NVLPC ANNUAL MEMBERSHIP MEETING

Friday April 8, 2022 from 10am-11am
Via Zoom
Welcome and Call to Order

President’s Address

Update on organization
- President’s address

Student Essay Contest Award
- Reading Winning Essay

Presidential Candidate’s Address

Vote
- Determine Quorum

Q & A
- Networking Opportunity in Breakout Rooms
PRESIDENT’S ADDRESS

Dr. Faith James LMFT, LPC, CEAP
ORGANIZATION OF NVLP: NVLPC IS NOW THE STATE CHAPTER OF THE AMERICAN MENTAL HEALTH COUNSELORS ASSOCIATION

OTHER NEWS
✓ COUNSELING COMPACT
✓ SPOTLIGHT ON THE EXECUTIVE ADMINISTRATOR
SPOTLIGHT ON THE EXECUTIVE ADMINISTRATOR POSITION
My name is Debbie Rackham and I have been involved with NVLPC since 2018 when I joined as a student. After graduating in 2020, I continued my membership and began serving on the Board—first as the Secretary for a short time, and then transitioning over to the Executive Administrator position.

While I have worked in the Administrative field for several years, the opportunity to serve with NVLPC has allowed me to add in the counseling aspect. I have truly enjoyed getting to know members through email, interacting with and assisting presenters during seminars/workshops, and being part of the larger picture for counselors through the behind-the-scenes efforts of the entire NVLPC Board.

It is an honor to serve alongside these leaders and professionals.

Warmly,
Debbie
PRESIDENTIAL CANDIDATE ADDRESS
NVLPC BOARD CANDIDATE STATEMENTS
Greetings all!

I am the current Vice President of NVLPC and seek your vote to become the president.

Professional background: I graduated with my Doctorate in Counselor Education & Supervision in 2018. My research interest focused on the quality of life/mental stability of plus size African American women within higher education. Although much of my clinical experience has been aligned with working with the severely mentally ill within adult/juvenile detention centers/prisons within Virginia and Maryland, my cultural and social interest also includes the areas of body image, body acceptance and cultural implications of body image and how these factors can impact a person’s quality of life or mental stability. My current full-time work includes operating a group private practice and providing ongoing clinical supervision to interns attending surrounding schools along with securing teacher certification via Brown University’s Mindfulness Based Stress Reduction (MBSR) center. Current trainings I host have focused on implementing mindfulness practices in support of alleviating stress or stabilizing mood, but also to include mindful eating practices with managing body weight.

I’ve always had an interest in leadership and with being a counselor I see the need for a variety of leadership qualities, culture exposure and counseling identities. I have held leadership positions within VCA, MCA and DCCA allowing me to connect with a multitude of counselors in the field and to expand on my growing knowledge of this profession. It would be my honor to receive your vote in support of the Presidency position within NVLPC which would allow the expansion of knowledge, skills and abilities within this growing profession.

Thank you for your consideration and if selected I would be honored to have the opportunity to serve the counseling community through NVLPC.

During my tenure as president, I would aim to further the initiative that’s aligned NVLPC being the state representing for AMCHA. With many areas of focus, I’d ensure counseling and clinical supervision content continues to be added to our platform in the form of our established breakfast seminars, workshops, clinical supervision and many more training opportunities. Another area of importance is continuing the support of counseling students via the annual scholarships.
Hello Everyone,

Professional Experience: I have a Master’s degree in Clinical Mental Health Counseling from Marymount University and Doctoral degree in Counselor Education and Supervision. I am Licensed as a Professional Counselor (LPC) and approved supervisor for residents in Counseling in the state of Virginia.

The Pandemic has drifted us apart as a professional community which has not only inhibited social interactions and networking with others but also peer interdependence. Fortunately, we are at that stage of the pandemic where most of the restrictions are lifting, and people are resuming normalcy which means greater opportunity to be actively involved and return to traditional ways of operating to achieve our goals. It gives me immense pleasure to be part of this organization for the past 15 years and also given the opportunity to serve our community through NVLPC.

The main objective of my service will be to support the vision and mission of NVLPC to enhance the experience of continued education for our counselors of Northern VA and increase involvement of members in advocating the counseling profession. The other goals of my service will include increased participation of Resident Counselors in organizing, planning, and assisting NVLPC events. I would also like to increase awareness in the community about our members who are approved supervisors in the state of Virginia and their services.

Thank you in advance for your consideration

Deeba
Wendy Rood M.Ed

Hello Everyone,

I am recent graduate of the Clinical Mental Health Counseling program at William & Mary. I am now a Resident in Counseling at Quarternote Counseling in Manassas.

This has been a definite career shift, having previously worked as a theatre stage manager for regional and corporate theatre, and as faculty at Cornell University. Volunteering is important to me, and I have taken on multiple volunteer positions, including helping at Loudoun Abused Women’s Shelter since 2016. I have also served as the NVLPC Communications Director since August 2019.

I welcome and appreciate your vote!
Shana Storms, LPC, LSATP, NCC, ICGC

For the past 12 years of my experience in the field, I have specialized my skills in working with the addiction population. During those years, I have had great opportunities to work in various levels of care and different types of addictions which has expanded my knowledge.

I chose to volunteer at NVLPC to give back. The NVLPC community provided me with support and expertise as I worked my way through the licensure process and building my own private practice.

In my free time I love to be at the (horse) barn which is my sanctuary where I can find peace, happiness, and serenity.
VOTE FOR NVLPC BOARD MEMBERS

Determine a Quorum
Q & A

Networking Opportunity in Zoom Breakout Rooms