The physical therapy payment landscape has seen numerous changes over the past year. With this ever-changing payment environment, it can be more confusing than ever to know when prior authorization is needed, and the administrative burden that it puts on the physical therapist seem to be increasing with each change that comes to light.

In 2019, physical therapists in New York State saw changes after authorization to utilization management companies and the way that requests need to be submitted for prior authorization became much more complex than in previous years.

Some of those changes included:

- Aetna contracted with NIA Magellan to provide utilization review. This change led to the approval of units vs. visits for physical therapy treatment. Problems inherent with unit-level approval included alteration in treatment plans deemed appropriate by the physical therapist. Additional concerns centered around notification of changes and lack of training for providers. In-person and virtual meetings were held with Aetna and NIA in 2019 in an effort to address concerns raised by our members. Collaborative meetings will continue in 2020.
A New Year and a New Decade for the NYPTA

President’s letter

As we begin a new year and a new decade, all the discussion in the news related to finally reaching the year “2020” led me to reflect back over the past ten years and compare Chapter priorities in the beginning of 2010 with our current initiatives. What were our biggest concerns in the first months of 2010 vs. now? How far have we come? Can we learn anything to help us move forward by taking a look back?

To gather this information, I reviewed Winter 2010 Chapter Board of Directors reports and minutes, focusing on common themes and issues. (I was serving as Speaker of the Delegate Assembly in 2010 and yes, I still have these files on a flash drive.)

One of the main items discussed at the Winter 2010 BOD meeting was the draft 2011-2013 Strategic Plan. Coincidently, the 2019 Delegate Assembly just approved the Chapter 2020-2024 Strategic Plan at a special webinar DA meeting on December 12, 2019. Comparing these two Strategic Plans developed 10 years apart, I believe the Chapter as a whole is now more streamlined, focused and efficient in how we identify and plan to address member and professional issues. The 2011-2013 draft Strategic Plan had seven goals with a total of 29 objectives whereas the new 2020-2024 plan has four goals with a total of 15 objectives. By focusing on fewer goals and objectives, we should be more successful in achieving our expected outcomes since Chapter resources (both personnel and fiscal) will not be as spread out.

The 2010 Winter BOD also approved the NYPTA Legislative Plan for that year. This plan included a bill to address high co-pays for physical therapy services by ending the practice of designating PTs as specialists, and a second bill to address abusive utilization practices by managed care companies. Unfortunately, the Chapter continues to fight these same issues 10 years later. Our 2020 Public Policy Priorities includes legislation to mandate affordable co-pays in line with primary care physician office visits. The members of the Public Policy Committee and our Executive Director are spending many hours on the ever-increasing issues with onerous utilization management policies being adopted by multiple insurance carriers.

“In looking back to 2010, and ahead to 2020, the biggest lesson I’ve learned is the importance of perseverance”

Peggy Lynam, PT, DPT

continued on page 8
The Ever Changing Payment Landscape
By Kerlly Garceau, NYPTA Executive Director

 Anthem contracted with AIM Specialty Health to provide utilization review for Medicaid and commercial plans in several states in 2019, including New York. We were recently made aware that AIM Specialty Health will also be conducting utilization review/prior authorization for Medicare Advantage Plans to be rolled out April 1, 2020, with a web portal being made available for submission of prior authorization requests beginning on March 19, 2020. We are aware of the many problems and concerns that surround this prior authorization process with AIM Specialty Health and will continue to address them with Anthem and AIM. APTA and all chapters impacted by these rollouts continue to meet on a monthly basis with representatives from Anthem and AIM in an effort to alleviate some of the problems facing our members.

 United HealthCare Community Plan announced changes to their prior authorization process that became effective on October 1, 2019. The fact that all prior authorization requests for physical therapy treatment had to be submitted by the physician referring the patient to physical therapy proved to be unreasonable. UHC reversed this decision and the physical therapist can now request approval with a physician referral; however, the initial evaluation and first therapy treatment cannot be conducted on the same day. The initial authorization for therapy must also include a plan of care signed by the physician. Again, we continue to meet with APTA and representatives of UHC in an effort to address concerns raised by these changes.

On a more positive note, the New York State Workers’ Compensation Board approved increases to the medical fee schedule for physical therapist services effective April 1, 2019. Additionally, the New York State legislature passed legislation that expanded the authorized providers under the WC system to include physical therapists. While this legislation did not change the rules for physical therapists as it relates to filing variances and the need for physician referral, we are grateful that the WC Board will now be able to collect data specific to physical therapist treatment vs. data applied to all providers able to bill physical medicine codes under the system. We are hopeful that this data will prove valuable in future discussions with the Board as it relates to those barriers to direct access care of injured workers.

Please know that NYPTA is here for you, the members. If you encounter difficulties navigating the payment landscape, reach out to us and we will do our best to assist you.

I wish you all a safe, healthy and peace-filled 2020.

Kelly Garceau

Joan Edelstein – Obituary

It is with heavy hearts that we share the news of the passing of our longtime colleague and friend, Joan Edelstein. Joan began her career as a physical therapist with NYU, graduating from the department in 1956 and returning for additional certification in 1958. For over 40 years, Joan dedicated her life to the profession of physical therapy, serving as a Senior Research Scientist and adjunct faculty member at NYU, Director of the Physical Therapy program at Columbia University and as a pioneering force in the creation of a baccalaureate degree in orthotics and prosthetics.

We offer our sincerest and heartfelt condolences to her family, friends and coworkers.
2020 - 2022 Slate of Officers

President

Peggy J. Lynam, PT, DPT

NYPTA District: Greater New York

Date of Membership in the Chapter: 1980

Education:

Present Employment:
Associate Professor, Department of Physical Therapy, Long Island University-Brooklyn, 9/2015-present – full-time faculty in Doctor of Physical Therapy program; Sole proprietor of part-time home health PT practice, 2015-present, (full-time prior to 2015)

Activities


District: GNY: Member-At-Large, 2012 – 2016; Delegate to Delegate Assembly x 2; B/Sl: Chapter Director (1994-1999), District Chair (1991-1994), Program Committee (1990-1991), Delegate to Delegate Assembly x 13

APTA: None

What is your vision for the NYPTA in the next five years, and how should we achieve that vision?
My vision for the NYPTA in the next five years is that this Chapter is recognized by both our members and our communities across the state as a relevant, flexible organization that truly represents the best of the physical therapy profession in NYS and is ready to meet the challenges of the future. I hope we achieve this recognition by becoming a more diverse, equitable and inclusive organization that can adapt our processes and activities to better meet the needs of those we serve.

An important step in achieving this vision is to continue to improve our communication and collaboration both externally and internally. We should improve our identity as an organization focused not just on “PT”-related priorities but also on other issues important for optimizing the health and well-being of NYS citizens. In expanding relationships with external groups, we should be proactive in identifying other relevant issues we can support.

Internal communication should provide improved support for our volunteer leaders, such as implementing a formal orientation program, thus setting up new leaders for success in addressing the challenges of the future. In addition, to become a more flexible, relevant organization, we need to change the format of our communication at the Chapter Board level. Utilizing a Board listserv would allow for year-round discussion and exchange of ideas which could result in the most pertinent decisions being made at the Board meetings.

I look forward to sharing more specific details and answering your questions at the Candidate Meet-and-Greet.
Vice President

Michael Tisbe, PT, DPT
NYPTA District: Central
Date of Membership in the Chapter: 1992

Education:
BA Biology, Manhattanville College 1989-1991
BS, PT, SUNY Health Science Center at Syracuse 1991-1993
DPT, University of St. Augustine 2005-2009

Present Employment:
Elderwood Health Care Center at Liverpool 2008 to present Director of Rehabilitation services. Responsible for clinical programming for PT, OT, ST, staff development, training, operation, safe patient handling, and bundled care initiatives.

Activities
District: 2012-2016 Central District Director, District Delegate, 2012-2013, 2015, 2017
APTA: None

Describe your strengths as they relate to the role of the Vice President.
Outlining your own strengths is a difficult task for many of us. At times things we believe that are strengths in ourselves can be weaknesses, the recognition of this has helped me throughout my career. I do believe one of my strengths as it relates to my candidacy for Vice president of NYPTA is in having practiced in multiple areas of Physical Therapy. In my early years as a therapist being involved at the hospital setting, transitioning to outpatient in a private practice setting, then spending some time in homecare and currently have been in Skilled nursing for the past 11 years while adding teaching one class as an adjunct in a local PTA program for the last 2 years. This broad spectrum of experience helps me to listen and understand the issues therapists in each of these settings face in a more personal way. I was humbled two years ago at the nomination for vice presidency at the opportunity to represent, support and work for a group of people that I respect and admire. I am even more honored that I was nominated to continue to work in this capacity. I believe I add to the team of leaders of NYPTA a voice of sometimes altered perspective to assist with seeing issues in a 360-degree manner and strong belief in the benefit of what each one of us can add to society.
2020 - 2022 Slate of Officers (continued)

Speaker of the Delegate Assembly

Genevieve Smith, PT, DPT
NYPTA District: Southern Tier
Date of Membership in the Chapter: 2011

**Education:**
Doctorate in Physical Therapy, May 2011; Virginia Commonwealth University, School of Allied Health Professions
Bachelor of Arts in Sociology, May 2008; State University of New York College at Geneseo

**Present Employment:**
Clinical Supervisor at Seneca Physical Therapy of the Finger Lakes, Watkins Glen, NY (August 2018-Present)
Instructor at Ithaca College Physical Therapy Department: Ithaca, NY (2016-Present)

**Activities**
**Chapter:** Director of the Southern Tier District 2018-Present; Designated Delegate from the Southern Tier District for New York State for the House of Delegates, Boston, MA (2017) and Chicago, Illinois (2019)
**District:** Chief Delegate for the NYPTA Delegate Assembly 2016, 2017, 2018, 2019; Chair of the Southern Tier District: 2017-2018; Co-Chair of Southern Tier District: 2015-2017; New Membership Liaison 2017-Present; Public Relations Liaison: 2014-2016; Physical Therapy Alliance of Upstate New York, Legislative Committee Member: 2011-2012
**APTA:** None

**From your leadership role as Speaker, what strategies will you use to promote member engagement and participation in the Delegate Assembly?**
The role of Speaker of the Assembly carries a tremendous responsibility. If I am elected Speaker, I believe increasing member engagement and participation in the Delegate Assembly is essential. The Role has a large leadership component creating an environment where all delegates feel comfortable asking questions and contributing to the discussion. In order to promote increased participation, I propose the creation of a new Delegate Orientation process. The orientation would review Roberts Rules of Order, how to make a motion, and how to vote on a motion. New delegates would receive instructional materials in advance of their first meeting, and would be paired with mentors to coach them through their first steps. Ultimately, if members are familiar with the process, and have a connection to more experienced members, they will be better equipped to participate earlier and at a higher level.
2020 - 2022 Slate of Officers (continued)

Nominating Committee Member

Clarence Chan, PT, DPT

NYPTA District: Brooklyn/Staten Island

Date of Membership in the Chapter: 1989

Education:
BS Downstate Medical Center, SUNY, 1989
DPT Creighton University, 2005

Present Employment:
LaGuardia Community College, CUNY, 2001-present, Professor/Director, Physical Therapist Assistant Program, Department of Health Sciences

Activities
District: District Treasurer for Brooklyn/Staten Island, 2003-2015; Member of the Brooklyn/Staten Island District Delegation, Delegate Assembly, 2001-2009
APTA: None

Additional Information: CAPTE Onsite Reviewer 2005-present

What opportunities should the Nominating Committee use to encourage participation in the nominating process?
The Nominating Committee of the NYPTA serves the vital roles of preparing a slate of candidates for vacancies of Chapter Officers, delegates to the House of Delegates, and Representative to the PTA Caucus. This Committee also assists in selecting Student PT and PTA delegates. Nominating candidates is about finding the “right match”. Achieving this goal requires members of the Nominating Committee to meet and get to know the leaders and members of the Association where individuals are committed to participate and serve in the profession. Chapter events such as the Delegate Assembly and Annual Conference are some of the best opportunities for the Nominating Committee to engage and learn about individuals’ professional and personal attributes that are best suited to serve in the various Chapter positions. Furthermore, the Nominating Committee assists the Association in developing future generations of leaders of the profession. DPT and PTA programs are where future leaders of the profession are being nurtured. Quite often, emerging physical therapy professionals may not be very familiar with the role of NYPTA and how it can shape the future of the profession in New York State. Opportunity to visit campuses across the state can be another effective way to meet and engage faculty and students to join and to help the Association achieve our goals in advancing the profession. It is our collective responsibility to share and to inform. I look forward to fulfill the duties expected as a member of the Nominating Committee to the best of my abilities.
A third priority of the 2010 Legislative Plan was to introduce legislation related to the Workers’ Compensation system to update rates of payment review. As you may know, the Chapter’s Workers Compensation Board initiative was successful in achieving a significant increase in the medical fee schedule for physical therapy which went into effect this past year. Lastly, the 2010 plan included resubmitting a bill to upgrade the educational requirements for licensure as a PT in NYS to a Master’s degree or higher. This bill eventually was signed into law in 2011 and went into effect in 2012.

So, what can we learn from this short history review? I believe the biggest lesson is the importance of perseverance. While it may take a decade or longer to achieve the results we want, positive outcomes do occur. As a Chapter leader in various roles over the past ten years, I have witnessed the enthusiasm and commitment shown by my fellow Chapter members in pursuing these and other priorities. I hope that, as your President, I can help instill the same levels of enthusiasm and commitment going forward into this new decade. As always, any comments and/or suggestions from members are welcomed.

Best Regards,

Peggy

Motivations Inc is an approved sponsor of CE by the New York State Education Dept, Office of the Professionals. Submitted for approval to the New Jersey State Board of Physical Therapy Examiners.
Fall 2019 BOD Report

On October 16 and 17, 2019, the New York Physical Therapy Association’s Board of Directors (BOD) met in Saratoga Springs, New York.

**Multiple motions were passed at the meeting including:**

- Motion to approve the NYPTA 2020 Proposed Budget with one amendment to fund the archivist for one meeting per year.
- Motion for NYPTA to make a one-time payment of $53,196 to pay off the outstanding mortgage of $53,196. Funds for this payment will be deducted from the excess reserve account.
- Motion to adopt the 2020 NYPTA Public Policy Priorities as printed.
- Motion to amend the NYPTA Policy Manual Section II. Delegate Assembly/House of Delegates, 1. Delegate Assembly (DA), B. Procedure for Amendment and Approval of Chapter Strategic Plan (BOD 01-07-03) by substitution so that it would read:

  B. Procedure for Amendment and Approval of Chapter Strategic Plan (BOD 0-07-03)

  The Delegate Assembly shall review, amend as necessary, then adopt the Chapter Strategic Plan every five Years or sooner. The Executive Committee with input from the Board of Directors is responsible for producing the proposed Chapter Strategic Plan.

  Note: The BOD agreed to suspend the rules to substitute the motion originally presented to the Board with a motion to change by substitution.

  Friendly edit was made to change Strategic Plan of the Chapter in the last line to Chapter Strategic Plan.

- Motion to approve submitting the NYPTA Strategic Plan for 2020-2024, as printed to the Delegate Assembly.
- Motion to charge the Leadership Committee to review the Directors’ Intern Program and make recommendations for possible changes to the program with a report back to the Board at the Spring 2020 meeting.

**The Board voted to postpone definitely a motion** to the Winter Board of Directors meeting to approve the revised NYPTA PTA Procedure Manual: Part 1; III. Appendix; E. Job Description – PTA Caucus Representative.

**Generative discussion - Issues discussed included:**

An update on the Advocacy Event and PTA Celebration in collaboration with Public Policy/Leadership Committees and PTA Committee.

Required attendance at DA and BOD Meetings.

The Director’s Intern program effectiveness with a charge to the Leadership Committee to review its effectiveness and make possible recommendations for changes to the program.

APTA Branding/New Logo and whether NYPTA should adopt the new logo.
The 2021 HOD schedule is changed to September 2021 and the impact on the 2021 DA schedule.

Development of Mentorship Podcasts to help the students understand different practice settings in an effort to encourage more interaction between academic institutions and the districts.

Overhaul/reorganization of Chapter manuals to include an orientation process for committees/officers, etc. The Marketing & Engagement Committee requested suggestions for goals and activities to focus on.

The Chief Delegate advised how APTA has used BoardSource resources and this information and resource is available to all of our volunteer leaders as well.

Chapter volunteer opportunities on APTA ENGAGE. This site can be used for various volunteer opportunities - long and short term.

Possibility of using Chapter website group discussion forums.

Inconsistent submission of reports to BOD by some Committee/Officers. A reminder that verbal/oral reports can be given at the BOD meetings during the call for “additional reports”.

The APTA BOD appointed Gregory Hicks, PT, PhD, FAPTA to serve the last year of Sheila Nicholson's term.

The meeting concluded with Good and Welfare.

Respectively submitted by Debra Engel PT, DPT, MS
NYPTA Secretary

Upcoming Events in 2020

**NYPTA Events**

*Winter BOD Meeting*
Web-based
January 25, 2020

*EC/BOD Spring Meeting*
April 30 - May 1, 2020

*Delegate Assembly*
May 1-2, 2020

*Lobby Day*
May 12, 2020

**EC/BOD Fall Meeting**
October 1-2, 2020

**APTA Events**

*Combined Sections Meeting*
February 12-15, 2020
Denver, CO

**2020 HOD**
May 31-June 3, 2020
Phoenix, AZ
Arthur J. Nelson Research Designated Fund

New York Physical Therapy Association
Call for Applications
Arthur J. Nelson Research Designated Fund (RDF)

The New York Physical Therapy Association invites applications for the 2020 Arthur J. Nelson Research Designated Fund. The chapter will fund up to $10,000 for projects designed to facilitate clinical research in physical therapy. The fund is intended to provide a mechanism for investigators to collect pilot data to support the development of larger, more comprehensive research proposals.

Arthur J. Nelson Research Designated Fund Details

The NYPTA Research Committee will review all applications based on the following guidelines:
1. Relevance of the study to physical therapy practice, research or education
2. Clear identification of how the pilot data will be used in a larger grant proposal
3. Research design and methodology
4. Organization and clarity of the application
5. Investigator’s readiness and likelihood of completing the project
6. Appropriateness of the budget request

The committee will recommend recipients for the awards to the Board of Directors.

Eligibility

The principal investigator must be a member of the APTA, be licensed to practice physical therapy in the state of New York, and maintain an active New York State Education Department Registration. Pre-professional (entry-level) students are ineligible to apply.

Application Deadline

Applications for the Arthur J. Nelson Research Designated Fund can be obtained from the Research Committee webpage on the NYPTA website (www.nypta.org/group/Research) and must be returned electronically to the Chapter office by February 3, 2020 at midnight. There will be no exceptions to this deadline.

To obtain further information about the application procedure, please contact a co-chair of the Research Committee (GaryBrooks, brooksg@upstate.edu or Ayse Ozcan Edeer, ayseozcan1@gmail.com)
Utica College Student Conclave

By: Suzanne Kritz, SPT, Clarkson University

We came into this profession searching for something. Ask multiple people this question though, and you will most likely get a million different reasons, and that is ok! I am bringing this up, because through attending an event such as the Utica College Student Conclave, students are able to participate and take away something that is useful to them. Not only this, but students are given the opportunity to collaborate with other PT students like themselves to each discover their “Why PT?” Just about one year ago, I received an email from Megan Sliski, a first year PT student at Utica College. She was searching for students in New York State to join her in being part of a committee to put on a student conclave. Curious, I sent her an email to find out what the job entailed and after reading her response, I was hooked.

Our committee met monthly to brainstorm ideas such as the topics of sessions we would have, design of the t-shirt, and so much more! Our meetings were over Google Hangouts, the closest thing we could have to an in person meeting. This was due to our committee members attending various schools including Clarkson University, Ithaca College, Utica College and SUNY Upstate. Along with my role on the committee, I am also a regional representative for the NYPTA SSIG where I work with liaisons and other representatives from across New York. Between the social event held the night before and assisting with registration, I had the opportunity to meet half of the conclave committee and SSIG members in person including other representatives and two of my liaisons (I have four in total). Every single student was so eager to be at the event and their excitement about the day’s programming was infectious. The conclave hadn’t even started yet and already I had met so many new people! Within the sessions I attended, speakers shared their passion for the topics that the committee had carefully selected and students embraced this new knowledge. In one session, pediatrics, the room was broken up into small groups to create an exercise program for a specific age group. My group in particular, had at least four different universities and all three levels of physical therapy students represented. Together we collaborated, brainstormed and were able to draw new ideas from those around us. I know I not only learned from the speakers themselves, but also the other students who were also in attendance.

When the day came to a close, I reflected on how everything had gone. I couldn’t have imagined the day running any smoother or changing a single thing. Every student that I talked to loved their experience and said they would do it again. Moments like those are what made all the long hours put into planning worth it.

To conclude, I encourage any PT student who is reading this to become involved. I hadn’t been part of a committee before but it was a life changing experience. Find something that interests you and reach out. Make connections. Network. So many PT students keep to themselves just to “make it through PT school,” and I challenge each and every one of you to defy this. If you haven’t already, meet students at other schools. You’re going to have to work with other clinicians someday, so why not start now?
Member Spotlight: Ralph E. Mitchell, PTA
College Lab Technician
LaGuardia Community College

How Long have you been a member of the NYPTA?
Since 2006

What do you enjoy most about the NYPTA?
I enjoy staying up to date with the lectures presented, and networking with the other professional during the delegate assemblies.

Tell us a little about your background, and how your path led you to where you are in your career today.
I had the opportunity after high school, in 1968, to enter a program for 6 months of training to become a certified Physical Therapist Aide at the Rusk Institute of Rehabilitation Medicine operated by NYU Medical Center. I was certified and was working there 2 years when I was drafted into the Army and deployed to Vietnam as an infantry combat soldier. While deployed, I honed my leadership skills. I was one of the fortunate vets to come home to my job still waiting for me where incredible individual staff members mentored and encouraged me to pursue further studies at NYU to become a PTA.

Working at Rusk as a PTA for 15 years and then beyond in other medical facilities, I learned how to individualize my skills and talents to assist the PTs in charge of me on how to work with me in creative ways. I utilized my martial arts concepts to stimulate patient’s interest in their treatment protocols. Having wonderful mentors that encouraged me to use my skills in areas rarely covered by PTAs, such as outpatient aquatic therapy, helped develop my confidence and skills as a team member.

These former years were invaluable to who I am today as a PTA and mentor to students in our program.

What’s the most rewarding part about your work and what are some challenges?
I enjoy being the bridge between students and professors. Making connections with students; encouraging and mentoring them, using my 40+ years of hands on experience with diverse patients to bring to life the real-world application of their studies is the best reward. I try to drive home the importance of patient care--building trust through consistency, empathy and maintaining excitement about patient progress. It is a pleasure working with faculty who together are such a great team. As a result of our highly professional program it can be a challenge for some students, who did not come prepared for the rigorous course-load and exams of our program. It is rewarding to assist in their success.

What is a typical day like for you?
As a CLT it is my job to maintain the labs, equipment, help students review lecture formats, and assist professors in the labs by demonstrating disabilities and diagnosis with the students.
Member Spotlight (continued): Ralph E. Mitchell, PTA
College Lab Technician
LaGuardia Community College

How do you make time to volunteer and be active in groups you’re involved with?

I volunteer representing La Guardia Community College PTA program at various High School Career days; and give presentations at annual career days at LaGuardia C.C. on Saturdays. The college allows time for these activities. I also attend delegate assemblies and Brooklyn-Staten Island District symposiums on the corresponding weekends.

Who is one of your role models and why?

I have had several role models in my life, but the one who stands out the most was at the Rusk Institute of Rehabilitation Medicine when I was a young trainee. This person mentored me with dedication and encouragement, and challenged me to pursue my profession and return to college.

What advice would you give NYPTA members who are new to the profession and want to make a difference?

I would encourage developing communication between PT and PTA to foster a team approach. It is important to create an open work environment where ideas are welcomed and developed, and where PTAs feel they are a valued part of the team. This encourages out-of-the-box thinking, and higher productivity.

When you have 30 minutes of free-time, how do you pass the time?

My door is always open for students’ questions and concerns, particularly those students who may be at-risk, both academically and personally. A whole person approach is necessary to help students succeed in the program.

What’s the most important trend you see today?

What I see is that more PTAs are seen as viable team members with PT, OT, Nursing, Speech etc. Once a P.T.A. is brought into the environment, be it skilled nursing, outpatient or inpatient settings, the Physical Therapist’s chain of command should find the right setting for them to be a part of the team so they can contribute. This is a positive trend that will produce better outcomes both in the classroom and with real world patients.

Do you Know someone who should be a member spotlight? Email aabdulmatin@nypta.org with their name and email address
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Any Chapter member or district may submit nominations. It is important that all nominations be well supported with information about the nominees’ activities that indicate their appropriateness for the award.

To be considered valid, all nominations must be submitted on the official form by March 13, 2020. Multiple entries may be submitted.

The following is a list of descriptions of NYPTA awards:

1. **Dr. Marilyn Moffat Distinguished Service Award.** This award recognizes an NYPTA member who has made an outstanding contribution to physical therapy. The recipient will have demonstrated consistent service to the development of the physical therapy profession, beyond that which is inherent in being a member of the profession. This commitment of service is demonstrated by contributions to the profession in the following areas:
   a. Education. The recipient has fostered the development of quality learning experiences that promote sustaining and improving the physical therapy profession, including teaching in areas such as academic, in-service or continuing education; development and implementation of teaching methods; administration of a PT program.
   b. Clinical research. The recipient has initiated or participated in laboratory and/or clinical research that has promoted the development of the physical therapy profession and has published or disseminated the results of such research.
   c. Service. The recipient has demonstrated service to the profession in patient care, consultation, administration or education as a liaison to other health care organizations and/or committees.

2. **NYPTA Lifetime Service Award.** The recipient shall have demonstrated a commitment to the profession of physical therapy by serving NYPTA:
   1. Throughout their physical therapy career on an ongoing, consistent basis.
   2. Through service primarily to the Chapter in any elected or appointed capacity, but may also include District or National activities.
   3. By providing contributions that are worthy of mention and which will be judged on the basis of results and not merely the duration or continuity of that service.

3. **Leslie J. Wood Outstanding Service to Chapter Award.** The recipient will have made outstanding contributions to the New York Chapter in promoting the organization and its goals.

4. **Merit Award.** The recipient will have made meritorious contributions in one of the following capacities: as a member of the Chapter Board of Directors, as a task force or committee Chairperson, or by committing time and resources to the Chapter and the profession.

5. **Doreen Frank Legislative Award.** The nominee shall have demonstrated consistent, outstanding participation in the legislative arena by promoting initiatives that preserve, protect and advance the practice of physical therapy in NYS.

   Activities shall include the following:
   a) attendance at Lobby Day
   b) interaction with legislators re: current legislative issues
   c) promotion of and participation in PAC activities
   d) involvement in legislative activities on a district and/or chapter level.

6. **Public Relations Award.** The recipient will have fostered public awareness of the profession of physical therapy through utilization of the media, community activities, special events or promotion of PT Month, etc. Nominations may be submitted for Districts, individuals, facilities or schools, and must be substantiated by written information, photographs, brochures/printed materials or copies of articles, etc. Activities of Chapter committees are not eligible for consideration.

7. **New York Chapter Appreciation Award.** This award is not limited to physical therapists or APTA members. The individual will have fostered the ideas and/or ethics of physical therapy through service to the New York Chapter or the profession.

8. **Outstanding Service to District Award.** The recipient will have made outstanding contributions to a district.

9. **Leadership Development Award.** Recipients of this award should exemplify the spirit of leadership development within the profession, but not limited to, the following:
   a) Participation or promotion of mentor/protégé relationships;
   b) Participation or promotion of attendance at the Leadership Development Workshop, Delegate Assembly, Lobby Day or other association leadership activities;
   c) Creation and implementation of innovative ideas for developing leaders within the profession;
   d) Creation and implementation of methods to keep the spirit of leadership alive throughout the professional life cycle.

   The following outlines further specifications for this particular award:
   a) Nominations may be submitted for Districts, individuals, facilities or academic programs;
   b) Nominees should be Chapter members; in the case of facilities or academic programs, the individual spearheading the effort should be a chapter member;
   c) Nominations must be substantiated by written information including data collected regarding numbers of individuals affected by the leadership efforts;
   d) Members of the Chapter Leadership Committee are not eligible for this award while in office.

10. **PTA Excellence Award.** This award recognizes a PTA who serves as a role model and inspiration to patients clients, peers and students and strives to achieve optimal potential as a PTA.

11. **Golden Goniometer Award.** This award is given to an individual or district who creates and/or participates in activities that raise awareness of our profession through events that support:
   • Fall Prevention Awareness Day (Late September)
   • National PT Day of Service (Mid-October)
   • National Physical Therapy Month (October)
NYPTA Awards Nomination Form

All portions of this form must be completed for the nomination to be valid. The form may be photocopied to accommodate multiple entries. Please send this form to the Chapter office: NYPTA / 971 Albany Shaker Road / Latham, NY 12110
Attn: Awards Committee.

• • • Deadline for submitting nominations: March 13, 2020. • • •

Please print or type
Nominee’s name: ____________________________________________________________
District: ____________________________________________________________________

Award: ☐ Dr. Marilyn Moffat Distinguished Service Award
☐ NYPTA Lifetime Service Award
☐ Leslie J. Wood Outstanding Service to Chapter Award
☐ Merit Award
☐ Doreen Frank Legislative Award
☐ Public Relations Award
☐ New York Chapter Appreciation Award
☐ Outstanding Service to District Award (only one individual to be submitted by each district)
☐ Leadership Development Award
☐ PTA Excellence Award
☐ Golden Goniometer Award

Association activities:
These include elected or appointed positions at the national, chapter and/or district levels, and involvement in committees, task forces, etc. Please provide as much information as possible, including dates.
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

How do the candidate’s contributions affect eligibility for the award?
Please be specific.
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

(For Public Relations Award only)
Please describe activity in detail and submit materials as specified in award criteria:
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Nominations submitted by:
(individual, committee, board member, district)
__________________________________________________________

https://www.nypta.org/page/awardnom
APTA's Engage

The new member volunteer platform to make it easier to volunteer at both the national and Chapter level.
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- Search and apply or sign up for opportunities at the national or Chapter level

More information can be found at: https://engage.apta.org.

To get started go to: https://engage.apta.org/volunteerresources/about-engage.

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