

Ohio PT/PTA STUDENT INVOLVEMENT GUIDE

Interested in getting involved as a student but don't know where to start?

Check out all the different ways and levels to get involved below!

Program Level

- Become your programs president, vice president, etc.
- Sign up to be a student rep to the Ohio Core Ambassador.
 - o Pass along information from the Ohio Core Ambassador to students in your program
 - o Relay questions and concerns from your program to the Ohio Core Ambassador
 - o Email aptasa.coreoh@gmail.com for more information or to express interest.

District Level

- Ohio is made up of 6 districts: Northwest, Northeast, West Central, Central, East Central, and Southwest.
 - o Find out what [district](#) you are in by your county.
- Become a student rep for your district.
 - o [Email](#) your district chair to apply.
- [Participate](#) in district events and webinars to network with other students and clinicians, learn more, and become more involved with the OPTA.



State Level

- **Become a member of the [OPTA](#)!**
 - o Select the Ohio chapter when signing up to become an APTA member.
- **Join the [Student Special Interest Group \(SSIG\)](#).**
 - o Participate in [monthly conference calls](#) and fill out the [Interested Student Form](#) to be added to our mailing list
- **Apply to be a member of the [SSIG Board](#).**
 - o Application open around March. Information will be sent out to SIG members via email, posted on social media, and posted on the website as applications open.
- **[Program of the Year Challenge](#)**
 - o November 1st, 2020 – April 1st, 2021
- **[Advocacy](#)**
 - o Follow [legislation](#) the OPTA is pushing and [contact](#) your senators and representatives to support bills.
 - o Support the Ohio Political Action Committee ([OPT-PAC](#)).
 - o Participate in [Ohio Advocacy Day](#) – April 22nd, 2021.
- **Participate in conferences, events, and webinars**
 - o [LEAP](#) – Linking Evidence and Practice – Friday, September 25th, 2020

- [Outside the Boundaries Series](#)
 - Content geared towards today's innovative PT professional, focusing on non-traditional applications of PT and emerging practices
- [L.I.F.E Series Leadership Academy](#)
- OPTA Annual Conference – Transform 2021 – April 23-24th, 2021
- **Volunteer through [APTA Engage](#)**
 - Log into your APTA account and search for all the different volunteer opportunities at both the state and national level.
- **Follow us on social media!**
 - Facebook
 - [OPTA](#)
 - [OPTA Students](#)
 - Twitter
 - OPTA: @Ohio_PT
 - OPTA SSIG: @OPTAstudents

National Level

- **[Join the APTA!](#)** You will also be able to add a chapter based on your state.
 - Join [sections](#) that you are interested in.
 - Join SIG's of sections that you are interested in. You must be a member of the section to join a SIG.
- **APTA Student members are part of the [Student Assembly!](#)**
 - Apply to be a member of the [Student Assembly Board of Directors](#).
 - Applications are due in the summer. Elections will take place from October 8th – November 7th online. ALL APTA student members will receive an email inviting them to vote and are encouraged to do so!
 - Apply to be a [Core Ambassador](#).
 - Applications are due in March and September with half of the Core Ambassadors starting in the spring and half starting in the fall. Ohio's application is due in March.
 - Contact your Core Ambassador for more info: aptasa.coreoh@gmail.com
 - Apply to be a [Student Assembly Liaison](#).
 - American Council of Academic Physical Therapy (ACAPT) Liaison
 - Application due in the spring
 - PT-Political Action Committee (PAC) Liaison
 - Application due in the fall
 - Apply to be on a [Project Committee](#).
 - Each project committee includes one or two chairs and approximately five-to-seven members who are appointed through an annual application process.
 - Committees
 - Community Service
 - Advocacy

- Global Outreach
- Interprofessional Collaboration
- **Advocacy**
 - Follow the [issues](#) the APTA is working on and [take action](#).
 - Download the APTA Action app to have the ability to do all of this from your phone!
- **Conferences**
 - [National Student Conclave](#) – November 5-7th – virtual
 - [Combined Sections Meeting](#) – February 24-27th – virtual
 - Federal Advocacy Forum – Spring 2021
 - [NEXT](#) – Summer 2021, right after House of Delegates
- **Events**
 - [National Advocacy Dinners](#)
 - [APTA Student Advocacy Challenge](#)
 - [Flash Action Strategy](#) – September 15th-16th, 2020
 - [PT Day of Service](#) – October 12th, 2020
 - [House of Delegates](#)
 - [APTA Live/#XChangeSA chats](#)
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 - [APTA](#)
 - [APTA Student Members](#)
 - [Doctor of Physical Therapy Students](#)
 - Twitter
 - APTA: @APTAtweets
 - APTA Student Members: @APTASudents