

Session Details

Session #: 107
Title: Test, Don't Guess: Neurotransmitters Uncovered (repeat)
Speaker: Tamara Owen, RN, MS, PMHNP
Date: Thursday, October 8
Time: 11:10 a.m. - 12:25 p.m.
CE Contact Hours: 1.25
Pharmacology Hours: 1.0

Session Description

Neurotransmitter transmission is the key to how we think, feel and behave. When neurotransmitters are out of balance, we see a number of psychiatric and neurological disorders. Depression, anxiety, insomnia, AD/HD, memory disorders, behavioral disorders, and a host of other brain-related disorders are due to either insufficient or excessive neurotransmitter levels at the synaptic cleft. Having a method to test for the biomarkers of these levels can aid in treatment choices and improved patient compliance. Patients are frequently pleased to know that their symptoms have a biochemical base and that they are not "going crazy." Case studies representing a spectrum of psychological disorders will be presented.

Learning Objectives

Upon completion of this session, the learner will be able to:

1. Identify how NeuroAdrenal testing can benefit your patient.
2. Describe the neurotransmitter systems, how imbalances can occur and identify treatment strategies.
3. Identify the biomarkers for early mid and end stage neuroadrenal fatigue and describe treatment strategies.
4. Describe how inflammation can contribute to neurotransmitter imbalances and adrenal fatigue and identify treatment strategies.

Disclosures

Conflict of Interest for Presenter:

- Tamara Owen has declared a relationship with NeuroScience, who is her primary educator on neuroadrenal testing. This relationship has been determined to be not relevant to the content of this educational activity. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.