Letters from Your Leadership

BY SANDRA MOLLE, LPC, BCN - Past President - pastpresident@nvlpc.org

PAST PRESENT AND FUTURE

Hello members,

I am honored to have been President of NVLPC for the 2016-2017 year. True to our Mission and our Guiding Principles, we accomplished the following:

We Enhanced our profession and ethical competence by promoting and providing high quality and affordable continuing education including fifteen breakfast events, two workshops, and a co-sponsored event.

We Encouraged by providing guidance to counseling students and residents in counseling as they transition toward licensure including a student workshop on residency paperwork, monthly support groups at both east and west locations, and a student essay competition toward a $1000 scholarship.

We Engaged by facilitating a networking system for members to develop collegial relationships in order to share information and ideas including our very helpful forums, our periodic networking events, our more recent foray into the social networking sites, and a book exchange.

We Enlightened by increasing public recognition of the counseling profession and by collaborating with other professional organizations as they advocate for issues and legislation that impacts our profession including dissemination of news and legal issues relevant to our profession by way of our monthly newsletters, advocacy emails, and our very informative website.

As president this year, one of my goals was to fortify these great traditions with well-defined guidelines to ease the inevitable loss of continuity as our leadership changes. To that end, we needed a paper trail and a road map. We have established an archive system, our paper trail, and we have formalized our By-laws which are now part of our leadership manual, our road map. We also have a three layer budget spreadsheet that monitors our budget v. actual expenses v. variances to maintain our fiduciary responsibilities to you, our members, our number one priority.

Please join me in congratulating our new NVLPC Executive Board Members who were voted in last month: Renae Smith, President; Tara Edwards, Secretary; and Maria
McCabe, Treasurer. Please look for the ballot for Sarah Keely to be voted in as our new Vice President in a few days.

I am delighted that the following members of last year’s leadership have stayed on to continue their important work: Shulamit Widawsky, Communications Director/Website Chair; Durriya Augelli, Events Director, Amy Fortney Parks, Newsletter Advertising; Eleanor Huff, Networking Group; Tara Soligan, Nominating Committee; and Sharon Watson, Supervision.

I am excited to report that we have several members who have stepped up this year to volunteer to take on leadership roles for the 2017-2018 year; Yashika Neaves (who was our Workshop Chair last year), Education Director; Tamika Archer, Membership Director; Audrey Lipps, Newsletter Chair, Faith James, Workshop Chair; Farrah Alnajjar, Multicultural Chair, and Rebecca Hogg, West Resident Group Facilitator.

I would like to thank the following folks who have stepped down from their leadership roles from last year: Tracey Guard, Secretary; Maya Georgieva, Membership Chair; Kristin Rosenthal, Newsletter Chair; Kellie Tucker, Student Development Chair; and Steve Zappalla, NBCC Liaison,

We have the following leadership positions available: Events East Committee Chair, Events West Committee Chair, Website Administrative Assistant, East Resident Group Facilitator, Student Development Chair, and NBCC Liaison, VACC Representative. Please contact any member of our leadership if you are interested in volunteering for any of these positions.

I hope to see you at some of our very exciting events planned for this year. Stay tuned.

With gratitude, Sandy Molle, NVLPC Past President

Let’s Do This Together

BY RENAE SMITH - Incoming President - president@nvlpc.org

Hello Everyone,

As this year of activity for NVLPC draws to a close, I wanted to take this opportunity to thank all of our board and committee members for their service and dedication. Without their contribution of time and individual talents, NVLPC could not exist. I would also like to thank our members who have stepped forward and volunteered to fill vacant board and committee positions; Eleanor Huff –Networking chair, Farah Alnajjar –Multicultural chair, Tamika Archer –Membership Director, and Rebecca Hogg –Resident Support Group West. We look forward to working with you next year. Finally, I would like to thank our members who have participated in our events. NVLPC appreciates your dedication to improving our profession.

The leadership is excited as we look forward to next year. Our outstanding President, Sandy Molle, has organized our leadership manuals and has put into place a system that will make the transition for future leadership more streamlined and efficient. As I look forward to being President next year, I am grateful for her efforts and the amazing work and support from the NVLPC leadership team. It is also my intent to continue to support NVLPC’s mission to Enhance, Encourage, Engage and Enlighten all of us in the mental health profession by being sure we are continuing to provide informative seminars and workshops, student and resident support, networking opportunities and continuing to foster our relationship with our parent organization, the American Mental Health Care Association (AMHCA).

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Professional News You Should Know

BY SANDRA MOLLE, LPC, BCN - Past President - pastpresident@nvlpc.org

There is quite a bit that is going on at the national level regarding our profession.

MEDICARE UPDATE
In June, 2017, U.S. Reps. John Katko (R-NY) and Mike Thompson (D-CA) introduced H.R. 3032, the Mental Health Access Improvement Act of 2017, seeking to establish mental health counselors and marriage and family therapists as authorized Medicare providers. NBCC is working with its coalition allies to include this legislation in any health care vehicle moving through Congress. As you may know, we have been encouraging all of our colleagues to contact their representative to encourage them to co-sponsor this very important bill.

DEPARTMENT OF VETERANS AFFAIRS UPDATE
In May, 2017, due to the low levels of LPMHC’s in Department of Veteran’s Affairs, Senator John McCain (R-AZ) introduced S. 992 that includes language studying the staffing levels of mental health counselors and family therapists as authorized Medicare providers. NBCC is working with its coalition allies to include this legislation in any health care vehicle moving through Congress. As you may know, we have been encouraging all of our colleagues to contact their representative to encourage them to co-sponsor this very important bill.

TRICARE UPDATE
This year, four Representatives and two Senators requested language be included in the annual National Defense Authorization Act providing mental health counselors independent practice rights and privileges.

FEDERAL EMPLOYMENT UPDATE
In May, 2017, Senator Jon Tester (D-MT) and Senator Jerry Moran (R-KS) sent a letter to the Acting Director of the Office of Personnel Management urging the creation of occupational series for counselors and MFTs. Also in May, 2017, Senator John McCain (R-AZ) introduced S. 992 that includes language requesting a timeline for the creation of an occupational series for counselors and MFTs.

Thank you for your ongoing support of our efforts to advocate on your behalf.

Kindly, Sandy Molle

New Newsletter Editor

Please welcome Audrey Lipp, LPC as the new Newsletter editor! She is eager to learn more about NVLPC, and provide us all with the articles, news and updates we need. Thank you, Audrey!
The Supervision Corner

BY SHARON WATSON - Supervision Chair - supervision@nvlpc.org

IMPORTANT BITS AND PIECES

Has anyone been confused by the CSAC regulations? I certainly have! If so, then you will be happy to know that the Virginia Board of Counseling will be reviewing and clarifying the CSAC regulations. The following is a quote from the Virginia Board of Counseling Brief, June 2017:

“Updating and Clarifying CSAC and CSAC-A Regulations.
The Board has been reviewing the regulations for certified substance abuse counselors (CSAC) and certified substance abuse counseling assistants (CSAC-A) to clarify portions of the regulations that have confused applicants, to add more specific requirements for the residency to better ensure accountability and quality in the experience, to add time limits for completion of the residency to avoid perpetual residents who may continue without passage of an examination and completion of certification, to add requirements for continuing education as a requirement for renewal to ensure on-going competency to practice, and to place additional standards of practice in regulation to address issues the Board has seen in complaints and disciplinary proceedings and for consistency with other professions in behavioral health.”

The “Brief” can be accessed by clicking the link “News” on the left-hand side of the Board homepage, then clicking “Board Brief – June 2017”.

IMPORTANT CSAC INFORMATION:

One question I had regarding the current CSAC regulations is: At what point in a prospective CSAC resident’s continuum of education and experience is that individual required to apply for a Board approved supervisor so they can begin counting hours towards certification?

I emailed the Board with this question and was told that the current CSAC regulations do not require that the individual apply to register a supervisor prior to counting hours towards licensure, but that the supervisor must meet the criteria for being a CSAC supervisor. That means if you meet the requirements to be a CSAC supervisor you can start supervision without applying to be an approved supervisor. An easy place to find the list of who can be an approved supervisor is to look at the CSAC application (dated 2/2017) on the bottom of page 3.

I also found this information in the new CSAC Handbook dated 4/2017 on page 4:

“STEP 2. Apply for and receive Supervision Approval prior to obtaining residency experience. Referred to as Initial Registration of Supervision. “This step is not required, but it is recommended.”

I was also told this may change with the updating and clarifying of the CSAC regs.

I have been wondering why I haven’t gotten information about changes in the regulations when I signed up for notifications from the VA Board several years ago. I don’t know what happened with that email list I thought I was on, but I’ve found there is an option for receiving important information from the VA Board of Counseling. This is another quote from the Board Brief – June 2017:

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“VIRGINIA REGULATORY TOWN HALL We encourage you to sign up and register as a Town Hall public user. Virginia’s Regulatory Town Hall is your source for information regarding proposed changes to Virginia’s regulations including a meetings calendar and board minutes. You may also participate in online forums or sign up to receive email alerts.”

When you are in the Board Brief itself there is a link in the above notice to sign up as a public user Once you sign up, you should receive an email to set your preferences on what notifications you would like to receive. When you get that link, click on it and it will take you to preferences for which emails you would like to receive (meetings and/or regulatory actions) and then you can choose your “selected area of interest.” For the VA Board, go down the list and click the “+” next to Health and Human Resources and a list will open. There you can check “Department of Health Professions.”

I had a recent question: “Is there a maximum number of residents allowed per supervisor?”

The answer from the VA Board was: “Currently the regulations do not give a limit to the amount of residents a supervisor can supervise.”

But remember, the maximum number of residents in group supervision is 6.

If you have any questions or any ideas for future supervision topics, please let me know. I’m happy to research any questions you may have had difficulty finding the answers to in the regulations. You can email me at supervision@nvlpc.org.

2017 VCA Convention -
The Homestead Resort & Spa

November 9-11, 2017

ELEVATE, EDUCATE & EMPOWER

http://www.vcacounselors.org/event/17VCAConventionRegistration
“Women Who Run With the Wolves” Process Group

2nd Tuesday of the month
(September 12th - June 12th)
7 PM - 9:45 PM
3615 Chain Bridge Rd. Unit I Fairfax, VA 22030

This year marks the 25th anniversary of the award winning book “Women Who Run With the Wolves: Myths and Stories of the Wild Woman Archetype” by Jungian analyst and cantadora Clarissa Pinkola Estes. In this group we will study the archetypal motifs of these myths and stories and how these symbols might set our inner lives in motion. Open to women in all age groups.

We will use active imagination, guided imagery, music, art, dream analysis, psychodrama, movement, writing and dialog to help us reconnect to the healthy, vibrant, instinctual and visionary attributes of the wild woman within our selves.

Dr. Jan Beauregard is a student of Dr. Estes and has completed over 400 hours of training in Archetypal and Cross-Cultural Studies. Please contact us for fees and additional information at Drjan@ipivirginia.com or by calling 703 385 9667 Ext. 1.
JOB POSTING

ASSISTANT DIRECTOR CLINICAL PROGRAM, GEORGE WASHINGTON UNIVERSITY

Job Description: GW’s Community Counseling Services Center (CCSC) serves as a resource to the Washington, D.C., metropolitan area by providing low-cost counseling and referral services, clinical screenings, and outreach programming. It empowers clients through community outreach and client advocacy while providing opportunities for master’s degree students to implement and develop expertise in counseling competencies under the close supervision of faculty and clinical supervisors.

The CCSC is seeking a passionate Clinical Program Supervisor to facilitate the provision and oversight of mental health programs and services. The CCSC has two primary missions: to provide quality counseling services to clients and to promote excellence in the training of master’s and doctoral students through state-of-the-art clinical supervision. This position reports directly to the Clinical Director and must be able to regularly work evenings and weekends.

Responsibilities include, but are not limited to:
- Providing direct supervision of master’s Counselor Internship Students (CIS), doctoral level CIS and CCSC staff
- Creating a yearly training curriculum for CIS students and CCSC staff
- Annually updating the CCSC Policies and Procedures manual and CCSC forms
- Providing crisis management oversight and monitoring CCSC services in regard to professional and ethical service provision
- Developing, facilitating and evaluating CIS and CCSC programs
- On call availability during CCSC days of operation and during semester breaks when the CCSC is otherwise closed
- The incumbent is expected to efficiently lead a team, maintain confidential information and possess enthusiasm for the counseling field.
- Performs other work related duties as assigned. The omission of specific duties does not preclude the supervisor from assigning duties that are logically related to the position.

Minimum Qualifications: Advanced degree in a mental health discipline (psychology, social work, or counseling), plus four (4) years of professional experience, to include two (2) years of supervisory experience. Licensed in Washington, D.C. or eligibility for Washington, D.C. clinical license within six months of hire.

Preferred Qualifications: Doctoral level degree preferred, but not required.

For more information, and to apply please visit http://www.gwu.jobs/postings/45430.

The university is an Equal Employment Opportunity/Affirmative Action employer that does not unlawfully discriminate in any of its programs or activities on the basis of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, gender identity or expression, or on any other basis prohibited by applicable law.

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www.nvlpc.org
What’s New with the Virginia Board of Counseling: Disciplinary Process, Technology Use, & New Reg’s

Registration is open!

1.5 CE Breakfast Event

When: Friday, September 8th, Registration and Networking starts at 9:30 AM, Presentation runs from 10:00 AM to 11:30 AM

Where: 1757 Golf Club, 45120 Waxpool Road, Dulles, Virginia 20166, United States

Presenter: Jaime Hoyle, Esq., Executive Director, Virginia Board of Counseling

Contact: Durriya Augelli, Events@NVLPC.org

Registration Information: Online registration is available until: 9/8/2017

About the Event: Executive Director of the Virginia Board of Counseling, Jaime Hoyle, Esq., will share information and take questions.

Learning Objectives:

• Understand where the Board stands on technology for counseling sessions.
• Learn more about the Disciplinary Process.
• Learn the New Regulations on QMHPs and Peer Recovery Specialists.

Earn 1.5 CEs for attending this event.

About the Presenter: Jaime H. Hoyle is the Executive Director for the behavioral sciences boards, which consist of three separate boards: The Board of Counseling, The Board of Psychology, and The Board of Social Work. Ms. Hoyle is an attorney by education and trade. She received her undergraduate degree from Boston College in 1997 with a BA in English, and she received her law degree from the University of Richmond, T.C. Williams School of Law, in 2000. Her career has focused on government, policy, and health care law. She began her career as a staff attorney for the Virginia State Crime Commission, where she developed an interest in the intersection of crime and mental health. Pursuing that interest, she became the Senior Staff Attorney and Health Policy Analyst for the Joint Commission on Health Care, where she also staffed the Behavioral Health Subcommittee. Most recently she served as Chief Deputy Director of the Department of Health Professions, a position appointed by Governor Terry McAuliffe. Ms. Hoyle is married with two children, and resides in Midlothian, Virginia.

NVLPC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6130. Programs that do not qualify for NBCC credit are clearly identified. NVLPC is solely responsible for all aspects of the programs.

Networking Notice: As part of our networking opportunities, we invite all members to bring their marketing materials to display, and/or to introduce themselves during our 2-minute introductions. Please let us know that you are interested when you RSVP.

Save These Dates

Registration will open soon

9/15/2017
Train a Brain, Change a Life: Bringing Neurofeedback Into Practice
- Springfield, VA

10/13/2017
Practical Techniques to Create Change in Adolescents
- Dulles, VA

10/27/2017
Spirituality and Counseling: Suggestions for Effective Integration
- Springfield, VA

11/17/2017
Fall Workshop and Mini Expo- Hilton Garden Inn
- Fairfax, VA

12/1/2017
Your Brain on Ink: Journaling and Neuroscience
- Dulles, VA

Did you know NVLPC hosts an email group just for members who are current in their paid membership.

NVLPC Members, request to join our Yahoo Group here!
### 2017 Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Speakers</th>
<th>Title of Event</th>
<th>Location</th>
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Our Events and Workshop Chairs are working on finalizing details with presenters and venues for some of the events. As the information becomes available, additional information will be provided through future newsletters and the website. Always check the website for the most updated information and registration links.

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