

NEW MEXICO LIONS  
DIABETES AWARENESS PROGRAM PRESENTS:

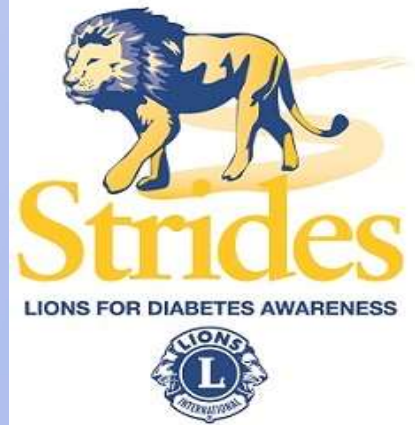
# DIABETES AWARENESS EXPO

NOVEMBER 18, 2017

9 AM - 4 PM

ELEGANTE HOTEL, ALBUQUERQUE, NM

*THIS IS A FREE PUBLIC SERVICE PROGRAM.*



9:00 am	<b>Diabetes 101</b>	<i>Maria Nape, American Diabetes Association</i>
9:30 am	<b>Healthy Living with Diabetes</b>	<i>Sharon Gerena, MSN, RN, CDE, CHt</i>
10:00 am	<b>Which Came First: Diabetes or Depression?</b>	<i>Cynde Tagg, DNP, MSN, RN, CDP, CHS</i>
10:30 am	<b>Numb Toes and Other Woes: Diabetes Neuropathy</b>	<i>Janet Simon, DPM</i>
11:00 am	<b>Zumba!</b>	<i>Kim Smith</i>
11:30 am	<b>Diabetes 101</b>	<i>Maria Nape, American Diabetes Association</i>
12:00 pm	<b>Don't Sugar Coat It (Diabetic Eye Disease)</b>	<i>Steven Berry, OD</i>
12:30 pm	<b>Healthy Living with Diabetes</b>	<i>Sharon Gerena, MSN, RN, CDE, CHt</i>
1:00 pm	<b>Healthy Cooking Demonstration</b>	<i>Bernalillo County Cooperative Extension Service</i>
1:00 pm	<b>Speaking with Your Medical Provider</b>	<i>Marjorie Cypress, RN, CDE, PhD</i>
11:00 am	<b>Zumba!</b>	<i>Kim Smith</i>
2:00 pm	<b>Diabetes 101</b>	<i>Christina Rodriguez, American Diabetes Association</i>
2:30 pm	<b>Diet and Diabetes</b>	<i>Linda M Reineke, RD</i>
3:00 pm	<b>Speaking with Your Medical Provider</b>	<i>Philip Jameson, MD</i>
3:30 pm	<b>Diabetes and Heart Disease</b>	<i>Michelle Khoo, MD</i>

**FIND OUT YOUR RISK OF DEVELOPING DIABETES**



**LEARN ABOUT DIABETES PREVENTION PROGRAMS**



**LEARN HOW TO MANAGE YOUR DIABETES**



**VISIT NATIVE SOLE FOOT WASHING**



**FREE SCREENINGS FOR:**

**GLUCOSE  
BLOOD PRESSURE  
BONE DENSITY  
& MORE**



**FREE EYE SCREENINGS FOR CHILDREN AGED 3-18**

