Session Details

Session #: 104  
Title: Conducting Alcohol Screening & Brief Intervention (SBI)  
Speaker: Dr. Tracey Wiese, ANP, DNP, PMHNP-BC, FNP-BC  
Date: Thursday, October 13  
Time: 10:00-11:15am  
CE Contact Hours: 1.25  
Pharm Hours: 0

Session Description

Alcohol screening and brief intervention (SBI) is a clinical-preventive service used to identify and help patients who may be drinking too much. Despite research demonstrating alcohol SBI is effective at reducing the amount of alcohol consumed by patients who drink more than recommended limits, the practice is underutilized in primary care. The entire service takes only a few minutes, is inexpensive, and is reimbursable. This workshop will provide demonstration and practice on conducting alcohol SBI during the patient encounter. Relevant cases will be reviewed and exercises to address positive screens through a personalized, brief response will be discussed.

Learning Objectives

Upon completion of this session, the learner will be able to:
1. Describe and define at-risk alcohol use.
2. Identify an evidence-based alcohol screening tool for use with adults in primary care.
3. Develop a brief intervention plan for specific patients who consume alcohol.

Disclosures

Conflict of Interest for Presenter:
• The presenter(s) of this session declare no conflict of interest. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.