Session #: 112  
Title: Understanding the Upper Extremity  
Speaker: Kari Komlofske, MSN, FNP-C and John Workinger, FNP-C  
Date: Thursday, October 13  
Time: 2:45-4:00pm  
CE Contact Hours: 1.25  
Pharm Hours: 0.16

Session Description
Complaints of the upper extremity are common in people of all ages. We will discuss frequently encountered problems and injuries affecting the upper arm, elbow, forearm, wrist and hand. Informal lecture will provide a forum for understanding anatomy as well as common injuries and medical problems affecting function of the upper extremity, and treatment options.

Learning Objectives
Upon completion of this session, the learner will be able to:
1. Demonstrate increased ability to identify normal anatomy and function, use appropriate terminology to describe the upper extremity (UE).
2. Identify common traumatic and non-traumatic orthopedic conditions of the UE.
3. Demonstrate increased ability to perform appropriate examination and diagnostic ordering for common orthopedic conditions of the UE.
4. Discuss how to offer treatment options for common orthopedic problems of the UE.

Disclosures
Conflict of Interest for Presenter:
• The presenter(s) of this session declare no conflict of interest. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.