President’s Message

Making one bold move

The past two years have gone by rapidly for all of us engaged in healthcare. Keeping up with the daily changes in scientific information and recommendations, juggling in-person clinics, telephone or video visits, and our changing practice environments have been challenges. I hope the holiday season afforded some personal time to reflect on just how far you’ve come in the past few years.

What wins did you have this year? Was your work life better? Did you finish a 5K race? Maybe you cleaned out the junk drawer or negotiated a better work schedule. Take a moment to celebrate your wins, big or small.

Our spring conference is April 28th-30th at Hotel Albuquerque at Old Town, and NMNPC will share our 2021 wins with everyone during our membership meeting. I hope you’ll join us.

This year I’ve decided to say goodbye to New Year’s resolutions. Instead, I’m planning two bold moves and invite you to join me. I learned this concept from a podcast featuring Dominick Quartuccio. The idea is that “although it may be inconvenient, making one bold move can snowball into a life full of adventure, self-development, and unexpected happiness.”

I think we often set New Year’s resolutions with an emotional burden or self-judgment that may or may not add value to our lives. Keeping all of this in mind, my bold moves will be to complete my PhD and travel more with my family and friends. Both should provide plenty of adventures and unexpected happiness.

If you’re like me and enjoy listening to audiobooks, here’s one I found that fits in with making bold moves in 2022 – This Year Will Be Different by Domonique Bertolucci (free with an Audible trial).

Happy Holidays

I wish a bold New Year to each of you!

Michelle Peacock, President
Registration is Open!

For More Information or to Register
Visit the NMNPC Website

The Spring Conference Is On!

Continuing developments in the COVID-19 situation require flexible planning. Depending on the situation at the time of the conference, state guidelines or professional judgment may require limits for on-site attendance with increased virtual participation, proof of vaccination, masking, social distancing or other measures. Registrants will have the opportunity to switch to virtual attendance at any time, depending on their personal comfort level with the current risk & required mitigation measures.
Student Scholarships

NMNPC currently supports five scholarships totaling $2500: four in memory of Candelario Garcia and one in memory of Myrna Woods.

Candy was one of the original nurse practitioners involved in creating an organization for NPs in New Mexico. He championed the role of NPs in our state and served as a mentor to many. He was a clinician who took groups of NPs to Mexico to provide health care in rural areas. In addition, he served as a lecturer in the nurse practitioner program at the University of New Mexico and published many articles on rheumatology. Candy was an ardent supporter of NP education. His death was a huge blow to those who knew and worked with him. With their leadership, NMNPC instituted these scholarships in remembrance and honor of his efforts on behalf of education for NPs.

Myrna was a pioneer in the nursing field, becoming the first married woman to return to nursing school in New York State after her 1944 marriage to Albuquerque native Ken Wood. After she and Ken returned to New Mexico, her physician employer had a heart attack. To keep the practice open, Myrna went to Wichita, Kansas to become a family nurse practitioner. She returned to New Mexico as one of the first family nurse practitioners licensed in New Mexico. Myrna practiced in the Albuquerque area for her entire professional career and worked to help geriatric patients through her work at Casa Maria, in nursing homes, and in a geriatric clinic. She was a founding member of NMNPC, serving as our treasurer for more than 15 years.

Conference Subsidies

NMNPC offers subsidies that cover the registration fee for the spring conference: two regular subsidies and the Lacy Houdek Memorial Subsidity that recognizes the importance of rural health care.

The two regular conference subsidies provide financial assistance for the spring conference in the form of subsidies to two members each year. The third opportunity for financial assistance is the Lacy Houdek Memorial Subsidy. This subsidy honors Lacy by recognizing a member who shares Lacy’s view that rural primary care is important to those communities. These subsidies allow members who may not otherwise be able to benefit from the continuing education offered by NMNPC to attend the conference.

Elected Positions

The annual elections provide an opportunity for members to serve our professional organization as elected members of the Board of Directors or the Nominating Committee.

The positions available for election in 2022 include president elect, secretary, member at large, Representatives for Regions 1 and 2 and two positions on the Nominating Committee. The individuals elected in 2022 will assume their positions on April 1.

For more information & to apply, click on scholarships, subsidies or nominations. You can also visit the NMNPC website.

The Scholarship & Awards Committee will accept scholarship applications until January 30 & spring conference subsidy applications until March 20. The Nominating Committee will accept nominations Until February 15.
Seasons Greetings from NMNPC

MERRY CHRISTMAS

happy new year

joy

Love

HAPPY Kwanzaa!

Hanukkah Sameah