Session Details

Session #: 001
Title: Stop Wrestling, Start Dancing: Motivational Interviewing for the Busy Clinician
Speaker: Bradley M. Anderson, MD
Date: Wednesday, October 12
Time: 7:00-8:15pm
CE Contact Hours: 1.25
Pharm Hours: 0

Session Description

An introduction to the principles as well as the practical use of motivational interviewing techniques for the busy clinician. This will include recommendations for how to have difficult conversations with patients, particularly those involving the prescribing of controlled substances. Dr Anderson has used these methods in 23 years of addiction medicine practice and they are applicable to much of what is seen in a primary care setting, in addition to addiction.

Learning Objectives

Upon completion of this session, the learner will be able to:
1. Recognize the basic principles of motivational interviewing
2. Identify useful tools to use in daily practice for motivating change in patients
3. Develop skills for managing difficult conversations with patients
4. Utilize skills for managing difficult conversations with fellow audience members through scripted role plays

Disclosures

Conflict of Interest for Presenter:
• The presenter(s) of this session declare no conflict of interest. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.