AANP Region X Update
2018
Disclosure and Objectives

Disclosure:
No industry conflicts to report

Objectives:
• Identify purpose and initiatives of AANP and national policy priorities and activities
• Discuss legislative trends for Region X
• Explore issues of concern to Oregon nurse practitioners
• Identify key opportunities for NP advocacy and professional development
Region X States: All Full Practice Authority
AANP State and Regional Representation

• Region X Board of Directors
  Tracy Klein, PhD, ARNP, FNP

• Oregon State AANP Representative
  Mandy McKimmy, DNP, FNP
State Award Recipients 2018

- Oregon
  - NP Excellence: Dr. Nicole Bennett
  - Advocate: Jenn Baker
Presenting to Past Oregon Award Recipients
Percentage AANP Membership Per Region X

- Alaska: 39.46%
- Idaho: 37.93%
- Oregon: 27.55%
- Washington: 26.33%
AANP Membership Overview

• 90,552 members as of 8/31/2018
• 11.9% increase in membership in the past year
• 749 Fellows
• 217 organization members

Nurse Practitioners of Oregon is an organization member, which entitles them to CE approval, conference attendance, and other benefits.
Membership Categories and Costs

- NP $135.00
- Student $55.00
- Post Masters Student $95.00
- Career Starter (first year of practice) $95.00
- Retired $55.00
- Associate $145.00 (non-nurse practitioner)
Membership Benefits

• Discounts on conference registration and malpractice insurance
• 75.00 discount on national certification application through AANP Certification Board
• Free CE
• Substantial discounts on Up to Date, DynaMed Plus, and VisualDX
• Grant and Scholarship opportunities for research or education
• Prescribers Letter for $66.33 a year
• Subscription to the Journal for Nurse Practitioners and Journal of the American Association of Nurse Practitioners
• State legislation tracking, analysis and consultation
AANP Strategic Plan

• Mission: The American Association of Nurse Practitioners empowers all nurse practitioners to advance quality healthcare through practice, education, advocacy, research and leadership. 

Photo Wikimedia Commons: Credit Manfred Heyde
Board Initiatives

• Patients nationwide will have full and direct access to high-quality care and will choose NPs as their healthcare provider
• NPs will be leaders in healthcare and will serve high level positions in business and government
• NPs will be acknowledged for their authority, leadership and expertise in high-quality health care
• NPs will have parity with physicians and other providers in reimbursement, payment and government funding
We Choose NPs Media Campaign

- launched July 2018
- Television ads are airing nationally on Fox, CNN and MSNBC and in select markets on Good Morning America, The Today Show and The Ellen DeGeneres Show
- Radio ads in key markets
- Investment resulted from national focus groups conducted in 2017 in full, limited, and restricted scope states
- View at: https://www.youtube.com/watch?time_continue=8&v=ZyG0zW1kLw0
AANP Federal Policy Initiatives 2018

• Cosponsor S. 445/H.R. 1825 to Amend Title XVIII of the Social Security Act to Ensure More Timely Access to Home Health Services for Medicare Beneficiaries Under the Medicare Program. This Legislation Would Authorize Nurse Practitioners (NPs) to Certify Patient Eligibility for Medicare Home Health Services

• Cosponsor H.R. 1160 to improve the way beneficiaries are assigned under the Medicare shared savings program. This legislation would allow the assignment of nurse practitioner patients to Medicare shared savings ACOs.

• Authorize changes to part A section 1814 of Medicare law to allow NPs to certify their patients for hospice

• Make permanent the authorization by NPs to prescribe Medication Assisted Therapy (MAT).

• Modify CMS requirements for preceptors supervising NP students to clarify lack of need to repeat and redocument entire examination
Preceptor Issues

• Earlier this year, the Centers for Medicare and Medicaid Services (CMS) amended the Medicare Claims Processing Manual to allow for teaching physician verification — rather than re-documentation — of student notes and examination related to Evaluation and Management (E/M) services (Transmittal 3971, later replaced by Transmittal 4068).
• Subsequent communications from CMS indicate that the agency believes these changes only apply to medical student documentation and not to PA/NP student documentation.
• Comments on the physician fee schedule included comments on this CMS interpretation, and were submitted on September 10, 2018. You can continue to provide feedback regarding barriers noted to this rule by emailing: regulations@aanp.org.
AANP State Policy Initiatives: 2018

- Modernize state licensure laws
- Streamline care delivery with NP signature recognition
- Encourage flexible, sustainable reimbursement and care delivery methods
- Build and support public health
Region X Legislative and Professional Trends

• Opioids (prescribing, authorization limits, PDMPs, expanded authority for pharmacists for naloxone)*
• Medical marijuana (legal along with recreational in WA, OR and Alaska, medical only in Idaho)
• Coalition building (WA, Idaho and Alaska have formalized APRN coalitions, OR is initiating one through the Oregon Nurses Association)
• Reimbursement and third party credentialing

* Alaska passed HB 159 which allows individuals to file a “non-opioid directive”, requires continuing education in pain management and opioid addiction for health professionals, and limits outpatient opioid prescriptions to 7 days with some exceptions. Washington is finalizing regulations which will further limit opioid prescribing and mandate PDMP use. Oregon now requires PDMP registration.
Outside Region X

- AANP tracks insurance, primary care, scope of practice and care delivery legislation which has potential to impact nurse practitioners
- Trends include:
  - Expansion of signature authority
  - Enforcement of transition to practice hours and/or supervision
  - Workers compensation authority
  - POLST authority
  - Reimbursement for preceptors and loan repayment authorization
  - Legislation specific to primary care support or primary care medical home (such as recent legislation in California to require insurance companies to report percentage of expenses allocated to primary care and resources devoted to financially support the delivery of primary care)
Practice

Practice Networks
- NIH National Diabetes Education Program
- NIH National Child and Maternal Health Education Program
- AHRQ's Effective Health Care Program
- National Quality Forum
- Patient Centered Primary Care Collaborative
- National Adult and Influenza Immunization Summit
- Osteoarthritis Action Alliance
- Acetaminophen Awareness Coalition
- NSAID Alliance

Professional Practice Collaborations
- Joining Forces
- Million Hearts
- Shot@Life
- Primary Care Pain Task Force
- Stop Obesity Alliance
- Antibiotic Stewardship
- Coalition To Improve Diagnosis

Other Services
- Grants and Scholarships for professional practice and research
- Resources to evaluate practice reimbursement and business management
- Practice based clinical resources and links for databases
- Partnership with the National Nurse Led Care Consortium to educate and support NPs in the Transforming Clinical Practice Initiative (TCPi) to help transform their clinics from fee for service to value based reimbursement
Education

• AANP CE Center
  • Established in 2007
  • LMS launched March 2016
  • More than 160 CE programs currently available
  • High traffic, with more than 130,000 CE certificates issued since March 2016
  • Free to all members (funded programs are free to all)
  • Ties to AANP CE Portfolio
  • Program quality consistently rated high
Education

• CE programs developed independently or in collaboration with partner groups and/or organizations
• 192 CE options currently available
  • Live and enduring programs with various delivery methods
  • Examples:
    • AANP CE Series
    • Live webinars
    • Professionally recorded videos
    • Conference sessions
    • CE Symposia
    • Interactive enduring documents
BUPRENORPHINE WAIVER COURSES

- 1915 have completed the 24 hour course on AANPs website
- 235 have completed the 16 hour course
- Training is available for both courses at no charge through a partnership with the American Society of Addiction Medicine

On demand courses are also available which address topics such as:
Techniques for Safe Opioid Prescribing, Managing Aberrant Drug taking Behaviors, Acute Pain Management in Opioid Tolerant Patients, Addressing Adolescent Substance Abuse, and Complex Cases in Pain Management
Advocacy

• Federal Successes
  • SGR repealed in provider neutral legislation
  • Legislation passed to allow NPs to certify DME orders
  • Legislation passed authorizing NPs to prescribe MATs (CARA)
  • Final rule adopted Jan. 2017 to authorize APRNs working in VA systems to practice under full practice authority

Comments submitted by AANP on Federal legislation can be located at: https://www.aanp.org/legislation-regulation/federal-legislation/regulation
Advocacy

• State Policy Successes
  • Ensure *full & direct access for* NP services:
    • Insurance Provider recognition and Reimbursement
    • Signature Recognition
    • States fought off infringement on scope of practice bills in 2018
    • 26 states now have full practice authority

*Our Goal is to Eliminate ALL Barriers to Practice for NPs*
Research

Home to the NP National Database, the only comprehensive database of NPs in the U.S.

NP Policy & Regulation

NP Workforce

NP Practice

NP Education

Grants
Leadership

- Yearly regional leadership Meetings are conducted by Region Directors and AANP staff
- AANP partners with NIDA to grant mentored traineeship awards in Substance Use Disorder Treatment and Science
- Applications for the health policy Fellowship are open 4 times yearly

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2019 Conference Dates

• Health Policy Conference Feb 3-5, 2019
  Washington, DC

• National Conference June 18-22, 2019
  Indianapolis, IN
Oregon NPs at AANP Annual Conference in Denver (2018)
Meet set on rules

The State Board of Nursing will meet at 2 p.m. Wednesday, Dec. 10, in Portland for a public hearing on proposed new rules expanding the potential role of nurse practitioners.

The hearing will be in Water Bureau Building auditorium, 1800 SW 6th Ave.

The proposed rules would permit a nurse practitioner to work independently in specialized areas such as pediatrics, geriatrics, midwifery, anesthesiology and psychiatric and mental health nursing.

A certified NP would be authorized, within the scope of a specialty area, to examine patients, identify health problems, prescribe drugs and perform minor surgery.
Discussion: Where We are Going

• What do you see as key areas of practice concern in Oregon?
• How is this of impact to Region X as a whole?
• Which services and benefits do you expect or need from a national professional association (AANP) which fit the mission and initiatives of the organization?
• What do you see yourself most needing to support your practice in the future?
• How is leadership supported and developed within the NP community?
• Other questions and comments?
Contact

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