburg, CRPC®, CSNA
- 1:30 – 2:30 pm
ICD-10-CM: Making A Successful, Timely Transition
Jerry Bridge
- 2:30 – 3:30 pm
ECHO Access: Integration of Mental Health and Addiction Services in Primary Care
Tina Carlson, CNS
- 3:30 – 4:00 pm
Break/ Exhibits
- 4:00 – 5:00 pm
Palliative Care
Amy Antle, CNP
- 5:00 – 6:00 pm
Path to Intimacy, A New Strategy for Addressing Patients' Intimacy Concerns
Maureen Ryan, DNP

KEYNOTE SPEAKER

Jerry Bridge

Keynoter, Educator & Coach for Healthcare

Jerry Bridge, founder and president of LifeWorks Education, is a motivational speaker and educator working primarily in the healthcare industry. Over the past twenty-five years Jerry has worked with tens of thousands of executives, practice managers and administrative staff on a variety of issues including; billing and collections, customer service and communication, stress and time management, and productivity.

Friday, April 11

- 7:00 – 7:30 am
Registration/Breakfast/Welcome
- 7:30 – 8:30 am
Adverse Effects of Herbal Preparations
Jessica Conklin, PharmD
- 8:30 – 9:30 am
Drugs for Bugs in Adult Primary Care
Susan M. Kellie MD
- 9:30 – 10:00 am
Break/Exhibits
- 10:00 am – 11:00 am
Common OTC Hazards: The Pharmacist's Perspective
Amy Bachyrycz, PharmD & Corinne Trabusiner, RPh
- 11:00 am – 12:00 pm
TB Exposed: Pharmacologic Management of TB
Diana Fortune, BSN
- 12:00 – 1:15 pm
*Lunch (Gilead Sciences) Non-Obstructive & Coronary Microvascular Angina**
Cynthia Hartsfield, PhD
- 1:15 – 2:15 pm
Immunization Update for Adults and Children
Jennette Cole, CNP
- 2:15 – 3:15 pm
What's New in Oral Anticoagulation?
Anita Ralstin, CNP
- 3:15 – 3:45 pm
Break/ Exhibits
- 3:45 – 4:45 pm
Hepatic & Renal Adverse Effects of Pharmacologic Agents
Mary Vilay, PharmD
- 4:45 – 5:45 pm
Diabetes: Initiating & Managing Pharmacologic Therapy
Gretchen Ray, PharmD

Conference Dinner

Hotel Albuquerque

6:15 to 8:30 pm

Dinner is complementary for all registered attendees (reservations must be cancelled by April 4 to avoid a no-show charge). Others may attend as paid guests (full refund for reservations cancelled by April 4).

Saturday, April 12

- 7:00 – 7:30 am
Registration/Breakfast/Welcome
- 7:30 – 7:45 am
AANP & NMNPC Awards/Introduction of NMNPC Board of Directors
Sonda Boulware & Joyce Powers
- 7:45 – 8:45 am
NM Legislative Update
Linda Siegle, JD
- 8:45 – 9:45 am
Successfully Using Technology in the Medical Field
Vanessa Casarez, CNNP
- 9:45 – 10:15 am
Break
- 10:15 – 11:45 am
Short Topics:
Website Update – Kate Goldblum, CNP
Genomics: A Tsunami of Change – Cheri Brubaker CNP
Bariatric Surgery – Frank Felts, MD
- 11:45 am – 12:45 pm
Insurance Panel – Linda Siegle, Moderator
BCBS, PHS, Molina, United Health Care, NMHC
- 12:45 – 1:00 pm
Closing Remarks

*There is no CE credit for these commercially-sponsored lunch presentations.

Questions?

Send email to contact@NMNPC.org
or call Rachel Bevan (505) 948-4115.

Program Committee

Rachel Bevan • Sonda Boulware
Ann Caudell • Kate Goldblum
Margreet Jenness • Joyce Powers
Anita Ralstin • Shawonna Read
Anett Sauve • Linda Wylie

Program Speakers

- **Amy Antle, CNP**
University of New Mexico Hospital
- **Amy Bachyrycz, PharmD**
New Mexico Department of Health
- **Jerry Bridge**
LifeWorks Education
- **Cheri Brubaker, CNP**
University of St. Francis
- **Tina Carlson CNS**
UNM Project ECHO
- **Vanessa Casarez, CNP**
Pediatrix Medical Group
- **Jennette Cole, CNP**
Presbyterian Healthcare Services
- **Jessica Conklin, PharmD**
UNM College of Pharmacy
- **Leslie Davis, CNP**
University of North Carolina
- **Frank T. Felts, MD**
Mountainview Regional Medical Center
- **Diana Fortune, BSN**
New Mexico Department of Health
- **Kate Goldblum, CNP**
Family & Children's Eye Center of NM
- **Susan M. Kellie, MD**
UNM School of Medicine
- **Anita Ralstin, CNP**
New Mexico Heart Institute
- **Gretchen Ray, PharmD**
UNM College of Pharmacy
- **Maureen Ryan, DNP**
Mind-Body Connection for Adult Health
- **Linda Siegle, JD**
Resources for Change
- **Corinne Trabusiner, RPh**
UNM PharmD Candidate
- **Mary Vilay, PharmD**
UNM College of Pharmacy

Insurance Panel

Blue Cross Blue Shield
Molina
New Mexico Health Connections
Presbyterian Healthcare Services
United Health Care