

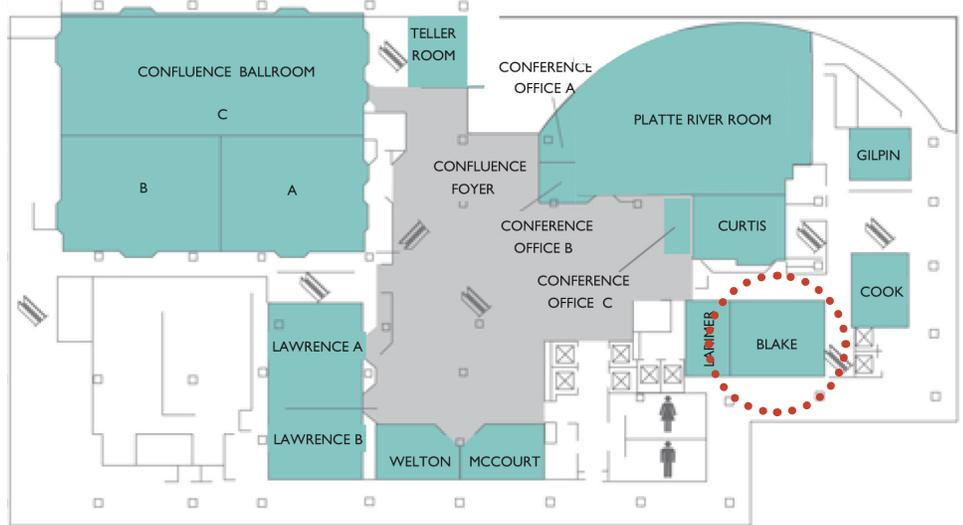
**Wellness Room Schedule • Blake Room, M Level, 3rd Floor**

Visit our Relax & Refresh Wellness Room! This is a quiet space offering zumba, yoga, and refreshments to attendees in need of replenishment.

Thank you to our sponsors:



There's no place like  
**[HomeStreet] Bank**



SUNDAY, OCTOBER 21

|                         |  |       |
|-------------------------|--|-------|
| 9:00 - 10:00 a.m.       | Tiffany Bucknam • <a href="http://www.myevolution.com">www.myevolution.com</a> | Zumba |
| 11:00 a.m. - 12:00 p.m. | Marisa Faye • <a href="http://www.marisafaye.com">www.marisafaye.com</a>       | Yoga  |
| 12:30 - 1:30 p.m.       | Marisa Faye • <a href="http://www.marisafaye.com">www.marisafaye.com</a>       | Yoga  |
| 2:00 - 3:00 p.m.        | Samy Mattei • <a href="http://www.yogamattei.com">www.yogamattei.com</a>       | Yoga  |
| 4:00 - 5:00 p.m.        | Samy Mattei • <a href="http://www.yogamattei.com">www.yogamattei.com</a>       | Yoga  |

MONDAY, OCTOBER 22

|                    |  |      |
|--------------------|--|------|
| 11:30 - 12:30 p.m. | Jaime Kuttenkuler • <a href="http://www.jamiekuttenkuleryoga.com">www.jamiekuttenkuleryoga.com</a> | Yoga |
| 2:00 - 3:00 p.m.   | Jaime Kuttenkuler • <a href="http://www.jamiekuttenkuleryoga.com">www.jamiekuttenkuleryoga.com</a> | Yoga |
| 4:00 - 5:00 p.m.   | Marisa Faye • <a href="http://www.marisafaye.com">www.marisafaye.com</a>                           | Yoga |



Brought to you by:



In partnership with:



**Therapy Dog Schedule • Exhibitor Floor, Confluence Foyer, M Level, 3rd Floor**

Furry friends have joined the 2018 Fall Primary Care Conference! Research shows that spending time with animals positively impacts physical and mental health. The dogs you see in the Conference common areas are certified therapy animals. You are invited to interact with them as you are comfortable.

SUNDAY, OCTOBER 21

|   |  |                  |                            |
|---|--|------------------|----------------------------|
| <b>11:00 a.m. - 12:00 p.m.</b>  | <b>Handler: Karen Carlson</b>  | <b>Dog: Tulo</b> | <b>Breed: Newfoundland</b> |
|  | <p>We've known Tulo since he was a baby. He comes from a long line of champion and grand champion Newfoundlands, but was unfortunately born with some orthopedic problems that meant that he couldn't be sold, shown or bred. None of those problems interfered with his development into a loving and responsive adult, and after many conversations with his breeder over several years, he came to us with the understanding that he would work toward being a therapy dog. He has become a wonderful therapy dog, with experience in schools, a hospital, adult day care, memory care, and special events. He is great with children and adults. He's calm and friendly. But he also has a dark side: He loves to tear up paper and cardboard. He ate my tax return. He has chewed glasses, 2 Kindles, and 2 iPhones. He destroys accessible magazines, and will do anything to reach tomatoes. Doesn't matter. He's the sweetest boy ever, and we love him!</p> |                  |                            |

|   |  |                 |                     |
|---|--|-----------------|---------------------|
| <b>2:00 p.m. - 4:00 p.m.</b>  | <b>Handler: Nanci Tatum</b>  | <b>Dog: Max</b> | <b>Breed: Mixed</b> |
|  | <p>This is Max. He's a rescue dog and is approximately 9 or 10 years old. He's a true sweetheart! We started volunteering at Saint Anthony's North several years ago and have also provided therapy at CU, CSU and School of Minds during finals. Also at libraries, elementary schools, and community events.</p> |                 |                     |

MONDAY, OCTOBER 22

|   |  |                    |                       |
|---|--|--------------------|-----------------------|
| <b>10:00 a.m. - 1:00 p.m.</b>   | <b>Handler: Joella Thomas</b>  | <b>Dog: Fergie</b> | <b>Breed: Maltese</b> |
|  | <p>This is Fergie. She was first certified as an emotional support pet, then registered in Los Angeles through Alliance of Therapy Dogs in 2014. Fergie loves people and people love her. She always puts a smile on faces. I decided to get involved with the dog therapy program because of her ability to sooth and comfort me and my family while going through the emotional trauma of losing my sister to cancer four years ago. She was such a blessing to us, particularly my sister, I decided to share her gift with others.</p> |                    |                       |

|   |   |                   |                            |
|---|---|-------------------|----------------------------|
| <b>11:30 a.m. - 1:30 p.m.</b>   | <b>Handler: Karen Carlson</b>   | <b>Dog: Griff</b> | <b>Breed: Newfoundland</b> |
|  | <p>I got to know Griff while house and dog sitting for our Newfoundland breeder. I fell in love with his sensitive nature and sweet disposition. I knew that he would make an excellent therapy dog. We were able to have him join our family because he had some cosmetic issues that meant he couldn't show—mainly curl in his coat that is against standard. Griff has been with us for more than two years now, and has become an excellent therapy dog. He's a little more tentative than his brother Tulo, but that means that he doesn't get into nearly so much trouble. No dark side for Griffy! He works so hard to please people and give comfort to those he's visiting – Griff is a ray of sunshine in the lives of so many.</p> |                   |                            |