**Session Details**

- **Session #:** 108  
  **Title:** Adolescent Substance Use: SBIRT Approach to Screening and Management  
  **Speaker:** Mandy Wilson McKimmy, DNP, FNP-C  
  **Date:** Thursday, October 13  
  **Time:** 11:30am-12:45pm  
  **CE Contact Hours:** 1.25  
  **Pharm Hours:** 0

**Session Description**

An interactive session to provide an understanding of the incidence of substance use in adolescents, to review the risks associated with substance use and to describe and teach the methods of SBIRT (Screening, Brief Intervention, Referral to Treatment) as a reliable method for screening and management of care for adolescents.

**Learning Objectives**

Upon completion of this session, the learner will be able to:

1. Explain the evidence base for motivational interviewing in brief interventions to address alcohol and substance use among adolescents.  
2. Describe the components of SBIRT (Screening, Brief Intervention, Referral to Treatment) to address alcohol and substance use among adolescents within the clinical setting.  
3. Describe a brief intervention, using motivational interviewing techniques, to address mild to moderate alcohol and substance use issues.

**Disclosures**

**Conflict of Interest for Presenter:**

- The presenter(s) of this session declare no conflict of interest. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.