



## Session Details

Session # 301

Title: Prescription for Change: CSA Partnerships for Health

Speaker: Brian Frank, MD

Date: 10/7/2017

Time: 8:15 AM

CE Contact Hours: 1.25

Pharm Hours: 0

## Session Description

CSA Partnerships for Health (CSAP4H) seeks to decrease the risk for diet-related chronic diseases by reducing food insecurity and improving diet quality among low-income families through partnerships between community supported agriculture (CSA) programs and clinics serving patients receiving Medicaid benefits. CSA is a direct farm-to-consumer model in which subscribers (i.e. members) pay farmers up front to receive a weekly share of produce throughout the growing season, providing small-scale farmers with economic security and consumers with sustained, habitual access to fresh vegetables. CSAP4H is designed to achieve its goals through a multi-level strategy that addresses individual and physical level barriers to vegetable consumption and by harnessing the potential of social capital via enhanced social networks to improve health outcomes. This presentation will discuss a local project, currently in its third year, which pairs local farms with community clinics to provide subsidized CSA shares to low income patients and their families served by the clinics.

## Learning Objectives

Upon completion of this session, the learner will be able to:

1. Describe the economic impact of poor diet quality.
2. Compare/contrast costs of fresh produce to processed foods.
3. List three "veggine interventions" being implemented in Oregon.
4. Create an action plan for helping patients increase access to fresh produce.

## Disclosures

Conflict of Interest for Presenter:

- The presenter(s) of this session declare no conflict of interest. As faculty/presenter for this activity, presenter attests that they will provide the best available evidence for this content and present information fairly and without bias.