

OCTOBER 16-18, 2014  
THE SENTINEL HOTEL, PORTLAND, OR

## SESSION DETAILS

Session #: 212

Title: Addressing Substance Use: Incorporating Brief Intervention Strategies into Patient Visits

Speaker: Jason R. Kilmer, Ph.D.

Date: Friday, October 17

Time: 2:15-3:30 p.m.

CE Contact Hours: 1.25

Pharmacology Hours: 0.16

## SESSION DESCRIPTION

Use of alcohol, marijuana, and other drugs can contribute to, exacerbate, or even cause some of the symptoms surrounding a patient's presenting health issue. Additionally, patients you are working with may present ready to work on one issue but not their substance use. Miller & Rollnick's Motivational Interviewing is a non-judgmental, non-confrontational clinical approach that can be used to prompt consideration of change with those not et thinking about change, as well as to explore and resolve ambivalence with those considering what to do. In this concurrent session, we will review the basic principles and strategies behind Motivational Interviewing, and practice with brief intervention strategies for use during patient visits.

## LEARNING OBJECTIVES

Upon completion of this session, the learner will be able to:

1. Identify ways in which substance use could contribute to common presenting issues.
2. Identify different stages of change and clinical implications related to health messages.
3. Identify the basic strategies and basic principles of motivational interviewing.
4. Demonstrate applications of open-ended questions and reflective listening for use in a motivational enhancement-based brief intervention.

## DISCLOSURES

Conflict of Interest for Planners & Presenter:

- The planners of this CNE activity declare no conflicts of interest in the development and implementation of this educational activity.
- This presenter declares no conflict of interest. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.