

Madison Park Psychological Services (MPPS) invites applications for full-time and part-time post-doctoral positions from July 2025 to November 2025.

MPPS offers postdoctoral positions throughout the year. Contact us!

The Practice at Madison Park Psychological Services:

MPPS is a thriving group practice that provides high quality of care to high functioning patients who present with a wide range of issues such as anxiety, depression, adjustment, trauma, and relationship issues. We offer a unique opportunity for clinicians to work in a private practice setting while receiving tailored supervision and training in Western and Eastern therapeutic approaches.

MPPS offers a family-like, collegial, and intellectually stimulating environment where clinicians and patients can grow. Our team is very diverse, as our clinicians come from various cultural backgrounds and specialize in different therapeutic modalities. Our goal is to ensure that our patients receive the best treatment and that our clinicians get the best training to provide high quality of care in a supportive and culturally rich environment.

MPPS specializes in tailoring treatment to the patient's needs and personality. We believe that the success of any therapy stems not only from tailoring the treatment approach to the patient but also from matching the patient and the therapist's personalities. We are therefore looking for clinicians with diverse cultural and clinical backgrounds, who are insightful, warm, and flexible to tailor their treatments to their patients.

Training:

Clinicians will conduct individual therapy, and if desired, couple, family, and group therapy with adults and adolescents. Clinicians will learn to effectively use and integrate various therapeutic modalities of treatment (psychodynamic, CBT, DBT, ACT, EFT) to achieve the best therapeutic results. MPPS also offers a combined psychotherapy/psychological assessment track for those interested in gaining further experience with psychological testing.

Clinicians will receive several hours of individual supervision and attend group supervision/case conferences. Supervision is tailored to the supervisees' needs with the goal of empowering them to find their own voice and identity as clinicians. Our supervisory approach focuses on our clinicians' strengths and helps them become well-rounded clinicians. We help our psychologists develop nuanced case formulations and translate them into practical interventions. Supervisors encourage trainees to work actively in the here and now, focus on experience-near interventions, and be creative and flexible. Supervision provides a place for safe exploration of transference and countertransference issues. Clinicians will feel recognized and supported with the aim of providing individual growth. The quality of the supervision and training received at MPPS is very unique.

Dr. Yasmine Saad and Dr. Ali Khadivi facilitate the training seminars and some supervisions. They are both sought after nationally and internationally by patients for their therapeutic and assessment skills, and by students for supervision and teaching. Dr. Saad has been named top psychologist in New York each year for the past 10 years. Dr. Khadivi has been the recipient of multiple teaching awards. He has

more than 25 years of clinical and supervisory experience. Both Dr. Saad and Dr. Khadivi are passionate about teaching the therapeutic skills that have made them successful. Dr. Saad and Dr. Khadivi have trained top psychologists in the field who will also be your supervisors, allowing for a rich experience. You will also have the opportunity to receive tailored group supervision for working with couples, as well as the ability to receive training and supervision in gender/sexuality affirming care.

All graduates from MPPS have established successful individual practices and several have opened group practices, so you might also be applying to our graduates' group practices without knowing it! Others have decided to stay on board with us and take their career to the next level. In addition to expanding on one's own therapeutic skills, candidates will learn how to run a private practice- that is, manage fees and money, billing logs, help patients address health insurance issues, and learn other administrative skills needed in private practice.

Finally, a unique component of the position at MPPS is the integration of eastern philosophy to treatment conceptualization. Clinicians will learn about integrative medicine and eastern approaches to well-being and learn how to integrate them into treatment. Dr. Saad will introduce you to principles of Traditional Chinese Medicine and will show you how they can inform your diagnostic and therapeutic approach to treatment so that patients can achieve deeper and faster therapeutic progress. You will also experience the power of Qigong (energy movements for self-care). Eastern medicine is a unique and major contribution to the well-being of patients and clinicians in this group practice.

Benefits:

The benefits package at Madison Park Psychological Services is outstanding. Our mission is to have all our clinicians live a balanced life and that is only possible with good benefits and flexible, enjoyable work schedules. For your peace of mind, all positions are salary-based and not fee for service. Salaries increase throughout the length of the postdoc. There is a base salary that increases incrementally, and you also have the possibility of adding to this salary after some months in the practice to meet your desired goals. The salary starts at \$50,000 and reaches \$100,000 within one year of being licensed.

We also offer health insurance at no cost to you with nationwide coverage, plus \$2500 to pay for eligible healthcare expenses (such as therapy). Other major benefits include dental and vision health benefits, the equivalent of 4 weeks paid vacation for the 1st year and 4 weeks+ for the 2nd year, sick days, and 401k access at the 1 year mark of employment with matching contributions from the practice so that you can start saving for retirement.

Your schedule will reflect quality of life, so that you have plenty of time for self-care and hobbies while accommodating patients who want to be seen in a private practice setting. Please note that most patients prefer to be seen from 5:00pm to 7:30pm or weekends, so take this into consideration. That being said, all available positions are tailored to the applicant's needs.

Length of the position:

You will complete all the requirements to be licensed in one year for full-time positions. It tends to take anywhere up to 6 months to build a full-time caseload (depending on your skills), so for patient care we

ask that you commit to working as a licensed clinical psychologist for another year in the practice. We are looking for applicants who would like to stay in the practice and become supervisors or directors of tracks. This is a unique opportunity to develop your own niche and flourish while working in a private group practice setting.

Working Remotely:

MPPS provides psychotherapy virtually and in-person. All virtual sessions are done via a secure HIPAA compliant video portal. We ask that our clinicians be comfortable with telehealth, as this is our main modality of therapy; however, we have a beautiful office space in NYC available for those who would like to do some in-person work. Please note that all assessment/ testing cases are conducted in person.

Eligibility and Applications:

We request that eligible applicants have completed their doctoral degree before the employment start date and have prior outpatient experience conducting therapy with adults.

Experience working in college counseling centers is a plus. Having a license is not required.

We are inviting interested applicants to submit their CV to info@madisonparkpsych.com so that we can give you access to our clinician portal, which contains videos, testimonials, position descriptions, etc.

To proceed with the application, please review all the material provided on the clinician portal and email us a psychotherapy case write-up and three letters of reference. We recommend sending us the case write-up without waiting for the letters of recommendation so that we can start reviewing your application.

General inquiries are also welcome via email. We encourage you to express your interest as soon as you can, even if you are not ready to submit a formal application.