



Independent Practice and Business Owners Committee Report Sept. 27, 2024

For those unfamiliar, independent nurse practitioners in Oregon have the unique opportunity to own and operate their own healthcare businesses. This means navigating the clinical and administrative sides of running a practice—everything from patient care to billing, staffing, and keeping up with regulatory changes. It's a challenging but rewarding role, allowing us to serve our communities in ways that align with our values as healthcare providers and prioritize and support our personal values, which are different for everyone. Our current committee chairs' values include autonomy and empowerment over work-life balance, creativity, and ownership.

Here are some highlights worth sharing from this year:

Our Co-Chair, Tori Rumrey, NP, stepped down earlier this year, and I, Dani Dupuis, have stepped into the role of Chair. It's been a busy year for all of us in private practice!

Healing Healers and Survey Findings

One area we've explored is the "Healing Healers" initiative. We ran a quick survey, and the responses reflected common themes we all face, including maintaining healthy boundaries, seeking peer support, and finding safe spaces to discuss the unique stresses of running a business. Topics like reimbursement and achieving a work/life balance also came up frequently.

HB4330 and Advocacy

We've been tracking HB4330, a bill that could have some real implications for independent practices if passed. I've encouraged business owners to contact Emerson Hamlin at ONA, hamlin@oregonRN.org to better understand how it might affect their practice.

Looking Ahead

We hope to keep the momentum going by providing simple, valuable resources such as our Facebook page and supporting one another with our gatherings after various conferences throughout the year.

Contact Info

If you have not already, please request to be added to the Facebook page: NPO Independent Practice and Business Owners, where we can share our experiences and struggles and ask questions about independent practice.

Feel free to reach out to me anytime at dani@phoenixrising.family. Let's stay connected!

Submitted by Dani Dupuis, MSN, APRN, NP-C
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