

ADVANTAGE NYSIR:

Head Injury Prevention Program Offered Through NYSIR



The New York Schools Insurance Reciprocal (NYSIR)

offers members a no-cost program to help manage risks related to scholastic sports head injuries. The comprehensive program, which provides improved protection for student athletes and increases the knowledge of key district professionals, includes:

- ▶ Baseline and post-concussion neurocognitive testing of student athletes
- ▶ Ongoing educational seminars related to controlling athletic risk exposures and the prevention and management of head injuries
- ▶ Data analysis and eventual correlation studies of sports playing surfaces



Cost: The program is delivered at no cost to all NYSIR members.

Other school districts and BOCES must pay for similar services.

Proactive cognitive testing:

NYSIR works with ImPACT Applications to conduct biennial baseline neurocognitive testing of student athletes who compete in 15 varsity, junior varsity and modified contact sports. The program also pays for post-concussion testing of any students whose injuries subject them to district concussion protocols. Tests done after suspected concussions help clinical professionals compare students' cognitive abilities to results from baseline tests and then make decisions and plans for returning to learning and

competition. Testing is web-based and is administered in computer labs or other designated areas. The program provides testing for athletes



The New York Schools Insurance Reciprocal offers members a free program to help them manage risks from scholastic sports, including the risk of head injuries.

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in alpine skiing, baseball, cheerleading, field hockey, football, gymnastics, softball, wrestling, basketball, diving, hockey, lacrosse, pole vault/high jump, soccer and volleyball.

Educational seminars: NYSIR-sponsored seminars about managing athletic risk exposures and managing and preventing head injuries are delivered regionally, and are available in NYSIR's Online University (NYOU) – <https://firstnetcampus.com/nysir2u>

Head injury identification: This education program focuses on concussion awareness, recognition and response.

Controlling athletic risk exposures: This education program focuses

on broader athletic risk exposures and ways to control them.

Returning to learn and play: This three-part education program focuses on factors associated with success in the classroom and returning to practice and play for student athletes who are recovering from concussions.

Playing surfaces: Sixty-four percent of NYSIR-member student athletes play on synthetic surfaces, while 36 percent play on natural surfaces. On average, the synthetic surfaces those students play on are 6.8 years old and have a GMax rating of 134.7.

Learn more at www.nysir.org or from The Office of the Executive Director, at 516-393-2324. ■

