



**2021-2022**  
**PSYCHOLOGY**  
**INTERNSHIP TRAINING PROGRAM**

*APA ACCREDITED*

**Department of Psychology**  
**451 Clarkson Ave., A-1116**  
**Brooklyn, NY 11203**  
**Phone: (718) 245-2579**

Dear Internship Applicant,

Thank you for your interest in our brochure for the APA-accredited Psychology Internship Training Program at Kings County Hospital. The hospital, a member of New York City Health + Hospitals, is located in central Brooklyn and is one of the first and largest public hospitals in New York City.

This internship program in health service psychology offers two separate training tracks under one unified internship umbrella. The Adult and Child & Adolescent tracks are similar, but differ in their patient populations. Both tracks provide inpatient, outpatient, and elective rotations as well as seminars.

Our brochure contains a detailed description of the hospital, the Department of Psychology, our training program and the requirements of each track. Though unified, each track has its own Training Director. Please address your application to the Director of the training track to which you are applying. The application deadline is November 15, 2020.

If you have any questions about the Adult Track please email Dr. Kaluk (jean.kaluk@nychhc.org). If you have any questions about the Child and Adolescent Track please email Dr. Samin (rena.samin@nychhc.org).

Once again, thank you for your interest in our program.

Sincerely,

Jean Kaluk, Ph.D.  
Director of Internship Training-Adult Track

Rena Samin, Ph.D.  
Director of Internship Training-Child and Adolescent Track

# KINGS COUNTY HOSPITAL

## PSYCHOLOGY INTERNSHIP TRAINING PROGRAM

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## **INTRODUCTION TO THE HOSPITAL AND THE DEPARTMENT OF BEHAVIORAL HEALTH**

Kings County Hospital (KCH) was founded more than 175 years ago in the East Flatbush section of Brooklyn. The hospital we know today has its origins in an institution known as the Almshouse that evolved in the 18th and 19th centuries. In 1837, a hospital building was completed. This building, 86 feet long by 36 feet wide, was the beginning of the present extensive physical hospital complex which has become one of the largest municipal hospitals in the United States. The hospital is part of New York City Health + Hospitals, a health care network of 11 acute and community hospitals, long-term care facilities, emergency services, school-based health centers, home health care, and primary and preventive services throughout the five boroughs of New York City.

KCH encompasses a behavioral health center and a general medical hospital that provides acute care and rehabilitation services. Kings County Hospital provides the major clinical teaching resources for the State University of New York Health Science Center at Brooklyn (SUNY Downstate), located directly across the street. The various hospital departments benefit from the university's services, teaching, consultative personnel, library facilities, and research.

Kings County Hospital has claimed many "firsts" in the field of medicine: it was the site of the first open-heart surgery performed in New York State; Kings County physicians invented the world's first hemodialysis machine, conducted the first studies of HIV infection in women and produced the first human images using magnetic resonance imaging (MRI). In addition, Kings County was named the first Level 1 Trauma Center in the U.S.

Throughout the growth and development of Kings County Hospital, devoted medical, behavioral health, nursing, administrative and support staff have generously given of their knowledge, time and talents to fulfill the words of the hospital dedication: "Let all who serve here remember that this institution is dedicated to the care of all who are helpless and afflicted. This before all else." In keeping with this dedication, Kings County Hospital places an emphasis on treating the whole person with sensitivity to individual and cultural diversity while integrating behavioral healthcare and medical treatment. The patients served at KCH represent diverse cultural groups, many of whom are immigrants from the Caribbean and many of whom are struggling with psychosocial stressors including poverty and homelessness.

Training of interns is conducted hospital-wide. We are particularly proud of our state-of-the-art Behavioral Health Center known as the "R" Building, which was completed in January 2009 and is the newest and largest single site behavioral health facility in the United States. Its design reflects the most advanced research and practice in the treatment of mental illness in a comfortable, modern and therapeutic setting. It houses the child and adolescent and adult psychiatric emergency rooms and all inpatient and outpatient treatment units. Incorporated within is a fully functioning school that follows the NYC Department of Education Curriculum, a full-service gymnasium, treatment rooms and staff offices.

The Department of Psychology at Kings County Hospital includes over 25 licensed psychologists who work in both adult and child/adolescent services. They provide direct patient care and trainee supervision in addition to administrative services throughout the hospital.

Behavioral health services include the following:

- Five **Adult Psychiatric Inpatient Units**, including one specializing in the treatment of clients with intellectual disabilities, provide diagnostic assessment and short-term treatment of patients who present with acute psychological dysfunction and psychiatric disorders, utilizing a Wellness and Recovery Model of treatment. This model of treatment follows a highly researched and successful Rehabilitation and Recovery Model whose focus is to improve patients' coping abilities, to help them integrate into the general society, according to their abilities, and to decrease the necessity and likelihood of re-hospitalization.
- The **Adult Outpatient Psychiatric Department** provides a variety of treatment and aftercare services, including those for individual psychotherapy, group psychotherapy and psychopharmacology. This service includes a 6-week Intensive Outpatient Treatment (IOT) program which is a step down from PHP or an inpatient hospitalization.
- The **Partial Hospitalization Program (PHP)** provides an intensive 6-week outpatient treatment program for mentally ill patients.
- The **Forensic Psychiatry Evaluation Court Clinic** provides court ordered Competency to Stand Trial and Serve Sentence examinations for defendants in Brooklyn.
- Neuropsychology and Psychological Evaluation Services** provide assessment for inpatients and outpatients and serves both the mental health and medical units throughout the hospital.
- The **Women's Health Initiative (WHI)** provides treatment to perinatal and postpartum women with multiple and varied mental health and social issues.
- The **Behavior Support Team (BST)** collaborates with both the adult and child/adolescent inpatient unit psychologists in the creation of effective Individual Behavior Plans (IBPs), based on the Positive Behavior Support Plan model that targets maladaptive behaviors of adults and children/adolescents on the respective units.
- The **Chemical Dependency Treatment Outpatient Service (CDTOPS)** provides individual, group, and assessment services for a chemically dependent population, many of whom are dually diagnosed with co-occurring mental disorders.
- The **Comprehensive Psychiatric Emergency Program (CPEP)** functions as an emergency receiving and treatment service for adults, children and adolescents throughout Brooklyn.
- The **Child and Adolescent Inpatient** Units provide treatment on two inpatient units: a co-ed unit for adolescents ages 11-17, and a unit for young adults ages 16-23 presenting with a first psychotic break.
- The **Child and Adolescent Outpatient Department** offers diagnostic and treatment services for children and adolescents up to age 18. A wide variety of treatment modalities are available, including brief and longer-term psychotherapy, group, family, behavior modification, cognitive-behavioral, DBT, psychopharmacological treatment, and crisis intervention. Parent counseling and school consultation are also offered.
- The **Developmental Evaluation Clinic (DEC)** provides assessment and treatment for children with a spectrum of developmental delays.
- The **Infant and Child Learning Center (ICLC)** at Downstate Medical Center provides preschool and infant assessment and treatment.

## **THE PSYCHOLOGY INTERNSHIP TRAINING PROGRAM**

### **Overview**

The Internship Training Program provides a year of rich experience with a variety of patient populations and therapeutic interventions. Trainees are assigned diverse diagnostic and treatment cases to enable them to gain experience in using multiple assessment and treatment approaches. They are also engaged in ongoing didactic and seminar trainings that address current trends, issues and theories in the field of psychology, including evidenced-based treatments. The orientations and interests of the staff are multifaceted and include psychodynamic, psychoanalytic, cognitive-behavioral, DBT, psycho-educational, psychopharmacological, neuropsychological, structural, humanistic, and systems models. Diversity and specialization are respected and fostered; the staff works in an atmosphere of mutual acceptance and collaboration with trainees and professionals from all sectors of the mental health field.

The training program integrates training between the Adult and Child & Adolescent tracks within the Department of Psychology. Intern applicants who are interested in working primarily with an adult population should apply for one of the seven (7) intern positions in the Adult Track. Applicants who are interested in working primarily with children and adolescents should apply for one of the three (3) intern positions in the Child and Adolescent Track. Within each training track, there is a concentration of clinical and didactic experiences specific to the track. In addition, there may be opportunities for interns to elect one rotation and one outpatient assignment across tracks. This opportunity, however, is not guaranteed.

### **Aims and Competencies**

Over the course of the internship training year, interns will be expected to develop and to demonstrate proficiency and knowledge across a range of psychotherapeutic and assessment skills in health service psychology. The program's aims are to 1) train interns to be psychologists who are competent in working with an urban, multi-problem, multicultural, high risk population and 2) to foster the development of interns' professional identities as autonomous, skilled, and empathic clinicians who are attuned to individual and cultural diversity and are proficient in an array of clinical modalities and therapeutic and assessment techniques in both inpatient and outpatient settings. To meet these aims, the program provides training in and assesses interns' performance in these nine competencies: 1) Research, 2) Ethical and Legal Standards, 3) Individual and cultural diversity, 4) Professional Values and Attitudes, 5) Communication and Interpersonal Skills, 6) Assessment, 7) Intervention, 8) Supervision, and 9) Consultation and Interprofessional/Interdisciplinary Skills.

Interns receive written individual performance evaluations assessing these competencies at the end of each rotation and at mid and end-of-year for their year-long individual and group work as well as at the completion of assessment cases. Each trainee's academic program will receive a mid-year and an end-of-year evaluation of their overall performance.

Proficiency is assessed through a close process of individual and group supervision, direct observation, evaluation of written material such as case write-ups and testing reports, and feedback from other members of the treatment team regarding performance. These evaluations are scored according to a 5-point Likert scale with 1 being the lowest score (“Significant deficits – skills well below what one would expect at this level of training”) and 5 indicating superior performance (“Superior. Outstanding skills and functions independently with minimal supervision”). A score of at least 3 (“Average. Functioning indicates adequate skill highly typical of interns at this level of training”) is the minimum acceptable score needed to demonstrate competency. Evaluations are reviewed by and discussed with supervisors and with the respective Director of Training. During feedback meetings, interns are provided with the chance to identify specific areas of strength and/or weakness as the year progresses in order to address and correct any skills needing attention.

#### Kings County Hospital COVID-19 Policy (as of July 31, 2020)

All Kings County Hospital employees, including all trainees, are considered essential workers, and are expected to work on-site. Telecommuting is not permitted unless accommodations are granted through the EEO (Equal Employment Office) due to health impairment or disability of the employee.

The hospital follows the guidelines of regulatory agencies, including the Centers for Disease Control, the Joint Commission, and the NYS Office of Mental Health, regarding COVID-19 precautions to maximize safe working conditions in the hospital. All patients and staff entering the R Building Behavioral Health Center (and all hospital buildings) have their temperature taken and are provided with masks that must be worn while in the building. Social distancing is practiced in all areas. Staff are provided with additional PPE’s including gowns, face shields, gloves, and disinfectant wipes for their use.

On the outpatient services, clinicians have been able to use telepsychiatry, including video and/or telephone sessions, to work with their patients. At this time, our outpatient clinics have limited the number of people who can be seen face-to-face at any given time so as to ensure social distancing. Offices and waiting areas have been measured and furniture rearranged to allow for at least 6 feet of distance, and larger rooms are available for scheduling by clinicians who desire to work in a larger space. Outpatients are currently being given the choice of whether or not to continue with telepsychiatry or to return for face-to-face sessions. Factors such as impulsivity (with younger children) are also considered by the clinician in making this determination. All outpatients are questioned regarding COVID-19 exposure and symptoms prior to being scheduled for face-to-face appointments.

On the inpatient units, all patients are tested for COVID-19 prior to admission and precautions are taken dependent on the results. There is a separate inpatient unit for COVID+ psychiatric patients or those who refuse to be tested. Groups and face-to-face sessions continue to take place with social distancing and face masks being worn.

The Psychology Internship Training Program at Kings County Hospital will continue to strive to ensure the safety of all our interns while working within the guidelines set by our hospital to ensure the best possible service delivery to our patients during this time.

## Internship Program Admissions

Date Program Tables are updated: 8/10/20

**Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation requirements:**

Kings County Hospital accepts ten interns per year, seven in the Adult Internship Track and three in the Child and Adolescent Internship Track. Appointments are for a one-year period, beginning July 1 and ending June 30. We are a member participant of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and participate in the APPIC match process for intern selection. Notification of appointment is made on uniform notification day in keeping with the APPIC member agreement. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant. **The application deadline is November 15, 2020.**

**Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:**

Total Direct Contact Intervention Hours		Y	Amount: 400*
Total Direct Contact Assessment Hours		Y	Amount: 50*

\*Those candidates who have fewer hours due to COVID-19 related circumstances will also be considered.

**Describe any other required minimum criteria used to screen applicants:**

Applicants need not be residents of New York City or citizens of The United States. Applicants must have completed a minimum of 60 graduate credits in a state registered doctoral program, suitably distributed so as to provide for a sound background in general psychology. Doctoral programs must be APA accredited or currently under review to receive APA accreditation. Course of study should include concentrations in Abnormal Psychology and Psychopathology, Personality Psychology, training in individual and group psychotherapy and the diagnostic application of psychological tests, including projective assessment. A minimum of two years of supervised field practice in therapy and diagnostic testing is required.

Intern applicants are required to have demonstrated familiarity in the administration, scoring and interpretation of instruments generally considered part of a standard psychological assessment battery (WAIS-IV, WISC-V, WIAT-III, Rorschach, TAT, PAI, HTP are preferred instruments). Applicants to the Adult Track are required to have completed at least two integrated testing batteries. Applicants to the Child and Adolescent Track are required to have completed at least three integrated testing batteries, which must include both cognitive instruments and a Rorschach (using the Exner Comprehensive System). The minimum testing requirements must be acquired with the age group corresponding to the track to which the candidate is applying.

Prior to beginning their internship, applicants to both internship tracks must have completed a minimum of two (2) years of practicum (externship) experience in diagnostic and therapeutic work: adult track applicants with adults, child and adolescent track applicants with children and/or adolescents. Outpatient treatment experience is required; inpatient treatment experience is highly preferred but is not required. Training and experience with a variety of psychopathologies is expected of all prospective interns. Applicants should be familiar with DSM-V classifications and coding of major mental illnesses. Eligibility requirements should be completed at the time of application.

Prior to beginning the internship year, newly appointed interns must complete personnel processing which includes a physical examination, mandatory drug screening and child abuse registry screening. Candidates are not disqualified for use of medical marijuana if they disclose and submit, prior to the drug screening, official New York State Department of Health approved Medical Marijuana Program documentation (certification and registration), with start, end, and renewal dates. Personnel processing will be initiated at least six weeks prior to beginning the internship on July 1 of each training year.

Kings County Hospital is a member of New York City Health + Hospitals and abides by all provisions of equal opportunity/affirmative action employment practices.

### Financial and Other Benefit Support for Upcoming Training Year\*

Annual Stipend/Salary for Full-time Interns	\$32,323
Annual Stipend/Salary for Half-time Interns	N/A
Program provides access to medical insurance for intern?	Yes <input type="checkbox"/>
<b>If access to medical insurance is provided:</b>	
Trainee contribution to cost required?	Yes <input type="checkbox"/>
Coverage of family member(s) available?	Yes <input type="checkbox"/>
Coverage of legally married partner available?	Yes <input type="checkbox"/>
Coverage of domestic partner available?	Yes <input type="checkbox"/>
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	126 (18 days)
Hours of Annual Paid Sick Leave	70 (10 days)
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes <input type="checkbox"/>
Other Benefits (please describe): Health insurance plans become active the first day of internship. Interns may take up to 5 days of conference/educational leave. As city employees, interns are eligible to receive transit authority issued TransitChek® for public transportation. Interns may also opt for direct deposit of their paychecks.	

\*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

## Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2016-2019	
Total # of interns who were in the 3 cohorts	30	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	<b>PD</b>	<b>EP</b>
Community mental health center	3	1
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University counseling center	2	1
Veterans Affairs medical center	0	0
Military health center	0	0
Academic health center	1	0
Other medical center or hospital	3	0
Psychiatric hospital	1	0
Academic university/department	1	0
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	0	3
School district/system	0	2
Independent practice setting	8	3
Not currently employed	0	0
Changed to another field	0	0
Other	0	1
Unknown	0	0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

## **DESCRIPTION OF INTERNSHIP**

### **ADULT TRACK**

#### **Rotations**

Interns in the Adult Track rotate through three 4-month placements and spend approximately twenty (20) hours per week in each placement for the duration of the four months. The only required rotation is a placement on an adult inpatient psychiatric unit.

Interns then choose their remaining two elective rotations from a wide variety of services that may include: Neuropsychology and Psychological Evaluation Services, Adult Outpatient Department Assessment and Referral Clinic (ARC), Forensic Psychiatry Court Clinic, Women's Health Initiative (WHI), Behavior Support Team (BST), Intensive Outpatient Treatment (IOT) program, Chemical Dependency Treatment Outpatient Services (CDTOPS), and the Comprehensive Psychiatric Emergency Program (CPEP). For either or both of the elective rotations, interns may choose one full-time placement or two half-time placements to comprise a full-time rotation. Rotation descriptions are provided later in this brochure.

Interns in the Adult Track may choose to cross tracks and fulfill one of their elective rotations on a child and adolescent service, provided that they have demonstrated training and experience in child and adolescent psychotherapy and assessment and there is availability for an Adult Track intern on that rotation. Rotations on other services throughout the hospital may be arranged in accordance with interns' training needs and interests and supervisory availability. Rotation supervision is provided by psychologists or other licensed clinicians who are working on the services to which interns have been assigned or who are familiar with the service and/or patient population served.

It is our intent that the rotation options provide the intern with great flexibility in designing a training program that best meets their needs and interests.

#### **Outpatient Psychotherapy and Year-long Groups**

In addition to the three rotations, interns in the Adult Track are required to carry 4-6 long-term individual outpatient cases and lead or co-lead year-long inpatient and outpatient groups (in the Outpatient Department or in the PHP). Interns are trained in a variety of psychotherapeutic modalities, including psychodynamic and cognitive-behavioral approaches.

#### **Psychodiagnostic Assessment**

Interns provide diagnostic evaluations and testing on their assigned rotations as well as on other services throughout the hospital. Interns receive individual supervision on all aspects of psychodiagnostic assessment. In addition, interns meet as a group in diagnostic seminars led by Department of Psychology staff and have occasion to participate in multidisciplinary diagnostic

conferences on the services to which they are assigned. Adult track interns are expected to complete a minimum of 2 testing batteries during their training year.

Additional opportunities are provided to learn the administration, scoring and interpretation of a range of other cognitive, neuropsychological, personality, projective and academic achievement instruments. The Department of Psychology maintains a state-of-the-art testing library and has computerized scoring available for all instruments utilizing such programs.

### Supervision

Over the course of each week, interns will receive a minimum of five hours of individual and group supervision. This includes one hour of individual supervision per week for every two-three individual outpatient cases. Interns receive one hour of group supervision for the year-long inpatient group therapy requirement. Interns receive 30 minutes to an hour of supervision per week for each outpatient group. Rotation specific supervision includes a minimum of one hour per week of scheduled individual supervision with additional supervision provided as needed. Psychodiagnostic assessment supervision is arranged upon receipt of the testing referral. Additionally, interns take part in a weekly hour-long intern case conference, co-facilitated by the Directors of Training.

## **CHILD AND ADOLESCENT TRACK**

### Rotations

The internship year is divided into three four-month rotations involving experiences with psychological assessment, treatment, and interdisciplinary consultation on at least three behavioral health services. Two rotations, one in the Child & Adolescent Outpatient Department and one on one of the two child inpatient services, are mandatory. The third rotation can be selected from among the many other child and adolescent or adult services (when available). Rotation descriptions are provided later in this brochure.

Longer-term commitments, including outpatient treatment cases and groups, are continued throughout the year regardless of rotations. Interns typically carry between 5-6 outpatients over the course of the year and lead or co-lead one or two groups. Caseloads are diversified so that the intern has an opportunity to work with a range of ages, presenting problems, and diagnoses.

Approximately twenty (20) hours per week are spent on activities specific to the service on which the intern is assigned. While there, the intern functions as an integral member of the staff, attends clinical and staff conferences, presents cases, and participates in all the functions of the service. Individual supervision is provided by senior psychologists working on the service with the intern.

The inpatient rotation is fulfilled through assignment on one of the two Child and Adolescent Psychiatry Inpatient Services: adolescents (ages 11-17) and young adults with psychotic

disorders (ages 16-23). While on the inpatient service, interns function as primary therapists for their patients. They also take an active role in the conduct of the milieu program on the service, including groups. Additionally, interns are responsible for psychological testing and participation in chart rounds and community and team meetings. The interns function as consultants to the hospital school for those cases that they are managing.

The outpatient rotation takes place within the Child and Adolescent Outpatient Department. Responsibilities include conducting initial intake evaluations, psychotherapy, and psychological testing. During intake evaluations, the intern screens new patients and their families to determine what treatment is indicated and provides recommendations to the family regarding this. Interns perform crisis intervention and short and longer-term therapy with individuals and families and carry a caseload of 5 to 6 patients. They participate in treatment team meetings where dispositions are made and clinical issues are discussed. Finally, interns are active members of a school consultation project working with teachers in a neighborhood elementary school, to the extent that this will be possible given the COVID pandemic.

The elective rotations offered by the Child and Adolescent Track are varied and may include opportunities for diagnostic and therapeutic work within a number of specialized outpatient services. Among the settings offered are the Developmental Evaluation Clinic (DEC), which offers evaluation and treatment of developmentally disabled children and adolescents, the Comprehensive Psychiatric Emergency Program (CPEP), where children and adolescents presenting to the psychiatric emergency room are evaluated, the Behavior Support Team, which works with the inpatient team in designing functional behavioral treatment plans for children on the inpatient units, and the Infant-Child Learning Center (ICLC) at Downstate Medical Center, which offers infant and toddler assessment.

Interns may also elect to rotate through any of the Adult Track settings if they are available and provided that the intern demonstrates prior experience working with adult patients.

Several of the elective placements in the Child and Adolescent Track are offered on either a full-time or half-time basis. For their elective rotation, interns may choose two half-time placements instead of one full-time placement.

It is our intent that the rotation options provide the intern with great flexibility in designing a training program that best meets their needs and interests.

### Psychodiagnostic Assessment

Interns receive training in interviewing, history taking, psychological and educational assessment and observation skills, each in a variety of clinical settings. Psychological testing is taught both through individual supervision and the psycho-diagnostic seminar series. Interns are expected to have basic knowledge of and experience with the standard psychological battery. This is complemented by and enriched with training in the use of more specialized educational, neuropsychological and projective instruments. Interns are required to complete a minimum of nine testing batteries over the course of the internship year.

## Psychotherapy

Interns receive training in individual, group, parent counseling, and consultation skills. Interns treat 4-6 longer-term outpatient cases throughout the year, regardless of their specific rotations. Interns also participate as co-therapists in two year-long groups on either inpatient or outpatient child services and may also choose from a variety of longer-term and short-term group therapy experiences as time permits. Among the other therapeutic techniques to which interns are exposed are: crisis intervention, short-term therapy, school consultation, DBT, TF-CBT, and play therapy with preschool/young children.

## Supervision

Over the course of each week, interns will receive a minimum of five to seven hours of individual and/or group supervision. Interns receive one hour of individual supervision per week for every two patients and/or each group psychotherapy hour. Rotation-specific supervision includes a minimum of one hour per week of scheduled supervision with additional supervision provided as needed. Diagnostic supervision is arranged upon receipt of the testing referral.

Additionally, interns take part in a weekly hour-long intern case conference, co-facilitated by the Directors of Training.

## **SPECIFIC ROTATION DESCRIPTIONS**

### Adult Track

#### **ADULT INPATIENT SERVICE (AIS) – Required for one full-time rotation.**

Patients on the 5 adult psychiatric inpatient units (including a unit specializing in the treatment of those with intellectual disabilities) have an average length of stay of 17 days. Patients are admitted to the units in the acute phases of decompensation and remain until they are stabilized and capable of returning to the community or are referred to long-term care. After an initial orientation to the unit, the intern provides individual therapy to a select number of patients on the unit and is responsible for coordinating the patients' treatment from admission through discharge. Interns also lead or co-lead a variety of group interventions and participate in and/or lead community meetings, interdisciplinary team meetings, nursing rounds, unit staff meetings and case conferences. Evaluation interviews and psychological testing are also performed as needed.

#### **ADULT OUTPATIENT DEPARTMENT ASSESSMENT AND REFERRAL CLINIC (ARC)-Available only as a half-time rotation.**

The ARC is the entry point for adult psychiatric clients to enter outpatient treatment at KCH. There, they receive a comprehensive evaluation by a clinician (e.g., psychologist, psychology intern), a nurse, and a psychiatrist. The team then determines what type of treatment would be best for the client and/or whether or not the client should be referred to another clinic/facility

or be given an initial appointment in one of KCH's outpatient programs (e.g., Adult Outpatient Psychiatric Clinic, Chemical Dependency programs, PHP). On this rotation, the intern works closely with psychologists on the service to provide initial evaluations and develop dispositions.

**BEHAVIOR SUPPORT TEAM (BST) – Available as a full-time or half-time rotation; must have some training/experience with CBT and/or behavior therapy.**

The Behavior Support Team (BST) consults with inpatient behavioral health staff about patients who are not responsive to milieu treatment and medication management.

The BST functions as an interdisciplinary team in developing individualized behavior plans and other behavioral strategies to help manage challenging behaviors such as aggressive behaviors (physical aggression, property destruction), hyper-sexualized behaviors (disrobing, public masturbation, exposing), isolative behaviors (remaining in bedroom for long periods of time, selective mutism), and other behaviors that may interfere with treatment and community re-integration. On this rotation, the intern learns how to conduct a functional behavior assessment, collect and analyze data, create and evaluate graphs, develop a behavior support plan, and provide instruction and support to staff working with the patient.

**CHEMICAL DEPENDENCY TREATMENT OUTPATIENT SERVICES (CDTOPS)**

On the CDTOPS rotation, interns develop knowledge, skills and abilities in providing individual, group and psychological assessments for a chemically dependent population, many of whom are dually diagnosed with co-occurring mental disorders. Clients are assisted with developing the skills and support systems necessary to become sober and/or abstinent from alcohol and illicit drug use and further their recovery and development of a drug-free lifestyle.

The intern provides individual psychotherapy to select clients, leads or co-lead groups, and provides psychological assessments as appropriate. Participation in treatment planning team meetings is also possible. In addition, the intern will receive educational instruction in the biopsychosocial aspects of substance abuse/dependence and their treatment.

**COMPREHENSIVE PSYCHIATRIC EMERGENCY PROGRAM (CPEP) – Available only as a half-time rotation.**

Interns have the opportunity to observe and evaluate patients (adults, children, and adolescents) who represent the entire range of diagnoses and the most severe states of decompensation. Under supervision, they make diagnostic determinations and disposition assessments. Interns may also provide brief, intensive crisis-focused psychotherapy for patients and families.

**FORENSIC PSYCHIATRY EVALUATION COURT CLINICS-BROOKLYN (FPECC) – Available only as a full-time rotation.**

The FPECC Brooklyn provides all court ordered competency evaluations for the Brooklyn Psychiatric Clinic for the Criminal and Supreme Courts. Interns participate in court ordered Competency to Stand Trial and Serve Sentence examinations of defendants (730 and 390 exams). Interns observe and assist with these evaluations and observe court proceedings where evaluations are presented. Additionally, interns perform psychodiagnostic assessments

and assist in obtaining background information. Interns are required to spend one full day (Thursday) in the Brooklyn court clinic as part of their rotation hours.

**INTENSIVE OUTPATIENT TREATMENT (IOT) – Available as a full-time or half-time rotation.**

IOT services are provided within the structure of the Adult Outpatient Psychiatric Department. Services focus on the restoration, enhancement, or maintenance of an individual's level of functioning and alleviation of symptoms that significantly interfere with functioning in at least one of the individual's life domains (e.g., family, social, occupational). The 6-week program is designed to be a step-down level of care from Inpatient and Partial Hospitalization or a step-up from regular outpatient services. Interns will have the opportunity to participate in treatment planning, group and individual therapy, and psychological testing within a multidisciplinary setting.

**NEUROPSYCHOLOGY AND PSYCHOLOGICAL EVALUATION SERVICES – Available as a full-time or half-time rotation; must have some prior neuropsychology training & experience.**

Interns assess patients referred to the Neuropsychology and Psychological Evaluation Services from psychiatric and medical services throughout the hospital center. They provide neuropsychological consultation regarding the psychological functioning of neurologically impaired patients. Interns electing this rotation must have completed coursework in neuroanatomy and neuropsychological assessment and must have some experience administering, scoring and interpreting neuropsychological tests (WAIS-IV experience is sufficient). Interns may also participate in the completion of psychological, psychodiagnostic, psychoeducational, and pre-surgery (e.g., bariatric) assessments as needed.

**WOMEN'S HEALTH INITIATIVE – Available only as a half-time rotation.**

The Women's Health Initiative (WHI) provides treatment to perinatal and postpartum women with multiple and varied mental health and social issues. Women with other reproductive health issues (e.g. infertility, family planning and gynecological) are also serviced. This outpatient program is located in the OB/GYN clinic at KCH. The WHI provides psychological evaluation and treatment for women experiencing issues such as adjustment disorders, anxiety, depression, etc. On this rotation, interns conduct evaluations, provide individual psychotherapy and learn interdisciplinary teamwork skills in a primary care setting.

Child and Adolescent Track

**CHILD AND ADOLESCENT PSYCHIATRIC INPATIENT SERVICE (CAPIS) –Required for one full-time rotation**

- **ADOLESCENT/YOUNG ADULT INPATIENT UNITS:** There are two adolescent units, a 15 bed co-ed unit for adolescents ages 11-17 and a 15 bed co-ed unit for young adults ages 16-23 presenting with their first psychotic break. The units focus on evaluation, crisis intervention, individual and family treatment, and disposition. The average length of stay for each patient varies. Interns are primary therapists for 1-2 patients. Responsibilities include diagnostic testing, individual and family psychotherapy, liaison work with schools and other involved agencies, and the coordination of the treatment and disposition for the patient. Interns also participate in community meetings, inter-

disciplinary team meetings, nursing rounds, and ward staff meetings and case conferences. There is also some opportunity to lead groups.

**CHILD & ADOLESCENT OUTPATIENT DEPARTMENT-Required for one full-time rotation**

Interns provide treatment for 5-6 children ages pre-school through 18 years old. Treatment modalities include individual therapy, parent counseling, play therapy, group therapy, and brief therapy. Interns also do psychological testing for children in treatment who are referred by their therapist. In addition, interns do two-three weekly intake evaluations of patients and make recommendations regarding disposition and treatment. Interns participate in weekly treatment team meetings and bi-weekly staff meetings.

**COMPREHENSIVE PSYCHIATRIC EMERGENCY PROGRAM (CPEP) – Available as a half-time or full-time rotation**

Interns work with the Child Evaluation Team in the CPEP and have the opportunity to observe and evaluate children and adults who represent the entire range of diagnoses and the most severe states of decompensation. They make DSM V diagnostic determinations and disposition assessments. Interns provide brief, intensive crisis-focused psychotherapy for patients.

**DEVELOPMENTAL EVALUATION CLINIC (D.E.C.): Available as a half-time or full-time rotation**

The D.E.C. is a multidisciplinary diagnostic clinic for the assessment and limited treatment of children and adolescents with learning disabilities, developmental disabilities, and mental retardation as their primary diagnoses. Children may have secondary diagnoses of a variety of psychiatric syndromes. Interns are expected to provide 4-6 assessments for children ages 3 months to 16 years. They also provide case management for 2-4 children and families and follow them through the multidisciplinary evaluation process. Interns participate in weekly team meetings as well and may provide short-term treatment or counseling to parents around issues related to their child's diagnosis and disability.

**INFANT AND CHILD LEARNING CENTER (ICLC)-Available as a half-time rotation**

This program, located in Downstate Medical Center, provides evaluations for children from birth to age three as part of an early intervention assessment. In addition, the ICLC serves as a preschool education evaluation and treatment site for children age three to five. Interns learn preschool and infant assessment through observation and supervised testing experiences.

**BEHAVIOR SUPPORT TEAM (BST) CHILD ROTATION-Available as a half-time or full-time rotation**

The BST consults with inpatient behavioral health staff about patients who are not responsive to milieu treatment and medication management. The BST functions as an interdisciplinary team in developing individualized behavioral plans and other behavioral strategies to help manage challenging behaviors such as aggressive behaviors (physical aggression, property destruction), hyper-sexualized behaviors (disrobing, public masturbation, exposing), isolative behaviors (remaining in bedroom for long periods of time, selective mutism), and other behaviors that may interfere with treatment and community re-integration. Interns learn how to conduct a functional behavior assessment, collect and analyze data, create and evaluate

graphs, and develop a behavioral support plan, and provide instruction and support to staff working with the patient.

## **OTHER PROGRAM FEATURES**

### **Intern Support Group and Preceptors**

The internship is a unique year in the professional development of a psychologist. To ensure that it is a rich and productive year that meets trainees' needs and interests, all interns participate in an intern support group. The group provides an opportunity for interns to discuss their experiences as interns, share information about the program, and get to know each other better. The support group is facilitated by a psychologist who maintains no supervisory contact with the interns. In addition to the group, interns have the option of being assigned a staff "preceptor" who serves in the capacity as a non-supervisory mentor to the intern to guide and assist with the internship experience. The preceptors are selected by the Directors of Training and act as a support, advocate, and role model for the intern.

### **Conferences, Seminars, and Didactics**

Participation in various conferences and seminars is considered an essential component of the internship program. Interns are considered valuable members of the Department of Psychology staff and, as such, are required to attend departmental meetings. At these meetings, administrative matters are addressed and guest lecturers and members of the Department of Psychology present periodically on topics of clinical and professional interest. The internship program also provides seminars and presentations, some required and some elective, focusing on clinical interviewing, psychopharmacology, cognitive, personality, and neuropsychological assessment, CBT, CBTp, and DBT treatment approaches, ethics, cultural/diversity issues in assessment and treatment, and specialty areas in psychology such as forensic psychology, school consultation and self-care. Interns have the opportunity to attend the weekly Department of Psychiatry Grand Rounds and the monthly Department of Psychology Continuing Education series, where distinguished speakers from the fields of both Psychology and Psychiatry present. Interns may also attend the lectures and functions arranged by the various divisions of the Health Science Center at Brooklyn (SUNY Downstate).

### **Research**

During each training year interns are required to present a program of either original research or a scholarly review of an important issue in the field. Interns from both tracks give small group presentations on topics relevant to their training experiences and to psychology in general. There may be opportunities to participate in ongoing research on specific rotations.

### **Administrative Assistance/Support**

All psychology interns are provided with individual workstations within the Department of Psychology. Each workstation includes a desktop computer. Interns have access to the

corporation-wide intranet and e-mail system (Outlook), electronic charting, the internet and Microsoft Office software. Interns are provided unique user ID's and passwords and all information is confidential and protected from outside users. Interns are provided with dedicated telephone extensions.

The Department of Psychology is supported by an administrative assistant who is available for guidance related to administrative issues throughout the Department and the Hospital. These include attendance, time sheet/payroll issues, and leave of absence.

At the beginning of the training year, all interns participate in a new employee orientation, an orientation to the Department of Behavioral Health, and an orientation to the internship and Department of Psychology. During these orientations, interns are provided with information and are trained in patient safety, sexual harassment procedures, fire safety, and customer relations among other topics. Interns are also provided with information regarding health insurance and financial options open to all employees.

### **APPLICATION PROCESS**

The Kings County Hospital internship program uses the APPIC Online Application for Psychology Internship (APPI Online). The APPI Online is available at [www.appic.org](http://www.appic.org). Once your application has been completed and we have been notified of its submission, we will begin our consideration of your credentials. The application deadline is November 15, 2020.

**APPLICANTS MAY APPLY TO ONE TRAINING TRACK ONLY. Duplicate applications will not be considered for either track.**

**We require THREE LETTERS OF RECOMMENDATION. We DO NOT require samples of testing reports or case summaries and ask that you do not submit them.**

### **Interviews**

Due to the COVID-19 pandemic, all interviews for the 2021-2022 internship cohort will be conducted remotely by video. For candidates applying to the Adult Track, interviews will likely begin during the third week of November and continue through the middle of January. For the Child and Adolescent Track, interviews will likely begin the first week of December and continue through the middle of January. Applicants selected for interviews will be contacted by e-mail to set up appointments. Interview notification will be completed by December 15, 2020.

Though all of the details have not yet been worked out, Adult Track applicants will likely have three individual one-half hour interviews, conducted by staff psychologists. One of those interviews will be with the Director of Training for the Adult Track. Child and Adolescent Track applicants will likely have a one-hour interview conducted jointly by two staff psychologists along with a one-hour interview with the Director of Training for the Child Track. Candidates will also meet virtually in small groups with a current intern(s) for an informal discussion of the internship program and a question and answer session. **Current interns have no input into the intern selection process.**

Kings County Hospital is an APPIC member training site and participates in the APPIC match process adhering to both the Match 1 and Match 2 processes. You may contact NMS through the Matching Program web site at: [www.natmatch.com/psychint](http://www.natmatch.com/psychint) or by contacting NMS at:

National Matching Services Inc.  
20 Holly Street, Suite 301  
Toronto, Ontario  
Canada M4S 3B1  
Telephone (For North American Residents): 800-461-6322  
E-mail: [psychint@natmatch.com](mailto:psychint@natmatch.com)

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant. Please direct any Kings County Internship correspondence to:

**Adult Track**

Jean Kaluk, Ph.D.  
Director of Internship Training – Adult Track  
Department of Psychology  
A Building – Suite A1116  
Kings County Hospital  
451 Clarkson Avenue  
Brooklyn, New York 11203  
Telephone: 718-245-2579  
email: [jean.kaluk@nychhc.org](mailto:jean.kaluk@nychhc.org)

**Child and Adolescent Track**

Rena Samin, Ph.D.  
Director of Internship Training – Child and Adolescent Track  
Department of Psychology  
A Building – Suite A1116  
Kings County Hospital  
451 Clarkson Avenue  
Brooklyn, New York 11203  
Telephone: 718-245-2579  
email: [rena.samin@nychhc.org](mailto:rena.samin@nychhc.org)

**ACCREDITATION**

The internship program is accredited by The American Psychological Association, Commission on Accreditation. The program was most recently reviewed by the APA in March 2015 and was awarded seven years of accreditation. Questions related to the program’s accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 1<sup>st</sup> Street, N.E.  
Washington, DC 20002  
Phone: 202-336-5979  
Email: [apaaccred@apa.org](mailto:apaaccred@apa.org)  
Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)

## **DEPARTMENT OF PSYCHOLOGY STAFF**

Boykin, Nicole, Psy.D., Yeshiva University, 2012 - Developmental Evaluation Clinic

Busuttil, Neil, Ph.D., Yeshiva University, 2007 - Adult Inpatient Service

Cardona-Morales, Gabriella, Ph.D., Adelphi University, 2014 - Child and Adolescent Inpatient Psychology

Denham, Seanna-Kaye, Ph.D., St. Johns University, 2005 - Breakthrough

Erickson, Stephanie, Ph.D., St. John's University, 2005 - Program Director, Developmental Evaluation Clinic

Feldman, Marilyn, Ph.D., The New School for Social Research, 1993 – Adult Outpatient Department

Filak, Kathleen, Psy.D., Yeshiva University, 2012 - Child and Adolescent Inpatient Services

Forbes, Karen, Ph.D., New York University, 2005 - Director of Child and Adolescent Inpatient Psychology; Director of Externship Training-Child and Adolescent Track

Francois, Claude Patrice, Psy.D., Long Island University, CW Post Campus, 2011 – Forensic Psychiatry Evaluation Court Clinic-Brooklyn

Gibson, Damaliah, Ph.D., Seton Hall University, 2009 – Director of Wellness

Ho, Scarlett, Ph.D., Long Island University, Brooklyn Campus, 2017 - Adult Inpatient Service

Hutchins, Christina, Psy.D., Long Island University, CW Post Campus, 2011 - Adult Inpatient Service

Illouz, Evan, Psy.D. Pace University, 2015 - Child and Adolescent Inpatient Services

Kaczmarczyk, Paulina, M.A., Ball State University, 2015 - Behavior Support Team

Kaluk, Jean, Ph.D., Long Island University, Brooklyn Campus, 2007 - Director of Internship Training-Adult Track; Adult Outpatient Department

Karriehalli, Neela, Psy.D., Rutgers University, 2018 - Child and Adolescent Outpatient Department

Krichmar-Liverant, Lana, Ph.D., Hofstra University, 2001 - Director of Intensive Crisis Stabilization and Treatment Program

Mascho, Alicia, Ph.D., The New School for Social Research, 2013 – Lead Psychologist, Chemical Dependency Treatment Outpatient Services

Mittal, Shveta, Ph.D., Hofstra University, 2010 – Director of Psychological Services and Lead Psychologist, Adult Outpatient Department

Morrison-Diallo, Jennifer, Ph.D. (BCBA, NYS Licensed Behavior Analyst, CASAC-T), The CUNY Graduate Center 2016 – Director, Behavior Support Team

Nessel, Kimberly, Psy.D., Rutgers Graduate School of Applied and Professional Psychology, 2018 - Forensic Psychiatry Evaluation Court Clinic-Brooklyn

Nobrega, Luis, J.D., University of San Paulo, 1994; LL.M., Kings College, London, 1998; LL.M., New York University, 2002; Psy.D., Yeshiva University, 2016 - Forensic Psychiatry Evaluation Court Clinic-Brooklyn

Roberts, Jaysree, Ph.D., Adelphi University, 2014 - Child and Adolescent Outpatient Department and Developmental Evaluation Clinic

Samin, Rena, Ph.D., Syracuse University, 1986 - Director of Internship Training –Child and Adolescent Track; Clinical Director, Child and Adolescent Outpatient Department

Sawhney, Daljit, Ph.D., University of Health Sciences, Chicago School of Medicine, 2002 – Women’s Health Initiative and Adult Outpatient Department

Spada, Ashley, Ph.D., The CUNY Graduate Center at John Jay College of Criminal Justice, 2015- Forensic Psychiatry Evaluation Court Clinic-Brooklyn

Todd, Adrienne, Psy.D., The Chicago School of Professional Psychology, Chicago, 2007 - Adult Outpatient Department

Tsakanikas, Diamanto, Ph.D., The CUNY Graduate Center, 2005 - Neuropsychological Services

Tzall, David, Psy.D., Nova Southeastern University, 2015 – Intensive Outpatient Treatment

Winkler, Barry, J.D., Fordham University School of Law, 1980; M.A. (Forensic Psychology), The CUNY Graduate Center at John Jay College of Criminal Justice, 2001; Psy.D., Yeshiva University, 2006) – Director, Forensic Psychiatry Evaluation Court Clinic-Brooklyn

Winslow, Lance, Psy.D., Hofstra University, 2001 - Mobile Crisis Unit

Workman, Nancy, Psy.D., New York University, 2002 - Child and Adolescent Outpatient  
Department

Wright, Roshane, Ph.D., Howard University, 2013 - Adult Outpatient Department