

# TRANSFORM 2019



## OPTA'S ANNUAL CONFERENCE

APRIL 5 - 6 | COLUMBUS, OHIO

### FRIDAY, APRIL 5, 2019

### AGENDA

Time	Programming	Content Leader	Session Code	Location
8:00—9:00 a.m.	Registration & Breakfast	Exhibitors		Registration Foyer 2nd floor
9:00—10:30 a.m.	Welcome & "Ignite" Speaker Rubber Band Resilience: How to Stretch without Snapping	Kathy Parry		Hayes Ballroom 2nd floor
10:30—10:45 a.m.	<b>Break</b>			Registration Foyer
10:45 a.m.—12:15 p.m. <b>Morning Workshop</b>	*Physical Therapists Can Really Do This??? PT and Pelvic Health, the Basics	Truly Moore, PT, Cert. MDT & Jill Dubbs, PT, DPT	1A	TBD
	Talking to Patients About Pain; We Need to do Better	Damian Keter, PT, DPT, OCS	1B	TBD
	*Choosing a Residency That's Right for You!	John DeWitt, PT, DPT, SCS, ATC & Melissa Kidder, PT, DPT, OCS	1C	TBD
	Lessons Learned and Treatment of Complex Regional Pain Syndrome in Pediatrics	Heidi Kempert, PTA	1D	TBD
12:30—1:30 p.m.	<b>Power Lunch</b>	<b>Sponsored by: Hanger Clinic</b>		Hayes Ballroom 2nd Floor
1:30—3:00 p.m. <b>Afternoon Workshops</b>	How to Ensure Success of a Large Patient Reported Outcome Program in a Large Healthcare Institute	Morgan Richards, SPT; John DeWitt, PT, DPT, SCS, ATC; Lindsay Harmon-Matthews, PT, DPT, MPH & Matthew Briggs, PT, DPT, PhD, SCS, AT	2A	TBD
	<b>Four Power Transform Talks:</b> Effectiveness of Blocked Scapular Stretching on Shoulder Range of Motion; <i>Why We Should Teach Joint Mobilization to PTAs</i> ; Evaluating Swimmers for Sport Readiness: What Measure Are Important? Dry-Land Assessment Tools; <i>The Wild West of Dry Needling: Why Research Needs to Catch Up to Clinical Practice</i>	Alan Howell, PT, SCS, AT, ATC; James Cropper, PT, DPT, MS; Katherine Wayman, PT, DPT, SCS & Cody Mansfield, PT, DPT, OCS, AT, FAAOMPT	2B	TBD

\*Recommended for our Early Professional Attendees

**FRIDAY, APRIL 5, 2019**

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Time	Programming	Content Leader	Session Code	Location
1:30—3:00 p.m. <b>Afternoon Workshops</b> (continued)	Innovative Clinical Education: Designing Interprofessional Learning Activities for the Clinic	Janice Howman, PT, DPT, MEd; Paula DeLorm, PT, DPT, CEEAA; Janice Wright, MA, CCC-SLP & Rebecca Meier, Au.D., CCC-A, FAAA	2C	TBD
	*Lifestyle Medicine in Physical Therapy Practice: Transforming Healthcare via Self-Care: Part I	Stephanie Carter-Kelley, PT, PhD, OCS, CYT & Allison Marsden, PT, DPT, OCS, PYT	2D	TBD
3:00—3:15p.m.	<b>Break</b>			Registration Foyer
3:15—4:45 p.m.	Introduction to Wound Assessment and Treatment	Dawn Bookshar, PT, DPT, GCS & Rochelle Bourassa, PT, DPT	3A	TBD
	ACL Injuries in the Pediatric Athlete: Prevention and Management Unique to the Skeletally Immature	Karen Thatcher, PT, DPT; Laura Schmitt, PT, MPT, PhD; Mitchell Selhorst, PT, DPT, OCS & Christin Zwolski, PT, DPT	3B	TBD
	*Know Yourself and Communicate More Effectively to Your Patients, Staff, and Boss: Part I — Finding Your Leadership Voice	Lucas VanEtten, PT, DPT, MBA & Mitch Salsbery, PT, DPT	3C	TBD
	*Lifestyle Medicine in Physical Therapy Practice: Transforming Healthcare via Self-Care: Part II	Stephanie Carter-Kelley, PT, PhD, OCS, CYT & Allison Marsden, PT, DPT, OCS, PYT	3D	TBD
4:45—5:45 p.m.	<b>Therapy Madness</b>			TBD
6:00—8:00 p.m.	<b>PACcy Hour</b> — Food, Live Music + Open Bar! Political Action Committee Fundraiser			Latitude 41 Lounge 1st Floor

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**Knowledge Pathways—Key**

- A : General/Medical Topics**
- B: Orthopaedics Topics**
- C: Professional/Education Topics**
- D: Wildcard—Assortment of Topics**

More information: [OhioPT.org/AnnualConference19](http://OhioPT.org/AnnualConference19)

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## OPTA'S ANNUAL CONFERENCE

APRIL 5 - 6 | COLUMBUS, OHIO

**SATURDAY, APRIL 6, 2019**

**AGENDA**

Time	Programming	Content Leader	Session Code	Location
6:00—7:00 a.m.	Group Run (optional)			Meet in Hotel Lobby
7:00—8:00 a.m.	Registration & Morning Buzz Coffee Bar & Networking			Registration Foyer
8:00—9:30 a.m. <b>Morning Workshops</b>	Oncology Rehab Principles for Outpatient Physical Therapy: Part I	Mary Fisher, PT, PhD, OCS, CLT	1A	TBD
	Improving Clinical Diagnostic Decision Making and Treatment for Young Athletes with Low Back Pain	Mitchell Selhorst, PT, DPT, OCS & Alexander Rospert, PT, DPT, CSCS	1B	TBD
	*Respect the Bubble! How am I as a Professional with Social Media, Personal Boundaries & Cell Phones?	Lisa Kohler, PT; Truly Moore, PT, Cert. MDT; Jill Dubbs, PT, DPT; & Alexia Lairson PT, DPT	1C	TBD
	Mental Health Disorders: Strategies for Approach and Treatment	Dawn Bookshar, PT, DPT, GCS; Ian Kilbride, PT & Marcia Zeiger, OTR/L	1D	TBD
9:30—9:45 a.m.	<b>Break</b>			Registration Foyer
9:45—11:15 a.m.	Oncology Rehab Principles for Outpatient Physical Therapy: Part II	Mary Fisher, PT, PhD, OCS, CLT	2A	TBD
	Let's Not Overlook Sacroiliac Pain!	Deborah Riczo, PT, DPT, MEd	2B	TBD
	*Know Yourself and Communicate More Effectively to Your Patients, Staff, and Boss: Part II — Leadership	Lucas VanEtten, PT, DPT, MBA & Mitch Salsbery, PT, DPT	2C	TBD
	Innovations in Outcome Measures and Exercise Dosing for Adolescents and Adults with Disabilities	Hillary Lawrence, PT, DPT & Antonette Doty, PhD, PT, PCS	2D	TBD
11:15—11:30 a.m.	<b>Break</b>			Registration Foyer

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11:30—11:55 a.m.	<b>Meet the Candidates:</b> Get to know the candidates in the upcoming election			Registration Foyer
12:00—1:30 p.m.	<b>Annual Membership Meeting &amp; Awards Recognition Luncheon</b>			Hayes Ballroom
1:30—3:00 p.m. <b>Afternoon Workshop</b>	<b>Four Power Transform Talks:</b> Leveraging Neuroplastic Change in Neuro Patients: Three Simple Rules; <i>Health Literacy 2.0: What's In Your Health Literacy Toolbox?</i> ; It Takes a Village; <i>911 Hotspotting: Getting Fall Prevention into the Homes of the People Who Need it Most</i>	Peter Levine, RA, BA, PTA, AAS; Jane Keehan, PT, PhD, OCS; John Connell, PT, CCS, MSBS; Catherine Quatman-Yates, PT, DPT, PhD; Melinda Gabriel & David Wisner	3A	TBD
	*Kinesio Taping Assessments, Fundamental Concepts and Corrective Techniques	Deepesh Dani, PT, DPT, MS, CKTI	3B	TBD
	Modeling Learning Health System Principles to Maximize Value-Based Care Delivery in Physical Therapy	Joshua Johnson, PT, DPT; Sandra Passek, PT, DPT; Karen Green, PT, DPT & Christine Schulte, PT, MBA	3C	TBD
	Serial Casting the Pediatric Lower Extremity in the Outpatient Setting	Lisa Davison, PT, MPT & Julie Horton, PT, MSPT	3D	TBD
3:00—3:30 p.m.	<b>Closing Remarks &amp; Punch Sheet Dropoff</b>			Hayes Ballroom

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