

*New York State Office of Mental Health
Creedmoor Psychiatric Center
Department of Psychology*

*79-25 Winchester Boulevard
Queens Village, N.Y. 11427
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CLINICAL INTERNSHIP PROGRAM IN PROFESSIONAL PSYCHOLOGY 2010 - 2011

**Accredited by the American Psychological Association
Commission on Accreditation
750 First Street, N.E.
Washington, D.C. 20002-4242
(202) 336-5979**



*Constance Freeman, Ph.D.
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CREEDMOOR PSYCHIATRIC CENTER
DEPARTMENT OF PSYCHOLOGY
CLINICAL INTERNSHIP PROGRAM IN PROFESSIONAL PSYCHOLOGY
2010-2011

TRAINING FACILITY

Creedmoor Psychiatric Center is an adult psychiatric center under the auspices of the New York State Office of Mental Health which is accredited by The Joint Commission. It provides a continuum of inpatient and outpatient psychiatric services to all persons in the borough of Queens, eighteen years of age and older, whose psychiatric condition and level of functioning necessitates such care. This care is rendered regardless of an individual's race, religion, ethnicity, gender, or ability to pay. The direct responsibility for the administration of the facility in providing mental health services is vested in the Executive Director, Kathleen Iverson, MBA. The Clinical Director, William Fisher, MD, has the overall responsibility for the clinical services.

The mission of the institution is to provide compassionate, high quality mental health services for Queens County residents. The goals are: to partner with recipients in recovery, promoting self help and empowerment in formulating and attaining goals related to living, learning, working, and socializing through individual, age appropriate, culturally competent and evidence based treatment; and to ensure a safe and secure environment through the development and implementation of safety programs which promote recipient, staff and community safety.

Creedmoor serves approximately 420 inpatients. The inpatient service specializes in intermediate and extended treatment. All efforts are focused on helping patients return to successful community living. In addition, Creedmoor serves approximately 1,700 outpatients at a network of community clinics, each serving a specific geographic area. The inpatients and outpatients present a clinical population with varied diagnoses, diverse backgrounds, and span the full adult age range.

PROGRAM

The Psychology Department has had an established internship program since 1961. The Director of Training and the Director of Psychology coordinate the program which consists of three full-time positions for the year 2010-2011. It is a forty hour per week, twelve month commitment which begins September 2, 2010 and ends August 31, 2011.

The Internship Program is accredited by the American Psychological Association. The program is also a member of the Association of Psychology Post-Doctoral and Internship Centers (APPIC) and abides by its policies. This site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

The purpose of the internship is to provide a formalized program of supervised training using a practitioner model and an integrative approach which assists students in blending their graduate education into clinical practice. The interns are offered a rich and broad experience with the goal of providing them with sequential learning opportunities toward their development as professional psychologists. The training supervisors, having a wide range of expertise with this population, have successfully adapted several theoretical frameworks in order to provide treatment for the patients and clients. Additional psychologists in the Psychology Department, as well as other hospital staff, are also involved in the interns' professional development.

GOALS

Using the practitioner model, the program's goals are to:

1. provide clinical training, didactic experiences, and continued supervision which will facilitate the interns' integration of theoretical knowledge with clinical skills in carrying out psychological services in the assessment, diagnosis, and treatment of adult psychiatric patients.

2. provide clinical training, didactic experiences, and continued supervision which will facilitate the interns' abilities in the use of psychological assessments as a means of obtaining valuable information for the diagnosis and treatment of adult psychiatric patients.

3. provide clinical training, didactic experiences, and continued supervision which will facilitate the interns' acquisition of scientific and theoretical knowledge and empirically based/supported treatments.

4. provide clinical training, didactic experiences, and continued supervision which will facilitate the interns' growth and transition into professional psychologists.

The program has a strong focus in the understanding of and sensitivity to issues of cultural and individual differences. Diversity in the internship program reflects the multicultural characteristics of the staff and patients at the facility which adds to the richness of the interns' training experience. Efforts are made to recruit and select interns from diverse cultures, geographic areas, and universities.

TRAINING

Interns provide direct care to patients in individual and group therapy and engage in family interventions as appropriate. Students lead and co-lead therapy groups and therapeutic community meetings with supervisors and other staff. Psychological evaluations are a critical part of the training, and each intern completes a minimum of ten for the year. Case presentations and write-ups may be required. Chart documentation of clinical work is a part of the learning experience. The training experience sharpens the interns' ability to diagnose and treat patients with psychiatric illnesses, and helps them develop a greater understanding of the impact of the illness on the patients' families and significant others.

Interns are also provided with experience in doing supervision as they are paired with doctoral level externs in mentor/supervisor relationships. This gives the interns the opportunity to learn supervision skills which will help prepare them for their professional responsibilities in the future.

TRAINING SITES

Interns are initially assigned to an inpatient unit four days a week for the first six months and then rotate to a second inpatient unit for four days a week for the remainder of the year. The current inpatient placements are: Intensive Treatment Unit, Admissions, and Recovery Skills Treatment. Interns are also assigned to an outpatient clinic one day per week for the full year. The internship program also offers specialization in three areas related to clinical services: Dialectical Behavior Therapy, Trauma Recovery, and Dual Diagnosis Treatment.

SUPERVISION

Interns receive a minimum of five hours of regularly scheduled supervision per week. For individual supervision, a minimum of two hours per week are with the on-site inpatient supervisor and a minimum of one hour per week with the on-site outpatient supervisor. Supervision is focused on the provision of treatment and development of the students' competencies in multiple modalities. Additionally, one hour per week is in a group supervision format of individual psychotherapy where interns present their cases for discussion. The supervisors, who are themselves direct care providers, are highly skilled role models in providing training in appropriate treatment interventions.

One hour per week is with the Director of Training in a group modality in which she reviews and evaluates the students' internship experiences and their competency in their professional work. She also reviews ethical issues, methods for effective treatment, functioning within a team framework, diversity issues and institutes scholarly inquiry.

SEMINARS

Interns receive weekly training in psychological assessment with an emphasis on specific tests appropriate for a psychiatric population. The bi-weekly Group Psychotherapy seminar has a didactic component as well as direct observation of students' groups. The bi-weekly Supervision Seminar is designed to sequentially develop interns' abilities in this area.

A weekly seminar schedule is offered for interns and externs which covers areas such as: medical records documentation, substance abuse, therapeutic uses of art, psychopharmacology, cultural diversity training, spirituality, psychotherapy with special populations, dialectical behavior therapy, trauma, social skills, licensing, ethics, program evaluation and other relevant topics. In addition, the interns receive in-service training at the monthly Psychology Department meetings, at the facility's weekly Grand Rounds, and at hospital courses, seminars, and conferences.

RESOURCES

Scholarly inquiry and research are supported by the program. Computers are available to all interns and they can access Electronic Resources through the New State Library. Also, two small professional libraries of scientific journals are available to the interns, as well as the materials of the Department of Education and Training which has a wide range of audio and video tapes related to psychiatric treatment.

EVALUATION

Supervisors working with interns attend the monthly Internship Committee meeting to discuss and review the training needs of the interns and areas of developing clinical competencies. In March and August the interns are provided with formal written evaluations and competency assessments of their performance by each of their supervisors. A certificate of completion of internship training is issued in August when all requirements are satisfactorily met.

Interns attend two Internship Committee meetings, one at mid-year and one at the end of the year, to provide input to the committee on their internship experiences and the program. In addition, interns are asked to evaluate the program in writing twice yearly and rate each seminar following its completion. These evaluations provide useful feedback to the program for its continued improvement.

REMUNERATION

The current stipend for the position of Psychology Intern is \$30,546 plus \$3,026 location pay. The interns are given thirteen vacation days, twelve state holidays, five personal leave days, ten sick days, and conference time. As New York State employees, they will also have medical, dental, and vision insurance benefits.

EQUAL EMPLOYMENT OPPORTUNITY/AFFIRMATIVE ACTION

It is the policy of the New York State Office of Mental Health to provide equal employment opportunity to all people without regard to race, color, sex, religion, age, national origin, disability, Vietnam Era Veteran status or sexual orientation to ensure non-discrimination in the provision of all services to the public.

APPLICATION REQUIREMENTS

Applicants matriculated in Clinical Psychology doctoral programs at accredited colleges and universities may apply. Candidates must have completed, at a minimum, the equivalent of a one-year practicum in psychological assessment and the equivalent of a one-year practicum in psychotherapy. Applicants must also have a minimum of 400 hours of Intervention and Assessment at the doctoral level, and have completed and written a minimum of seven integrated psychological test reports three of which must be on adults.

Applications for the Internship Training Program should be completed and posted on the APPIC website no later than **NOVEMBER 16th, 2009**. The following additional materials are to be included in the applicant's AAPI:

1. Three letters of recommendation (on official letterhead with signature), one of which must be from a clinical supervisor at an externship placement
3. An official transcript of all graduate work in psychology
4. A resume which includes a comprehensive description of externship placements with the following information: location, your title, dates, hours per week, supervision, and clinical responsibilities
5. One psychological assessment of an ADULT client

Please note that all materials in addition to the AAPI application should be submitted as part of the online application. Applications will not be reviewed if these items come under separate cover.

After screening of the above materials, a personal interview will be arranged for those candidates selected for further consideration. When an applicant is invited for an interview, the Director of Training reviews the philosophy, goals, and model of training in an hour-long group interview which is the first of three steps in the interview process. In the second step, applicants tour the facility and in-patient placement sites with current interns and are free to ask questions to expand on their understanding of the program. In the third step, the applicants are interviewed by one or two supervisors and more information is given on the program. Interviews will begin in December.

Address inquiries via email to:

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**CREEDMOOR PSYCHIATRIC CENTER
DEPARTMENT OF PSYCHOLOGY**

**CLINICAL INTERNSHIP IN PROFESSIONAL PSYCHOLOGY
TRAINING FACULTY: 2010-2011**

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<i>Constance Freeman, Ph.D.</i>	<i>Director, Department of Psychology</i>
<i>On-Site Supervisors:</i>	
<i>Elizabeth Crum, Psy.D.</i>	<i>Licensed Psychologist, Inpatient, Admissions</i>
<i>Mary Kollappallil, Ph. D.</i>	<i>Licensed Psychologist, Jamaica OPD</i>
<i>Suneela Kumar-Izguirre, Ph.D.</i>	<i>Licensed Psychologist, Queens Village OPD</i>
<i>Jack Livingstone, Ph.D.</i>	<i>Licensed Psychologist, Inpatient, Admissions Unit</i>
<i>Anthony Papania, Psy. D.</i>	<i>Licensed Psychologist, Intensive Treatment Unit</i>
<i>James Penny, Psy. D</i>	<i>Licensed Psychologist, Outpatient, Elmhurst OPD</i>
<i>Lawrence Shapiro, Ph.D.</i>	<i>Licensed Psychologist, Inpatient, Recovery Skills Treatment Unit</i>
<i>Robert Silverman, Ph.D.</i>	<i>Licensed Psychologist, Queens Village OPD</i>

Seminar Instructors:

<i>Father Paul Chenot, C. P.</i>	<i>Pastoral Services Department</i>
<i>Eunice D'Souza, M.D.</i>	<i>Associate Clinical Director Psychiatrist, Outpatient Services</i>
<i>Gladys Garcia, LCSW</i>	<i>Forensic Coordinator</i>
<i>Lukisha Homer, Ph.D.</i>	<i>Licensed Psychologist, Inpatient TTL</i>
<i>Father August Iancosca, M. Div., MSc</i>	<i>Pastoral Services Department</i>
<i>Andrea Katz, Ph. D.</i>	<i>Principal Psychologist, Director of Training Internship Program</i>
<i>Suneela Kumar-Izaguirre, Ph. D.</i>	<i>Licensed Psychologist, Queens Village OPD</i>
<i>Helene Jurgens, Ph.D</i>	<i>Licensed Psychologist, Queens Village OPD</i>
<i>Pamela Karp, Ph.D.</i>	<i>Licensed Psychologist, Forensic Psychologist</i>
<i>Janos Marton, Ph.D.</i>	<i>Associate Psychologist, Director, Living Museum</i>
<i>Kaj Neve, M.D.</i>	<i>Chief Psychiatrist, Inpatient, Intensive Treatment Unit</i>
<i>Anthony Papania, Psy. D.</i>	<i>Licensed Psychologist, Intensive Treatment Unit</i>
<i>Jim Penny, Psy. D.</i>	<i>Licensed Psychologist, Elmhurst OPD</i>
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