¡Bienvenid@s!

Welcome to Portland for our 2019 Western Forum for Migrant and Community Health!

Thank you for joining us as we celebrate this year’s theme: Together We Can / Junt@s Podemos. We unite in the City of Roses to acknowledge the ongoing efforts made by Community and Migrant Health Centers (C/MHCs) throughout the west and across the country to improve access to care and health for all communities.

Together, we can learn from one another. Over 2.5 days and 6 carefully curated tracks, we encourage you to learn from community leaders and to share your experiences with peers on topics such as social determinants of health, chronic disease prevention and management, community health worker programs, mental health, and agricultural worker health. More than 30 sessions are scheduled — aimed at teaching best practices, spotlighting innovative interventions, developing leadership, and mobilizing allies to champion community and migrant health policy.

Together, we can celebrate our efforts. Each day of this year’s conference will feature outstanding plenary guests. The opening plenary will include updates on the latest policy issues affecting C/MHCs from Joe Gallegos, Senior VP of Western Operations at the National Association of Community Health Centers. In addition, we’re honored to welcome writer and photographer David Bacon, whose incredible work as a union organizer and photojournalist is an inspiration to the C/MHC movement. On Thursday, we look forward to hearing from Susan Gabbard, who will share the latest data and trends out of the National Agricultural Workers Survey, and from our colleagues at the National Center for Farmworker Health, who will lead us in an activity to highlight the successes of the Ag Worker Access 2020 Campaign and inspire us to further action. Finally, on Friday, please join us for our closing lunch plenary and inspirational presentation from celebrated artist and author Simon Silva.

We hope you find your time at the Western Forum motivational and productive. Please don’t hesitate to reach out to our terrific Northwest Regional Primary Care Association staff should you have any conference needs. And thanks again for joining us!

Together, we can improve community health, wellness and well-being. ¡Junt@s Podemos!

Bruce Gray
Chief Executive Officer
NWRPCA

Seth Doyle
Director of Strategic Initiatives
NWRPCA

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U58CS06846, “S/RPCAs,” total award $1M, with 80 percent of program funded by nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.
**Confidential Agenda**

**Wednesday**
- Conference Registration and Continental Breakfast 7:00–8:00 a.m.
- Plaza Foyer
- Opening Plenary 8:00–10:00 a.m.
- Pavilion Ballroom
- Break with Exhibitors 10–10:30 a.m.
- Plaza Foyer
- Conference Sessions 10:30 a.m.–12:00 p.m.
- Lunch on Your Own 12:00–1:30 p.m.
- Conference Sessions 1:30–3:00 p.m.
- Break with Exhibitors 3:00–3:30 p.m.
- Plaza Foyer
- Conference Sessions 3:30–5:00 p.m.
- Poster Session 5:00–6:00 p.m.
- Skyline Level, 23rd Floor
- Mercadito & Vendors 5:00–8:00 p.m.
- Skyline Level, 23rd Floor
- Welcome Reception, Music, and Appetizers 6:00–8:00 p.m.
- Skyline Level, 23rd Floor

**Thursday**
- Conference Registration and Continental Breakfast 7:00–8:00 a.m.
- Plaza Foyer
- General Plenary 8:00–10:00 a.m.
- Pavilion Ballroom
- Break with Exhibitors 10:00–10:30 a.m.
- Plaza Foyer
- Conference Sessions 10:30 a.m.–12:00 p.m.
- Lunch on Your Own 12:00–1:30 p.m.
- Conference Sessions 1:30–3:00 p.m.
- Dessert Break with Exhibitors 3:00–3:30 p.m.
- Plaza Foyer
- Conference Sessions 3:30–5:00 p.m.
- Networking Reception and Raffle
  - Bring your lottery (loteria) card for prizes!
  - 5:00–6:00 p.m.
  - Plaza Foyer

**Friday**
- Conference Registration and Continental Breakfast 7:30–8:30 a.m.
- Plaza Foyer
- Conference Sessions 8:30–10:00 a.m.
- Break with Exhibitors 10:00–10:30 a.m.
- Plaza Foyer
- Conference Sessions 10:30 a.m.–12:00 p.m.
- Closing Luncheon 12:00–2:00 p.m.
- Pavilion Ballroom

---

**Together We Can, Junt@s Podemos**

You may be curious as to why we use the “@” as part of our 2019 Western Forum theme “Together We Can, Junt@s Podemos” and sprinkled throughout our conference. You may have also noticed that our online conference registration asked if you had a “preferred pronoun.”

In our planning and events, our goal is to be inclusive of our diverse communities and the many identities that are part of our Western Forum familia. Using the “@” in replacing the o in words that are “gendered” is one way to move toward gender inclusive language. You may have also seen “x” used in some words, as another strategy to move toward gender inclusive language.

While we may all identify differently in a spectrum from Juntos, Junt@s, to Juntx, what connects us is that Together We Can, Junt@s Podemos, continue the incredible work that our Western Forum familia continues leads and engages in year after year.

We thank you for learning with us as we continue to try strategies to make our Forum welcoming and inclusive to all of our communities.
We are grateful for the support of our sponsors.

CONFERECE SPONSORS

ANNUAL CONFERENCE SPONSOR

PRESENTING CONFERENCE SPONSOR

CONFERENCE ADVOCATE SPONSOR

CONTINUING EDUCATION UNITS SPONSOR

NWRPCA ANNUAL SPONSORS

PLATINUM

GOLD

BRONZE

COPPER

NWRPCA PARTNERSHIPS

CORPORATE PARTNERS
PLENARY SPEAKERS

OPENING PLENARY - WEDNESDAY, FEBRUARY 20

David Bacon
David Bacon is a California-based writer and photographer. He was a factory worker and union organizer for two decades with the United Farm Workers, the United Electrical Workers and other unions, and has been documenting the lives of farm workers through photographs and journalism since 1988. His latest book is In the Fields of the North / En los Campos del Norte, co-published by the University of California Press (Berkeley) and the Colegio de la Frontera Norte (Tijuana), which documents the lives of farm workers in photographs and narratives.

Joe Gallegos
Senior VP of Western Operations, National Association of Community Health Centers
Joe has been with NACHC for over 10 years, serving as the Senior Vice President of Western Operations. Prior to that, Joe has held a number of leadership positions in the state of New Mexico, including serving as the CEO of the Health Centers of Northern New Mexico for over 11 years.

GENERAL PLENARY - THURSDAY, FEBRUARY 21

Susan Gabbard
Dr. Susan Gabbard has more than 25 years’ experience conducting surveys and evaluations with agricultural workers. She is currently employed by the JBS International and is best known for her work directing the National Agriculture Workers Survey. In addition, she has worked with Migrant Health, Migrant and Seasonal Head Start, Migrant Education, Migrant Legal Services and the National Farmworker Jobs Program. Her grandfather worked his way through high school as a migratory agricultural worker.

Patricia Horton
Consulting & Professional Development Coordinator, National Center for Farmworker Health
Patricia Horton is a Consulting & Professional Development Coordinator at the National Center for Farmworker Health. She has developed a variety of workforce development training programs and has provided training to Health Center staff and leaders in areas of Customer Service, Communications and Cultural Competency. She leads NCFH CLAS efforts and is leading the development of e-learning training to build effective teams. Other experiences include health education and product development to include print and digital media. Patricia has a Bachelor's Degree in Organizational Communication (St. Edward’s University in Austin).

Lisa Miller
Increase Access Campaign Coordinator, National Center for Farmworker Health
Lisa holds a Bachelor's degree in Marketing from Angelo State University and a Master's degree in Administrative Management/Public Administration from Bowie State University. She is also an alumnus of the Texas Public Policy and Candidate Training Program.

CLOSING PLENARY - FRIDAY, FEBRUARY 22

Simón Silva
Celebrated artist, author, and speaker Simón Silva was born in Mexicali, Mexico, and came to the United States when he was just over a year old. Join us as Simón shares his experience as an artist and inspires us to improve our communication and problem-solving capabilities through art.
THURSDAY, FEBRUARY 21

Increasing Access to Care for Agricultural Workers: Trends in Demographic Changes and Lessons Learned from the Ag Worker Access Campaign

Join us in our plenary session where we will learn about demographic changes in the crop worker population and changes in the use of health services, as we learn more about the National Agricultural Worker Survey results with our colleague Susan Gabbard.

Our colleagues from the National Center for Farmworker Health will share more about the Agricultural Worker Access Campaign and nation-wide efforts that resulted in a reversal of the downward trend of service to Agricultural Workers and their families. Together we will learn from our peers and colleagues, and share our own experiences with approaches and practices that have successfully improved access to care in local communities. We look forward to acknowledging and celebrating our impacts and collective effort.

FRIDAY, FEBRUARY 22

¡Corre! ¡Corre!
A race against time.

Inspired by the real life stories of Tarahumara runners, ¡Corre! ¡Corre! shares the story of a young girl and her coach, who sees her potential as an Olympic competitor. Renowned for their incredible long distance running ability, the Tarahumara are the indigenous people from the northwestern region of Mexico. ¡Corre! ¡Corre! uses mythical imagery, dance movement, and poetic narrative to showcase a cultural perspective that inspires athleticism and perseverance.

Written by Ajai Terrazas Tripathi
Music by Lawrence Siulagi
Directed by Sarah Marie Andrews
Choreographed by Gabriela Portugal

About Teatro Milagro
Teatro Milagro is Milagro’s national touring company. Four teaching artists perform the programs and lead workshops and residencies. In the 2017 – 2018 season, Milagro teaching artists reached over 12,000 students in grades kindergarten to graduate school. Workshops and residencies are designed with existing curriculum of teachers in mind.
A special thank you to our 2019 Western Forum for Migrant and Community Health Planning Committee. We could not organize and plan a successful Western Forum without their time, energy and support. Thank you colleagues for the work that you lead and the time you invest in our work and communities!

Teresa Andrews, Western Center for Agricultural Health & Safety and University of California
Jennifer Bishop & Onaney Hernandez, MHP Salud
Hilda Bogue, National Center for Farmworker Health
Stephanie Castano, Oregon Primary Care Association
Maria Elena Castro, Oregon Health Authority
Gladys Cate, Health Resources and Services Administration
Guadalupe Cuesta, National Migrant and Seasonal Head Start Collaboration Office
Ignolia Duyck, Virginia Garcia Memorial Health Center
Susan Gabbard, JBS International
Joe Gallegos, National Association of Community Health Centers
Leda Garside, Tuality Healthcare
Orlando Gonzalez, Family Health Centers
Barbara Hollinger, University of California San Francisco (retired)
Jillian Hopewell, Migrant Clinicians Network
Alice Larson, Larson Assistance Services
Diana Lieu & Sonia Lee, Health Outreach Partners
Graciela Mendoza, California Department of Public Health, Office of Binational Border Health
Emily Oake, Arizona Alliance for Community Health Centers
Elizabeth Oseguera, California Primary Care Association
Colleen Pacheco, Sea Mar Community Health Centers
Alfonso Rodriguez, Centers for Disease Control and Prevention
Lorena Sprager, The Next Door, Inc.
Kelly Volkmann, Benton County Health Services
Mary Jo Ybarra-Vega, Moses Lake/Quincy Community Health Center
Becca Young, Farmworker Justice

We’d like to highlight two of our dedicated colleagues and Western Forum planning committee members, Hilda Ochoa Bogue and Colleen Pacheco, for their outstanding leadership and support in our work and Western Forum planning.

We thank you for your energy over the years. We wish you the best in your new transitions and roles. We look forward to our paths continuing to connect!

¡Mil Gracias Colegas!
340BASICS, INC.

340B Software Technology, Compliance Audits and Consulting

340Basics is at the forefront of healthcare technology. We deliver a secure software solution that provides a compliant 340B eligibility and virtual inventory management system to eligible healthcare providers, pharmacies, and managed care plans. In addition to our 340B software solution, 340Basics has a strong consulting division, Assent. This division of 340Basics specializes in audits, training and consulting services, allowing our clients to navigate the complex, 340B landscape with confidence and peace of mind.

Visit us at Table 6.
Colleen DiClaudio, President/Co-Founder
cdiclaudio@340Basics.com
www.340Basics.com

ANGEL FLIGHT WEST

Non-Emergency Air Travel for Children and Adult Medical Emergency

Angel Flight West arranges free air transportation for people who need to travel to access medical care and other essential services. Our volunteer pilots and airline partners donate the costs of all flights. There’s never a charge for an Angel Flight West mission. Visit us at Table 3.
Ivan Martinez, Director of Outreach and Wing Operations
ivanm@angelflightwest.org
www.angelflightwest.org

CAREOREGON

Provider of services and insurance to Oregon Health Plan (Medicaid) members

CareOregon is Oregon’s leading Medicaid health plan. Every day, we make Oregon healthier by providing Medicaid and Medicare services to nearly 300,000 Oregonians. Visit us at Table 19.
Shawn DeCarlo, Shared Learning and Grant Evaluation Program Manager
(503)679-3401
www.careoregon.org

CLIFTONLARSONALLEN

ANNUAL GOLD SPONSOR

Public Accountants

CLA is a professional services firm delivering integrated wealth advisory, outsourcing, and public accounting capabilities to help clients succeed professionally and personally. This allows us to serve clients more completely and offer our people diverse career opportunities. We believe professional relationships can be personal and those connections can last for generations. Watch our video to discover how we can help — every step of the way.
Kyla Delgado, CPA, Principal Healthcare
kyla.delgado@claconnect.com
www.claconnect.com

COMMUNITY HEALTH PLAN OF WASHINGTON

ANNUAL BRONZE SPONSOR

Health Center products, group purchasing, insurance, and staffing

CHPW was founded in 1992 and provides access to quality Medicaid and Medicare coverage to underserved residents of Washington State. CHPW became the first not-for-profit managed care plan in Washington founded by Community Health Centers and today is still the only not-for-profit to provide managed care to Washington’s Apple Health members. Visit us at Table 1.
Nici Feldhammer, Manager, Business Development
nici.feldhammer@chpw.org
www.chpw.org

COMMUNITY HEALTH VENTURES

NWRPCA CORPORATE PARTNER

Group Purchasing

Community Health Ventures (CHV) is the business development affiliate of the National Association of Community Health Centers (NACHC). CHV was founded under direction of health center leadership and tasked with creating solutions to the economic pressures facing health centers. By negotiating GPO, staffing, benefit agreements and more, CHV helps health centers reduce costs and remain competitive.
Alex Vactor, Account Executive
avactor@nachc.com
www.communityhealthventures.com
COMMUNITY HEALTH VENTURES - HENRY SCHEIN SPECIAL MARKETS
NWRPCA CORPORATE PARTNER
Group Purchasing, Medical Supplies
Henry Schein, Inc. (Nasdaq: HSIC) is the world’s largest provider of health care products and services to office-based dental, animal health and medical practitioners. The company also serves dental laboratories, government and institutional healthcare clinics, and other alternate care sites. Henry Schein operates through a centralized and automated distribution network, with a selection of more than 120,000 branded products and Henry Schein private-brand products in stock, as well as more than 180,000 additional products available as special-order items. The company also offers its customers exclusive, innovative technology solutions, including practice management software and e-commerce solutions, as well as a broad range of financial services. Headquartered in Melville, N.Y., Henry Schein has operations or affiliates in 34 countries. The company’s sales reached $11.6 billion in 2016, and have grown at a compound annual rate of approximately 15 percent since Henry Schein became a public company in 1995.
Russell Steinquist, Strategic Account Manager
russell.steinquist@henryschein.com
www.henryschein.com

COMMUNITY HEALTH VENTURES - MCKESSON
NWRPCA CORPORATE PARTNER
Group Purchasing
McKesson Medical-Surgical Inc. is an affiliate of the McKesson Corporation. McKesson Corporation, currently ranked 6th on the FORTUNE 500, is a global leader in healthcare supply chain management solutions, retail pharmacy, community oncology and specialty care, and healthcare information technology. McKesson Medical-Surgical works with health systems, physician offices, extended care providers, in-home patients, labs, payers and others across the spectrum of care to build healthier organizations that deliver better care to patients in every setting. McKesson Medical-Surgical helps its customers improve their financial, operational, and clinical performance with solutions that include pharmaceutical and medical-surgical supply management, healthcare information technology, and business and clinical services.
Visit us at Table 11.
Danny Bado, Director, Community Health Center Development
danny.bado@mckesson.com
mms.mckesson.com

COMMUNITY HEALTH VENTURES - NONSTOP ADMINISTRATION AND INSURANCE SERVICES
NWRPCA CORPORATE PARTNER
Partial Self-Insurance & Employee Benefits
Through NACHC’s Value in Benefits (ViB) program, Nonstop Administration and Insurance Services is proudly changing the way health centers and their employees access healthcare with the partially self-funded health insurance program, Nonstop Wellness. The Nonstop Wellness program decreases the annual costs of healthcare for community health centers while reducing or eliminating deductible costs, copays, and coinsurance. Our mission is to ensure your CHC’s growth and sustainability – starting with the health and wellbeing of your employees.
Jody Schreffler, Director of Corporate & Community Relations
jschreffler@nonstopwellness.com
www.nonstopwellness.com

COORDINATED CARE
Managed Health Care
Coordinated Care is a locally accountable, innovative and solution-based health plan headquartered in Tacoma, WA. Launched in 2012, Coordinated Care serves over 250,000 members enrolled in Washington Apple Health (Medicaid), Ambetter (Health Benefit Exchange) and all of the state’s population in foster care and adoptive services. Focused on whole health, Coordinated Care treats the whole person by breaking down barriers to accessing care, walking members through their benefits and connecting them to what they need to fulfill the purpose of transforming the health of the community, one person at a time. Visit us at Table 8.
Lilia Cruz Rico
LRICO@coordinatedcarehealth.com
www.coordinatedcarehealth.com

FLORIDA STATE UNIVERSITY
Center for Child Stress & Health
The FSU Center for Child Stress & Health provides clinical resource for patients, families and healthcare providers on the prevention and treatment of child trauma and toxic stress – with a focus on rural, minority, and migrant farm-working communities. The Center is a partner in SAMHSA’s National Child Traumatic Stress Network. Visit us at Table 17.
Ashley Butler, Program Manager, Center for Child Stress & Health
fsustress@med.fsu.edu
www.fsustress.org
GLAXOSMITHKLEIN VACCINES
Vaccines/Education
GSK is a science-led global healthcare company with a mission to help people do more, feel better, live longer. We research, manufacture and make available a broad range of medicines, vaccines and consumer healthcare products. Visit our exhibit for information about our products and resources. Visit us at Table 7.
Joseph Steirer
joe.x.steirer@gsk.com
www.gsk.com

MERCK VACCINES
Vaccine Education
Visit us at Table 10.
Matthew F. Ross
matthew.ross2@merck.com
www.merck.com

HOMESTREET BANK
ANNUAL COPPER SPONSOR
Commercial Banking & Mortgage Lending
Working with and funding communities since 1921.
Gregory Gratz, FVP, SVP & Non-Profit Relationship Manager
gregory.gratz@homestreet.com
www.homestreet.com

MHP SALUD
Community Health Worker Programs
MHP Salud is a national nonprofit organization with over 35 years of experience designing, implementing, and evaluating Community Health Worker programs. These programs build on community strengths to improve health for underserved Latinos through peer health education, community empowerment, and increased access to health resources. MHP Salud utilizes its extensive experience by offering health organizations training and technical assistance on Community Health Worker programming tailored to their specific needs. Visit us at Table 2.
Onaney Hernandez
ohernandez@mhpsalud.org
www.mhpsalud.org

INTERPATH LABORATORY
Laboratory Services
Since its establishment in 1997, Interpath has grown to become a significant laboratory with a model that encourages local solutions, close to providers and their patients. Our laboratories and patient service centers throughout the Pacific Northwest and Alaska all operate with the same values and foundation principles to help people live better, healthier lives. Our focus on delivering the highest-quality laboratory information drives us to innovate our processes and stay relevant in a constantly changing healthcare environment. We are passionate about our service and coach a culture in which we serve physicians with the highest quality laboratory services. Visit us at Table 15.
Mary Ellis
meellis@Interpathlab.com
Judy Kennedy
jkennedy@interpathlab.com
www.interpathlab.com

MOLINA HEALTHCARE
CONFERENCE ADVOCATE SPONSOR
Insurance and Medicaid
Molina’s mission is to provide quality health services to financially vulnerable families and individuals covered by government programs. Molina Healthcare is an innovative national health care leader, providing quality care and accessible services in an efficient and caring manner. Visit us at Table 12.
Sonia Morales, Sr. Community Engagement Specialist
sonia.morales@molinahealthcare.com
www.molinahealthcare.com

LUMA HEALTH
Patient Relationship Management
Luma Health is a Patient Relationship Management system that helps healthcare providers and health systems maximize patient outcomes across the entire patient journey. We empower them to drive patient engagement and interactions by automating patient communication, initiating smart conversations, and bridging patient data silos. Visit us at Table 13.
Alex Harris
alex@lumahealth.io
www.lumahealth.io

NATIONAL UNIVERSITY OF NATURAL MEDICINE/NAPCP - OR
Naturopathic Doctors
NUNM graduates are uniquely skilled physicians and practitioners able to deliver comprehensive health care including primary care. The NAPCP operates as a nonprofit professional society exclusively for the purpose of identifying, selecting and advancing naturopathic physicians and students committed to specializing in naturopathic primary care medicine. Visit us at Table 14.
Tafflyn Williams, MBA - HCM
twillisamsthomas@nunm.edu
www.nunm.edu
NEENAN ARCHISTRUCTION
Architecture and Construction
Neenan Archistruction is an integrated design-build firm that uses their extensive experience and knowledge of CHCs for the planning, design and construction of primary care facilities and exceptional community health center facilities. Over the last 15 years, Neenan has completed more than 30 CHC clinics across the nation. Visit us at Table 9.
Steven R. Barnes, CHC Client Advocate (Austin Office)
steve.barnes@neenan.com
www.neenan.com

OREGON PACIFIC AREA HEALTH EDUCATION CENTER / AMERICAN CANCER SOCIETY
Health Awareness, Promotion and Prevention
Oregon HPV Cancer Free is a statewide health issue awareness, promotion and prevention initiative cosponsored by the American Cancer Society and Oregon Pacific Area Health Education Center. The information will be provided on CME/CE opportunities, visitors can pick up materials on the initiative and connect with CME/CE sponsors and presenters that can schedule workshops, including HPV You are the Key, at your clinic or webinars for staff at no cost to the participant. Workshop participants are eligible to earn free CME/CE credit after completing the workshop requirements. Please stop by to learn how your clinic can be part of this prevention campaign. Visit us at Table 19.
Melanie Alvarado, Education Coordinator, HPV Project (OPAHEC)
(541) 768-5149
Jenica Palmer, MPH, Health Systems Manager, State & Primary Care System (American Cancer Society)
jenica.palmer@cancer.org

PFIZER VACCINES
Vaccines/Education
We work with a team of Pfizer colleagues who support Quality immunization priorities aligned to PCMH, FQHC’s, ACO’s, CCO’s and HEDIS. Currently, we have several non-branded vaccine and adherence initiatives that can support Population Health and Quality programs. Based on the focus of your Health Center, we explore ways to support your priorities around immunizations and preventative care visits. A number of our resources align to patient outreach, reminder recall, and support efforts across the lifespan, including pediatric, adolescent, and adult age groups. These resources are fully funded, HIPAA compliant, and are not Sunshine Act reportable. Visit us at Table 16.
Pat Corcoran, Vaccine Account Specialist
patrick.j.corcoran@pfizer.com
www.pfizer.com

QUEST DIAGNOSTICS
ANNUAL PLATINUM SPONSOR
Data Diagnostics & Lab Services
Quest Diagnostics empowers people to take action to improve health outcomes. Derived from the world’s largest database of clinical lab results, our diagnostic insights reveal new avenues to identify and treat disease, inspire healthy behaviors and improve health care management. Quest annually serves one in three adult Americans and half the physicians and hospitals in the United States, and our 43,000 employees understand that, in the right hands and with the right context, our diagnostic insights can inspire actions that transform lives. Visit us at Table 18.
Colin Hartke, Senior Marketing Manager
colin.e.hartke@questdiagnostics.com
www.questdiagnostics.com

SHRINERS HOSPITAL FOR CHILDREN - PORTLAND
Non Profit Pediatric Hospital
Shriners Hospitals for Children-Portland is a 29-bed state-of-the-art hospital dedicated to improving the lives of children. Utilizing the latest treatments and technologies available, we have a highly trained team of medical specialists treating the most routine sports injuries to the most rarely seen pediatric orthopaedic conditions. The hospital also provides a full range of inpatient and outpatient services under one roof, so children can receive care for all of their orthopaedic needs in one building. We treat children from 0 to 18 with orthopaedic conditions who will receive care in a family-centered environment regardless of their families’ ability to pay. Visit us at Table 4.
Steve Hargett, Physician Liaison/Business Development
shargett@shrinenet.org
www.shrinershospitalsforchildren.org/portland

TELEMED2U
Telemedicine Clinical Practice
TeleMed2U is a transformative telemedicine-based multi-specialty clinical practice. Our goal is to increase access to specialist providers for patients in medically underserved regions throughout the US, such as rural and remote communities. Visit us at Table 21.
Chris Garnto
cgarnto@telemed2u.com
www.telemed2u.com
UNITED HEALTHCARE COMMUNITY PLAN
PRESENTING CONFERENCE
& BRONZE ANNUAL SPONSOR

Insurance in Medicaid in Washington
UnitedHealthcare Community Plan is pleased to provide Washington Apple Health (Medicaid), Special Needs Plans, and other federal and state health care programs to individuals and families throughout the State of Washington. We aim to make government sponsored health care a better experience for our members and are committed to making a difference in each member’s life by providing benefits and services which help them take charge of their health. Visit us at Table 5.
Amina Suchoski, Executive Director and Vice President of Growth
amina_suchoski@uhc.com
www.uhccommunityplan.com/wa

WIPFLI LLP
NWRPCA PARTNER & COPPER ANNUAL SPONSOR
Finance, Operations, Executive Placement & Residency Programs
Wipfli LLP offers a multidisciplinary approach to find innovative solutions to demanding health care issues for FQHCs, RHCs, medical groups and health clinics in financial, clinical, management, operational and regulatory areas. We also set up physician residency programs, and help clients with audit, tax, technology and consulting offerings.
Kiki Nocella, PhD, MPA, EHCI Lead Consultant
knocella@wipfli.com
www.wipfli.com/healthcare

EXHIBITOR MAP
EXHIBITOR LISTINGS

1 - Community Health Plan of WA
2 - MHP Salud
3 - Angel Flight West
4 - Shriners Hospital for Children
5 - United Healthcare Community Plan
6 - 340Basics
7 - Glaxo Smith Klein
8 - Coordinated Care
9 - The Neenan Company
10 - Merck Vaccines
11 - CHV-McKesson
12 - Molina Healthcare
13 - Luma Health
14 - National University of Natural Medicine
15 - Interpath Laboratory
16 - Pfizer Vaccines
17 - FSU Center for Child Stress & Health
18 - Quest Diagnostics
19 - Oregon Pacific AHEC/American Cancer Society
20 - AT Still University
21 - TeleMed2U
22 - CareOregon
23 - NWRPCA

EXHIBITOR RAFFLE

Visit our exhibitors in the Plaza Foyer and participate in our Loteria at our Networking Reception & Raffle from 5:00–6:00pm on Thursday.

The Wi-Fi will be set up for 5Mbps for attendees with the following details:

WIFI NETWORK: Hilton Meeting Room
PASSWORD: WFPorlando2019

Go Green

Reuse:
We distribute reusable bags to carry Conference materials. At the end of the Conference, you may choose to drop off your bag at the registration desk so it can be reused/recycled.

Recycle:
Please leave your recyclables in designated containers during the Conference. After the Conference, we encourage you to drop off your nametag holder at the registration desk for reuse at the next Conference.
Visit our local artists and colleagues at our Western Forum Mercadito, **Wednesday, February 20, 2019!**
Visit **Skyline, 23rd Floor between 5:00-8:00 p.m.** during our Poster Session and Welcome Reception festivities. Please bring cash.

You will not want to miss visiting the Mercadito for art, books, jewelry, **artesanas** and more!

**ANNA MATHEW, ANNATOMY ART**

Anna is a second-year medical student at A.T. Still University and a part-time artist (mainly focusing on creative interpretations of the human anatomy).

[www.etsy.com/shop/annatomyart](http://www.etsy.com/shop/annatomyart)

**KIM GUERRA, BROWN BADASS BONITA**

Kim is a “Brown, Badass, Bonita” and a newly published author. Kim creates healing and empowering arte pa la raza!

[www.etsy.com/market/brown_badass_bonita](http://www.etsy.com/market/brown_badass_bonita)

**YESENIA CASTRO**

Yesenia is a Community Health Worker in Oregon. Yesi and her familia have been part of the CHW community and have attended the Western Forum in previous years! They will be vending home embroidered servilletas (tortilla warmers) and artesanas from Mexico!

**TERESA MARTINEZ, AMANO SEATTLE**

Teresa designs handmade Latinx and Mexican inspired, art, jewelry, accessories and more!

[www.etsy.com/shop/amanoseattle](http://www.etsy.com/shop/amanoseattle)

**CARMEN GARNICA, INSOMNIA ARTE Y CULTURA**

Carmen is part of the Portland community and shares with us handmade gifts and artesanas!
Attend the conference Poster Session on **Wednesday, February 20, 2019** at Skyline, 23rd Floor from 5:00-6:00p.m.

**Vivir Mejor! Consortium: A Rural US-Mexico Border Collaborative to Prevent & Treat Diabetes**
Rosie Piper and Cecilia Navarro, Mariposa Community Health Center

**CHWs and the Opportunity to Improve Migrants' Mental Health**
Cynthia Espinoza, Yuma County Public Health Services District; Alma Valles, Sunset Community Health Center; and Abby Lohr

**Culturally Appropriate Communication Strategies Among Health Organizations Throughout the U.S.-Mexico Border: An Arizona Prevention Research Center (AzPRC) Effort**
Ramses Sepulveda, University of Arizona: Prevention Research Center

**How to Prepare for a CMS Emergency Preparedness Survey**
Karen Garrison, Connect Consulting Services, Inc.

**Preventative Care - Gastroenterology**
Andrea Gonzalez and Elise Hilsinger, Operation Access

**To be or not to be a public charge? Immigrant Health Care Access and Utilization**
Konane Martinez, CSU San Marcos; and Nannette Stamm, Vista Community Clinic

**Enhancing Rural Health Care through Community Academic Partnerships**
Elizabeth Castillo, Elizabeth Gatewood, and Carolina Noya, UCSF School of Nursing

**Community Opioid Response Program**
Mychak Morrill, Community Opioid Response Program

**Assessment of Health-related Data from the 2016 Annual Survey of Refugees**
Emma Seagle, Centers for Disease Control and Prevention

**Bringing Mental Health Services and Support to the Latinx Immigrant Community**
Ruth Zuniga and Carolina Ekonomo, School of Graduate Psychology, Pacific University

**Opioid Excess - Educating Portland Citizens on the Importance of Proper Disposal of Excess Opioid Prescriptions**
Marissa Buendia, Kathryn Johnson and Matt West, ATSU-SOMA;

**Transitional Care Coordination upon Release from Incarceration for members of Coordinated Care**
Norma Owens, Coordinated Care

**Health Inequities Among the Farmworker Population in the Yakima Valley, Washington**
Maria Rivera Diaz and Dr. Martin Meraz Garcia, Eastern Washington University Public Health & Ronald E. McNair Scholar Program

**The Power of Relationships: Facilitating Community Health Worker Leadership & Learning**
Alexandro Pow Sang, Washington State Department of Health
UnitedHealthcare Community Plan is pleased to provide Washington Apple Health (Medicaid), Special Needs Plans, and other federal and state health care programs to individuals and families throughout the State of Washington. We aim to make government sponsored health care a better experience for our members, while helping you provide the highest level of care to your patients.
Working together
to build healthier communities.

We are proud to support Community Health
and are honored to be a sponsor.

UnitedHealthcare Community Plan is pleased to provide Washington Apple Health (Medicaid), Special Needs Plans, and other federal and state health care programs to individuals and families throughout the State of Washington. We aim to make government sponsored health care a better experience for our members, while helping you provide the highest level of care to your patients.
CONTINUING EDUCATION UNITS (CEUs)

CONTINUING EDUCATION PROCESS: In order to receive CEU's, please sign in and sign out from each session. All CEU certificates will be accessed online. Conference attendees will be sent an email after the conference with instructions on how to process your CEUs online. You will be responsible for completing the process online and printing your certificate.

Continuing Medical Education (CME)
Application of CME credits has been filed with American Academy of Family Physicians. Determination of credits is pending. Past conferences have offered up to 12.0 credit hours.

National Association of Social Workers (NASW)
This conference has been approved for 12.0 CEUs by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-415.

Continuing Nursing Education (CNE)
CNE credits will be awarded through Migrant Clinicians Network. Migrant Clinicians Network is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Traditional Health Workers (THWs)
NWRPCA has submitted an application to the Oregon Health Authority for approval of CEU for Oregon Traditional Health Workers (birth doulas, community health workers, peer support specialists, peer wellness specialists, personal health navigators). Determination of credit is pending. Note: if approved, this category of CEU only applies to Oregon Traditional Health Workers who wish to qualify for recertification by the Oregon Health Authority.

Interpretation Services
Simultaneous interpretation services and equipment, provided by UniVerse Language Solutions, will be available in meeting rooms upon request. Check in with the registration desk if needed. Workshops marked with the UniVerse logo will offer interpretation.

EHCI CONSULTING SERVICES | A SERVICE OF BOTH REGIONAL PCAS

An exciting partnership between NWRPCA and CHAMPS, the Educational Health Center Initiative (EHCI) provides expert consulting and informational training on the Education Health Center model for health centers and health center partners across the country.

EHCI provides financial, academic, and legal consulting services for the development or expansion of:

- Family Medicine Residency Programs
- Dental Residency Programs
- Nurse Practitioner (NP) Programs
- Physician Assistant (PA) Programs

A 10-minute survey will unlock a free one-hour phone consultation for your organization.

Go here to access the survey: https://educationhealthcenter.org/

QUESTIONS?
Contact Kelly Rondou, Director of Program Support krondou@nwrpca.org or 206.783.3004
**SESSION SCHEDULE**

**WEDNESDAY, FEBRUARY 20, 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00–8:00am</td>
<td>Registration &amp; Continental Breakfast – Plaza Foyer</td>
<td>Plaza Foyer</td>
</tr>
<tr>
<td>8:00-10:00am</td>
<td>Opening Plenary: NACHC Updates; Keynote by David Bacon, Writer &amp; Photographer – Pavilion Ballroom</td>
<td>Pavilion Ballroom</td>
</tr>
<tr>
<td>10:00–10:30am</td>
<td>Break with Exhibitors – Plaza Foyer</td>
<td>Plaza Foyer</td>
</tr>
<tr>
<td>10:30am–12:00pm</td>
<td>Conference Sessions</td>
<td>Pavilion West, Broadway III/IV, Pavilion East</td>
</tr>
<tr>
<td>7:00–8:00am</td>
<td>Registration &amp; Continental Breakfast – Plaza Foyer</td>
<td>Plaza Foyer</td>
</tr>
<tr>
<td>8:00-10:00am</td>
<td>Opening Plenary: NACHC Updates; Keynote by David Bacon, Writer &amp; Photographer – Pavilion Ballroom</td>
<td>Pavilion Ballroom</td>
</tr>
<tr>
<td>10:00–10:30am</td>
<td>Break with Exhibitors – Plaza Foyer</td>
<td>Plaza Foyer</td>
</tr>
<tr>
<td>10:30am–12:00pm</td>
<td>Conference Sessions</td>
<td>Pavilion West, Broadway III/IV, Pavilion East</td>
</tr>
</tbody>
</table>

**SDOH / SOCIAL RISK FACTORS**  
**HEALTHY COMMUNITIES, HEALTHY FUTURES**  
**MENTAL HEALTH, TRAUMA & HEALING**  
**CHWS & PROMOTOR@S DE SALUD**

1 – Structural Competency: Understanding How Systems Impact Health  
Sonia Lee & Liam Spurgeon, Health Outreach Partners

2 – A Popular Education Approach to Teaching the Pathophysiology of Diabetes  
Francisco Ronquillo, University of New Mexico, Health Sciences Center’s Office for Community Health

3 – “All About Love”: Connecting Mental Health and Intimacy  
Teresa Campos Dominguez, Multnomah County Health Department; Molly Franks, Opciones y Educaion

4 – Promotor@s De Salud: Parish-Based Health Promoters  
Delfina Hernandez & Marisa Luengas Salazar, Providence Health & Services

5 – Promotor@s Addressing SDOH: Encouraging Physical Activity in Rural Worker Communities  
Jennifer Bishop & Oraney Hernandez, MHP Sauld

6 – Hypertension: Healthy Hearts and Communities  
Francisco Ronquillo, University of New Mexico, Health Sciences Center’s Office for Community Health; Jillian Hopewell, Migrant Clinicians Network

7 – Adverse Childhood Experiences and Toxic Stress Among Agricultural Worker Families  
Jordan Montgomery, Florida State University Center for Child Stress & Health

8 – CHW Integration on our Own Terms  
Edda Nyamu, Celia Higuera, Noelle Wiggins, Oregon CHW Association; Teresa Campos Dominguez, Multnomah County Health Department

9 – Community Health Workers Taking the Lead: Social Determinants of Health Screening & Action Models  
Luis Lagos, Family Medicine Residency of Idaho; Lucia Garcia-Martinez, Kevin Alarcon-Martinez & Guadalupe Sanchez, Virginia Garcia Memorial Health Center

10 – Healthy Aging in Place  
Martha Moore Monroy & Alexandra Kaufman, University of Arizona; Anna Williams-Desert Sentia Community Health Center

11 – Mental Health & Trauma-Informed Care for Migrant Populations  
Liliana Osorio, University of California at Berkeley, School of Public Health; Jillian Hopewell, Migrant Clinicians Network

12 – A Community Health Center’s Successful Model for Care Integration  
Claudia D’Allegri & Charles Watras, Sea Mar Community Health Centers

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00-1:30pm</td>
<td>Lunch on Your Own</td>
<td></td>
</tr>
<tr>
<td>1:30–3:00pm</td>
<td>Conference Sessions</td>
<td>Pavilion West, Broadway III/IV, Pavilion East</td>
</tr>
<tr>
<td>3:00-3:30pm</td>
<td>Break with Exhibitors – Plaza Foyer</td>
<td>Plaza Foyer</td>
</tr>
<tr>
<td>3:30–5:00pm</td>
<td>Conference Sessions</td>
<td>Pavilion West, Broadway III/IV, Pavilion East</td>
</tr>
<tr>
<td>5:00–6:00pm</td>
<td>Poster Session - Skyline, 23rd Floor</td>
<td></td>
</tr>
<tr>
<td>5:00–8:00pm</td>
<td>Mercadito &amp; Vendors – Skyline, 23rd Floor</td>
<td></td>
</tr>
<tr>
<td>6:00–8:00pm</td>
<td>Welcome Reception – Skyline, 23rd Floor</td>
<td></td>
</tr>
</tbody>
</table>

Please note: All conference plenaries (Wednesday-Friday) include interpretation services.
THURSDAY, FEBRUARY 21, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00–8:00am</td>
<td>Registration &amp; Continental Breakfast – Plaza Foyer</td>
</tr>
<tr>
<td>8:00–10:00am</td>
<td>General Plenary: Increasing Access to Care for Agricultural Workers: Trends in Demographic Changes and Lessons Learned from the Ag Worker Access Campaign – Pavilion Ballroom</td>
</tr>
<tr>
<td>10:00–10:30am</td>
<td>Break with Exhibitors – Plaza Foyer</td>
</tr>
<tr>
<td>10:30am–12:00pm</td>
<td>Conference Sessions</td>
</tr>
<tr>
<td>Broadway I/II</td>
<td>SDOH / SOCIAL RISK FACTORS</td>
</tr>
<tr>
<td>Pavillion West</td>
<td>AG WORKERS &amp; MIGRANT COMMUNITIES</td>
</tr>
<tr>
<td>Broadway III/IV</td>
<td>POLICY &amp; ENVIRONMENT</td>
</tr>
<tr>
<td>Pavilion East</td>
<td>CHWS &amp; PROMOTOR@S DE SALUD</td>
</tr>
<tr>
<td>13 – Empathic Inquiry: A Patient-Centered Approach to Social Determinants of Health Screening</td>
<td>Patricia Horton, National Center for Farmworker Health; Kristen Stoimenoff, Health Outreach Partners; Jennifer Bishop, MHP Salud</td>
</tr>
<tr>
<td>14 – Agricultural Worker Health 101: Understanding Unique Needs, Patterns, and Systems</td>
<td>Stephanie Castano and Ariel Singer, Oregon Primary Care Association</td>
</tr>
<tr>
<td>15 – Welcoming and Serving All Patients, Including the Foreign-Born</td>
<td>Roger Rosenthal, Migrant Legal Action Program</td>
</tr>
<tr>
<td>16 – Traditional Health Workers as Integral Members of the Health Care Team*</td>
<td>Ally Linfoot, Clackamas County Behavioral Health Division; Edna Nyamu, Oregon Community Health Workers Association; Debra Catlin, DONA International Certified Birth Doula Trainer; Abdiasis Mohamed, Oregon Health Authority</td>
</tr>
<tr>
<td>12:00–1:30pm</td>
<td>Lunch on Your Own</td>
</tr>
<tr>
<td>1:30–3:00pm</td>
<td>Conference Sessions</td>
</tr>
<tr>
<td>17 – Information Is Not Enough: Collecting and Addressing Social Determinants of Health Data</td>
<td>Patricia Horton, National Center for Farmworker Health; Andres Yubeta, Catalina Laborin &amp; Janette Pinuelas, El Rio Health Center</td>
</tr>
<tr>
<td>18 – Enhancing Agricultural Worker Access to Specialty Care: Innovative Community Solutions</td>
<td>Alexis Guild, Farmworker Justice; Herminia Ledesma, Vista Community Clinic</td>
</tr>
<tr>
<td>19 – Understanding and Supporting Immigrants More in the Current Climate</td>
<td>Lorena Sprager, Elizur Bello &amp; Maria Antonia Sanchez, Nuestra Comunidad Sana of The Next Door, Inc.</td>
</tr>
<tr>
<td>20 – Language Access Partnership: Healthcare Interpreters and Community Health Workers</td>
<td>Maria Michalczyk &amp; Susy Molano, Oregon Health Care Interpreters Association; Leda Garside, Tuality Health Care</td>
</tr>
<tr>
<td>3:00–3:30pm</td>
<td>Break with Exhibitors – Plaza Foyer</td>
</tr>
<tr>
<td>3:30–5:00pm</td>
<td>Conference Sessions</td>
</tr>
<tr>
<td>21 – Changing Community Conditions: The Heart of a Community-Centered Health Home</td>
<td>Rea Pañares, Prevention Institute</td>
</tr>
<tr>
<td>22 – Let Us Speak the Same Language: Language Access Strategies</td>
<td>Patricia Horton, National Center for Farmworker Health</td>
</tr>
<tr>
<td>23 – The Impact of State and Federal Policies on Health Care Access</td>
<td>Alexis Guild, Farmworker Justice; Elizabeth Oseguera, California Primary Care Association</td>
</tr>
<tr>
<td>24 – Behavioral Health Certificate Programs for Primary Care Workers</td>
<td>Kate Di Nitto and Michelle Heitmann, Whatcom Community College; Jennifer Johnston, Highline College</td>
</tr>
<tr>
<td>5:00–6:00pm</td>
<td>Networking Reception and Raffle – Plaza Foyer</td>
</tr>
</tbody>
</table>
## SESSION SCHEDULE

**FRIDAY, FEBRUARY 22, 2019**

### 7:30–8:30am Registration & Continental Breakfast – Plaza Foyer

### 8:30am–10:00am Conference Sessions

<table>
<thead>
<tr>
<th>Broadway I/II</th>
<th>Pavilion West</th>
<th>Broadway III/IV</th>
<th>Pavilion East</th>
</tr>
</thead>
<tbody>
<tr>
<td>HEALTHY COMMUNITIES, HEALTHY FUTURES</td>
<td>AG WORKERS &amp; MIGRANT COMMUNITIES</td>
<td>POLICY &amp; ENVIRONMENT</td>
<td>CHWS &amp; PROMOTOR@S DE SALUD</td>
</tr>
</tbody>
</table>
| 25 – Fruit and Vegetable Prescription Program  
Patty Molina, Ruby Carillo  
& Lizzie Garcia, Mariposa Community Health Center | 26 – Strengthening the Partnership between Health Centers and Migrant Head Start  
Alexis Guild, Farmworker Justice; Guadalupe Cuesta, National Migrant and Seasonal Head Start Collaboration Office | 27 – Salud Con Dignidad: Community Collaborations for Health Access  
Adriana Mora, Latino Coalition for Healthy California | 28 – Promotor@s como defensores de la comunidad: Plan de liderazgo  
Mary Jo Ybarra-Vega, Quincy Community Health Center |
| 29 – Diabetes Prevention Programs: Offering Opportunities for Lifestyle Change  
Vivian Cullen, VH Cullen Consulting | 30 – Addressing Challenges in Providing Occupational Health & Safety Training to Indigenous Agricultural Workers  
Valentin Sanchez, Oregon Law Center | 31 – The Power of the Application Assister: State-Community Partnerships  
Monica Juarez & Josie Silverman-Méndez, Department of Human Services & Oregon Health Authority | 32 – Together We Can, Junt@s Podemos  
Maribel Montes de Oca, Northwest Regional Primary Care Association; Mary Jo Ybarra-Vega, Quincy Community Health Center |
| 10:00-10:30am Break – Plaza Foyer | 10:30-12:00pm Conference Sessions |
| 33 – Access to session information, including supporting documents, can be found here: www.nwrpca.org/my-events. |

If you’re new to our Learning Vault, your log-in information is the email address used to register for the conference, along with the password NWRPCA. In order to keep your account secure, please reset this password as soon as possible.

If you have any questions regarding the log-in please check with the registration desk.
This year’s conference offers 32 sessions in six thoughtfully curated tracks. Join your peers across the Western region to network and discuss best practices and challenges facing community and migrant health centers. Conference sessions are led by our industry’s thought leaders, colleagues, and allied professionals.

All sessions will offer 1.5 CME, CNE and NASW Continuing Education Units. Sign in and out of each session to receive CEU credit.

**WEDNESDAY, FEBRUARY 20**

**Sessions 1-4, 10:30 a.m.–12 p.m.**

1- **STRUCTURAL COMPETENCY: UNDERSTANDING HOW STRUCTURES IMPACT HEALTH**

**Track:** Social Determinants of Health (SDoH) / Social Risk Factors

Social structures are the policies, economic systems, and other institutions that have produced and maintained current social inequities and health disparities. Structural Competency framework helps to build the capacity of health care workers to recognize and address patient health and illness not solely as the outcome of individual actions, but rather as the product of the broad social, political, and economic systems in which people live. In this workshop, participants will be introduced to the Structural Competency framework and how it complements and expands upon cultural competency and cultural humility. Participants will learn how they can leverage the framework to enhance their knowledge of the social determinants of health and the provision of responsive, holistic care to patients through individual interactions and community-level interventions.

**Learning Objectives:**
1. Define the Structural Competency framework and key concepts of structural violence, structural racism, and structural vulnerability. Learn to interpret risk stratification data.
2. Analyze how health is influenced by social, economic, and political factors.
3. Conceptualize how to deliver care and advocate for communities using a structural competency lens.

**Presenter(s):** Sonia Lee & Liam Spurgeon, Health Outreach Partners

2 - **A POPULAR EDUCATION APPROACH TO TEACHING THE PATHOPHYSIOLOGY OF DIABETES**

**Track:** Healthy Communities, Healthy Futures

This interactive session invites participants to explore the importance of bringing health information to people through use of illustrations and common language, and connecting the physiology and pathophysiology of diabetes to promote health literacy. Participants will be introduced to anatomy and physiology of the digestive system. The second half of the seminar will focus on the pathophysiology of diabetes in order to understand common signs, symptoms, and complications of diabetes.

**Learning Objectives:**
1. Learn basic anatomy of the human digestive system.
2. Understand the pathophysiology of diabetes using common language through a popular education approach.
3. Name the four most common complications of diabetes and its effects on the human body.

**Presenter(s):** Francisco Ronquillo, University of New Mexico – Health Sciences Center’s Office for Community Health
3 - “ALL ABOUT LOVE”: CONNECTING MENTAL HEALTH AND INTIMACY

Track: Mental Health, Trauma & Healing

Expressing and feeling love is something all human beings need as a foundation for strong mental health. Drawing from bell hooks’ book “All About Love: New Visions,” participants will explore how and what they learned about love while growing up. Participants will work together to discern which messages promote and potentially harm mental health. What should we teach about love? How should we teach it? We will share a model called The Six Circles of Sexuality (Identity, Intimacy, Sensuality, Physical Health, Sexualization, and Culture) to deepen our analysis of the many facets of love and its effect on wellness. Participant groups will explore how communities can collaborate to improve these messages and foster mental health at a societal level. This workshop will use the interactive style of popular education.

Learning Objectives:
1. Define the meaning and experience of love based on life experience and the writing of Bell Hooks.
2. Explore connections between The Six Circles of Sexuality and mental and emotional health.
3. Identify how healthy loving relationships better enable us to work collectively as families and communities.

Presenter(s): Teresa Campos Dominguez, Multnomah County Health Department; Molly Franks, Opciones Y Educación

4 - PROMOTOR@S DE SALUD - PARISH-BASED HEALTH PROMOTERS

Track: Community Health Workers (CHWs) & Promotor@s de Salud

The session will begin with a description of the Promotores de Salud model, including what it is, Promotor@s training, programs and projects that utilize Promotores, and community collaboration. The session will review stations of the Mobile Community Telehealth Clinics – from patient arrival to discharge – all of which are supported and led by Promotores de Salud who act as Patient Navigators. Program services and outcomes will be discussed and demonstrated. The effectiveness and value of Chronic Disease Self-Management workshops led and facilitated by Promotores will be highlighted. Promotores will facilitate much of this session.

Learning Objectives
1. Understand the Promotores de Salud model.
2. Identify how Mobile Community Telehealth Clinics provide access to care to underserved populations.
3. Understand the effectiveness and value of Chronic Disease Self-Management Workshops led by Promotores.

Presenter(s): Delfina Hernandez & Marisa Luengas Salazar, Providence Health & Services

5 - PROMOTOR@S ADDRESSING SDOH: ENCOURAGING PHYSICAL ACTIVITY IN RURAL WORKER COMMUNITIES

Track: CHWs & Promotor@s de Salud

The social determinants of health – or the conditions in which people are born, grow, live and work – are extremely important in ensuring positive health outcomes for individuals from all walks of life. Economic instability, lower education levels, physical isolation, and dangerous environmental conditions are often the norm for underserved communities, making it critical to address these conditions in an effort to improve health conditions in these communities. Niños Saludables, Familias Alegres is a community-based, Promotor@ led program designed to address the social determinants of health and chronic

WHAT’S ON YOUR HORIZON?

Be part of the mission-driven CHC movement to serve the underserved and explore your next career opportunity today. Our Career Center has numerous job postings across the northwest, and FQHCs are able to list available positions at their own organization.

Start your life-changing search today and access the Career Center:

www.NWRPCA.org/networking

All sessions will offer 1.5 CME, CNE and NASW Continuing Education Units. Sign in and out of each session to receive CEU credit.
Working together for better health

At Quest Diagnostics, we believe in the value of foresight, the power of prediction, and, above all, the impact of information. That’s why Quest provides the cutting-edge diagnostics, life-changing data, and integrated services necessary to optimize health.

QuestDiagnostics.com

Quest Diagnostics is proud to sponsor the Northwest Regional Primary Care Association.
diseases such as diabetes and obesity, through the promotion of physical activity among rural youth and families. In this session, participants will learn about the development and outcomes of this program and walk away with strategies and resources to implement similar programs in their communities.

**Learning Objectives:**
1. Understand the impact of social determinants of health on chronic disease and mental health.
2. Identify barriers and culturally appropriate strategies to promote physical activity among youth and families in rural/agricultural worker communities.
3. Describe the benefits of utilizing a community-based, Promotor@ led program to address physical activity.

**Presenter(s):** Jennifer Bishop & Onaney Hernandez, MHP Salud

---

**6 - HYPERTENSION: HEALTHY HEARTS AND COMMUNITIES**

**Track:** Healthy Communities, Healthy Futures

Heart disease is the leading cause of death for men and women in the U.S. and around the world. It is a very serious health condition that keeps the heart or blood vessels from working properly. Heart disease can lead to strokes, heart attacks, and a common condition called known as hypertension, commonly known as high blood pressure. This interactive, popular education model session will give participants the opportunity to learn about the basic anatomy, physiology, and pathophysiology, in common terms, of heart disease with a focus on high blood pressure. Participants will learn about prevention messages and practical tools to teach clients how to take care of their hearts to prevent high blood pressure and other common heart conditions. Join us in an engaging session where we will share Information, tools, and strategies to support healthy hearts and healthy communities.

**Learning Objectives:**
1. Describe the basic anatomy of the heart and explain how high blood pressure occurs.
2. Demonstrate an ability to create high blood pressure prevention messages relevant to the patient population they serve.
3. Share at least three existing tools or resources to help patients maintain heart health.

**Presenter(s):** Francisco Ronquillo, University of New Mexico- Health Sciences Center’s Office for Community Health; Jillian Hopewell, Director of Education and Communication, Migrant Clinicians Network

---

**7 - ADVERSE CHILDHOOD EXPERIENCES AND TOXIC STRESS AMONG AGRICULTURAL WORKER FAMILIES**

**Track:** Mental Health, Trauma & Healing

This session will provide information on toxic stress among agricultural worker families. Presenters will describe the impact of Adverse Childhood Experiences (ACEs) on physiological and psychosocial patterns that increase risk of illness. An introduction to the role of Primary Care in addressing toxic stress will be provided.

---

**VISIT NWRPCA’S LEARNING VAULT**

The Learning Vault is a centralized place for all conference and training content and materials - easily searched and sorted according to your needs. Inside the Vault you will find:

- Western Forum information and session materials
- Over 500 videos of past conference sessions
- Pre-recorded webinars
- Past workshop materials
- eLearning opportunities
- NWRPCA tutorials
- Audio and video recordings

![www.NWRPCA.org/page/learningvault](www.NWRPCA.org/page/learningvault)
Learning Objectives:
1. Define toxic stress, including childhood and adult health consequences as they apply to agricultural worker families.
2. List three pathways that explain how ACEs increase risk of disease development.
3. Understand the role of Primary Care and promotor@s in addressing Toxic Stress.

Presenter(s): Jordan Montgomery, Florida State University College of Medicine, Center for Child Stress & Health

8 - INTEGRATION OUR OWN TERMS: COMMUNITY HEALTH WORKERS/ PROMOTOR@S

Track: SDoH / Social Risk Factors

In this popular education presentation, Community Health Workers and allies from the Oregon Community Health Workers Association will describe means of engaging with health care systems to assure that CHWs/promotor@s are integrated into these systems on their own terms. This means preserving the integrity of the CHW profession and maintaining crucial roles like community organizing and advocacy.

Learning Objectives
1. Identify key aspects of ORCHWA’s strategy to integrate CHWs/promotor@s into health systems on CHWs’ own terms.
2. Name key steps in the infrastructure-building process.
3. Apply information about ORCHWA’s journey to your own CHW associations and networks.

Presenter(s): Edna Nyamu, Celia Higueras & Noelle Wiggins, Oregon Community Health Worker Association; Teresa Campos Dominguez, Multnomah County Health Department

Sessions 9-12, 3:30 p.m.–5 p.m.

9 - COMMUNITY HEALTH WORKERS TAKING THE LEAD: SOCIAL DETERMINANTS OF HEALTH SCREENING & ACTION MODELS

Track: SDoH / Social Risk Factors

Through the leadership and expertise of Community Health Workers, many Community Health Centers have been able to identify Social Determinants of Health (SDoH) barriers and help individuals acquire resources or assistance to address obstacles to healthy living. This workshop will share data collection and data analysis models related to SDoH that have been developed by CHWs. Learn how Community Health Workers have been integrated into SDoH screening, data analysis, and project development.

Learning Objectives:
1. Understand the impact of Social Determinants of Health on wellness and see examples of a SDOH Screening form.
2. Understand the Community Health Outreach Worker role.
3. Understand techniques for analyzing data and creating CHW led interventions and projects to address SDOH.

Presenter(s): Luis Lagos & Cinthya Herrera, Family Medicine Residency of Idaho; Lucia Garcia-Martinez, Kevin Alfaro-Martinez & Guadalupe Sanchez, Virginia Garcia Memorial Health Center
10 - HEALTHY AGING IN PLACE

**Track:** Healthy Communities, Healthy Futures

This highly interactive skill-building session focuses on using community-led assessments to identify the relevant determinants of health influencing healthy aging. Presenters will introduce a community assessment conducted in Ajo Arizona, an aging frontier community located in the border region. Participants will engage in small group discussions and problem solving activities. The group will explore traditional and non-traditional community health assessment strategies to identify the determinants impacting healthy aging in one’s own community, which can be used to inform program and service delivery planning.

**Learning Objectives:**
1. Identify traditional and non-traditional information/data sources.
2. Identify relevant determinants of health impacting healthy aging in place.
3. List three community assessment strategies to address healthy aging in place in one’s own community.

**Presenter(s):** Martha Moore Monroy & Alexandra Kaufman, University of Arizona; Anna Williams, Desert Sentia Community Health Center

---

11 - MENTAL HEALTH & TRAUMA-INFORMED CARE FOR MIGRANT POPULATIONS

**Track:** Mental Health, Trauma & Healing

This session will explore mental health along a continuum of care, including identifying the unique impact of migration on physical and psychological well-being. Presenters will provide an overview of the migratory cycle, and introduce the Ulysses Syndrome to highlight means of addressing stressors and sorrows in partnership with non-medical personnel such as community health workers, community leaders, and community-based organizations. This session will review the concept of trauma-informed care to promote integrated behavioral health practices in primary care, which address complex social, cultural, economic, and justice factors that contribute to disease burden. Participants will gain new ways of thinking about trauma, behavioral health, and possible interventions.

**Learning Objectives:**
1. Identify common manifestations of behavioral health and/or trauma.
2. Understand the steps to consider when providing psychological support and strategies to address behavioral health concerns for migrants and other underserved populations.
3. Identify at least two tools/strategies that can be used to address behavioral health issues.

**Presenter(s):** Liliana Osorio, Deputy Director, University of California at Berkeley, School of Public Health; Jillian Hopewell, Migrant Clinicians Network

---

12 - A COMMUNITY HEALTH CENTER’S SUCCESSFUL MODEL FOR CARE INTEGRATION

**Track:** CHWs & Promotor@es de Salud

Sea Mar Community Health Centers will outline its approach to integrating behavioral health and primary care, which involves a bi-directional Collaborative Care model. Presenters will discuss using a step-of-care approach to engage Mental Health Therapists and other providers to integrate primary and behavioral health care. Sea Mar’s integrated approach to treating patients with chronic pain and Opioid Use Disorder will also be reviewed. By focusing on training, measurement-based outcomes, and scalable initiatives, Sea Mar has developed programs that serve the complex needs of its patients. This interactive session will include lessons learned from integrated care initiatives and a participatory case presentation.
Learning Objectives:
1. Share one way to implement an evidenced-based integrated care model (like collaborative care) in a primary care setting.
2. Describe the main components of a bi-directional integrated care model.
3. Give an example of an integrated care model that treats complex patients with chronic pain.

Presenter(s): Claudia D’Allegri & Charles Watras, Sea Mar Community Health Centers

THURSDAY, FEBRUARY 21

Sessions 13-16, 10:30 a.m.–12 p.m.

13 - EMPATHIC INQUIRY: PATIENT-CENTERED APPROACH TO SOCIAL DETERMINANTS OF HEALTH SCREENING

Track: SDoH / Social Risk Factors

As providers work to transform health care to respond to patients with complex medical and social circumstances, it is critical that systematic screening for the social factors affecting health be adopted. In asking sensitive questions about patients’ experiences, alongside collecting data to understand true drivers of poor health, the relational and emotional experience of the individuals and families seeking care must be prioritized. This presentation will review themes distilled from stakeholder focus groups and interviews conducted with patients, community health workers, operational and clinical leaders, and experts in trauma-informed care. The resulting recommendations offer tactical and concrete guidance on developing patient-centered workflows, standardizing data collection using widely available tools (PRAPARE), and intra-team collaboration for social determinants of health screening and follow up conversations.

Learning Objectives:
1. Articulate the principles for developing a patient-centered approach to screening for the Social Determinants of Health.
2. Explore the pros and cons of implementing SDoH screening workflows that have been piloted by health centers across the country.
3. Practice the Empathic Inquiry approach to SDoH screening.

Presenter(s): Stephanie Castano & Ariel Singer, Oregon Primary Care Association

14 - AGRICULTURAL WORKER HEALTH 101: UNDERSTANDING UNIQUE NEEDS, PATTERNS AND SYSTEMS

Track: Ag Workers & Migrant Communities

This session offers a comprehensive orientation to the migrant health program in the United States. Whether you are new to the migrant health field or in need of a refresher, take a look into the fascinating world of the health care program for agricultural workers and their families. Presenters will review the history of agricultural migration, the structure of the migrant health program, and the people that make it work. Learn about agricultural workers, their health care needs, and the system of care that works for them. Acronyms such as DHHS, HRSA, BPHC, ONTASP, FHN, PCMH, etc. will be deciphered and resources provided for optimal workflows.

Learning Objectives:
1. Identify the agricultural worker population and challenges of agricultural work in the U.S.
2. Understand the history, structure, and requirements of the federal migrant health program, and explain the system of care for agricultural workers.
3. Describe the multitude of resources available to Health Centers nationwide

Presenter(s): Patricia Horton, National Center for Farmworker Health; Kristen Stoimenoff, Health Outreach Partners; Jennifer Bishop, MHP Salud

Mark Your Calendar

Western Forum for Migrant & Community Health
Sacramento, California • February 19-21, 2020

All sessions will offer 1.5 CME, CNE and NASW Continuing Education Units.
15 - WELCOMING AND SERVING ALL PATIENTS, INCLUDING THE FOREIGN-BORN

Track: Policy & Environment

As the population to be served by Health Centers has become more diverse, it is important for health center staff to better understand how to ensure access to and delivery of services to all patients. This session will explore the complex world of law and policies that impact many foreign-born patients served by health centers. The presenter will review the agencies responsible for various programs and policies impacting these patients, including migratory and seasonal agricultural workers and their families. Time will be spent discussing patient privacy concerns, public vs. private space in a clinic, and the need to bridge the access gap for certain populations. The goal of this session is to provide health center staff with clear and basic information that will allow them to better assist foreign-born patients and their families. This information will be immediately applicable in undertaking outreach, intake, and planning health center programs.

Learning Objectives:
1. Understand the current status of policies impacting patients, including the foreign-born.
2. Identify misunderstandings that can occur and how to protect families from unscrupulous individuals.
3. Learn how to maximize patient access and participation.

Presenter(s): Roger Rosenthal, Migrant Legal Action Program

16 - TRADITIONAL HEALTH WORKERS AS INTEGRAL MEMBERS OF THE HEALTH CARE TEAM

Track: CHWs & Promotor@s de Salud

Traditional Health Workers are integrated and utilized in various organizational settings in Oregon, to include behavioral health agencies, county health departments, federally qualified health centers, tribal health centers, government agencies, primary care clinics, hospitals, rural health clinics and community-based organizations.

This integration and utilization however, is not yet fully realized, as this resources is not available in all communities. THWs provide critical services such as outreach and case finding, mobilizing patients, making

community and cultural connections, coordinating care, assisting in system navigation, and providing health promotion and informal coaching and support. This session will explore how Traditional Health Workers might move health care systems toward the Triple Aim of better health, better care, and lower cost.

Learning Objectives:
1. Provide an overview of the existing infrastructure for Traditional Health Workers in Oregon, including training and certification requirements.
2. Define community-based and peer-delivered models of care and why they are important to equitable health outcomes.
3. Provide an overview of current models for utilizing Traditional Health Workers.

Presenter(s): Ally Linfoot, Clackamas County Behavioral Health Division; Edna Nyamu, Oregon Community Health Workers Association (ORCHWA); Debra Catlin, DONA International Certified Birth Doula Trainer; Abdiasis Mohamed, Oregon Health Authority

---

Developing Your SUD Program

Join us for a two-day training that will teach providers and administrators to build and optimize sustainable Substance Use Disorder treatment programs.

Dates: April 11-12, 2019
Location: Boise, Idaho

Agenda Highlights

Day 1: SBIRT Train-the-Trainer with Jim Winkle
Day 2: Developing Your SUD Program with Jen Calohan

Check our Upcoming Events page regularly for updates and Registration details: www.nwrpca.org/page/UpcomingEvents

---

 Idaho Primary Care event hosted in collaboration with NWRPCA.
17 - INFORMATION IS NOT ENOUGH: COLLECTING AND ADDRESSING SOCIAL DETERMINANTS OF HEALTH DATA

**Track:** SDoH / Social Risk Factors

This session will highlight the importance of Social Determinants of Health and their impact on patients and Community Health Centers. Participants will assess whether their health centers are screening and addressing SDOH and learn about El Rio Community Health Center’s challenges and strategies for implementing PRAPARE, collecting data, and utilizing data to improve patients’ referral tracking and connection to community resources.

**Learning Objectives:**

1. Increase knowledge about SDOH.
2. Understand why it is important to screen for and address SDOH.
3. Understand how SDOH data is collected and addressed to improve clinical outcomes.

**Presenter(s):** Patricia Horton, National Center for Farmworker Health; Andres Yubeta, Catalina Laborin & Janette Pinuelas, El Rio Community Health Center

---

18 - ENHANCING AGRICULTURAL WORKER ACCESS TO SPECIALTY CARE: INNOVATIVE COMMUNITY SOLUTIONS

**Track:** Ag Workers & Migrant Communities

Many agricultural workers in rural areas experience significant challenges in accessing specialty healthcare. Distances to specialty providers can be lengthy, long work days make scheduling and attending appointments difficult, linguistic and cultural barriers, and prohibitive costs present challenges. This session will focus on community-based solutions for providing access to specialty care for agricultural workers. Presenters will offer national and community perspectives on identifying challenges and creating successful interventions. Content draws from Farmworker Justice’s Unidos: Eliminating Barriers around Skin Cancer project – a partnership with Vista Community Clinic that brought community-driven solutions to skin cancer detection and treatment. Important lessons learned will be shared along with potential applications for other types of specialty care that may benefit from a similar approach. This interactive session will include discussions and activities.

**Learning Objectives:**

1. Understand the importance of generating community-driven solutions to issues such as specialty care.
2. Devise innovative strategies to promote access to specialty care for agricultural worker patients.
3. Gain resources to further support specialty care initiatives.

**Presenter(s):** Alexis Guild, Farmworker Justice; Herminia Ledesma, Vista Community Clinic

---

19 - UNDERSTANDING AND SUPPORTING IMMIGRANTS MORE IN THE CURRENT CLIMATE

**Track:** Policy & Environment

The current climate significantly impacts immigrant’s physical, behavioral and mental health. It also causes challenges for health centers and education and social service programs. Some immigrants are choosing not to seek care or services. Some do not continue or renew services. Some access care and services after an issue has reached a crisis.
Health centers and community organizations can do much to support and assist immigrants and their families. Agencies can establish policies to be welcoming, sensitive to, and supportive of immigrants. Community Health Workers, clinicians, mental health practitioners, and service providers can establish connections that foster safety and trust. This session will review high quality, free tools available to support health centers, other programs, clinicians, and service providers in understanding and supporting immigrants in this current climate.

**Learning Objectives:**

1. Report on two major challenges immigrants face in the current climate.
2. State three free resources that can support health centers, other agencies, clinicians and service providers in supporting immigrants even more.
3. State two ways they might apply these resources in their centers or practice.

**Presenter(s):** Lorena Sprager, Elizur Bello & Maria Antonia Sanchez, Nuestra Comunidad Sana of The Next Door, Inc.

---

**20 - LANGUAGE ACCESS PARTNERSHIP: HEALTHCARE INTERPRETERS AND COMMUNITY HEALTH WORKERS**

**Track:** CHWs & Promotor@s de Salud

This session will explore and discuss the Language Access Partnership of Healthcare Interpreters and Community Health Workers. Presenters will introduce a proposed career model of qualified and certified Healthcare Interpreters who receive a traditional health care certification from the State of Oregon with the minimum of 40 hours of documented experience as a traditional health worker. This dual certification provides a robust career path for these individuals and a richer healthcare experience for limited English speaking patients.

**Learning Objectives:**

1. Understand the Healthcare Interpreting (HCI) Certification and Qualification.
2. Discuss how Health Care Interpreters and Community Health Workers provide the best option for services for LEP populations.
3. Discuss career development pathways for HCIs to become CHWs to enhance the Language Access Partnership.
Tracks: SDoH / Social Risk Factors

Efforts to transform the healthcare system are increasingly moving beyond the clinical walls to address Social Determinants of Health and factors in one's home and community. This has led to an enhanced focus on population and community health, as well as spurred initiatives that bridge healthcare systems with their surrounding communities. Prevention Institute’s Community-Centered Health Homes (CCHH) model provides a strategic framework for healthcare that focuses on partnering with the community to create policy and systems change, and is being tested in regions across the U.S. at almost two dozen healthcare organizations. A CCHH not only acknowledges that factors outside the clinic affect patient health outcomes, it actively participates in improving them. These community determinants include availability of parks and open space, nutritious and affordable food, stable housing, clean air and water, and strong social networks.

Learning Objectives:

1. Describe what a Community–Centered Health Home is and the value of integrating a comprehensive prevention approach.
3. Describe actions a healthcare organization can take, internally and externally, to contribute to improvements in community conditions.

Presenter(s): Rea Pañares, Prevention Institute

---

**Substance Use Disorder Webinar Series:**

*Prevention, Promising Practices, and Ethical Considerations*

**March - August 2019**

- **March 13:** Addiction & Brain Chemistry
- **April 3:** Engaging in Ethics: Principled Addiction
- **May 1:** Opioid Primary Care Toolkit
- **June 5:** Harm Reduction
- **July 10:** Chronic Pain Management
- **August 7:** Team-Based SUD Treatment

Register now!

[https://www.nwrpca.org/event/2019SUDWebinar](https://www.nwrpca.org/event/2019SUDWebinar)
22 - LET US SPEAK THE SAME LANGUAGE: LANGUAGE ACCESS STRATEGIES

**Track:** Ag Worker & Migrant Communities

This session will utilize lecture, brainstorming, small group interaction, and role playing to explore the importance of communication, why language access is not a choice, a variety of language access strategies, and related resources and tools.

**Learning Objectives:**
1. Understand the importance of language access in health care.
2. Become familiar with requirements for language access.
3. Increase awareness of language access strategies, tools, and resources.

**Presenter(s):** Patricia Horton, National Center for Farmworker Health

23 - THE IMPACT OF STATE AND FEDERAL POLICIES ON HEALTH CARE ACCESS

**Track:** Policy & Environment

Federal, state, and local laws and policies can have a profound impact on agricultural workers and their access to health care. This session will explore recent federal and state policies that help and/or hinder access to health care for agricultural workers, their families, and immigrant patients. Participants will discuss recent rules and laws at the federal and state level, including why they were developed, how they impact the agricultural worker and immigrant community, how they strengthen or impede health, and efforts to respond to these policies. Farmworker Justice will provide a national perspective and the California Primary Care Association will provide a state and local perspective. Participants will engage in large and small group discussions.

**Learning Objectives:**
1. Understand the impact of federal and state policies on agricultural worker access to health care.
2. Share strategies to ensure policies strengthen agricultural worker access to health care.
3. Access tools to understand federal and state policy.

**Presenter(s):** Alexis Guild, Farmworker Justice; Elizabeth Oseguera, California Primary Care Association

24 - BEHAVIORAL HEALTH CERTIFICATE PROGRAMS FOR PRIMARY CARE WORKERS

**Track:** CHWs & Promotor@s de Salud

This session will provide an introduction to Behavioral Health training programs and career pathways that assist rural healthcare providers in building behavioral health skills. Topics include a Mental Health First Aid course overview, Behavioral Health certificate programs at Highline Community College, and Pathways to Care career programs at Whatcom Community College.

**Learning Objectives:**
1. Identify reasons for and risks related to higher rates of rural behavioral health issues and describe the benefits of Mental Health First Aid.
2. Access resources to implement Mental Health First Aid training in one’s own community.
3. Identify and access resources for training and certificate programs at community colleges.

**Presenter(s):** Kate Di Nitto & Michelle Heitmann, Whatcom Community College; Jennifer Johnston, Highline College

---

**SESSION DESCRIPTIONS**

2019 NEXT LEVEL SKILLS FOR CHC MANAGERS & SUPERVISORS

**MARCH 19-20 | SEATTLE, WA / ONLINE**

“Next Level Skills for Community Health Center Managers and Supervisors,” presented in partnership with CHAMPS as Region 18, training allows experienced health center managers and supervisors to delve deeper into the best practices, knowledge, and skills needed to be a great manager. This training includes:
- a two-day, in-person training
- one webinar on April 4
- one conference call on May 2
- capstone project

**REGISTER TODAY!**
www.nwrpca.org/page/UpcomingEvents

Sign in and out of each session to receive CEU credit.
FRIDAY, FEBRUARY 22

Sessions 25-28, 8 a.m.–10:30 a.m.

25 - FRUIT AND VEGETABLE PRESCRIPTION PROGRAM

Track: Healthy Communities, Healthy Futures

Comer Bien is an FVRx program that includes a series of educational components designed for diabetic patients. This program, taught by Community Health Workers, provides basic nutritional information about fruits and vegetables, portion control, label reading, sugar intake, shopping tips, and eating out. Comer Bien helps participants realize that preparing meals can be delicious, mouthwatering, colorful, and nutritious, and emphasizes the importance of following doctor's recommendations.

Learning Objectives:
1. Understand what a fruit and vegetable prescription program is.
2. Review portion control.
3. Identify the importance of physical activity.

Presenter(s): Patty Molina, Ruby Carrillo and Lizzie Garcia, Mariposa Community Health Center

26 - STRENGTHENING THE PARTNERSHIP BETWEEN HEALTH CENTERS AND MIGRANT HEAD START

Track: Ag Workers & Migrant Communities

Health centers and Migrant Head Start are dedicated to improving the health and well-being of agricultural worker families. While many health centers partner with local Migrant Head Start sites in some capacity, these partnerships can be stronger. Farmworker Justice and the National Migrant and Seasonal Head Start Collaboration Office have been working with Migrant Head Start grantees and health centers to strengthen their collaborations through MOUs that serve not only the children enrolled in Migrant Head Start but also their families. Presenters will discuss components of a good MOU between health centers and Migrant Head Start sites and common challenges from both perspectives.

Learning Objectives:
1. Understand the structure and needs of Migrant Head Start sites.
2. Identify components of strong MOUs.
3. Develop MOUs that are responsive to the needs of both Migrant Head Start and the health center.

Presenter(s): Alexis Guild, Farmworker Justice; Guadalupe Cuesta, National Migrant and Seasonal Head Start Collaboration Office

27 - SALUD CON DIGNIDAD: COMMUNITY COLLABORATIONS FOR HEALTH ACCESS

Track: Policy & Environment

This session will use a program based in Sacramento, CA to highlight community collaboration and coalition-building among diverse stakeholders to increase access to health services to undocumented families. Presenters will explain how to build relationships among hospitals, community-based organizations, and state organizations to support the health needs of this population. We will also discuss how community participation and needs assessments shape the development of a program.

Learning Objectives:
1. Review innovative clinical-community partnerships that elevate the needs of underserved communities.
2. Identify similar opportunities for collaboration in one’s own community.
3. Learn to build and maintain relationships with community partners.

Presenter(s): Adriana Mora, Latino Coalition for a Healthy California

28 - PROMOTORES COMO DEFENSORES DE LA COMUNIDAD: PLAN DE LIDERAZGO

Track: CHWs & Promotor@s de Salud

Promotores as advocates are driven to act in service of the community’s greater good. Collaboration between leadership and promotor@s is a worthwhile investment, as the journey is needed to strengthen personal commitment to impact collective change. Eastern WA Promotores explored social, emotional, legal, educational, and health-related barriers and developed an action plan for community transformation. Presenters will review the process by which the plan was developed, outline barriers to reaching equity, and reveal strengths and strategies to move promotor issues into the mainstream where they can become community champions. This interactive session will invite participants to discover

All sessions will offer 1.5 CME, CNE and NASW Continuing Education Units.
the potential within their communities through open dialogue, group work, and roleplay.

Learning Objectives:
1. Explore the process that promotor@s in Eastern WA used to address primary barriers that impact the population they work with.
2. Discuss the nuances of the promotor role and the strengths and life domains developed at the promotor@s leadership training in 2018.
3. Develop ideas about ways to strengthen promotor work in WA, to be added to the list developed at the leadership training in Naches, WA.

Presenter(s): Mary Jo Ybarra-Vega, Quincy Community Health Center

Sessions 29-32, 10:30 a.m.–12 p.m.
29 - DIABETES PREVENTION PROGRAMS: OFFERING OPPORTUNITIES FOR LIFESTYLE CHANGE

Track: Healthy Communities, Healthy Futures

The Diabetes Prevention Program is a highly successful evidence-based lifestyle change program based on a large clinical trial conducted by the Centers for Disease Control, National Institutes of Health, and several research universities. Follow-up studies 10 and 15 years post confirm that a significant number of participants diagnosed with pre-diabetes are able to reduce or delay the onset of diabetes by following the year-long program.

In 2010, the CDC launched the National Diabetes Prevention Program (NDPP) scaling the evidence-based programs through community-based organizations nationwide. This presentation will provide conference attendees with an overview of NDPP history, rationale, and curriculum design, and training opportunities for potential Lifestyle Coaches.

The goal of this presentation is to share information on the program, encourage organizations to offer it for their communities, and describe successful program implementation.

Learning Objectives:
1. Understand the history and results of CDC’s National Diabetes Prevention Program.
2. Understand the benefits of providing the DPP to community members with pre-diabetes.
3. Learn to implement the DPP, train staff, schedule classes, track patient progress, ensure quality control, and obtain CDC recognition & reporting.

Presenter(s): Vivian Cullen, VH Cullen Consulting

Sign in and out of each session to receive CEU credit.
30 - ADDRESSING CHALLENGES IN PROVIDING OCCUPATIONAL HEALTH & SAFETY TRAINING TO INDIGENOUS AGRICULTURAL WORKERS

Track: Ag Workers & Migrant Communities

Farmworkers face many occupational health and safety challenges at their workplaces – pesticide exposure and heat stress to substandard housing. A significant percentage of agricultural workers in the United States, specifically in the Pacific Northwest and California, speak an indigenous language from Mexico or Guatemala. The Oregon Law Center, in collaboration with other partners, worked on a multiyear and multiphase project to learn about the health and safety needs of indigenous farmworkers in Oregon. Presenters will offer resources and share their experience of collaborating with local growers and partners to provide an adequate and effective pesticide training.

Learning Objectives:
1. Learn about the occupational health and safety needs of indigenous agricultural workers.
2. Learn about the importance of collaboration with other potential project partners.
3. Identify barriers and challenges faced by organizations delivering information to a diverse farmworker population.

Presenter(s): Valentin Sanchez, Oregon Law Center

31 - THE POWER OF THE APPLICATION ASSISTER: STATE-COMMUNITY PARTNERSHIPS

Track: Policy & Environment

Oregon’s Healthy Kids (CHIP) program, has evolved into Oregon’s Community Partner Outreach Program (CPOP), which is a partnership between a small team of state employees (Regional Outreach Coordinators) and community partner organizations serving every county in Oregon with Oregon Health Plan outreach and enrollment services. Community partners include more than 300 organizations—hospital systems, Medicaid providers, county health departments, community-based nonprofits, among others—with more than 1,000 certified application assisters. These application assisters touch one-third of the Oregon Health Plan membership directly and reduce the burden on state resources by working with Oregonians to address the health coverage to care continuum. This year, Senate Bill 558 (Cover all Kids) increased access to the Oregon Health Plan for children and teens, regardless of immigration status. The CPOP team leads the implementation and partners with diverse community-based organizations and experts to develop a culturally and linguistically responsive outreach and marketing campaign.

Learning Objectives:
1. Learn about this innovative state-community partnership model for engaging marginalized, hard-to-reach populations in health coverage and care.
2. Share strategies on how to develop culturally and linguistically responsive outreach and marketing campaigns.

2018-19 Biennial Region X Health Center Salary & Benefits Survey is Now Available

• Compiled salary and benefits for 124 different health center positions
• Breakdowns for key positions by state, year of service, and health center size (according to budget)
• Summaries of employee benefits packages offered throughout the region (e.g. insurance types, retirement options, employee leave)
• Staff turnover and point-in-time vacancy information (e.g. vacancies, recruitment length)

Learn more and purchase online: www.nwrpca.org/page/BIX
Session Description:

**Presenter(s):** Monica Juarez & Josie Silverman-Méndez, Department of Human Services & Oregon Health Authority

**32 - TOGETHER WE CAN, JUNT@S PODEMOS**

**Track:** CHWs & Promotor@s de Salud

This session will engage Participants in an interactive and multilingual popular education model learning session. Community health workers, Promotor@s de salud, and our front-line staff are the corazón (heart) of our health center movement. Presenters will reflect on the challenges and barriers that have been impacting our CHW’s. Together presenters and attendees will map resources and tools in our CHC’s, states, and region that have aided their work. Lastly, the group will identify and re-imagine what tools and strategies needed to be successful in the coming next year.

**Learning Objectives:**
1. Identify barriers and challenges impacting the work or CHW’s/Promotor@s de Salud in their work.
2. Map resources in their CHC, State, and region that support their success.
3. Identify trainings and resource needs to be successful CHW’s/Promotor@s de Salud for the coming year.

**Presenter(s):** Maribel de Oca, Northwest Regional Primary Care Association; Mary Jo Ybarra-Vega, Quincy Community Health Center

---

**WE DELIVER SERVICE THAT OUR CLIENTS CAN DEPEND ON AND WE CAN BE PROUD OF**

- Dedicated client service rep
- 24-hour access to our laboratory
- Interfaces to all major EMRs
- ASAP and STAT testing capacity
- Multiple courier pick-ups
- Easy-to-use, preprinted test request forms
- Continuing Education programs
- Comprehensive collection supplies
- Multiple report copies to providers and facilities
- Flexible billing (physician, insurance, Medicare)
- Consultation with Pathologists or technical staff

---

**INTERPATH LABORATORY**

2460 SW Perkins Ave. Pendleton, OR 97801

541.276.6700 800.700.6891 www.interpathlab.com

Sign in and out of each session to receive CEU credit.
Research shows coloring helps to engage logic and creativity skills, train the brain to focus, and provide stress relief among other positive benefits. While at the conference, you are invited to use these coloring pages to help you focus, inspire you to create, and remind you to breathe deeply.