An Overview of

Northern Virginia Licensed Professional Counselors (NVLPC)

OUR MISSION:
To meet the professional needs of counselors, counseling residents and counseling students in Northern Virginia, so that we may effectively contribute to the mental health and general welfare of our community.
Meet our NVLPC Leadership…

President, Dr. Faith James, is a Psychologist, Licensed Marriage and Family Therapist, and Licensed Professional Counselor, with over 25 years of counseling, psychotherapy, and teaching experience.

Vice-President, Dr. Lenese Stephens received her EdD in Counselor Education and Supervision in 2018 and her MA in Community Counseling in 2011, both degrees from Argosy University. She is a Licensed Clinical Professional Counselor in Virginia, Washington DC, and Maryland.

Past-President, Sarah Keely, LPC received her degree from Lesley College in MA in 1994 and was first licensed as a counselor in 1997. She transferred her license to VA after moving here in 2009. She has been a NVLPC member since 2010.
NVLPC is a Volunteer-run Organization

Volunteer opportunities available

*NVLPC principles serve to Engage, Enhance, Encourage and Enlighten*
NVLPC Responds to Counselor Concerns: Providing Tools, Resources, and Connections

• **Internships/Residencies** → Student Development, Committee/Provider Finder Lists
• **Supervision** → Certified Supervisor Training/Supervisor Finder List
• **Licensure** → Monthly Residency Support Groups
• **Ethics** → Online Support/Forums/ListServ
• **Advocacy** → Committees with Knowledge Base
• **Networking** → Access to 500 + members
• **CEUs** → NBCC-Approved CEUs for Seminars/Workshops
NVLPC Leadership and Experience
Enable Your Professional Development

Events, Seminars, Workshops
- Virtual and in-person trainings are held once or twice a month
- Fall & Spring workshops provide an in-depth look at a clinical and/or ethical topic

Multicultural, Student Development, Networking
- Collaborate with over 500 members, leaders in the field
- Find education and support for multicultural diversity

Education, Supervision, Resident in Counselor Group
- Monthly Seminars/Workshops/Training/Gain CEUs
- Scholarships Awarded Annually
- Find Supervision for your Internship and Residency
- Attend Monthly RIC Group for Licensure Assistance

Online Resources, Newsletters, Advertising, List Serve
- Online On-Demand Professional CEU Offerings assisting counselors during COVID restrictions
- Online Forums/ListServ with over 500 members
- Plus members get own NVLPC url/blog/photo gallery

Government Relations and Advocacy
- Influenced Medicare inclusion of Masters level clinicians, managed care accountability, and adherence to Fair Business Practices

Northern Virginia’s Recognized Leader in Licensure Enablement and Therapeutic Professional Development
<table>
<thead>
<tr>
<th>FEATURE</th>
<th>DESCRIPTION</th>
<th>MEMBERSHIP</th>
</tr>
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<tbody>
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<td>MESSAGES</td>
<td>MESSAGING: SEND AND RECEIVE PRIVATE MESSAGES FROM MEMBERS</td>
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<td>GROUPS</td>
<td>JOIN AND FORM GROUPS ON NVLPC WEBSITE</td>
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<td>GENERATE REFERRALS TO AND FROM OTHER MEMBERS</td>
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<td>PAGES</td>
<td>CREATE YOUR OWN PROFESSIONAL NVLPC WEB PAGES</td>
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<td>BLOGS</td>
<td>CREATE YOUR OWN BLOG WITH ARTICLES AND UPDATES</td>
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<td>CAREER POSITIONS</td>
<td>CREATE JOB POSTINGS AND REVIEW OTHER POSTINGS</td>
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<td>SOCIAL NETWORK</td>
<td>ADD LINKEDIN/FACEBOOK/TWITTER TO YOUR PROFILE</td>
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<td>PHOTO GALLERY</td>
<td>POST PHOTOS AND CREATE ALBUMS ON YOUR PROFILE</td>
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<td>FAVORITES</td>
<td>QUICK LINKS TO IMPORTANT COLLEAGUES/CONTACTS</td>
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Who Joins NVLPC?

- **Licensed Professional Counselors** in Northern Virginia join NVLPC, because they appreciate having a local professional organization where they can earn their CE’s, find other LPC’s to engage with for professional needs, publicize their own specializations to other counselors and counseling organizations, and meet other mental health professionals for both professional and social common interests.

- **Licensed Marriage and Family Therapists** also benefit within their specialty from NVLPC membership, attaining research information, support, and supervision.

- **Retired LPCs** remain members, or become members, because they love the field, and want to remain actively involved.

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Residents-in-Counseling, LPC and LMFT: These counselors must meet the requirements set by the Virginia Board of Counseling for gaining approved supervision. NVLPC keeps a current database of approved supervisors in our Supervisor Finder, as well as utilizing NVLPC resources, like the board members who offer supervisor training, and groups assisting with guidance through the licensure process.

Counseling students often join NVLPC so they can most easily attain Virginia-specific information, support, and supervision help. Although some counseling students also join national counseling organizations, like AMHCA or the ACA, it is not necessary to join one of them to be part of our regional counseling organization.

Other professionals who work in collaboration with counselors, such as professionals in education, Substance Abuse treatment, rehabilitation, etc. We also have members who are LCSW’s, School Counselors, neuropsychologists, medical doctors, and many in other human services.
Recent Events, Seminars and Workshops

- Trauma Focused Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Bi-Polar Diagnosis and Treatment
- Anxiety Diagnosis and Treatment
- Play & Expressive Therapy Interventions for Enhancing Emotion Regulation
- Implementing Integrative Models into Clinical
- Practicing Alcohol Moderation: A Harm Reduction Alternative to the Abstinence-Only Model
- The Art of Therapy, The Value of EMDR
- Navigating the NCMHCE
NVLPC Online Resources
https://www.nvlpc.org

- NVLPC Newsletters
- Residency Supervisor Finder
- Career Center
- Scientifically-Based Articles
- On-Demand Professional Development Offerings
- Education on Therapies, Techniques, and Interventions
- Plus-Memberships offer a personal website/blog/photo gallery
Volunteering Opportunities:

NVLPC wants to listen to your ideas. Would you like to contribute some of your time to improving the mental health in our communities? We have a place for you to utilize your talents in our organization. Please reach out to us by using the “Contact Us” link on our website and ask how you can help. Thank you!
Advertising Opportunities