

## *Session Details*

Session #: 205  
Title: Urinary Incontinence  
Speaker: Karla Reinhart, DNP, FNP-C, ARNP  
Date: Friday, October 9  
Time: 11:10 a.m. - 12:25 p.m.  
CE Contact Hours: 1.25  
Pharmacology Hours: 0.25

## *Session Description*

More than 13 million people in the United States -- male and female, young and old -- experience incontinence. Women experience incontinence twice as often as men. Pregnancy and childbirth, menopause, and the structure of the female urinary tract account for this difference. It is imperative as practitioners that accurate diagnosis, history including surgical, and treatments tried be evaluated.

## *Learning Objectives*

Upon completion of this session, the learner will be able to:

1. Acquire knowledge of A & P of micturition, as well as pertinent pathologies for male and female incontinence.
2. Identify urinary incontinence risk factors including irritants.
3. Discuss types and causes of urinary incontinence.
4. Identify components of an incontinence assessment.
5. Identify interventions to treat urinary incontinence.

## *Disclosures*

Conflict of Interest for Presenter:

- The presenter(s) of this session declare no conflict of interest. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.