



COACH RANDY
SAYS

**FROM BULLYING TO BELONGING:
BUILDING CULTURES OF RESPECT,
RESILIENCE, AND RESULTS**

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WEBINAR HIGHLIGHTS

- Bullying by the Numbers
- School Culture
- Building Relationships
- Creating Belonging



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TIMELINE



April 1999



September 2010



November 2016



March 2020



October 2025



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WHAT IS YOUR DEFINITION OF BULLYING?

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BULLYING*

1. Involves aggressive behavior
2. Typically involves a pattern of behavior repeated over time
3. Imbalance of power or strength

AN IMBALANCE IN **REAL OR PERCEIVED**
POWER MUST EXIST BETWEEN THE BULLY
AND THE TARGET

*Printed with Permission from Olweus Bullying Prevention Program

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Bullying: Learned Behavior

Research clearly indicates **bullying is learned behavior** and detrimental to the academic, physical, social and emotional development of all involved - bullies, targets, and the bystanders who witness it....A wave of recent bullying incidents with tragic outcomes has shed a renewed light on this issue. The advent of technology allowing for impulsive, anonymous and rapid communication, has expanded the opportunities for bullying to a degree that necessitates more innovative and immediate responses than ever before.

Source: DuPage County Anti-Bullying Task Force Model Bullying Policy (2011).

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WHAT FACTORS MAY BE CONTRIBUTING TO THE INCREASE OF BULLYING BEHAVIOR?



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HOW MIGHT SCHOOL PROFESSIONALS CONTRIBUTE TO BULLYING?



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MISINTERPRET

1. What are the differences between bullying and rough play?
2. What are the differences between bullying and fighting?
3. What's the difference between bullying and conflict?
4. What are the differences between good-natured teasing (or kidding) and bullying?
5. What is the difference between Real or Perceived?



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LACK OF PREPARATION

1. Dismiss behavior as “kids will be kids”
2. Not follow-up
3. Not report
4. Passive - Aggressive comments towards students and grades
5. Project own feelings into situation
6. Create nicknames for students



Do not focus or create a positive culture

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WHERE ARE THE MOST COMMON LOCATIONS FOR BULLYING?



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REFLECTION

How do you describe the culture within your school (district)?

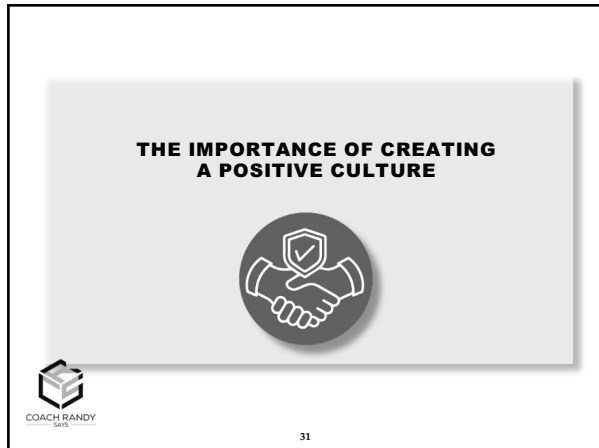
What are the current stressors of the students?

What are the needs of the students?

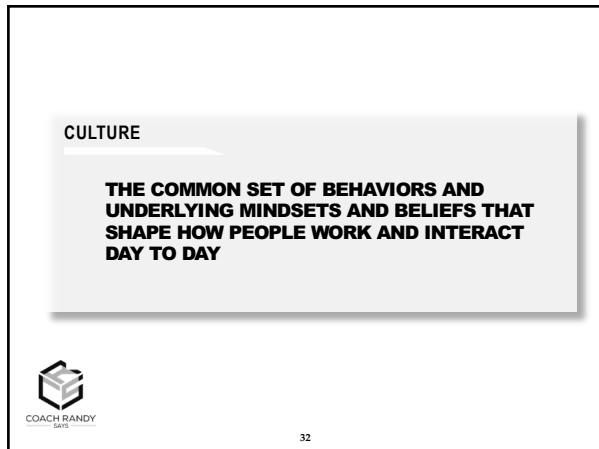


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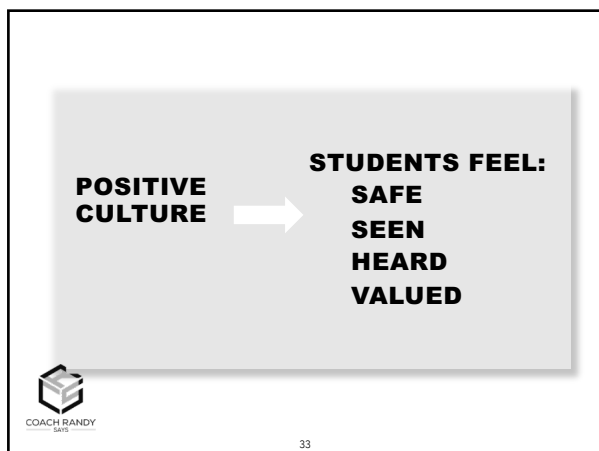
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CREATE TRUSTING RELATIONSHIPS

Culture

Purpose Belief

Belonging



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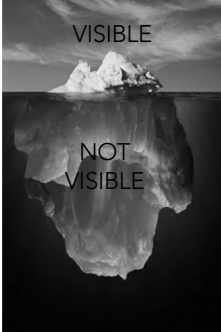
**CULTURE = SHAPED BY...
WHAT WE DO,
SAY, REWARD**



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THE WAY WE DO THINGS HERE

Behavior



Perceptions
Attitudes
Values
Beliefs



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SCHOOL CULTURE TEAM



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CLASS MEETINGS



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