



Lincoln Medical and Mental Health Center is one of New York City's premier acute care hospitals. Located in the South Bronx, Lincoln is a teaching hospital renowned for its Centers of Excellence, and a recognized industry leader in the implementation of best practices. Our team of highly trained and caring medical professionals is dedicated to providing the highest quality health care that is safe, compassionate, culturally competent and patient-centered.

Lincoln Medical and Mental Health Center

Psychology Externship:

Child, Adult General and Adult Inpatient Care Tracks

The Psychology Externship at Lincoln offers trainees a range of clinical experiences in our outpatient and inpatient departments in addition to half a day a week of internship-level didactics relevant to the training experiences. At Lincoln, externs are given a unique opportunity to work under clinical supervision with a diverse population in a public health setting.

The Externship Experience

Psychology Externs at Lincoln spend between 16 – 20 hours per week on campus spread out over three days (16 hours Adult Inpatient Track, 20 hours Adult General Track, 19 hours for child externs).

Three hours each week are dedicated to didactic seminars and hospital Grand Rounds. Didactics are provided by our well-trained and experienced clinical staff and include topics on differential diagnosis, medication management, assessing and treating victims of abuse, psychological assessments, and various treatment approaches. These offerings are provided on Tuesdays, making Tuesday mornings a mandatory time for externship.

The remaining hours are spent in the respective clinical areas for each track (i.e., Child Track in child outpatient, Inpatient Track in adult inpatient, and General Track divided between adult inpatient and adult outpatient). All externs will carry a caseload and can expect to see those patients in weekly individual sessions. There will also be opportunities for independently conducting psychological intake interviews and/or leading or co-leading groups depending on clinical track.

Psychological Assessments

At Lincoln, psychological assessment training is optional but strongly encouraged for those who can stay for a 21 hour week when needed. Typical assessments are full batteries (intelligence and personality), and will often include additional achievement and/or developmental assessments for child evaluations. Other testing opportunities, such as neuropsychological evaluations, may be available on the basis of previous experiences and skill levels.

Adult General Track

Externs accepted to the general adult track at Lincoln will obtain their inpatient training experiences on the adult psychiatric inpatient units under the direct supervision of the inpatient psychologist. Two half days a week are spent participating in the direct clinical in the milieu setting. Responsibilities include:

- Providing individual psychotherapy
- Co-leading one Interpersonal Psychotherapy Group
- Assisting in milieu activities such as community meeting
- Participating in morning report and team meetings

One additional full day per week is spent on the adult outpatient unit, where externs:

- conduct intake interviews
- provide individual psychotherapy
- attend weekly supervision
- attend team meetings as possible
- may co-lead a psychotherapy group

Child Track

Externs accepted to the Child/Adolescent Track will be assigned cases which typically involve working with family and caregivers along with the child or adolescent. We explain to prospective patients that our approach to treatment requires that the family or caregiver be actively involved. Externs participate in weekly Team treatment/dispositional meetings attended by all members of the unit's clinical staff. The time commitment is 2 ½ days per week which includes attending the Didactic seminars that are attended by interns, as well as the weekly Departmental Grand Rounds. Externs are involved in weekly Intakes; provide individual & family psychotherapy, may lead or co-lead groups; and attend weekly individual supervision. Mandatory days for the child/adolescent track are Tuesday Mornings and Wednesday Mornings and our preference is 2 full days & 1 afternoon.

Adult Inpatient Track

The Adult Inpatient Track offers a dedicated inpatient experience. The responsibilities are similar to the inpatient responsibilities listed under the Adult General Track section. However, Adult Inpatient Track externs will work exclusively on the inpatient units seeing a wider variety of therapy cases. The externs who choose this track will spend their time:

- Providing individual psychotherapy
- Co-leading one Interpersonal Psychotherapy Group
- Leading a skills-based or other type of psychotherapy group
- Assisting in milieu activities such as community meeting
- Participating in morning report and team meetings

Who We Are Seeking

We are currently seeking candidates who are in the fourth year or higher at their doctoral programs, who have experience working in a public health setting or providing psychiatric care to underserved populations, and are able to take initiative. Spanish-speaking candidates are strongly encouraged to apply.

Contact Us

LMMHC Psychology Externship
234 East 149th Street
Bronx, NY 10451

Child Track: Sandra Runes, Ph.D.
(718) 579-5128; sandra.runes@nychhc.org

Adult General and Inpatient Tracks:
Heather Nash, Ph.D. (718) 579-4766;
heather.nash@nychhc.org

