



**Kingsbrook Jewish Medical Center  
Kingsbrook Rehabilitation Institute**

**Predoctoral Internship Program in Psychology**

**Kingsbrook Jewish Medical Center Description:** Kingsbrook Jewish Medical Center (KJMC) is a not-for-profit, 881-bed medical center and teaching hospital founded in 1925. It is comprised of nine buildings surrounded by park-like grounds. The **Traumatic Brain Injury and Coma Recovery Unit**, called the **TBI Unit** was established in 1994. It is a specialized 25-bed service within Kingsbrook's 65-bed acute comprehensive inpatient rehabilitation program, the **Kingsbrook Rehabilitation Institute (KRI)**, which is accredited by CARF, JCAHO, and the New York State Department of Health. The TBI Unit serves adult survivors of: closed head injuries, open head injuries, stroke, anoxia, brain tumors, and other neurological problems. Individual and group clinical services, offered six days per week, stress physical and cognitive recovery, development of functional and social skills, and family involvement. The mission of Kingsbrook Jewish Medical Center is to partner with our culturally diverse communities to provide a continuum of outstanding healthcare services to individuals and families through a caring, trustworthy and professional staff.

**General Training Program Description:** The KJMC internship program is a full-time, twelve-month program. The program consists of supervised training experiences with inpatient and outpatient populations. Interns perform neuropsychological and psychological evaluations and offer individual, group, and family psychotherapy. The primary focus of the pre-doctoral internship is neuropsychology, and all interns will have a yearlong core rotation on the acute rehabilitation inpatient Traumatic Brain Injury Unit. Interns primarily work with multicultural patients who have survived traumatic brain injuries secondary to motor vehicle accident, fall, assault, gun shot wound or who have sustained brain injury due to anoxia, encephalitis, stroke or other neurological conditions. Interns will learn to conduct neuropsychology screens and battery assessments on adults ranging from young adults through the geriatric population. They will also acquire and use cognitive retraining skills. Interns function as members of a multidisciplinary team. They serve as consultants to the rehabilitation team on issues of cognition and behavior.

Interns also provide a limited amount of evaluations and consultations for inpatients on the general rehabilitation units. In addition, they provide evaluation and cognitive rehabilitation and psychotherapy services to TBI outpatients. They co-facilitate group sessions and provide

individual psychotherapy.

Supervision and training for the pre-doctoral internship includes a minimum of two hours individual supervision per week. Intern performance evaluations, conducted three times during the internship year, require interns to meet performance expectations in the areas of: professional standards, skill competency, and personal functioning.

A minimum of two hours per week of didactic training conducted by the Director of Training and the Training Faculty is provided during the internship. These didactic sessions cover professional issues, ethics, interventions, assessments, rehabilitation, psychotherapy, certification, and quality improvement issues related to practice as a psychologist within the health care environment. Interns are encouraged to attend hospital in-services and relevant lectures and seminars offered to the medical residency program at KJMC. Other training opportunities will be made available to ensure that interns obtain competence in all areas that contribute to becoming a clinical psychologist.

The KJMC internship program is a practitioner-scientist model training program, which seeks to prepare clinical psychologists for licensure, health facility practice, and to take a responsible position as a community resource. Towards these goals, a minimum of 25% of intern time is spent in direct patient contact, often exceeding 40% of their time. We train psychologists who become licensed and practice psychology in health care facilities and in the community. The program emphasizes the intern's achieving the skills to perform advanced neuropsychological and psychological diagnostics, provide advanced psychotherapeutic and cognitive remediation interventions, and provide advanced or supervisory level psychological leadership abilities.

**Further Information:** Additional information and answers to specific questions are available by contacting Thomas Mayer, Psy.D., Training Director, at [tmayer@kingsbrook.org](mailto:tmayer@kingsbrook.org).