

April 6-7 | Chicago | 1.3 AOTA & ASHA CEUs

Trauma Informed Approach to Sensory Processing Disorder & Arousal Regulation



Join Sheila M. Frick, OTR/L in this hands-on workshop as she explores the connections between sensory processing and sensory integrative difficulties from a **Trauma-Informed Perspective**. Receive an introduction to the tension reducing technique, TRE[®], as a means of demonstrating how the body retains stress in core muscular tension patterns. **Practical treatment strategies** will be brought to life while investigating the hardwired action systems that underlie sensory modulation, arousal, affect regulation, and play.

Learn more at: WWW.VITALLINKS.COM

Sheila M. Frick, OTR/L, is an internationally esteemed clinician, lecturer, and pioneer in Occupational Therapy. She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation, and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration, and auditory interventions. She created and continues to expand Therapeutic Listening[®], which she has taught to over 10,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, & various auditory interventions. She is the creator and author of Listening With the Whole Body, and co-author of Core Concepts in Action, Astronaut Training, and Out of the Mouths of Babies.



Vital Links Division of Therapeutic Resources is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language

pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

ASHA: This course is offered for 1.3 ASHA CEUs (Introductory Level & Professional Area)



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AOTA: Vital Links is approved by The American Occupational Therapy Association (AOTA) as a provider of continuing education. This course provides 13 contact hours or 1.3 AOTA CEUs. To receive your AOTA credit, your full attendance is required. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Level: Introductory. Target Audience: Occupational Therapy Classification Code: Client Factors, Performance Skills, & Intervention.