

OCTOBER 16-18, 2014  
THE SENTINEL HOTEL, PORTLAND, OR

## SESSION DETAILS

Session #: 313

Title: Responsible Prescribing For Obese Patients

Speaker: Seth Merritt, FNP, LMT, CATOM, CLS

Date: Saturday, October 18

Time: 2:50-4:05 p.m.

CE Contact Hours: 1.25

Pharmacology Hours: 1.0

## SESSION DESCRIPTION

As obesity increases in prevalence, it is important for prescribers to understand how medications can help and hinder patients' goals and motivation for a healthier lifestyle and weight loss.

## LEARNING OBJECTIVES

Upon completion of this session, the learner will be able to:

1. Review pathophysiology of obesity
2. Identify medications that are used to help patients lose weight and how they are used on label and off label.
3. Identify medications that carry weight gain potential and how to minimize risk of weight gain.

## DISCLOSURES

Conflict of Interest for Planners & Presenter:

- The planners of this CNE activity declare no conflicts of interest in the development and implementation of this educational activity.
- This presenter declares no conflict of interest. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.