

Resources and Information for COVID-19 and IPV/HT Survivorship, adapted from FUTURES Without Violence

As we make more recommendations for self-isolation to protect against the transmission of the 2019 novel coronavirus (COVID-19), we must also be aware of the added risk of interpersonal (IPV)/power-based violence when a vulnerable patient cannot leave their home. It is thus imperative that our emergency preparedness plans focus on comprehensive patient safety and build support systems patients need to be safe at home.

We have compiled resources to help reach your survivor patients and feel safe and supported.

- Hotlines:
 - The National Domestic Violence Hotline is 24/7, confidential and free: **1-800-799-7233** and through [chat](#).
 - The National Sexual Assault Hotline is 24/7, confidential and free: **800.656.HOPE (4673)** and through [chat](#).
 - The [StrongHearts Native Helpline](#) for domestic/sexual violence is available 7am-10pm CT, confidential, and specifically for Native communities: **1-844-762-8483**.
 - The [Trans LifeLine](#) for peer support for trans folks 9am-3am CT: **877-330-6366**. *This hotline is staffed exclusively by trans operators is the only crisis line with a policy against non-consensual active rescue.*
 - [National Parent Helpline](#) Monday -Friday 12pm-9am CT emotional support and advocacy for parents: **1-855-2736**.
- Safety Plans for Violence:
 - National Network to End Domestic Violence: <https://www.womenslaw.org/about-abuse/safety-tips/domestic-violence-victims/safety-abuser>
 - The National Domestic Violence Hotline: <https://www.thehotline.org/help/path-to-safety/>
- Supporting Survivors
 - [Why the Coronavirus Outbreak Could Hit Women Hardest](#) by Xanthe Scharff
 - [Suggestions for Family and Friends](#) by the Ohio Domestic Violence Network
 - [Children and Teens](#) by the Ohio Domestic Violence Network
- Additional resources for high-risk behavioral health patients:
 - [Safer Drug Use During The COVID-19 Outbreak](#) by the Harm Reduction Coalition
 - [COVID-19 guidance for people experiencing homelessness without shelter](#) from Multnomah County (California)

- [COVID-19 & the HCH Community](#) from the National Health Care for the Homeless Council