Evaluating Dedicated Education Units: A Presentation of Preliminary Findings

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Overview of Today's Presentation

- 1. DEU Partnership Development/Background
- 2. Introduction to Project PDQ Evaluation Study
- 3. Research Methods & Data Collection
- 4. Preliminary Findings:
 - 1. Educational Quality
 - 2. Teaching Capacity
 - 3. Faculty Work life
- 5. Reflections and Next Steps



Introduction: Building a DEU Clinical Education Partnership

- 2006 Academic Service Partnership created by the College and Agency Partner for multiple purposes
- 2007 The DEU Clinical Education Partnership began with UMass Boston and two agency partners, Massachusetts General Hospital (MGH) and Brigham and Women's Hospital (BWH) from Partners HealthCare
- 2008 DEUs began with agency variation on two units, with a focus on QSEN competency development at the unit level (QSEN Phase II-RWJF school with pilot study) and workforce diversity
- 2009 RWJF Grant Recipient for *Evaluating Innovations in Nursing Education*: Began implementation of rigorous clinical education evaluation research study
- 2010 Added two additional DEUs: Good Samaritan Medical Center, Brockton and Children's Hospital, Boston and now ...



Introduction: Selected DEU Mechanisms

- DEU Partnership- entire group meets at least once a semester with monthly phone meetings with directors
- Strong nursing management and innovative units
- CFC presence on units first three weeks for orientation and conferencing, then weekly coaching, 24-7 communication
- DEU student presentations- QSEN/IOM concerns on individual units
- DEU Orientation and Prof. Devt. at beginning of each semester
- DEU Program Support- Director and Clinical FacultyCoordinator
- DEU student hiring- aides during program, RNs post
- Incentives/Rewards tuition vouchers, stipends, ladders
- Board of Nursing regulation alignment



Partnership Findings

- Partnership building takes years with
- Strong relationships between academia and service (Deans, Chairs, CNOs, Education/Prof.Devt./QI)
- Commitment, contact, communications and resource allocation required
- Benefits for participation at all levels articulated

What would it take to develop a clinical education partnerships at your site?



Overarching Research Question

"How does the DEU intervention develop new instructors (thus building capacity), enhance faculty worklife (thus sustaining recruitment, retention, and productivity), and promote educational quality, functioning within a shared DEU partnership structure and within local contexts, amidst nursing unit similarities and differences?"



Study Design

Mixed methods study with:

- 4 Randomized control trials (Students)
- Qualitative study
 (Staff nurses, Cls, CFCs)
 - Interviews
 - Surveys
 - Activity Logs

Internal Validity:

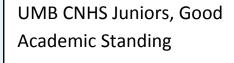
- RCT (causality, selection)
- Two threats: Hawthorne, attrition
- Replication
- Triangulation of data and methods

External Validity:

- Subjects are typical nursing students
- Are sites/people typical?



Study Design





Random

Assignment

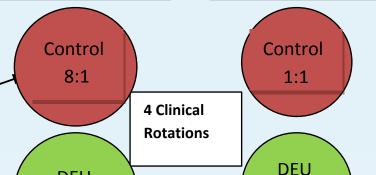
Junior Year: NU310

DEU

2:1

Senior Year: NU455

1-2:1



□14 Week Semesters

□4 Cohorts (Students)

□Surveys, Interviews, **Activity Logs**

Clinical Instructors: Provide clinical instruction to students

CFCs: Coach CIs and provide clinical instruction guidance

CNHS Faculty: Provide classroom-based instruction; Colleagues with CFCs in academic service partnership



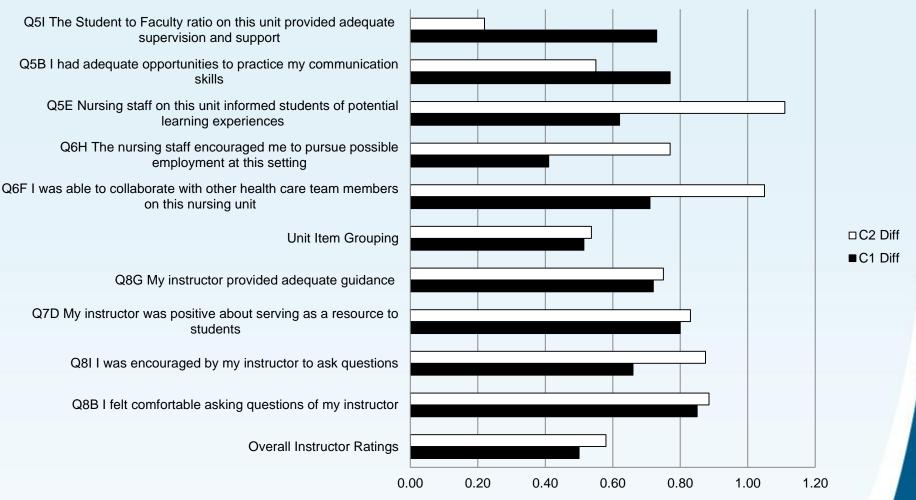
Year 1 Participation Rates

Response Rates		
Students:		
Umass Survey	66%	
BoE Survey	62%	
Cls/Nurses:		
Activity Log (3 Administrations)	39%	
Survey (2 Administrations)	82%	
Interviews (2 Cohorts)	78%	
CFCs		
Survey (2 Administrations)	100%	
Interviews (2 Cohorts)	100%	
Faculty:		
Survey (2 Administrations)	71%	
Interviews (2 Cohorts)	71%	



Education Quality: DEU Students Rate Clinical Environment Learning Opportunities Higher

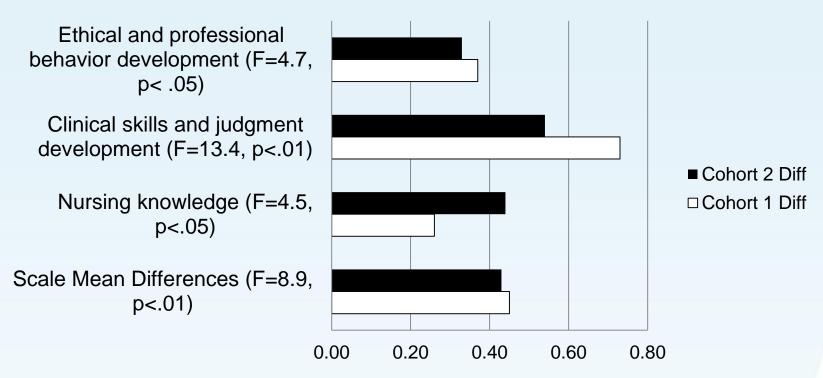
Student Ratings: Unit and Instructor





DEU students report significantly more growth in nursing knowledge and skills

Student Growth in Nursing Knowledge and Skills, Group Differences

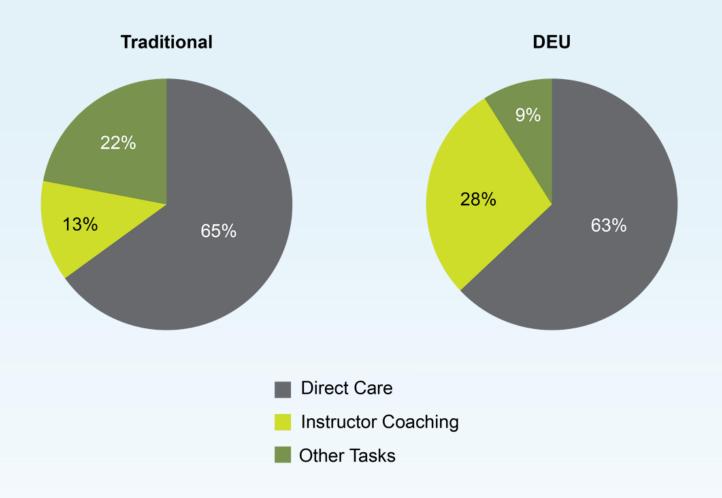


Differences show DEU Student Scores – Traditional Student Scores Original Response Scale: A great deal of growth=5 to No growth=1



DEU Students Spend More Time on Instruction

Time spent on instruction compared to other activities, by group

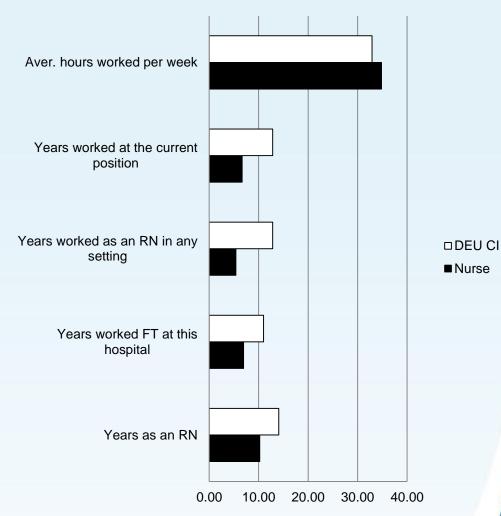




DEU Cls and Staff Nurses

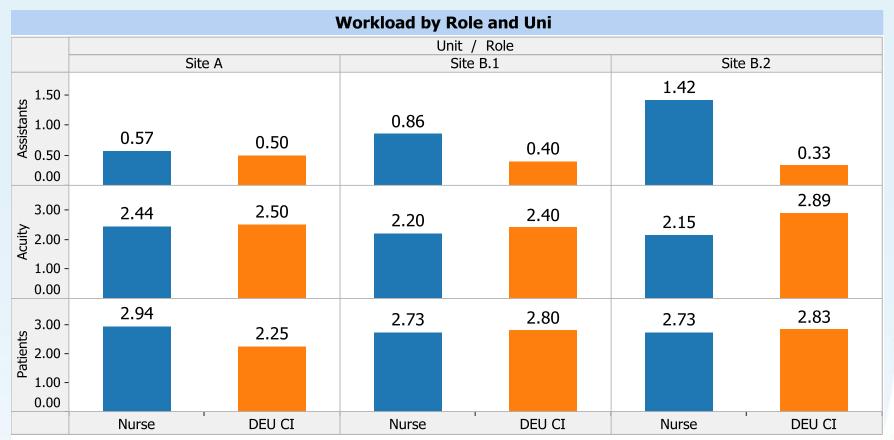
CIs report slightly higher levels of experience

Differences between Nurse, CI groups

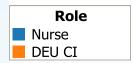




Workload: Staff Nurses and CIs on DEU Units, by Unit



Total Number of Staff Nurse Respondents: 3 Total Number of CI Respondents: 2



Acuity Scale: 1=Low, 2=Moderate, 3=High



Workload: DEU CIs spend comparable time on most direct patient care tasks

Duration of Patient Care Activities, by Role*		
	Nurse	CI
Direct Care vs. Direct Care with Students	2.38	2.50
Direct Care Vs. Direct Care without Students	2.38	1.38*
Supervision of Students' Skill Performance		2.29
Patient Teaching vs. Supervising Student's Provision/ Teaching	1.44	1.39
Patient Teaching vs. With Students in Room	1.44	1.61
Responding to rapid response codes	1.25	1.28
Answering call lights	1.55	1.50
Completing admissions and discharges	1.39	1.43
Other patient care activities	1.84	1.62
Providing and receiving patient reports	1.08	1.08
Coordinating and managing patient care	1.45	2.42
Accessing information on patients	1.83	1.45*
*Significant differences at alpha=.05		

Duration: .5 to 2.5 hours (max)



Work Life: Morale and Role: DEU Cls report greater morale than DEU Staff Nurses

Job Stressors No Significant Differences

Job Satisfaction No Significant Differences

Morale and Change in Morale + DEU CIs report more positive morale and changes in morale



Work Life: DEU CIs are re-energized about their nursing practice

- ...it kind of makes you stop and think why you're doing what you're doing because I think a lot of the daily nursing, we just kind of go with the flow, we do what we know but there's not a lot of thought behind it anymore because it becomes routine for us. (38)
- "I'm always like, wow, the smaller things that you step on, like oh yeah, like you don't even think about anymore like the whys-why are you doing this why are you doing that? Like how you overlook so many things that are so important but you don't even think about them anymore." (13)
- □ So it kind of gives you a renewed excitement to it. So I guess that's, I guess that would probably be the best part. (22)



Work Life: DEU CIs exhibit enhanced spirit of inquiry and motivation

- "So I think it has helped me realize that there is so much still to learn. It keeps you fresh. You keep going back to your basics, you know. Because you kind of get lost in the fact that you've been doing this for so long that it becomes old hat to you..." (19)
- □ It definitely made me stronger as a nurse because it made me look things up a little bit more in depth than maybe I would've if it was just me. So I definitely think it's, it's made me reflect on my own skills a little bit more. (38)
- □ It keeps me up to date with my knowledge. I feel like, you know, you're kind of molding the brains of new nurses. It makes you learn about yourself, how you learn, positives and negatives. (46)



Reflections

- DEU clinical education quality comparable or better than traditional clinical instruction
- Little impact on nurse workload and unit workload
- Nurses' work lives are enhanced by the DEU model (increased morale and professionalism)

What do these data tell you about the viability and sustainability of the DEU model for clinical education?



Next Steps

Are you DUE for a DEU?

Thank you.



