Pre-Doctoral Psychology Internship in University Mental Health at Fordham University

Fordham University's Counseling and Psychological Services (CPS) seeks to promote the overall personal, social, and academic development of the student body through a variety of specialized professional services. It functions within the Division of Student Affairs in concert with other departments united in promoting student development and wellness. CPS’s approach to mental health care is in line with cura personalis, where a holistic approach to the emotional, physical, academic, social and spiritual functioning of each student is applied. CPS is also committed to the provision of culturally-sensitive counseling and outreach services, and to the training of mental health practitioners who seek to develop their multicultural competencies in a college setting. CPS staff is comprised of full and part time-psychologists, psychiatric consultants, a post-doctoral psychology fellow, pre-doctoral psychology interns and externs, psychiatric residents, and administrative support staff. CPS has offices on both the Rose Hill campus in the Bronx and the Lincoln Center campus in Manhattan. The large, urban university environment offers an appealing combination of challenging and varied clinical work in a supportive professional setting.

CPS offers a full-time twelve-month pre-doctoral internship (non-APA accredited) at both our Rose Hill and Lincoln Center offices, which will commence in August of 2013. The internship provides a comprehensive training experience in university mental health with an emphasis on clinical assessment, short and long term individual therapy, group therapy, and outreach to a diverse undergraduate and graduate population of approximately 15,000 students. The internship requires a commitment of 40 hours per week with after-hours consultation and campus outreach as necessary. Interns are expected to maintain an active caseload of 14-18 individual psychotherapy clients and to co-lead at least one psychotherapy group. They will also be expected to participate in at least two outreach workshops/presentations per semester, and may be responsible for research, assessment and/or analysis of CPS clinical data. Interns are also given training in and the opportunity to provide supervision to pre-doctoral externs.

Interns will receive 2 hours of weekly individual supervision with staff psychologists as well as group supervision, and will be provided with additional supervision for co-leading groups and developing/implementing outreach activities. Interns participate in a weekly case conference meeting, staff/disposition meeting, and in various weekly seminars, including a multicultural seminar, a seminar related to providing supervision, and a seminar focusing on didactic topics concerning working with specific clinical populations, psychotherapy theory and process, and issues related to university mental health.

Applicants must be matriculated with an APA-accredited doctoral program in clinical, counseling or school psychology. Additionally, all formal coursework, comprehensive examinations and practicum training must be completed prior to the start of the internship year. Completed applications, which include a cover letter, curriculum vitae, transcript, and three letters of recommendation should be emailed to the email addresses below. If it is not possible to email recommendation letters, please send paper copies to postal address below.

If you are interested in an internship at only the Rose Hill campus, OR if you are open to either the Lincoln Center or Rose Hill campus, please send your application materials to:

Rachel Nilsen, Ph.D.
Counseling and Psychological Services
Fordham University
441 East Fordham Road
O'Hare Hall
Bronx, NY 10458
rnilsen@fordham.edu
If you are interested in an internship only at the Lincoln Center Campus, please send your application materials to:

Jessica Del Vita, Psy.D.
Counseling and Psychological Services
Fordham University
155 West 60 Street
McMahon Hall
New York, NY 10023
jdelvita@fordham.edu

Applications are accepted on a rolling basis until April 15th 2013. Interviews will also occur on a rolling basis. Please note that we will not be participating in the 2013 APPIC Match. Questions about the internship should be directed to Dr. Rachel Nilsen (718-817-3725).

Equal Employment Policy: Fordham University is an academic institution that in matters of employment complies with federal, state, and local employment laws and does not discriminate on the basis of race, color, creed, religion, age, gender, sex, national origin, marital status, sexual orientation, sexual preference, citizenship, alienage status, veteran status, disability, genetic information, status as a victim of domestic violence or any other basis prohibited by law. A compliance officer is available to address any inquiries regarding discrimination. Georgina Arendacs, PhD. is located in the Administration Building, Room 111, Rose Hill Campus, telephone number 718-817-3112.